

An Honor Walk to Recognize & Honor Our Fallen & Those Living Still Serving Valiantly

What: A Ceremonial Healing Walk

Where: MWR Activity Field 15:30 – 17:30

The first 30 to walk the labyrinth, will receive a free copy of the book "Labyrinths, journeys of healing, stories of grace" by Zara Renander.

Why: The community wishes to acknowledge and witness the lives of those who served and those who still serve.

Retiree Appreciation and Soldier for Life Days:

Army Community Services in partnership with Turning Point Consultants is honored to present with Team Redstone an Honor Walk: Recognizing and Honoring our Fallen and the Living Still Serving Valiantly.

Thursday, 22 September MWR Activity Field

This innovative experience of honoring will change you in ways unexpected. We cordially invite you to experience the freeing honor of commending other Brothers and Sisters to their Heroic Warrior hood while holding up those continuing in Service.

An Honor Walk has three phases:

RELEASE

From the entrance to the Center is the path of letting go. This part of the walk recognizes the weight of carrying the memory of the Fallen and the hope of healing when we release them to hands larger than our own. The path invites the release of anxiety and concerns, a letting go of griefs. Large stones at the mouth of the path represent the weight of what we carry and may need to release. Take a stone(s) and when you are ready, RELEASE it by placing it down on the path or at the Center, never to pick it up again. It is a ritual for RELEASE. You may write the name of the Fallen you wish to honor on a card and carry it with you.

RECEIVE

There is a bowl of water at the Center. Perhaps you will dip your hands in it and feel the clean refreshment of new possibility. If you have completed an 'In Memoriam,' card, leave it by the bowl or along the lines of the path and honor the Fallen in your heart.

RESTORE

We return from the Center to be a source of blessing to others. We have let go of soul weight and are now freer to share with everyone else and live our lives more fully.



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