

the
ROCKET

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No Game Today - Civilian Recreation Area

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Troubled Waters Over Redstone Arsenal

Summary Pages 4, 5 and 17 Pictures Pages 10 and 11

The Redstone Rocket

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Answers

(Editor's Note: The MICOM Information Office conducts a question and answer program for job-related questions of general interest. Such questions may be telephoned to 876-4161 or 876-4400, or mailed to AMSMI-G. Some questions are selected for publication in the Rocket. Names are withheld. It is not intended that this program take the place of the usual supervisor-employee relationship which is the proper channel for specific job-related questions.)

QUESTION: Why is it the local newspapers get the information concerning RIFs before the personnel working for MICOM are informed?

ANSWER: It is the policy of both the Department of Defense and the Department of the Army to provide members of Congress with advance notice of impending public announcement of reductions-in-force at DA installations and activities. In the case of the last RIF announced concerning MICOM (March, 1970), members of Congress from Alabama were provided specific information 48 hours in advance of the time the information was authorized for public release by the commanders of installations affected. The press, as a result, obtained initial information from the offices of members of Congress and published it more than 24 hours before local commanders were given authority by DA to make local announcement.

QUESTION: In a recent story on the 1973 EEO Plan of Action being followed by local Army commands, it was stated that minority group leaders in the community were consulted in the preparation of the plan. What groups were consulted regarding employment of women? Was the plan coordinated with FEW (Federally Employed Women)?

ANSWER: The plan pertains to minority groups and women. Women are not considered to be a minority. MICOM, for example, has a workforce that is almost 30 per cent female. The primary problem as it pertains to minority groups is one of hiring. As it pertains to women, the primary problem is upward mobility, breaking the pattern of job stereotyping that is very much in evidence when jobs held by women are compared with those held by men. Upward mobility is an internal problem and as a result outside assistance was not sought. The minority problem requires recruiting assistance from outside sources. The plan was coordinated with those groups in the community which could possibly be of help in pointing out qualified minority group members that might be recruited.

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You'll Know Them By Number Of Accidents

A tapering off of the rate of traffic accidents in Huntsville during February brought the cumulative total for 1973 down closer to that for the same period last year, according to a report from the Huntsville Police Department.

But by early March, six intersections had been the scenes of ten or more traffic mishaps. Jordan Lane and Memorial Parkway were involved in six of those intersections—three intersections each. All six totaled 75 accidents.

The intersection of Drake Avenue and the Parkway had been the scene of 17 accidents by March 4. The Parkway at University Drive and Jordan Lane at Governor's Drive each tallied 14 reported auto wrecks.

Three other intersections were the scenes of ten reported accidents each. They are Jordan at Bob Wallace, Jordan at University and Mastin Lake Road at the Parkway.

"It would be to the benefit of everyone to either avoid these intersections or use them only outside of peak traffic volume hours, said William F. Koontz, Chief of the Safety Division at MMCS.

Koontz also urged motorists to use defensive driving techniques at all times, and to be especially careful at all intersections.

"At intersections, the primary thing in defensive driving is to never assume the right-of-way, Koontz said. "That will always get you in trouble."

He said drivers should always slow down and anticipate the unexpected when approaching any intersection.

Early signalling and careful lane-changing can help the driver avoid sudden, last minute moves, he said.

"Drivers should always be aware of the driver behind them, especially near intersections," Koontz added.

In addition, gradual slowing will give any tailgating driver more time to slow down, too, he said.

"The National Safety Council reports that over 50% of the fatalities last year could have been prevented if seat belts had been worn," Koontz said. He urged drivers to buckle up.

As of March 4, six persons had died in traffic accidents on Huntsville streets.

Civilian KPs Now Reality

WASHINGTON (ANF)—The replacement of detailed military kitchen police (KP) with paid civilians has been completed by the Army.

There are three exceptions where military personnel will continue to serve as KPs. They are: basic training centers, military confinement facilities and units in combat or field training exercises.

The civilian KP program has been one of the Army programs in achieving an all-volunteer force.

Under the program, the civilian KPs perform the exact duties previously carried out by military KPs.

The Army has not measured the program's total effect on the professional level of soldiers nor has it measured its effect on recruiting and reenlistment. Department of the Army does not feel that if the program were ever discontinued, the recruiting, reenlistment, professional and training programs would all be adversely affected.

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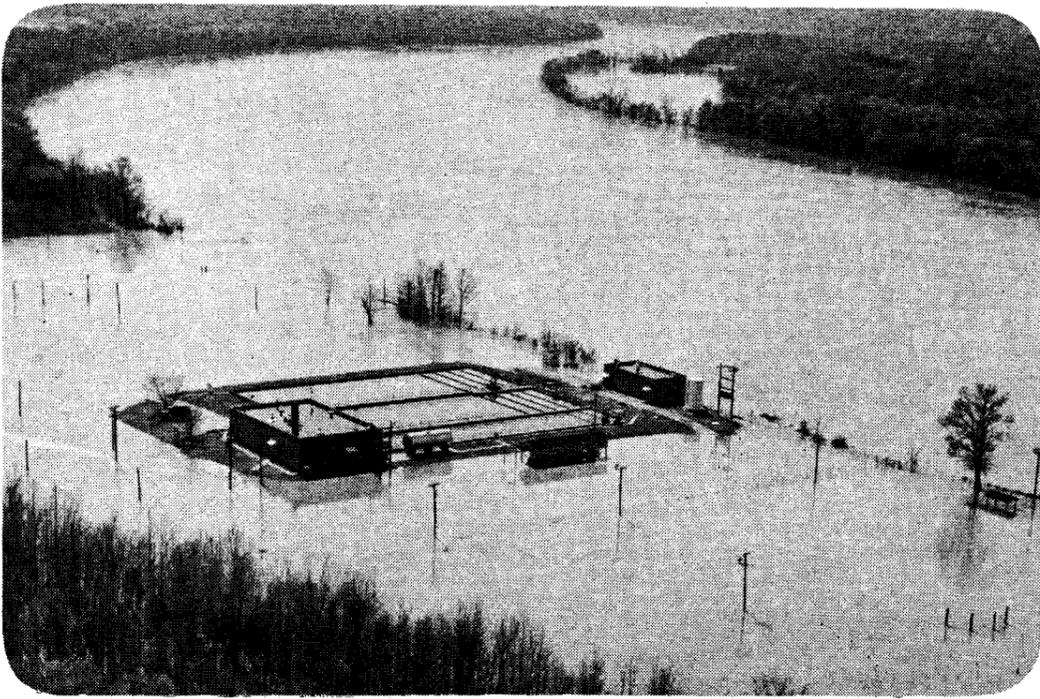
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Correction

Over 1,000 truckloads of litter Tennessee. The last issue of the were collected in the recent Giles Rocket listed the amount as 1,000 County clean-up campaign in large bags.



This water treatment plant has lots of water to treat near Recreation area. (9:30 a.m. 3/19/73)

Contest Opens

(ANF) — The Armed Forces Writers League has an "amateur short-story contest" under way, open to servicemen, dependents, civilian employees, veterans—and anybody else interested in the armed forces.

The only requirements are that the story can be on any subject. There's a \$50 first prize, plus several other awards.

For more information, write to the "Armed Forces Writers League, George Washington Station, Alexandria, Va. The deadline for entries is July 1.

Decision On Retirement Deductions Not Ready

The U. S. Internal Revenue Service recently issued a fact sheet concerning the taxability of contributions to Civil Service retirement plans.

The IRRS position statement said.

"There is litigation on the issue currently pending before the U. S. Tax Court and a U. S. District court. It is expected that

the court cases will be protracted and that the losing parties will appeal. Thus, it may be years before the issue is resolved finally by the courts."

Referring to an IRS ruling of last year, it said:

"On April 26, 1972, the Internal Revenue Service ruled (Rev. Rul. 72-250, I.R.B. 1972-21, 6) that the portion of a United States Government employee's compensation that is withheld and contributed to the U. S. Civil Service Retirement and Disability Fund is income in the taxable year withheld and contributed just as if it were paid to the employee directly.

"That ruling reiterates the current as well as the long-standing IRS position on this issue based on court decisions and a 1956 ruling . . . The IRS position is the same with regard to employee contributions to similar state and local governmental retirement plans."

The fact sheet further advises that "taxpayers who do not agree with the IRS position and wish to make claim for refund of income taxes previously paid on their contributions to the Retirement and Disability Fund can do so by filing Form 843. In general, Form 843 must be filed on or before April 16, 1973 to claim a refund of taxes paid for the year 1969. Likewise, claims for 1970 must be filed on or before April 15, 1974.

"Taxpayers should not reduce income on 1972 income tax returns by deduction or excluding their contributions to the Retirement and Disability Fund. The IRS will identify returns reflecting such deductions or exclusions and process those returns under its 'Unallowable Items Program.' The reduction in income will not be allowed and any refund otherwise allowable will be delayed.

"Instructions for Form 843 are on the reverse side of the form. In completing item 'i', which is the amount to be refunded, the taxpayer may insert the exact amount of refund being claimed or 'in excess of \$1'. In completing item 'k', the explanation for the claim, the IRS will accept the following as adequate to cover a claim based on contributions to the U. S. Retirement and Disability Fund:

"Taxpayer, a Federal employee is entitled to exclude his contribution to the U. S. Civil Service Retirement and Disability Fund from his income for tax year 19—. I believe the IRS position taken in Rev. Rul. 72-250, I.R.B. 1972-21, 6, is in error."

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Work Continues Despite Inconveniences

A flooding Tennessee River made history this week. Redstone Arsenal and its people were part of it.

Runoff from torrential rains which dumped more than eight inches of rain throughout the Tennessee Valley pushed the river to a record flood crest at the Arsenal Monday night.

TVA predicted a crest of 570 feet above sea level at Redstone by midnight Monday. That's almost 18 feet higher than the normal river level at this time of year, 11 feet higher than flood stage and two full feet above the previous all time high recorded here — 568 on February 3, 1957.

TVA said the flood in the valley was the worst since construction of the TVA dam system.

More rain was forecast later in the week.

As the river crested Monday night, this was the situation on the Arsenal:

—Flood waters covered approximately 40 percent of Redstone's 38,000 acres.

—North-South traffic had been limited to emergency vehicles. Nine inches of water were across Dodd Rd. in the Range 1 area. Patton Rd. was completely submerged, between Mills Rd. and Redstone Rd.

—Gates 2, 3 and 7 had been blocked by flood waters.

—Almost 1,000 Army civilian employees and military personnel who normally work in the 7000 and 8000 areas on south post had been forced to move to temporary quarters on higher ground.

—Thiokol Chemical Corporation had shut down operations at its Huntsville Division.

—Facilities Engineer personnel battling the flood around the clock had not yet estimated the property

damage, indeed could not make real estimates until the water falls.

—No one had been hurt.

Emergency crews working throughout the weekend moved portable equipment and vehicles to high ground ahead of the rising waters.

By late Monday it appeared certain that the river would not knock out the Arsenal water treatment plant - source of the post's potable water. That had been a major concern during the weekend, when initial TVA estimates of the potential river crest had indicated it would be less than a foot from the point - level 572 - where the plant would have had to shut down.

Facilities Engineer emergency crews, aided by RDE & Msl personnel operating an amphibious tracked vehicles, made repeated trips through the swirling flood Saturday and Sunday to carry sandbags and shoring timbers to the water treatment plant on the bank of the river.

Personnel from the Test and Evaluation Directorate aided Facilities Engineer crews by operating two M-113 tracked vehicles and one Lance transporter throughout the weekend to move equipment and emergency supplies.

Redstone aviators were up early and often making helicopter trips ferrying high priority passengers and cargo across flooded areas.

Military policemen worked extra shifts, redirecting traffic and assisting Facilities Engineer crews in barricading flooded roads.

The great majority of Redstone's work force came to work Monday morning without seeing or being adversely affected by the flood which was largely confined to the

There were many unusual sights in Redstone's record flood but the most startling were the fish on the roads. Drivers warily steering cars and trucks through flooded sections during the weekend reported seeing large carp, swimming across the roads.

southern half of the installation. Individuals who normally work in the 7000 and 8000 areas - approximately 976 men and women - however responded to emergency

instructions, drove to collecting points on the north side of the arsenal and then were redirected to temporary work sites.

F&A worker rode buses down water covered Dodd Rd. to work and returned the same way at the end of the day.

As the river crested, Facilities Engineer crews and other emergency force personnel working in the flooded areas kept continuous watch on buildings and the skies in the knowledge that additional rains would intensify their problems.

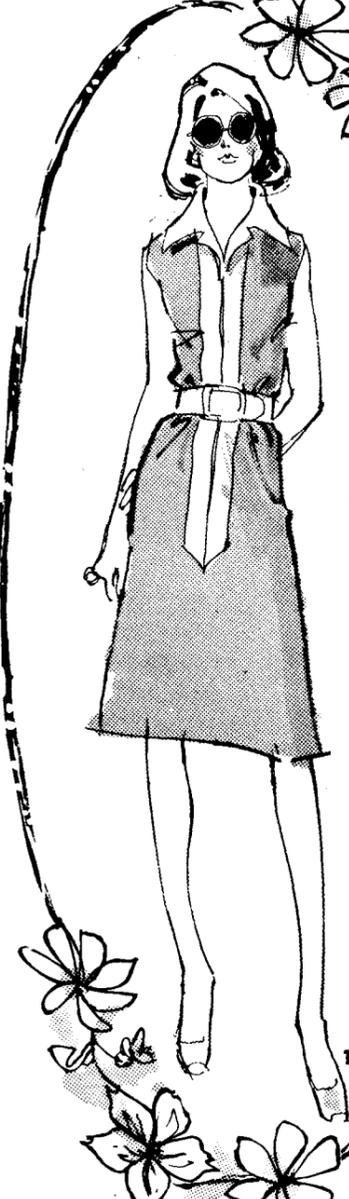
The outlook was more of the same for everyone until the flood waters fall.

And if the flood was a creeping cancer, inching higher throughout the weekend, Friday's emergency conditions came with the speed of a heart attack.

Heavy rains Thursday, Thursday night and Friday created flash floods which temporarily closed some Arsenal gates. More severe problems occurred off post where flood waters, washouts and some down bridges blocked major highway links to the Arsenal.



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I Told Him I Was A Ranger

A 32-year-old Vietnam veteran assigned to the Missile and Munitions Center and School braved flood waters in darkness to rescue a National Guardsman swept away by flooding Big Piney Creek near Mooresville Friday night.

Garlen Terry, a National Guardsman from Decatur, leaped from the cab of a 2½-ton military vehicle shoved off Highway 20 by the swirling flood about mid-afternoon.

"When I arrived there was about two and a half feet of white water over the road," said Condon.

He said he saw where the Guardsman had been carried about 300 feet from the highway, and another 150 feet into the woods. There, Terry was able to grab a tree branch and climb above the flood.

"Within 30 minutes, some Civil Defense workers had arrived, but they were unable to launch a boat because of the swift current," Condon said.

As time dragged on and darkness fell, Condon realized the Guardsman might be weakening due to exposure. The cold front that had caused the heavy rains brought temperatures down to around 40 degrees.

"On the other side of the flooding, I saw a National Guard colonel. I borrowed a police radio and made contact with him," Condon said.

Condon asked the colonel if he could borrow a 17-ton National Guard wrecker on the Mooresville side to effect a rescue. The senior officer reportedly asked Condon what made him think he could do it.

"I told him I was a Ranger," Condon said.

Condon hurried to a nearby general store in Mooresville and got about 300 feet of small rope. Returning to the wrecker, he donned two life preservers, tied the rope around his chest and directed the heavy vehicle into the violent current.

"We got as close as we could with the truck, then I went in and began swimming," he said.

By that time, it was well after dark. Condon and Terry shouted to each other until the captain was able to work and-over-hand thru the flooded woods to within 10 feet of the trapped soldier.

"I talked Terry down out of the tree so he could let go and let the current carry him downstream to me. On the first attempt, we missed," Condon said.

Condon shouted for more slack, but rescuers back at the wrecker misinterpreted his cry and began hauling him back. Condon seized a tree to keep from being pulled away from the soldier, who had found another nearby tree.

On a second attempt, the men grasped each other and were pulled back to the truck.

"The water was breaking over our heads many times on the trip back upstream," Condon said, "and the good Lord must have been involved. Surprisingly, the rope didn't get tangled in all those trees."

"I wouldn't have been able to do



CONDON

it without my Ranger training," said Condon. "It gave me not only the mechanical know-how of rescue work, but also the confidence in my self I needed out there."

Ranger training is a rugged eight week course conducted at Ft. Benning, Ga.

Condon spent two tours in Vietnam in 1968 and 1970, most recently as an infantry advisor. He's now an ordnance officer studying missile maintenance at MMCS and assigned to the School Brigade.

He's originally from Montgomery, and now lives in Mooresville with his wife, Priscilla and 2½-year-old daughter, Tyler.

Committee Members Meet With Chapter

The Society for Technical Communication, Huntsville chapter, honored four members of the national Technical Art Committee with a banquet last week at the Russel Erskine Hotel.

The affair had among its guests Robert Hiser of Silver Spring, Md., TAC chairman; his assistant chairman for education, Walter Ellis of Ann Arbor, Mich.; Eleanor Werden, a MICOM employee who is assistant chairman for liaison; and Edward Voytilla of Madison, Pa., assistant chairman for exhibits.

The meeting was held in preparation for the international Technical Communication Conference to be held May 9-12 in Houston, Texas.

Further information on the 20th ITCC may be had by calling Eleanor Werden at 876-1828 or by contacting any member of the Huntsville chapter.

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Last week's history making rainfall and resultant swollen streams caused unprecedented problems and damage at Redstone but there was time, personnel and equipment to assist surrounding communities also experiencing difficulties.

The Arsenal works closely with local Civil Defense organizations when it can spare resources from its own requirements. Last week it stretched a point to help.

Friday soon after it was evident that Huntsville had flash flood problems, Civil Defense officials requested personnel, trucks and boats for standby duty at shopping centers expected to flood.

As it turned out most of the assistance was to the Binford Courts area where floods left hundreds homeless. Fifteen civilians and 10 military personnel with nine trucks and 14 motor boats were on the job for almost 36 hours.

Other community assistance from Redstone included loan of two boats each to Owens Cross Roads and Gurley for rescue operations, a helicopter rescue

mission to Owens Cross Roads, operations in surrounding rural and eight boats loaned for rescue areas.

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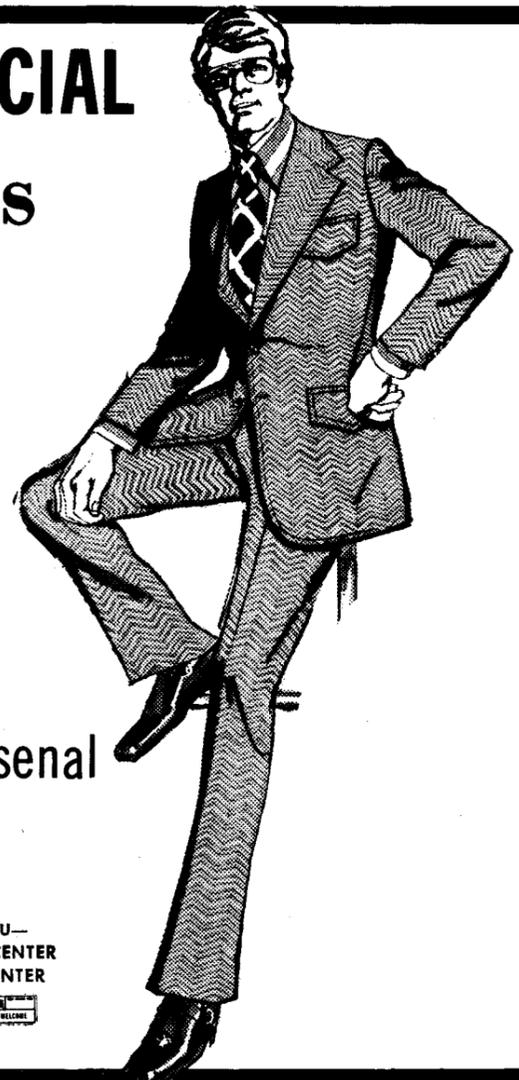
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Wildlife Control In A Missile Environment

It is hard to believe that herds of deer graze, beavers build dams, and wildlife flourishes on an Army installation that designs missiles for the defense of our country. And yet, just 15 minutes from the center of a city of 140,000 and among the Army's Research Development Engineering and Missile facilities exists one of the finest wildlife areas in Northern Alabama.

That wildlife is a natural resource to the Arsenal, and to North Alabama, and requires management and preservation, as do the other natural resources of the Arsenal—plants and soil.

Dave Bryant, the Arsenal's forester, is responsible for the planning and execution of the wildlife management program for the Arsenal.

"Controlled wildlife is beneficial to the Arsenal and those people who work and live on it," says Bryant. "Some of the game prevents over-population of vegetation, and other game prevents over-population of the vegetation-eaters."

Bryant as a representative of the Department of Army, works closely with the state of Alabama and its conservation department in the management of the wildlife on the Arsenal.

He also works in cooperation with the Department of the Interior, which sponsors and controls the Wheeler

Wildlife Refuge—part of which is on the Arsenal.

The Refuge was established in 1938, and when the Arsenal came in 1941, a three-way agreement between the Department of the Interior, the War Department, and the Tennessee Valley Authority was made to preserve the refuge.

The Army agreed to manage the wildlife within the boundaries of the Arsenal, protect that part of the Refuge within the Arsenal, and not build anything permanent on Refuge land, to allow the free movement of wild game.

Four thousand, eighty-five acres of the Arsenal's 38,659 acres are within the Wheeler Wildlife Refuge. But the rest of the Arsenal has become a refuge of its own, and now supports as well as draws from the Wheeler area.

Game is managed by controlled harvesting—hunting. The game management program attempts to predict how much wildlife of different species a parcel of land can support. If the actual population is too high, hunting is permitted on that parcel, during approved state and federal hunting seasons, till the population approaches its theoretical limit.

Bryant's office works closely with breeds disease and starvation. One of the most dangerous products of

state and federal regulations governing hunting as well as trapping in Alabama, and on federal property. The "bag" or kill limits per day, and the days of hunting for particular game are based on these regulations.

On the other hand, if the population is not high enough, food plots are planted, to encourage game to come to that area—or game is imported.

In 1960, when deer in Northern Alabama were almost nonexistent, the Alabama State Conservation Department released 20 doe and 7 bucks of the white tail deer species, on the Arsenal. The herd, since then, has grown to 1500-2000 head. Most of the deer population in North Alabama at the present time stem from this herd, including that on the Wheeler Refuge.

More recently, nine wild turkeys were turned loose as future stock for the Arsenal.

Game is turned loose on the Arsenal, primarily for the protection it gets here. "Hunting is closed on stocked game till numbers become such that hunting does not threaten their existence," says Bryant.

By controlling the population of wildlife, the game management program, Bryant, and his associates improve the health and habitat of the herds and flocks, in that overpopulation

among certain wildlife species is rabies.

As in all wildlife manageries, some animals stand out as nuisances, destroying vast amounts of acreage and other animal resources.

"Skunks create a hazard to drivers and other people working on the Arsenal. Beavers destroy stands of trees for their dams, and create swampland with backed-up water. Feral dogs and cats, once domesticated, but now running free, form into packs and attack other wildlife and domesticated animals grazing on leased land. Foxes, having no predators in this area, overbreed and prey too heavily on other game," claims Bryant.

"These animals must be trapped occasionally in order to control their numbers, before we can begin to develop a stable wildlife population," he continues.

The wildlife is a natural resource to the grounds of the Arsenal, but they are also a natural resource to the people living and working here.

In addition to hunting, the wildlife remains our touch with nature. Almost anywhere on the Arsenal, game can be seen in a natural habitat—feeding, foraging, sleeping, and prospering. They are there for us to enjoy—just for seeing them.



The Redstone Rod and Gun Club is busy planting food plots for wildlife and building fences around them to keep out cattle. The long-term crops were planted to support conservation efforts on the arsenal.

Army Increases Pro Pay Stipend

(ANF) — The amount of Army "Superior-Performance Pro Pay" is going up. Beginning July 1, it'll be increased from \$30 dollars to \$50 dollars a month.

If an enlisted soldier's entitlement period for "Superior-Performance Pro Pay" begins June 1 or earlier, "Jumps"—the Ar-

my's computerized pay system—will automatically give him the new rate starting July 1.

However, if a soldier qualifies to begin receiving "Superior-Performance Pro Pay" July 1 or later, his unit will have to cut special orders before "Jumps" will give him the increase.

PAGE 6 THE REDSTONE ROCKET — MARCH 21, 1973

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Too Good To Miss

Spring is upon us once again. And possibly with the new season will come a new sense of awareness for the natural beauty and life that is so abundant at Redstone and the surrounding area.

It is with such hope that the 3½ million member National Wildlife Federation and its state affiliates are sponsoring National Wildlife Week, this week. The 1973 theme is "DISCOVER WILDLIFE—It's Too Good To Miss."

Members of the Alabama Sportsmen Conservation Club, affiliated with the AWF, are promoting National Wildlife Week in this area. Ralph Bentley, past president of the Club says a free film will be shown at the VFW Club on North Parkway at 7:30 tomorrow evening. The film is entitled "Cottontail" and emphasizes wildlife activities.

The ASCC has been actively involved in ecology and conservation programs for many years. Local members have supported state legislation on ecology and in 1970, the group sponsored one of the largest clean-up campaigns in the state. Two thousand trash bags of litter were collected from areas in Madison and Marshall counties.

Bentley is employed in the Comptroller's Office at the Missile Command. Other members

actively participating in promotion plans are Stan Wicker, Bill Waller and Ed Summers of the Comptroller's Office and Tom Wolf from the Metrology and Calibration Center.

The purpose of National Wildlife Week is to focus on the enjoyment that can be found in the natural outdoor world. The National Wildlife Federation is founded on the belief that the welfare of wildlife cannot be separated from that of other living things.

The Federation also emphasizes the dedication to maintaining a healthy environment. "A world that has natural places for wild creatures is a better world for all living things."

Thomas L. Kimball, executive vice president of the NWF, commented on the Wildlife Week's poster symbol, a young wood duck shown emerging from its nest. "All that newly-hatched duck has to do to break out into the natural world is take that first step out of the nest. And it's nearly as easy for people to take that same step, to break out into nature and see what beauty it has to offer."

"Too often, American families see wildlife and the rest of the natural world only through attractive magazine pictures. It's out there to be experienced right now and it really is too good to be missed."

EUROPE

A 23 Day Tour designed for High School, College Students, and others interested, with a June 11 departure from Huntsville, Alabama and Atlanta, Georgia. Trip includes Jet, Steam Ship and sleeper train travel through Austria, Italy, Switzerland, Spain, Belgium, Holland, Germany and Liechtenstein.

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Rod 'N Gun Club Slates Barbecue And Boat Show

Members of the Redstone Rod and Gun Club will be cooking all night Friday to get 40 pork shoulders ready for the club's first bass seminar, boat show and barbecue. The festival is scheduled to begin at 9 Saturday morning at the Club house. The rain date will be March 31.

"We're orienting this first seminar toward people who know little or nothing about bass fishing," said Staff Sergeant Christian V. Johnson, a member of the club's advisory committee. "But experienced bass fishermen are invited to swap lies and exchange fine points of bass fishing while enjoying the barbecue."

Johnson said there would be a nominal charge for the barbecue, to defray food costs.

The instructional part of the seminar will be conducted by the Lacey Springs Bass Club, with pointers on basic essential equipment and fundamental techniques. Five local boat dealers will display some of their 1973

models, Johnson said. "We'll also have a casting contest for all members, so they'll need rods, reels and dummy plugs," he added.

"If they can find us, they'll enjoy the boat show and everything else," said Johnson. He invited members to bring their children.

The event is open to all club members and their guests. All soldiers, DA civilian employees and employees of contractors are eligible for membership, Johnson said.

Interested parties may apply for membership Saturday thru Wednesday after 12 noon at the Rod and Gun Club house. The clubhouse is located northeast of the cloverleaf at the intersection of Martin and Patton Roads.

Because of the unusual location there are only two approaches to the clubhouse that don't violate traffic laws.

Motorists approaching from the East on Martin Road must turn right onto the interchange as if they were going to drive north on

Patton. The clubhouse entrance road is on the right side of the ramp between Martin and Patton.

Another available approach is for motorists traveling north on Patton. Those sportsmen may take the first right turn north of the overpass. In this case, the clubhouse entrance road will appear on the left side where the two ramps of the cloverleaf are joined.

In any event, left turns from southbound Patton to the ramp are not permitted. Motorists making such a left turn are subject to a traffic citation.

Today's A Good Day To Give

March is National Red Cross Month and Colonel Warren S. Olin, chairman of the RSA blood program, urges all who are able to participate donating at the Bloodmobile. Hours of operations are from 8:30 A.M. to 4:30 P.M.

Olin also called attention to a Red Cross multi-media display open to the public this week at the Mall shopping center. Demonstrations are being presented on first aid practices as well as a continuous slide presentation illustrating the process of donating blood.

Various static displays are equipped to provide information on water safety, emergency units and service to military families.

The Mall display is sponsored by the Huntsville-Madison County Chapter of the Red Cross and will last through Saturday.

The Red Cross Bloodmobile will be at the Service Club (Building 3711) today (Wednesday) instead of Building 7110 as previously announced because of Arsenal road conditions due to high water.

Reba's Way Out Front

It was back to the same old rut for the members of the Reba Bowling Apparel team last Wednesday—a rut that the seven other S&M League fives would gladly help them cure, if they could.

The Rebas made it four sweeps in five weeks with the Misfits on the receiving end last week, as they stretched their margin at the top of the league standings to a full eight points.

Carl Black took over the individual leadership with a 550 while Garland Kinslow found the going tougher than usual and had to settle for a 539.

The Fugitives held onto sec-

ond despite coming out on the short end of a sweep doled out by the Parkway Lanes who were jumping two notches into third.

The Fugitives held onto second despite coming out on the short end of a sweep doled out by the Parkway Lanes who were jumping two notches into third. The Rinky Dinks split with MIA and dropped to fourth and the Lot-o-Pins took three out of four from Bales.

Ted Blake turned in the league's top individual scratch total, a 552, in guiding the Pins to their winning margin. Bob Harris shot for 541 for Bales.

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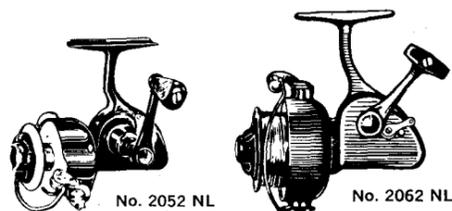
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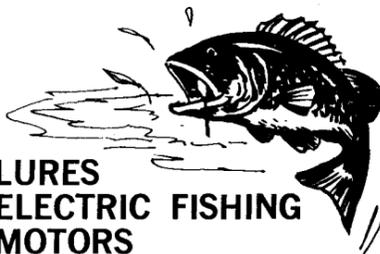
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AMC League

AMC bowlers donned their striking clothes last Wednesday and literally tore the place apart with seven four-figure games and a trio of team totals that passed the 3000 mark.

There were no Honor Roll individuals during the week although Hal Madry wasn't far away with a 597. Six other ten pin addicts posted totals in excess of 550 and 15 double century games went into the books.

The Bandits had a trio of sparklers in their lineup in posting a 3-1 margin over the second place Sprinters in stretching their

league-leading margin to six and a half points.

Fred Helmer led the Bandits with 582. John Goltz hit for 541 and Bob Davidson checked in with 539.

The Cobras moved to within a half point of the Sprinters after a 3-1 win over the Spartans and the All-Sports stayed in contention with a similar winning margin over the T-Birds.

Buddy Fees topped the Cobras at 546 while Madry got a big hand from Jack Vickers (555) in leading the way for the Sports. The fourth placers shot games of 1100 and 1038 in reaching a total pinfall of 3055. Ernie Rhodes tossed a 565 in the Bird's attack.

Charley Murray shot a 216 as the Fat Cats opened with 1060 and then went on the blank the Tigers with a 3025 total, and the Alley Cats took a 3-1 decision from the Lancers.

The Bombers closed out a 3010 run with 1068 in winning three from Hughes TOW as Ed Kellis rapped out a 584 count and Walt Heflin tossed in a 578. Ken Champagne totaled 546 for the losers.

The Sheratons stayed in contention for the top spot in winning three of four from the What Ifs behind the lead of Jim Sanford. The loser's lone point came on a 1030 middle game as Gary Phillips carved out a rousing 254 game. Phillips posted a 579 total.

CWF Softball League Meets

A general organizational meeting of the Civilian Welfare Fund softball league has been called for Thursday afternoon and will be held in Room N22 of Building 5678 starting at one.

Lindon Calvert, the league president, said an election of officers will be conducted followed by a discussion of league rules and a proposed budget for the season.

Calvert said all returning teams should be represented in addition to those organizations planning to enter this year. Person desiring additional information may contact Calvert at 876-1654 or 5557.

Improved Relations Is Their Goal

Twenty Missile Command employees have been selected for membership on the MICOM Intra-management Communication Systems Committee to develop an improved system of operations and working relationships at supervisory and management levels.

Goals of the committee include the recognition of all supervisors as part of the MICOM management team. A framework for the expression of ideas and opinions by all levels of management on policies, objectives and problems affecting them will be a primary concern.

All MICOM personnel are urged to take an interest in the activities of this committee and submit suggestions to any of the members.

Committee members are Col. Charles F. Kolankiewicz and Charles L. Ray, Jr., of the MICOM Special Staff; Col. Leo J. Miller, Facility Engineers; Sue H. Carter, Post Transportation Division; John H. McCoy, Jr., Maintenance Division; and Marvin G. Solomon, Communications-Electronics Division; all of RASA.

Maj. R. G. Alves and Mary J. Hearn, Maintenance Directorate; CWO A.I. Bagley, Cleo S. Cason and Walter W. Kopcha, Missile Research, Development and Engineering Laboratory; Mable O. Weaver and Kenneth F. Yates, Materiel Management Directorate; Charles L. Colvard, Directorate for Management Information Systems; and James K. Fowler, Procurement and Production Directorate.

David G. Harris, Information Office; Jimmy W. Rees, Production Assurance Directorate; Francis B. Adams, Civilian Personnel Division of the Personnel Training and Force Development Directorate; Ruby S.

Dabbs, Finance and Accounting Management Analysis Division of Division and Donald E. Sides, the Comptroller.

Today's Sermon on Health Foods

OBEY LAWS OF NATURE

By *Johnnie McDaniel*
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When we don't understand something we have a tendency to compare our misunderstanding with something that happened in the Bible. For example, the doctor trying to figure out why his patient had the symptoms of low blood sugar without knowing that it was a disease called 'hypoglycemia', known as the step child of medicine. We care for the step child but we don't know why he behaves as he does because we don't know that much about him. So a doctor will say something like "Your symptoms are the same as Essau's when he sold his birthright for a bowl of soup." A person with low blood sugar has a terrible craving for food; but he appears to be just like Essau who was willing to give up everything for a bowl of soup.

I don't use the Bible for reference. I use 'nature' which is really one and the same with the Bible. Nature and God are as inseparable as the human brain and the human body.

Let's talk just for a minute and get just a bare peek into the laws of nature.

Nature has no mercy and nature has no favorites. All are treated alike — the rich and the poor. It is impossible to circumvent the laws of nature. You must obey or you will die. That is the final truth of "The Survival of the Fittest."

It is a Christian crime to sell whiskey to a grown person; but we make martyrs out of people who sell Cokes and white bread to little children. We take these people's money, and we build churches, and we pray for the end of time to be merciful. While we are praying, nature is showing no mercy. Because we have sinned by going against nature and feeding our children white bread and coca colas, we will pay with epidemics of heart attacks, cancer, diabetes, arthritis, leukemia, muscular dystrophy, mental illness, crime, and malnutrition of all description; until the end of time comes and takes away all but the few who get back in tune with nature.

This very minute let me ask you this personal question. How much dead food did you put in your wonderful body today? Now remember that nature did not mean for humans to live on slop; and if we don't live by the rules of nature we're going to die early deaths; since nature shows no mercy, we'll more than likely die a terrible death.

How much coffee — no nutrients — no vitamins — no minerals — nothing but poisons; deadly caffeine. An animal fed coffee without that powerful brain of a human which gives us the tremendous will to live will die in a few weeks' time. Coffee has caffeine, tars and deadly toxic acids. Tea — how much tea did you drink today? Tea, like coffee, has no nutrients of any kind. Alcohol? How much of this

deadly drink did you put into your body? Colas and soft drinks — how much of this deadly slop did you burden your body with today? How much food loaded with death dealers? How much dead food did you insult your body with? How much weak, flabby white bread and white sugar did you consume? You can't make a garbage disposal of your body and yet expect to be healthy — YOU ARE WHAT YOU EAT! If you eat garbage you will look like garbage, and most likely, act like garbage. You cannot build health on trash foods and drinks. You must "Shape Up" and pay attention to the laws of nature or you will "Ship Out" with the millions of people whose lives are going down the drain because of 'THE RICH MAN'S FEVER OF MALNUTRITION'.

Did you notice how healthy Lady Bird looked while Lyndon lay dead? That is because we women know that to be beautiful we must eat beautiful foods. Men don't care as much as women about looking beautiful so they consume deadly, ugly drinks like alcohol, coffee, tea and colas.

Remember that when you worry about your child drinking whiskey or smoking dope — you had better worry just as much when you hand him a cola or white bread; because you are heading him in the exact direction to be among those whom 'THE END OF TIME' is spoken about in the Bible.

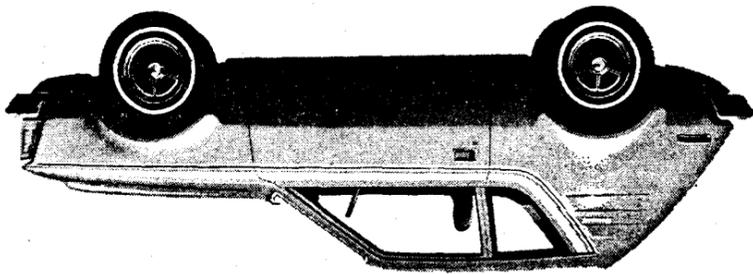
There were no coronary thrombosis recorded in medical history before 1900, and that was not because our doctors were not as smart as they are today. Some of the most famous Pathologists of American medical history were practicing medicine before 1900. The threshing machine was invented in 1912; and Western man was stripped of his only source of vitamin E. Since 1912 heart attacks and cancer and diabetes have been getting worse and worse until today it is almost a national epidemic.

The big bread companies and milling companies say they enrich our breads with vitamin B1 and B2. Vitamin B1 and B2 without B6 increases the need for B6 and so causes diabetes. Nature meant for all our B vitamins to go together to make us healthy. Here are the vitamins that nature put in our bread and since nature made you as well as your bread you have to have these vitamins if you intend to be healthy: Panthothenic acid; folic acid; biotin; cholin; inositol; vitamins B6, B1, B2 and E; iron; cobalt; potassium; magnesium; manganese; zinc; copper and niacin.

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Pershing Goes Four For-Four In Finale

A quartet of Pershings sang a swan song at the cape Monday as Seventh Army soldiers concluded a month of operational tests with the Army's most powerful battlefield missile.

"All four missiles were successful," said Lieutenant Colonel Donald Opel, Chief of the Pershing Operational Test Unit.

Final four missiles, launched by Battery C, 3rd Battalion, 84th Field Artillery, were fired from Cape Kennedy Air Force Station in slightly less than two hours, starting at 11:02 Monday morning.

Opel, Captain Paul Savidge, commander of Battery C, and their men are preparing to return to regular duty stations in Germany.

Describing the operational tests, which began at Cape Kennedy Feb. 21, the colonel said:

"We're well pleased with the way things went—the whole operation was as smooth as we've ever had."

Opel said the troops performed well and "... we got good support." "He had particular praise for Air Force Eastern Test Range, the Army Missile Command's Pershing Project Office and soldiers of the 3rd Battalion, 9th Field Artillery from Fort Sill, Okla., who supported all firings.

The missiles, 12 all together, were the first major Army missiles to be fired at Cape Kennedy since Pershing research and development firings terminated there in 1963.

Looking to the future, Opel said the soldiers don't know when

they'll fire again. There's no established timetable.

"But we're sure looking forward to coming back to Cape Kennedy."

Pershing has been operational for almost 10 years with battalions in the United States and Europe including the Federal Republic of Germany Air Force, and is a major part of the NATO nuclear shield.

Operational tests, like the one just concluded at the cape, help to evaluate the efficiency of both men and equipment.

"We like to make the tests as

realistic as possible," Opel said. That means that soldiers don't know when they are to fire. They must be ready to go at any time.

James Conner was on-site technical supervisor for firing operations from the Missile Command. Colonel Edward L. Ramsey, Chief, Department of The Army Field Office, Air Force Eastern Test Range, coordinated firing activities at the cape for the Army.

Colonel Samuel C. Skemp, Jr., is Pershing Project Manager.

Wives Look Over Spring Fashions

A mother-daughter fashion show and luncheon for members of the Redstone Officers Wives Club was held at the Open Mess last week.

Merit award scholarship applications were also distributed during lunch. The hostesses for the event were wives of the Medical Department Activities staff under the chairmanship of Mrs. James Felts.

They used a St. Patrick's Day motif.

Mrs. Garcia E. Morrow played the piano accompaniment for the fashions which were furnished by Pizitz and included items suit-

able from age two to size ten. The youngest model was not quite two and is the niece of Linda Edwards, the show's coordinator.

The show opened with two of Huntsville's Little Misses, Sherry Westfall and Sharon Spink, in swimwear. The girls wore one piece suits, one orange and one yellow. The adults wore bikinis with coverups—hiphuggers, wrap arounds, matching skirts.

Street wear featured the layered look of suits, most of them with shirt jackets. Emphasis was placed on the individual look with accessories such as hats, gloves, shoes and heavy looking jewelry.

Some of the evening wear, all of it floor length, included matching sweaters. Shoes ranged from the traditional spectator to the chunky clog.

Fewer pants suits were evident than in season's past.

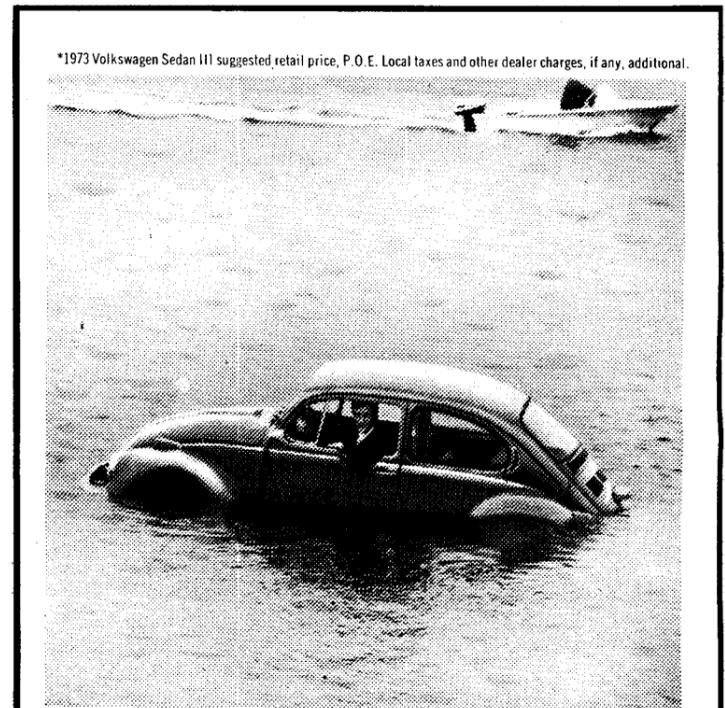


Give to Easter Seals
March 1 - April 22



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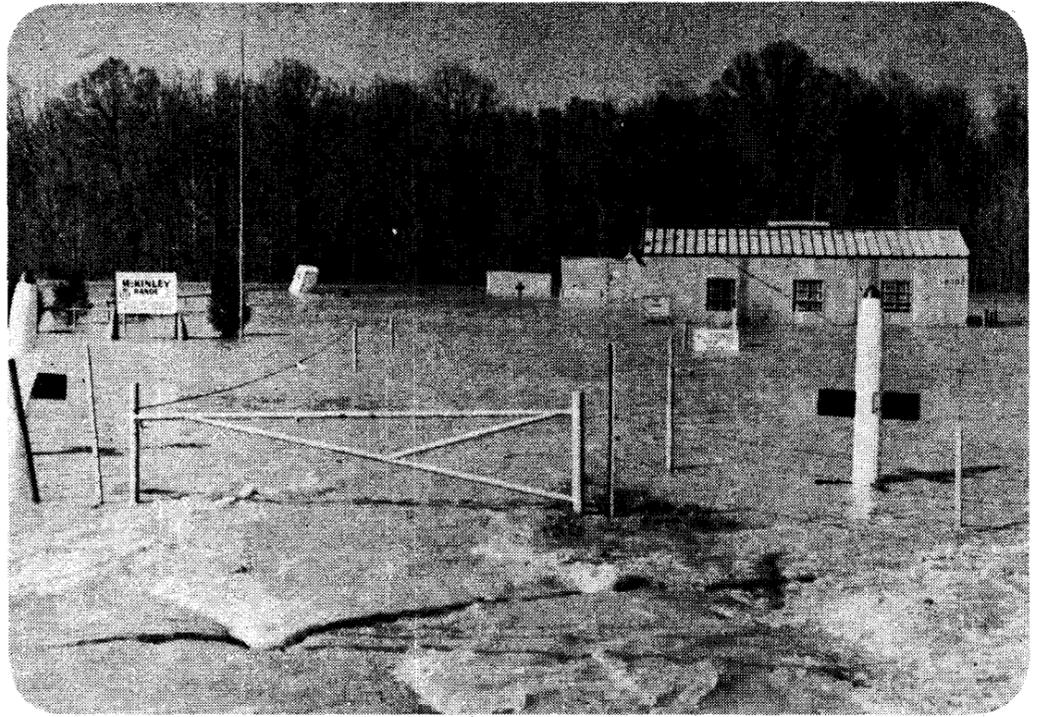
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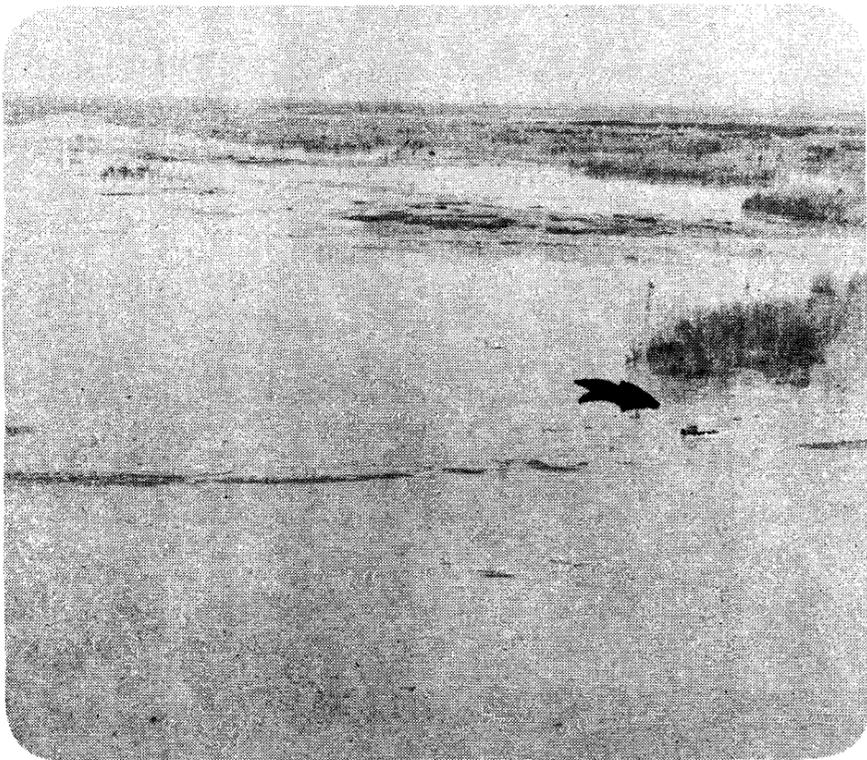
NO CHARGE CARDS ON SALE ITEMS



Military recreation area closed due to damp ground. (3:00 p.m. 3/18/73)



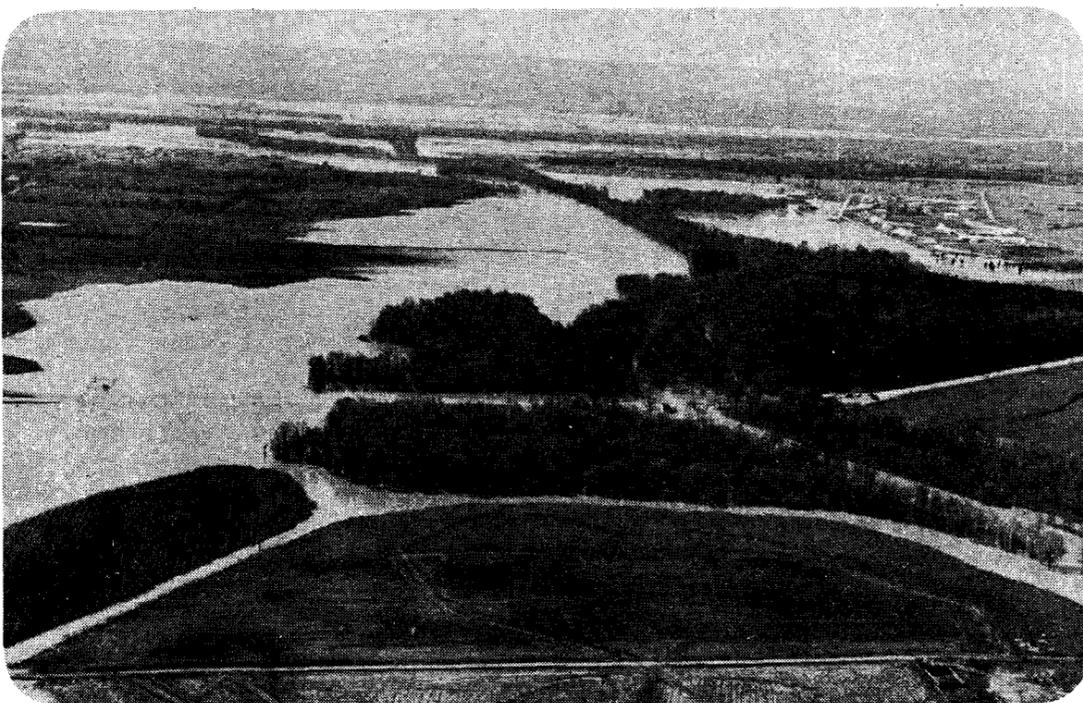
McKinley Range temporarily closed due to high water (2:30 p.m. 3/18/73)



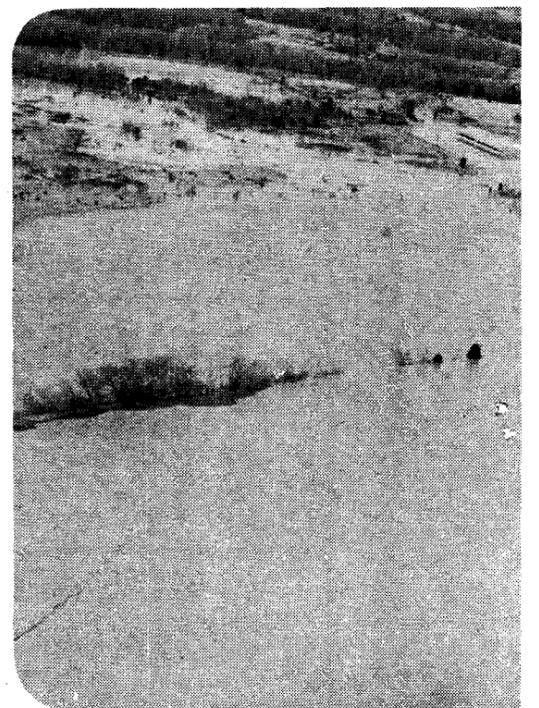
No Testing today. (10 a.m. 3/19/73)



Watch your step . . . at the dock area water treatment plant. (3:30 p.m. 3/18/73)



Wet in the South too . . . Gate looking South. (9:55 a.m. 3/19/73)



Too wet to walk the line . . . Line



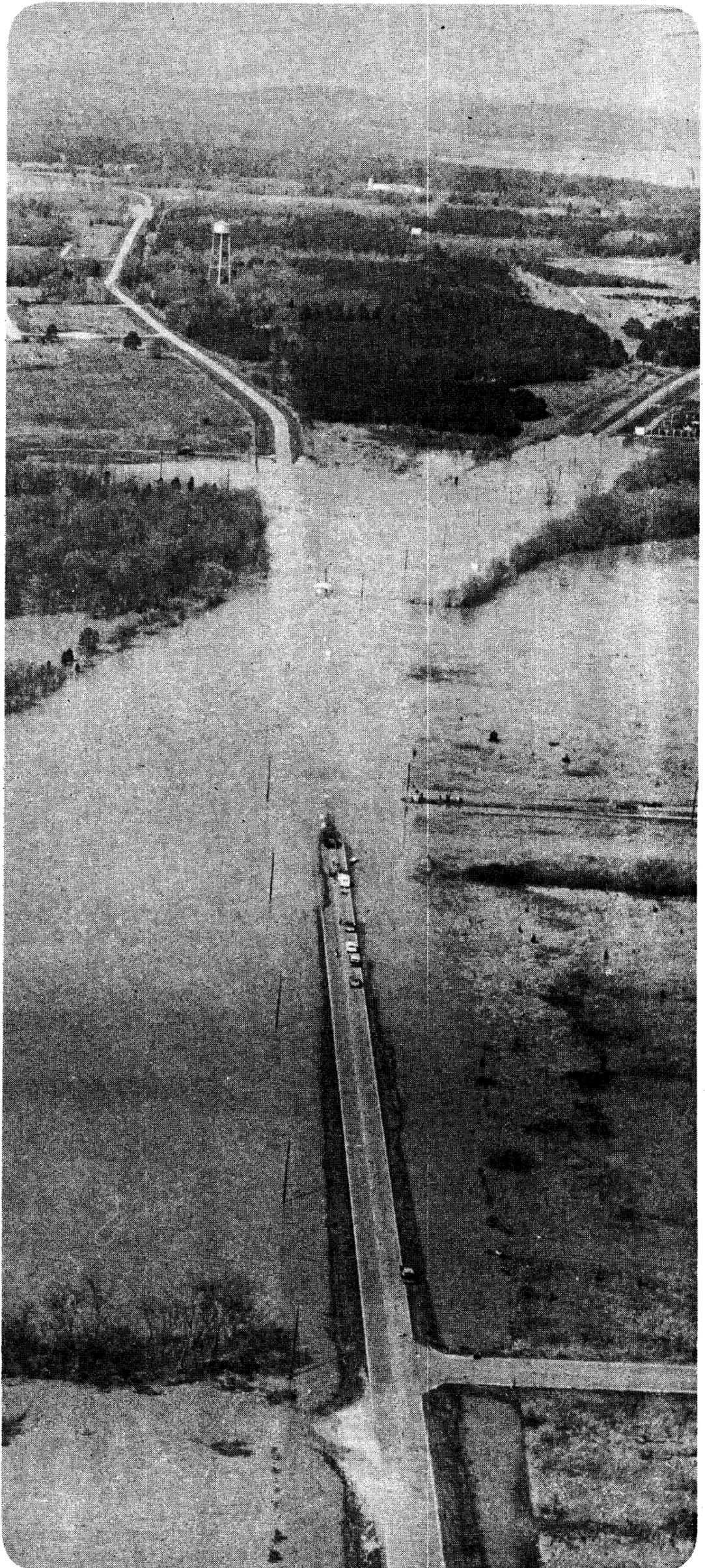
Bow and Arrow fishing on Dodd Road
(3 p.m. 3/18/73)



Filling sand bags for the water treatment plant
(2 p.m. 3/18/73)



looking west. (9:50 a.m. 3/19/73)



Where did the Road Go? Looking East on Buxton Rd. (10 a.m. —3/19/73)

JCS

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NAMES IN THE NEWS

By SP5 Dave Cowan

Assumption Of Command

Captain Alexander E. Sproul, Jr., and Sergeant First Class John A. Mazikowski assumed duties as commanding officer and first sergeant of the 100th Ordnance Detachment, a newly organized unit Training Command.



SPROUL

Sproul, a native of Staunton, Va., was previously administrative officer, Air Defense Department, Director of Instruction, at the School.

He is a 1966 graduate of the Davidson College in North Carolina with a degree in Spanish. He has received the Bronze Star Medal.



MAZIKOWSKI

Hailing from Lackawanna, N. Y., Mazikowski, prior to his new assignment, was senior instructor in the Missile Branch at the Third Army Unit Training Command.

Justice Triumphs

Justice, always a topic of conversation in the military, took on added significance at MMCS this week. Specialist Four William C. Justice was selected 1st Battalion's Soldier of the Month (SOM) for March.

Justice will now compete against the 2nd Battalion and



JUSTICE



ALLEY

UTC for MMCS's SOM at a later date this month.

Hailing from Ft. Worth, Texas, he is a clerk-typist at School Brigade.

He is a 1970 graduate of the University of Texas at Austin, with a Bachelor of Arts degree in economics. He has received the Army Commendation Medal.

Honor Grads

Staff Sergeant Jeffery D. Alley of Prospect Harbor, Maine, was selected Honor Graduate of the Ammunition Inspector course.

He entered the Army in 1968, and after completing basic training, was assigned to the 184th Ordnance Company in Mannheim, Germany until 1971.

Prior to his arrival at Redstone, he was a member of the 24th Ordnance Company (Ammo) at Fort Stewart, Ga.

Privates First Class Charles W. Sutton and Bradley D. Bah were named Honor Graduates of their respective classes recently.

Bah grabbed the honors in the Land Combat Support System course, while Sutton topped his classmates in the Hawk Systems Repair course.

New Arrival

Sergeant First Class John N. Ball of Chattanooga, has been assigned as technical NCO of the Doctrine Development, Literature and Plans (DDL&P) at the School.

Before coming to Redstone, Ball was stationed in Wertheim, Germany with the 255th Ordnance Detachment. Prior to entering the Army in 1958, he was a policeman at Chattanooga.

This is his fourth tour at the School.

Promotion Points

Education Opens The Door

The promotion freeze for soldiers is over, but that doesn't mean everyone can sit back and say, "No sweat."

A lot of soldiers perspire while in front of a promotion board. For some, it's because they're nervous as they realize they're stammering to answer the board's questions.

Others break out in a sweat when they realize that a lack of early action on their part gives them a snowball's chance of being promoted.

Adding nine areas of consideration, there are 1,000 possible promotion points. The most points available from any area come from the promotion board's evaluation. But a soldier can gather a harvest of other promotion points before he even enters the board room. Two of the greatest potential point sources are civilian and military education.

An eighth-grade education is worth only 32 points. That's four points for every year in elementary school. But each year in high school is worth seven points. A high school diploma or GED equivalency adds 60 points to the promotion scorecard.

An ambitious soldier can engineer a real coup with college credit. Each semester hour passed is worth a half-point. But there's a catch, and it's in the G.I.'s favor. College courses taken during the Army off-duty training program earn two points per semester hour.

Taking five three-hour courses in a year, a soldier can earn 30 points. At that rate, he earns as many points in two years of college study off-duty as he earned in twelve years of primary and secondary education.

From another angle, it appears that a man who completes college after duty hours can earn more points than the man who came into the Army with a degree under his belt.

Besides civilian education, military education can be of immediate benefit on the job and a long-range benefit when entered in a 201 File.

Military training through the Non-commissioned Officer Education System, service schools, some leadership courses and special qualification courses can really add up.

In addition, correspondence courses and subcourses earn points—at the rate of a half-point for each credit hour earned.

Between civilian and military education, each soldier has 350 promotion points just waiting to be grabbed.

That MOS test that makes a lot of troops grimace is worth a maximum of 150 points, not taken directly from the raw score. For instance, an MOS test score of 100 is worth 60 promotion points.

Just education alone won't guarantee a promotion, but the board will recognize a soldier who's trying to improve himself. Advancing education never did any harm on the commander's evaluation or the evaluation by the selection board, either.

Assuming physical requirements are met, a soldier's MOS performance and education can do a lot to offset a dearth of awards and decorations. With U. S. combat involvement now ended, fewer and fewer soldiers will be able to rely on a chest full of ribbons for extra promotion points.

Proposed Plan Said Too Costly

The previously announced Bank of America club card system for open mess systems has been terminated by the Department of the Army according to the Redstone Arsenal Officers Open Mess

custodian. The present membership card and charging system will continue in use.

Members had been notified that a new club card system would be

established effective in all Open Mess systems in the nation through use of a Bank of America club card. The contract was subsequently terminated as it was found to be too costly.

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Streamlined Army. . . Smaller But More Efficient

George C. Wallace said he was happy to be able to visit the Missile and Munitions Center and School recently. "It's good to be in Alabama, where I can find room to park my car," he quipped.

Normally, Lieutenant Colonel George C. Wallace works at Department of the Army's new Military Personnel Center (MILPERCEN) in Washington.

The Army is streamlining its management of personnel actions and affairs, he said. With a smaller volunteer force, The Army must make most effective use of the people it has, according to Wallace.

So MILPERCEN was designed and will be used to expedite assignments, promotions and other personnel matters.

To introduce MILPERCEN to soldiers it's designed to serve, Wallace has been visiting Army installations. While at each location, he and a team of personnel specialists from Washington interview men who are seeking help on personnel matters.

While at MMCS, Wallace outlined operations in the Enlisted Personnel Directorate, which centralizes Army policies, assignments, promotions and career development for enlisted men around the world. Wallace is Chief of a branch of the directorate that handles soldiers in the Field Artillery and Air Defense branches of the Army.

A local personnel officer at MMCS said that the Army personnel system is very complex.

"It's like a giant Swiss clock," he said. "If one little gear doesn't mesh right, a man may be dissatisfied with his assignment or what he considers slow promotion. We're able to fix the clock right here."

He explained that because the system is so intricate, each man in the Army becomes an almost unique case. With that kind of situation, men can incorrectly assume that whatever works for their buddy will apply to them.

"Here, at the local personnel office, we have the most up-to-date information on each man. That's why he should come to us first. On top of that, we know where we can refer him for further help if he needs it," the spokesman said.

Proposed Chapel

The Army Missile Command has requested approval of funds for construction of a new contemporary style chapel on Redstone Arsenal to be located at the intersection of Hughes and Goss Roads. The proposed project is part of post planning for FY '74.

If funds are approved by Congress, MICOM Facilities Engineer personnel predict that advertising for construction bids should come late this year, the chapel to be available for occupancy about June, 1975.

Christian, Boozer and Jenkins, architects of Anniston, Ala., have the contract to design the approximately 24,000 square feet, circular building. The main chapel would have a 600-seat capacity, and appended areas would be utilized for religious education, chaplains' offices and meeting rooms.

The existing chapel would be used for special religious services for troops, growing Sunday School classes, and would continue to be used for meetings of community groups. Community group meeting rooms would also be available in the new chapel.

A group of young people from the chapel at Rucker will visit Redstone Saturday, and be hosted by the Catholic youth organization of the Redstone chapel. The program includes a fellowship meeting and a visit to the Space and Rocket Center.

Wallace agreed on the idea of local handling of most personnel actions.

"Usually, we don't have direct contact with individual soldiers," Wallace said. "Each man's personnel actions are normally handled by his local military personnel section."

The policies and regulations that apply to MMCS personnel matters are the same ones that MILPERCEN works under. But sometimes, Wallace said, the Washington center will expedite potential problems that can't be handled at the local level.

"We in Washington serve as an additional resource for the soldier, not as a substitute for his local personnel people," Wallace explained.

He noted that few things can be more frustrating for a trooper than traveling to Washington or stopping off at MILPERCEN between assignments and finding out that his "problem" could be handled at his next duty station in a matter of minutes.

In explaining the function of MILPERCEN, Wallace said he hoped to prevent that kind of frustration.

Workshop Looks At Data Uses

The DOD Technical Management Workshop will be hosted by the Army Missile Command beginning March 27, and ending at noon March 30.

The workshop is sponsored by the Department of Defense with Vice Admiral Eli T. Reich, Deputy Assistant Secretary of Defense for Production Engineering and Materiel Acquisition is in charge of arrangements.

Five panels will discuss problems, exchange experiences and recommend improvements for the use of technical data within DOD. Panel topics are: data acquisition management; data requirements management; administration of contract data requirements; storage and retrieval; and advanced data concepts.

MICOM personnel participating in the workshop are T. T. Harrison, technical data division of RDE & MSL; Morris Ray, Product Assurance Directorate; and Will Lewis, Director of the Ground Equipment and Materiel Directorate. Horace Lowers, MICOM Chief Engineer, will serve as a Dept. of Army "at large" participant.

Tour Heads For Nashville

The Service Club has scheduled a trip for Arsenal enlisted personnel and their families and friends Saturday to Music City U. S. A., Nashville, Tenn.

On the tour agenda are the Music Hall of Fame, the Grand Old Opry and the Famed Museum of Art. Also on tap is a tour of the downtown area and the Seven Oaks Mall

of Nashville.

Interested personnel must sign up at the Service Club by Friday. The tour bus leaves promptly at 9 a.m. and returns at approximately 6:30. A picnic lunch will be served to all who sign up for the trip.

For further information contact any Service Club staff member at 876-4531.

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- I get the best life insurance deal anywhere.
- It's easy to get a VA and FHA housing loan.
- I like staying close to home.
- I like Army life.

The second week of March began uneventfully in Huntsville. Children were home from classes as their teachers attended a meeting of the Alabama Education Association in Montgomery.

Thursday afternoon, the rains began. They continued through early Friday afternoon. By that time, more than eight inches of rain had fallen at the U. S. Weather Service reporting station, and meteorologists estimated some areas had received ten or eleven inches in 24 hours.

In the pre-dawn darkness, creeks choked by runoff from the city's storm sewers overflowed their banks and caused severe flooding. The Tennessee River south of town was already beginning to rise, though the river would not crest until Monday, 20 feet above normal levels. Tennessee Valley Authority and National Weather Service Officials worked around the clock to project the expected floods. Law enforcement agencies and Civil Defense workers evacuated thousands of families from their homes in the valley.

Much of the flood damage in Huntsville and Madison County will not be covered by insurance. Specialist Five David K. Cowan of the Missile & Munitions Center & School surveyed Huntsville's flood damage that Friday morning.

Here is his report.

The day began routinely as I arrived at work a half-hour early. I gathered two stories I had written Thursday and left for the Huntsville Times to get them in before deadline. I had no way of knowing the newspaper plant was flooded with three feet of water.

Through driving rain, I made my way downtown. As I approached Memorial Parkway, a four-lane divided artery just one mile west of the city center, I saw traffic piling up. I thought there had been an accident. As I got closer, I saw water covering the highway, causing the pileup.

I decided I could make it through with my 4500 pound car, but got out and waded through foot-deep water to evaluate the crossing. Getting back in, I forged through and began the last wet mile to the newspaper office.

A Volkswagen ahead of me seemed to be driven by someone who knew what he was doing. I decided to follow. As we neared Bob Wallace Avenue, less than a half-mile from the Times, the Volkswagen plunged into a fast current and was swept off the road to a swampy area on the right. The driver escaped, swimming.

I stopped, and saw that Huntsvillians were rowing boats down the Parkway near the Times. I decided the 40-degree temperatures made it too brisk for an early morning swim, so I turned around and started back.

During my few minutes on the Parkway, the foot-deep water I had waded through was now three feet or more over the road. I nearly panicked for a moment, wondering if I would dare repeat the Volkswagen driver's attempt.

I resolved the only way out was back the way I came, having remembered my car was a lot heavier than the bug. I picked up a little speed and churned through the rampaging water. As the waves lapped against the side windows, I began to think about \$5300 going down the drain—literally.

But I made it through. Though no water seeped through the doors, the car wasn't in perfect running condition. Running on hardly more than two wet cylinders, my sedan sounded like a John Deere tractor. My power disc brakes were nearly useless.

All the way back to Redstone Arsenal, traffic was being rerouted. I arrived back at the missile school information office and gave a brief speech that can't be repeated.

When I had calmed down, I decided to go back into the rain and water to photograph some of the devastation. What began as a lark became more serious as the water rose to my knees. In other areas, it was waist-deep. Downtown Huntsville around the courthouse square was inundated. Water covered the parking meters.

At my home on the north side of town, there was only a little flooding. Water was rushing up through manhole covers.

But further south, the water had reached depths of four feet or more. I saw I would save some bowling money for a while. At two bowling establishments where I am a league member, water had swamped the lanes. At Pal-Mor lanes, the water was three feet deep inside.

A fire was reported at a gourmet shop, but fire engines couldn't make it through the deep water. In spite of the rising waters, the shop continued burning until firefighters arrived. An automobile showroom on Bob Wallace near the Parkway looked like an aquarium with autos instead of colored stones on the floor.

Damaged areas stretched for blocks, but there was still no letup as the rain continued. Families were being evacuated from low-lying areas in Huntsville and its suburbs. By mid-morning, no deaths had been reported.

By late afternoon, the first fatality was reported by the Sheriff's police. Flooding on the mighty Tennessee river had not yet crested. It would reach its peak by Monday.

Over the weekend, I monitored radio and television reports. The TVA reported the river was expected to crest more than 20 feet

above flood level. TVA also said it had been the worst rain since it was established. One geologist

from a federal agency said the flooding was above most scars caused by ancient floods. He said some areas hadn't been so flooded

in 200 years or more. The rain was just as astounding. It was reportedly the greatest single rainfall recorded since 1867.

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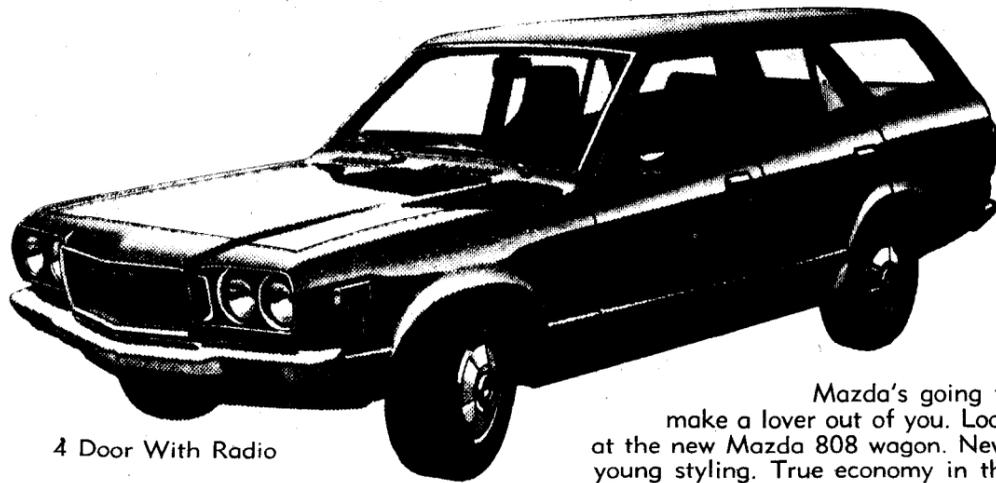
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LTC Haney, Howard, LTC Males, William, CAPT Lopriore, Michael, SFC Cross, Kenneth P., SP4 Ervin, Edwin D., SP5 Childress, Perry R., PV2 Malloy, Gerald T., SP4 Griffin, Bruce G., SP4 Grayson, Leslie L., RASA.

SP4 Groholski, Albert H., PV1 Cleckley, Arnold M., SP4 Reid, Frankie, PV2 Blake, Thomas S., PV2 Howey, Gene E., SFC Florence, Ronald L., PFC Webb, Dewey C. III, SSG Campbell, Billy B., RASA.

CPT Barth, Francis, SFC Newman, Robert D., PV2 Walker, James P., SSG Combs, Victor M., PFC Warner, Edward W., PV2 Aaron, Herbert L., SP5 Cannon, Merlind K., SP6 Kimbrell, Thomas, SP5 Castle, Roy G., PFC Hopson, Ronnie J., PV2 Musil, Kevin R., PV2 Beyea, John D., PFC Pickles, Richard L., PV2 Simmons, Dennis W., PFC Jeffries, Rodney Q., MEDDAC

PV2 Barnie, Walter E., 55th Army Band.

SP4 Davis, Melvin A., PV2 Mortensen, Thomas J., PV2 Biddix, Rodney R., PV2 Bedoya, James R., PV2 Ajster, Robert A., SGT Ellison, Claude E. Jr., SSG Pendley, Willis C., 291st MP Co.

SGT Bates, Jimmie W., PV2 White, Elbert T., SP5 Hanning, Charles K., SP6 La Gasa, John B. III, PFC Benson, John H., SP5

Morrison, William H., SP4 Wheeler, Michael F., 95th Svc Co. REENLISTMENTS (First Term): SP5 Walter, James M., SP5 Smith, Floyd, SP4 Kemmerzell, Norman, RASA.

SP4 Barrington, William, 291st MP Co.

REENLISTMENTS (other): SP5 Villines, Billy L., SFC Peavy, Ralph J., RASA.

SP6 Hayes, Dewitt C., MICOM. 1SG Wilson, Franklin D., MEDDAC.

PROMOTIONS

2LT to 1LT Cothran, Julian L., 2LT to 1LT Gilbert, Michael, 2LT to 1LT Mickles, Brian, 2LT to 1LT Youkey, William V., SP4 to SP5 Putney, David L., SP6 to SFC Gibbs, Stephen Jr., SP6 to SFC Mangrum, William M., MICOM

PFC to SP4 Coughran, Clinton C., PFC to SP4 Kusmierz, Michael E., MEDDAC

PFC to SP4 Henkemeyer, Thomas, SP4 to SGT Arnold, Robert A., SP5 to SP6 Stevenson, Harry P., SSG to SFC Phelps, Ernest W., SSG to SFC Thornton, Kenneth, RASA.

PFC to SP4 Helton, Stanley J., SP5 to SSG Hayes, Melvin, 55th Army Band.

Classes Not Disrupted

The Missile and Munitions Center and School, mostly on the north end of the Arsenal, lay above most of the flooding that covered other areas.

Though some classes were disrupted, few staff sections reported anything else unusual.

Instructors and students of Nike Hipar radar crossed flooded sections of Hansen road to arrive at their training site off Hanson Road near Gate Five and Triana Boulevard Friday morning.

Around 7 a.m., military police barricaded the road, blocking further access.

As heavy rains continued through the morning, it was feared flooded McDonald Creek would rise even higher. The site was ordered evacuated due to the threat of further flooding and a tornado watch issued around mid-morning.

Students and faculty left the site and continued training in the Air Defense Department on the MMCS main campus.

The administration at Redstone Army Hospital reported no emergency cases due to flood waters or the heavy rain.

William F. Koontz, Chief of the safety division at MMCS, said Monday his office had handled no emergencies or safety problems.

Koontz said the post engineers of the Redstone Arsenal Support Activity would be checking bridges and roadways for dangerous erosion.

Warrant Officer Douglas J. Daniels of the Directorate of Instruction reported that ammunition training at the ammunition supply point west of Rideout Road was suspended due to water at the training site. Another range exercise was suspended because of blocked access.

The maintenance department at MMCS said there have been no unusually high numbers of maintenance and repair jobs attributable to flooding. He said most of the water-sensitive equipment at MMCS was protected inside shop buildings or on paved hardstands.

The civilian personnel office at MMCS did not know Monday whether there was high absenteeism due to flooding on the Arsenal or along access routes in Madison County.



CRAFT INSTRUCTORS—Jan Osthus, who specializes in photography, and Robert Henson, who heads the Special Services craft program, have decorated the new craft shop with original art by military people with a talent for painting, carving, macrame and pottery. They are on hand weekdays from 1 p. m. to 8:30 p. m. for assistance and instruction.

Post Theatre This Week

Tonite
"The Strange Vengeance of Rosalie" (PG)

THURSDAY-FRIDAY, March 22-23

"Trick Baby" (R)
INCREASED ADMISSION: adult 75c, children 35c

FRIDAY, March 23, Late Show:
"Been Down So Long, Looks Like Up to Me" (R)
Showing at 11:00 p.m.

SATURDAY, March 24
"Tora, Tora, Tora" (G)

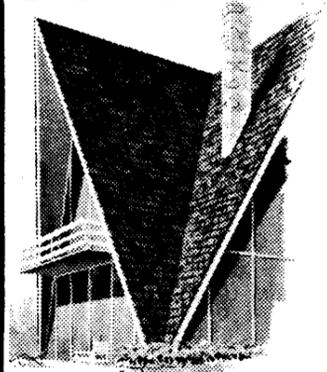
SUNDAY-MONDAY, March 25-26
"The Life and Times of Judge Roy Bean" (PG)

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TUESDAY, March 27
"Prime Cut" (R)

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3. Miscellaneous

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JOIN THE IN CROWD come to the Singles Club. If you are over 25 and single you will enjoy our club every Monday night at the Elks Lodge on Franklin St. Larry Robbins Band 8:30 til 11:30. All Singles invited. Tfc

Investment Guntersville

RESTAURANT AND "MOTEL COMPLEX" near beautiful Guntersville Lake, Alabama. 17 Unit motel + apartments and RESTAURANT w/ 250 seating capacity. Situated on 5 1/2 acres with Highway Frontage. Seller offers excellent terms. Call for details.

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FOR RENT a nice trailer on Whittaker Lake (Honey Comb) a Private Boat House and dock, piped well water etc. Must be a responsible person, weekly \$70.00 until June 1st. Damage deposit required. Phone 536-7858 or 881-2052. ITC

BUSINESS OPPORTUNITY
Need Job Security — willing to work for a secure future — will share my success with ambitious and sincere individual or couple — spend one hour of your time to see how it can be done — appointments only — No obligations — Call 859-3347. 5-9-P

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5. REAL ESTATE

EXCELLENT LOCATION and Price is this clean 3 bedroom home with carpet and hardwood floors, 2 baths, large kitchen and utility room, new central heat and air unit, cyclone fence. VA approved. Call owner 536-3263 or 536-6320. 4-4-C

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4 door hardtop. This car is equipped with power steering, power brakes, air conditioned, tilt wheel, vinyl roof, AM/FM radio, tape player, power windows, power split bench seats and has new tires.

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\$4,350

ALL CARS READY TO GO

1971 VEGA

Dark green with dark green interior. Local one owner with just 16,000 miles. Just like new! Factory air and 4-speed transmission.

\$1,850

1972 CHEVROLET MALIBU

2 door hardtop. Power steering and brakes, factory air, automatic and vinyl top.

\$3,250

1971 BUICK SKYLARK

2 door hardtop. Power steering and brakes. Factory air, vinyl roof and bucket seats.

\$2,950

1972 SKYLARK

2 Dr. hardtop, one owner.
\$3,450

1968 SKYLARK

2 Dr. hardtop.
\$1,750

1969 OPEL GT

Auto., with radio and heater.
\$1,750

1970 BUICK Electra Limited

4 door hardtop, equipped with power steering, power brakes, air conditioned, tilt wheel, AM/FM radio, 60/40 split seat.

\$2,850

1972 Sport Wag.

Fully equipped, one owner.
\$3,450

1972 OLDS TORONADO

This car has full power and air conditioned with vinyl roof, AM/FM stereo radio with tape player and tilt wheel.

Priced At
\$4,750

1972 OLDS CUTLASS SUPREME

4 door hardtop. Power steering and brakes. Factory air and power windows.

\$3,550

1971 OLDS CUTLASS SUPREME

2 door hardtop. Power steering and brakes. Automatic, factory air and vinyl top.

\$2,950

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SPRINGS A RESERVOIR OF NUTRITION...

bearing a tidal wave of vitamins, minerals
and essential enzymes - so vital for a
concentrated nutritional impact.

A NEW CONCEPT IN NUTRITION

VEGETABLE JUICE FORMULAS FOR BETTER HEALTH

1. **ACNE, PIMPLES, ETC.:** Caused by impurities which the body is trying to eliminate through the skin.

Juice combinations:

Carrot juice alone
Spinach 4 ounces, Carrot 10 ounces
Spinach 3 oz., lettuce 3 oz., carrot 8 oz.

2. **ALLERGIES:**

Sensitiveness to certain foods, poisons, or other substances of plants, insect bites, dust, etc., which may produce hay fever, nettle-rash, asthma, eczema, dyspepsia and headache. Juice combinations which help to keep the mucous membrane healthy and build resistance to disease are:

Cucumber 5 oz., beet 3 oz., Carrot 4 oz.
Celery 8 ounces, Carrot 8 ounces.

3. **ANGINA PECTORIS:**

Valvular or muscular heart trouble resulting from impurities in the blood stream.

Juice combinations:

Spinach 4 ounces, Carrot 12 ounces
Cucumber 5 oz., beet 3 oz., Carrot 4 oz.

Parsley should be used often as a garnish for meat dishes and ground horseradish (not juice) should be used as a sauce.

4. **ARTERIES. (Hardening of):**

Thickening of the artery walls, causing a partial blocking of the blood stream to one or more organs.

Juice combinations:

Spinach 4 ounces, Carrot 10 ounces
Beet 4 ounces, celery 4 ounces, Carrot 8 ounces
Parsley 2 ounces, spinach 2 ounces, celery 4 ounces, Carrot 8 ounces
Pineapple 4 ounces, garlic 2 ounces, Carrot 8 ounces

5. **ARTHRITIS:**

Deposits in the cartilage of the joints as a result of eating concentrated carbohydrates in excess.

Juice combinations:

Celery 8 ounces, Carrot 8 ounces
Cucumber 5 ounces, beet 3 ounces, Carrot 4 ounces

(During acute stage--1 pint to 1 quart celery juice daily)
(Grapefruit juice is also helpful for those who find it doesn't aggravate their condition).

6. **ASTHMA:**

Extreme difficulty in breathing due to mucous accumulation in bronchial tubes.

Juice combinations:

Carrot 10 ounces, spinach 4 ounces
Grapefruit
Carrot 8 ounces, celery 8 ounces

7. **BLOOD PRESSURE:**

High Blood pressure could be excessive tension of blood in the arteries caused by improper diet, lack of exercise and to a lesser extent by neurasthenia, worry, anxiety.

Low blood pressure could be due to excessive use of devitalized foods in the diet, resulting in deficiency of vital elements in the blood stream. It frequently is the result of exhaustion, weakening disease, fevers and, generally, diseases of the heart.

Juice Combinations:

Spinach 4 ounces, Carrot 12 ounces
Cucumber 5 ounces, beet 3 ounces, Carrot 4 ounces
Parsley 2 ounces, spinach 2 ounces, Celery 4 ounces, Carrot 8 ounces.

(For high blood pressure only. Run one pod of garlic through juicer first; then run enough carrots to make 8 ounces of juice. Limit--8 ounces, once per day. HAVE A WEEKLY CHECK-UP WITH YOUR DOCTOR)

8. **BRIGHT'S DISEASE:**

Disease of the kidneys characterized by albumin in the urine, sometimes involving dropsy. Excessive uric acid.

Juice combinations:

Cucumber 5 ounces, beet 3 ounces, Carrot 4 ounces.
Spinach 4 ounces, Carrot 12 ounces

Parsley 2 ounces, Celery 4 ounces, Carrot 8 ounces.

9. **BRONCHITIS:**

Inflammation of the bronchial tubes due to excessive mucus in the system.

Juice combinations:

Spinach 4 ounces, Carrot 12 ounces
Celery 8 ounces, Carrot 8 ounces

Cucumber 5 ounces, beet 3 ounces, Carrot 4 ounces

10. **CANCER:**

A malignant form of tumor; groups or nests of epithelial cells, (half-starved from lack of proper organic nourishment), thriving on concentrated starches and meats.

Juice combinations:

Carrot (a quart a day is frequently taken with beneficial results)
Carrot 8 ounces, celery 8 ounces
Carrot 12 ounces, spinach 4 ounces
Carrot 12 ounces, cabbage 4 ounces

(IT IS IMPORTANT TO HAVE CAREFUL GUIDANCE UNDER THE SUPERVISION OF AN EXPERIENCED PHYSICIAN.)

11. **CATARACTS:**

Opaque films over crystalline lens of the eye due to lack of proper nourishment to optic nerves and muscles.

Juice combinations:

Parsley 2 ounces, celery 4 ounces, Carrot 8 ounces
Cucumber 5 ounces, beet 3 ounces, Carrot 4 ounces

Spinach 4 ounces, carrot 12 ounces
Parsley 2 ounces, spinach 2 ounces, carrot 12 ounces

12. **CORONARY THROMBOSIS:**

When the coronary arteries are diseased they may become so narrow that the blood, slowing down its flow, clots or forms thrombosis. This cuts off the supply of blood to part of the heart and the result may be fatal.

Juice combinations:

Garlic 2 ounces, carrot 8 ounces
Parsley 2 ounces, Carrot 8 ounces
Cucumber 5 ounces, beet 3 ounces, carrot 4 ounces

(Ground horseradish--not juice--up to one tablespoonful, used as sauce for meat.)

13. **DIABETES:**

Inability of the pancreas to metabolize carbohydrates could be due to excessive use of concentrated starches and sugars in the diet.

Juice combinations:

Spinach 4 ounces, Carrot 10 ounces,
Spinach 3 ounces, Parsley 2 ounces, Celery 4 ounces, Carrot 7 ounces.

Brussel sprouts 3 ounces, string bean 3 ounces, lettuce 4 ounces, Carrot 4 ounces
Parsley 2 ounces, endive (escarole) 2 ounces, celery 5 ounces, carrot 7 ounces.

14. **EYE DISEASES:**

Frequently due to eye strain, poor light, glare-deficiency of vitamin A and other vitamins-minerals.

Juice combinations:

Spinach 4 ounces, carrot 12 ounces
Celery 8 ounces, Carrot 8 ounces
Spinach 3 ounces, celery 4 ounces, carrot 8 ounces

15. **HEADACHES: (Chronic)**

Nature's warning to give the body a thorough house cleaning, thus re-establishing the equilibrium of the blood and releasing its excessive pressure in the regions of the head.

Juice combinations:

Spinach 4 ounces, carrot 10 ounces
Spinach 3 ounces, Parsley 2 ounces, celery 4 ounces, carrot 7 ounces
Cucumber 3 ounces, beet 3 ounces, carrot 10 ounces
Spinach 3 ounces, lettuce 3 ounces, carrot 8 ounces

Greetings

From Johnnie McDaniel at
Whitesburg Nutrition Center

I am grateful, to the people of Huntsville for the wonderful response and patronage since we began our nutritional and vitamin program just a month ago... You have overwhelmed us beyond our anticipations!... To show our appreciation, we are going to continue our SAVE-A-DOLLAR SALE ON VITAMINS FOR ANOTHER WEEK. Do come and browse our beautiful super store of values, open 7 days a week... Thank You



Many of the before mentioned diseases have been brought on because we failed to worry a little about the kind of food we were polluting our blood stream with. If the fear and worry and grief you've felt from watching a loved one die of one of the before above mentioned diseases is only a product of it 'being only in your mind' THEN GO SEE YOUR DOCTOR. If your disease is a reality--then get with your nutrition. Take one look at the situation we are in from listening to people who are only concerned with the disease and not the Disease--see the fathers who are dying with heart disease right in the prime of their lives--see the mothers who are dying from cancer when her family needs her the most--see our disease-ridden little children--see our teenagers fumbling through life--and this because it could be due to simple 'malnutrition'--and FOR GOD'S SAKE DO A LITTLE WORRYING!!! I can't say that worrying won't hurt you, but I can surely say that if you will worry every time you eat white bread and foodless foods and take drugs that have been prescribed for you--if you will worry enough that you will stop putting toxic foods in your body--then you will be a whole lot better off, and you will live a longer and healthier life than you will live if you don't do a little worrying.

SOCRATES, THE FAMOUS GREEK PHILOSOPHER, ONCE SAID: "BAD MEN LIVE THAT THEY MAY EAT AND DRINK, WHEREAS GOOD MEN EAT AND DRINK THAT THEY MAY LIVE."

A quote from a famous doctor says, "Yet to deny them the benefits of at least partial correction of their malnutrition would seem illogical".

In other words, it is not right to say Americans don't need vitamins when we are next to the bottom of the list on being the most 'undernourished' nation in the world. How in the world can they say, "ALTHOUGH MANY AMERICANS HAVE POOR EATING HABITS, THE INCREASING CONCERN ABOUT NUTRITION AND HEALTH IS EXAGGERATED." How in the world can one human being watch other human beings suffer and die from malnutrition and NOT BE CONCERNED!!!!!!!



WHITESBURG Nutrition Center
2115 Whitesburg Drive S.E. Ph. 539-2031