

# The Redstone Rocket

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## Weight program gets push here

BY SKIP VAUGHN

A greater emphasis is being placed on the Army's weight program here for getting fat soldiers within standard limits.

Officials stress the positive aspects of staying in shape but also point to administrative steps that can be taken against overweight soldiers who refuse to lose.

Army regulation 600-9 provides for a physical fitness and weight control program. It lists height and weight ratios for men and women.

Lt. Col. Errol Frazier, commander of special troops, said enforcement of that regulation has not been consistent Armywide but has been consistent at the Missile Command.

MICOM's program consists of weighing in all officers and enlisted personnel when they report in as part of the incoming process. They're weighed again every three months.

If a soldier is underweight or overweight on the Army's chart, he or she is referred to a doctor. The doctor takes into consideration muscle tone, muscle mass and fatty tissue in making a recommendation which could be that the individual is fine at present weight.

But the doctor could recommend that person lose one to two pounds a week to adjust to the Army's limit within a certain time period. A dietitian may see the individual next.

"It's a very sensitive area," Frazier said. "There are a lot of folks that would disagree with the requirements of the regulation."

A clerk typist, for example, could argue that he or she doesn't have a job requiring physical activity and could ask "Why me?"

"The answer is obvious," Frazier said. "A healthy body contributes to a good sense of pride."

Soldiers on the MICOM program weigh in every two weeks and their progress is checked. If they show no progress, administrative actions could include reduction for inefficiency, removal from the promotion list or bar from reenlistment.

"Most of the people identified as being overweight accept their entry into the program and try to lose weight. There's always a few hard cases that just can't buy it," Frazier said.

Individual initiative is stressed with emphasis on exercise. Certain foods like cottage cheese and skim milk are made available in dining halls. Crash diets are discouraged.

"To keep weight off, you've got to change eating habits and possibly drinking habits," Frazier adds.

MICOM's CSM Ed Polite believes the goal of the Army's physical fitness and weight control regulation is not being achieved. He recom-

mends that a physical fitness test be given the same emphasis as the weight control program.

Polite's typewritten recommendation to the sergeant major of the Army would require each individual's performance on the physical fitness test, regardless of age or rank, as part of their permanent personnel file. "The current physical exam, which includes weight, is already a part of this file," Polite wrote.

Secondly, Polite would "Make satisfactory performance on the physical fitness test a requirement for reenlistment or enlistment extension."

His recommendation could come up for consideration at a conference in November for sergeants major of major Army commands. Polite also believes a provision should be added to the Army regulation so large-framed athletes won't have to get a doctor's permission to exceed weight limits.

He said just as much importance should be put on physical fitness as is put on the weight program. "Because if we go into combat, we can look trim and not make that hill and that's not helping my buddies or me," Polite added.

Capt. Russell Frutiger, who commands headquarters and headquarters company for Lt. Col. Frazier, said last week 26 of the company's 700 soldiers are on the weight

(Continued on page 18)

## Activities set for Hispanic week

Redstone Arsenal this week has a schedule of activities to observe the Hispanic heritage of over six million Americans.

President Carter on July 31 proclaimed the week beginning Sunday, Sept. 14, as National Hispanic Heritage Week. The event has been celebrated in the United States since 1968.

There are 36 civilian and 26 military Hispanics at Redstone Arsenal, according to officials here.

"The president asked that people of the U.S., especially the educational community, observe the week with appropriate activities because the Hispanics have contributed so

much to our country," said Stella Moore, an Equal Employment Opportunity specialist.

A poster display through Friday was slated for the lobby of Building 5250, Missile Command headquarters. "What we're really

(Continued on page 4)

## HISPANIC AMERICANS



Two Hispanic soldiers discuss their heritage and Army life.

Story on page 5.

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not to be considered an official expression by the Department of the Army. The appearance of advertisements in this publication does not constitute an endorsement by the Department of the Army of the products or services advertised.

# Opinion

## Chain works when temper won't

Soldiers have been known to have tempers. Especially when things don't go their way. However, a temper is not the right way to get your own way as far as the Army is concerned.

But where there's a will, there is a way. And in the military, the best way is your Chain of Command.

Your Chain of Command is there to help you, not hurt you. Oh sure, that is what they always say right? But seriously folks, they are there for you.

The Army works as much as possible at the

lowest level, which is where your chain starts. Have a problem? Go to your immediate supervisor. If they can't help you, then go to your squad leader, then your platoon sergeant, 1st sergeant and to the commander if necessary.

Depending on your problem, you could go to the President if you had to. That is your right. But remember, start with the bottom and work your way up. I mean, why would you go to the President about a small problem like moving off post, for example, when your first sergeant could handle the situation.

The bottom links of the chain will refer you to higher links if they don't have the answer. Either way, you are going to get the problem solved.

So remember, start using your Chain of Command and use it properly; from the bottom up.

A temper will not cure your problem, but the Chain of Command will.

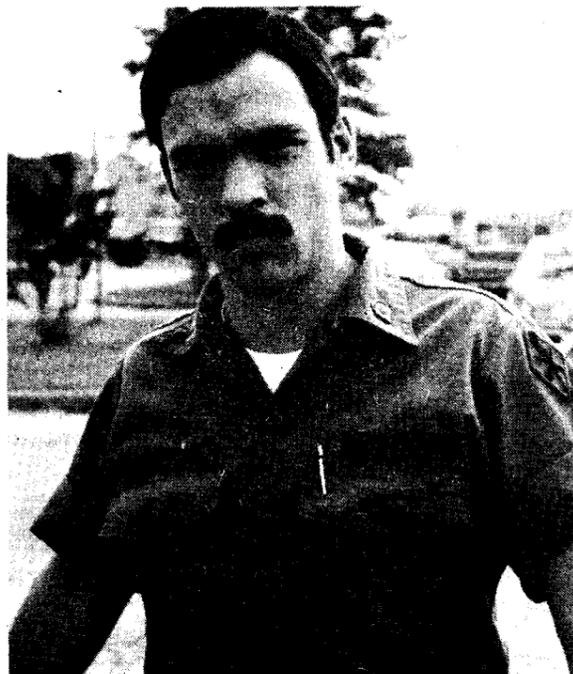
— LORIKING



### What do you think the Army's weight reduction program?



SFC Roger Wright, DENTAC — "I think it's alright within limits. But it needs to be more related to an individual's build instead of requiring everyone to look good in uniform. Not everyone can look good in the uniform."



Sp5 Donald Hartman, Co.A — "I think it's good. It should be more severe in most cases. Without it, there are guys that just wouldn't be ready if something happened."



Sp4 Daniel Shepard, 6th S.C. — "It's fair, but some people just can't meet the standards. It depends on how they are built. It does encourage people to lose weight though."



PFC Derrick Hassell, 515th Ord. Co. — "I think they should enforce it more. A lot of people are on weight reduction programs but never fulfill them like they should. The idea's good though."



Pvt. 1 Tommy Teer, 4th S.C. — "I think it's fantastic. If you're not in shape you can't go out and do your job well. You have to be lean and mean or you'll be fat and out."



SFC John B. Fulton, HHC — "If Uncle Sam wants his people to be slim, he should press it all the way — not just the military, but the civilians too. But they couldn't do that. Really, I don't know if it does the Army any good, but it's good for the people. I've heard quite a number of them say that they feel much better after losing weight."

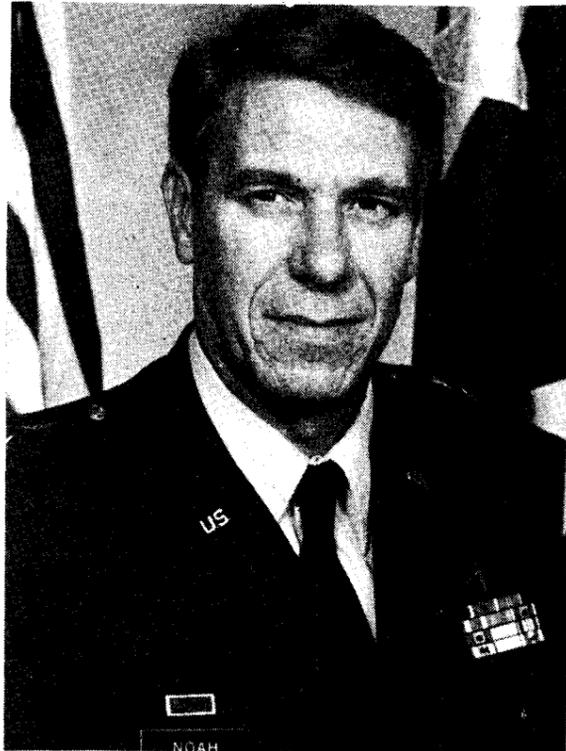
# Noah leaves Huntsville Division, successor named

Maj. Gen. Max W. Noah, Huntsville Division Engineer, U.S. Army Corps of Engineers, will assume command Friday of Fort Belvoir, Va. and the Engineer Center and Engineer School there.

Col. John A. Poteat Jr. has been named to succeed Noah, who became Huntsville Division Engineer in 1979. Earlier this year Noah spent several months in Israel on a project for emergency construction of two air bases being built as part of the peace treaty agreement between Israel and Egypt.

The new Division Engineer comes to Huntsville from a Washington assignment as Executive to the Assistant Secretary of the Army for Civil Works. A 1954 graduate of the U.S. Military Academy, Poteat has a master's in civil engineering from Massachusetts Institute of Technology. He is also a graduate of the Army Command and General Staff College and is a registered professional engineer in the District of Columbia and in the state of Washington.

Poteat is a native of Marion, N.C. The colonel and his wife, Madelyn, have one child.



Noah



Poteat

## Reunion Sept. 29 of rocket and missile pioneers

The Army's 30 years of contributions to the U.S. rocket and missile program will be the main focus of a reunion Sept. 29-Oct. 3 of rocket and missile oldtimers who have worked with the U.S. Army and NASA since the establishment of rocket and missile research at Redstone Arsenal in 1950.

The Alabama Space and Rocket Center is coordinating the reunion.

The Center is especially interested in locating members of the Army Ballistic Missile Agency from 1956 to 1960. All ABMA

rocket and missile members who wish to be included are asked to contact the Alabama Space and Rocket Center.

This will mark the seventh reunion of the original German Rocket Team that was brought to this country immediately following World War II. This reunion will focus primarily on the Army's 30 years of contributions to the U.S. rocket and missile program.

The week's activities begin Monday, Sept. 29, when Huntsville Mayor Joe Davis will

issue a proclamation commemorating 30 years of rocket and missile development in the Huntsville area.

On Thursday, Oct. 2, the AUSA Tennessee Valley Chapter will host a luncheon at the Officers Club with retired U.S. Senator John Sparkman as featured speaker. That afternoon at 5 p.m. the UAH Wernher von Braun Chair will host a function at the Space and Rocket Center. Dr. Edward Stone, professor of physics at California Technology Institute and chief scientist of the Voyager program, will speak.

Friday, there will be a tour of the Space and Rocket Center followed by a current state of affairs briefing from Army and NASA representatives. The week's activities culminate that evening with a banquet at the Officers Club. Social hour will be at 6:30, followed by dinner at 7:30. Master of ceremonies will be Maj. Gen. (ret.) John A. Barclay.

For reservations contact Doris Hunter at the Space and Rocket Center 837-3400.

## Combined Federal Campaign opens Monday

The Missile Command's 1981 Combined Federal Campaign will be kicked off Monday.

Maj. Gen. Robert L. Moore is scheduled to give a speech to MICOM fund-raisers in the Rocket Auditorium.

The goal for the six-week Huntsville area campaign is \$575,000. Individual organizational goals are prohibited under new regulations.

This year's campaign is marked by increased emphasis on voluntary giving and expanded worker participation in the local CFC administration. More specific information about the objectives of the various groups taking part in the drive will be given to contributors.

The requirement for local chapters has been removed, and National Service organizations have been added to the drive.

## THE REDSTONE ROCKET

The Rocket is published weekly, on Wednesday. The publisher will receive editorial content for publication in the Rocket through the Information Office, Army Missile Command, Redstone Arsenal, Ala. 35809, Bldg. 5250, Room A-134, Extension 876-1400 or 876-1500.

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## Top ROTC student

WASHINGTON — A graduate of the Virginia Military Institute has been named the outstanding Army ROTC graduate of 1979.

Second Lieutenant Robert L. Norris of Richmond, VA. received the Hughes trophy as the top ROTC graduate from William E. Peacock, Assistant Secretary of The Army (Manpower and Reserve affairs) in ceremonies at the Pentagon.

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# Hispanic week

(From front page)

excited about is the medal display in the cabinet right in front," Moore said.

"The medals are supposed to depict how Hispanics as well as other Americans have given their lives in defense of our country, and also depicts the courage and responsibilities of civilian and military employees of Redstone Arsenal," she said.

Displays of books regarding Hispanics were scheduled for libraries here through Friday. These include the post and MMCS libraries and RSIC (the technical library).

An Hispanic "Food Feast" was scheduled for yesterday at the NCO Club. The post commissary had slated an Hispanic food display through Saturday.

For Thursday, the special troop consolidated dining halls are to serve Hispanic foods.

The Civilian Personnel office has activities scheduled to begin today with a display of Hispanic paintings, furniture, crafts and musical instruments. A food tasting fair with Hispanic music was set for 11:15 to 12:30.

At noon, during this activity, a 56-minute historical documentary film on the Americans of Mexican heritage will be shown. "The



Mexican-American — Heritage in Bronze" is a color film that covers from the early 1500s to the present, according to Margaret Pena, program coordinator for the week's activities at the personnel office.

On Thursday at 11:30, another film showing is set for the approximately 220-worker personnel office. Either the same movie of "Voice of La Raza" (Voice of the Hispanic Race) will be shown.

"Voice of La Raza" is a 45-minute color film made in the early 1970s that depicts "the more modern thinking and trends of Americans of Hispanic Heritage," Pena said.

Time spent attending heritage week activities down not require use of leave, but should be cleared with supervisors.

The theme for Hispanic Heritage Week 1980 is "Hispanics in America's Defense." In his proclamation, President Carter noted, "Hispanic Americans have contributed gallantly to the defense of our Nation, and many have received the highest decoration our country can bestow — the Congressional Medal of Honor."

Maj. Gen. Robert L. Moore designated the week here in an Aug. 20 proclamation.

Moore wrote, "On the occasion of this special week, I extend my special thanks to the Hispanics of MICOM and serviced activities for the contributions they steadfastly continue to make to the successful accomplishment of our missions here".

## Womanhood seminar tomorrow at chapel

The Protestant Women of the Chapel are sponsoring a Christian Womanhood Seminar under the leadership of Benji Clark, a counselor, author, widow and mother of five children. Classes are designed to help find out who you are as a woman, restore marriages, learn love's deepest meaning and find direction for your life.

The five free classes will be in the assembly room at the Bicentennial Chapel on Thursday, Sept. 18 at 9:30-11:30, 1:00-2:30, and 7:00-9:30 and on Friday, Sept. 19 at 9:30-11:30 and 1:00-

2:30. "Any woman of this community will benefit by attending any or all of these exciting life-changing sessions", a chapel spokesman said.

Coffee and tea will be furnished. Bring a sack lunch if you plan to stay all day. Child care is available at the Rocket Nursery providing you make your own reservation for this free service. For more information call 876-2337-2409.

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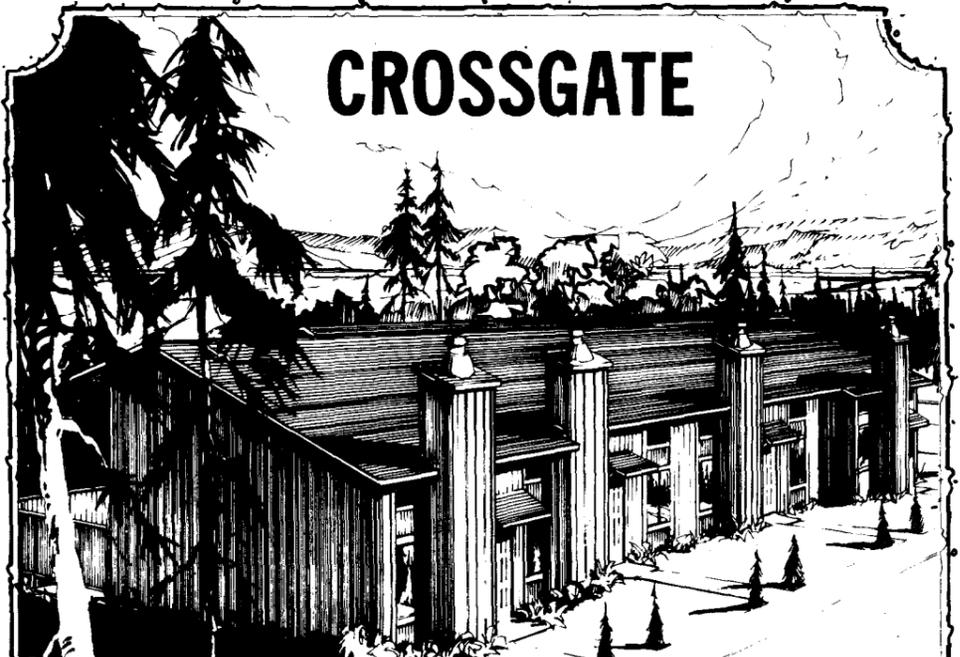
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# Hispanic soldiers here say they never feel alone

SSgt. Peter Laracuate of the Training Development Directorate MMCS remembers his first trip to Germany very well. He remembers how long the flight was and how tired he, his wife and children were when they finally arrived.

And after they landed, weary, nervous, and hungry he recalls suddenly realizing that he didn't know how to order anything to eat. He remembers the anxiety of looking for someone who spoke English and would help him.

But most of all, he recalls the job and relief he felt when the first person he spoke to replied not in German, as he expected, nor in English, as he hoped, but in Spanish.

"He was a Spaniard with some kind of business in Germany," Laracuate said. "He thought I was Spanish too, at first."

But Laracuate is not. He was born in Puerto Rico, but spent only a month there before his family moved to New York City. He said, "For my first 16 years I was privileged to have a grandmother who felt deeply for the Puerto Rican people. And that was good for my sisters and me. It helped give us an opportunity to learn to be Puerto Ricans."

"Now, even when the Army sends me someplace new, I never feel alone. There are a lot of Hispanics in the Army and our background brings us together."

A good example of Hispanic soldiers getting together is found in Germany where command sponsored Hispanic clubs are popular. Laracuate said, "When you're stationed in Germany, surrounded by their culture and the American culture too, it really feels good to

have the opportunity to get together to hear your kind of music, sample the recipes of the different wives and what not."

SSgt. Baltazar Munoz of the Roland Project Office agrees. A self-described "Tex-Mex" from San Antonio, he helped organize and was the first president of the Mexican American Friendship Club at Flak Kaserne in Germany.

As president of the club, Munoz learned a lot about the differences among the Hispanic people. "My cultural background is Tex-Mex. And that is different in the way we speak Spanish, the way we cook our food and the music we like from the Puerto Ricans, Cubans, Guamanians and even the people who came to the U.S. from various parts of Mexico," he said.

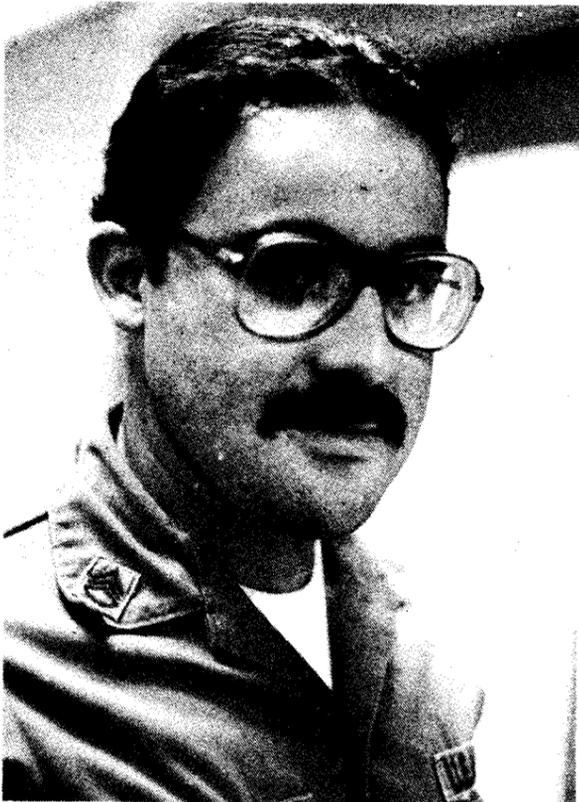
"But the club was for all Hispanics. We even had a lot of non-Hispanic people that came to our functions. The commander felt it was good for the whole unit's morale, not just the Hispanic soldiers."

Munoz noted, "I was born within walking distance of the Alamo. My family has been in that area since my great-grandfather was with Santa Anna. My family is very proud of my military career."

Laracuate said, "I came into the Army to be a soldier. Being Hispanic hasn't had much to do with it. Being bilingual, I have been asked to help explain things to other Hispanic soldiers whose English wasn't as good as mine. That started when I was in basic training, and I still do it."

"I can relate to young Hispanic soldiers and the situation they are in. And I understand the Army and the things that are expected of a soldier."

"I should. I've been both for a long time."



*'I came into the Army to be a soldier. Being Hispanic hasn't had much to do with it.'*

— Laracuate

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**Voting assistance**

Sp4 Mike Greer counsels a 6th Student Company soldier on absentee voting, soldiers who want voting assistance should contact

their unit voting representative. A sample Federal Post Card Application and instructions appears on page 19.

**Credit union folds at Walter Reed**

WASHINGTON — Members who had share deposits in the Walter Reed Federal Credit Union here will soon receive checks covering their accounts, according to the National Credit Union Administration (NCUA). The credit union had to close its doors on Aug. 15.

All members will receive letters from NCUA containing instructions about allotments and loan payments.

Allotments that were for shares only will be automatically cancelled. Allotments for shares and loan repayment will be reduced by the amount of the shares. Loan repayment allotments will automatically be sent to the NCUA office in Harrisburg, Pa.

“For some time the Walter Reed Federal Credit Union has been going down in financial assets,” explained David Mackley, with NCUA’s regional office in Harrisburg. “The relationship of assets (shares) to liabilities (loans) had become so unstable as to make it no longer profitable to maintain the credit union.”

Former members who have not received a check or letter should address all questions to the National Credit Union Administration, P.O. Box 926, Federal Building, Harrisburg, Pa., 17108.



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# Do radar detectors really work?

BY SKIP VAUGHN

Good radar detectors work but military police say there are ways to get around them.

Redstone Arsenal's police last week announced a daily crackdown on speeding on arsenal roads with radar used primarily in the effort.

Enforcement officers say they'll be in plain view with no hiding behind the billboard stuff, but radar detectors surely will see action on some dashboards.

Do radar detectors really work?

"Yes and no," answers SSgt. David Stenhjem, NCOIC of the traffic section. "You get what you pay for. There's good ones and bad ones.

"We've never had any trouble with them. Many cars have radar detectors in them and we've issued (speeding) citations."

Motorists with radar detectors that work don't get pulled over because they slow down, Stenhjem said. "Yeah they work if you want to pay money for a good one."

Military police using K-55 mobile radar units on their dashboards have an instant on-off switch they can use to shut off their antennae. The MPs call it an "anti-fuzzbuster" switch.

"If we see a car coming at us, all we have to do is switch on and get a reading, and then it'll lock in automatically," Stenhjem explains. "Then turn (the antennae) off until another car comes, or we can just leave it on all the time."

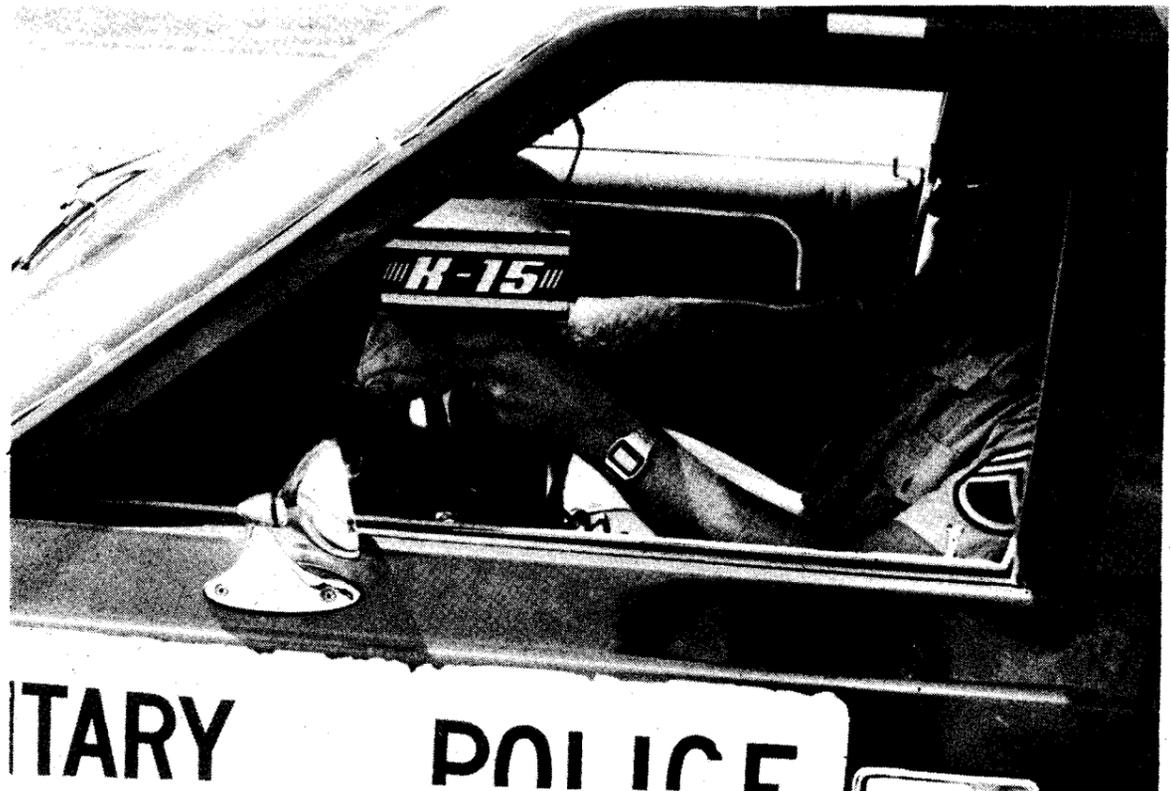
There's no way to switch off the K-15 hand-

held radar units used for stationary surveillance, he says, "but there is a way to get around it."

The handheld units shoot a beam out which won't be detected if the unit is aimed upward, Stenhjem said.

"Radar transmits a beam similar to a flashlight," he explained. "If you hold (the unit) straight up in the air, the radar detector won't pick up anything."

When a car approaches, the policeman levels the unit at the vehicle.



Stenhjem demonstrates radar gun

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**REGISTRATION:** Continuous through first session. Telephone for reservations. Army Employees: Applications for tuition must be in Training Office 30 days prior to start of term.

**FEES:** Full-term 500/600 level: \$180 plus \$5 registration. Application: \$5 special, \$25 regular. Short-term fees as noted.

**INFORMATION:** Telephone (205) 837-9726.

11-561 INFRARED SYSTEMS . . . . . MW 4:30-6:40 p.m.  
An introduction to the theory, hardware, and applications of infrared systems. Instructor: Christopher E. Kulas, Ph.D.

11-684 DIGITAL PROCESSING OF SIGNALS . . . . . TT 4:30-6:40 p.m.  
A detailed study of the use of digital techniques in signal processing. Instructor: Mervin C. Budge, Ph.D.

14-671 ADVANCED SOLID ROCKETS . . . . . TT 6:40-9:00 p.m.  
A detailed study of selected topics in solid-propellant rocket propulsion. Instructor (tentative): Robert B. Kruse, Ph.D.

17-617 DATABASE SYSTEMS . . . . . TT 6:50-9:00 p.m.  
A study of database management systems and their design. Instructor: David L. Scheidt, M.S.E.E.

17-641 COMPUTER ARCHITECTURE . . . . . TT 4:30-6:40 p.m.  
A detailed study of hardware structures in modern digital computers. Instructor: Joseph C. Scaif, M.S.E.

21-544 LEADERSHIP DEVELOPMENT . . . . . TT 4:30-6:40 p.m.  
A seminar on fundamental concepts and processes for leadership development. Instructor: Sam L. Hardy, D.Sc.

21-611 MANAGEMENT RESPONSIBILITIES . . . . . MW 4:30-6:40 p.m.  
A seminar on the tasks, responsibilities, and practices of managers. Instructor: Donald Jackson, Ph.D.

24-511 MARKETING THEORY AND PRACTICES . . . . . MW 6:50-9:00 p.m.  
An overview of marketing from the management viewpoint. Instructor: To be announced.

27-671 R&D MANAGEMENT . . . . . MW 6:50-9:00 p.m.  
A seminar on management in research and development organizations. Instructor: Julian S. Kobler, J.D., D.Sc.(Hon.)

31-504 QUANTITATIVE METHODS FOR MANAGERS . . . . . TT 6:50-9:00 p.m.  
A survey of quantitative methods for managerial decision-making. Instructor: Raymond C. Watson, Jr., M.S.E.

31-544 MATHEMATICS OF SIGNAL ANALYSIS . . . . . MW 4:30-6:40 p.m.  
A study of mathematical techniques for the analysis of signals. Instructors: Stephen M. Gilbert, Ph.D.; R. Duane Hays, Ph.D.

34-621 PLANETARY AND SPACE SCIENCE . . . . . MW 6:50-9:00 p.m.  
A study of selected topics in planetary and space science. Instructor: Charles A. Meegan, Ph.D.

### SHORT-TERM COURSE

31-623 GOAL PROGRAMMING . . . . . 8:30 a.m.-4:30 p.m., Nov. 17-21  
A five-day intensive course on techniques and applications of optimization with multiple objectives. Instructor: James P. Ignizio, Ph.D.

\*\*\*\*\*

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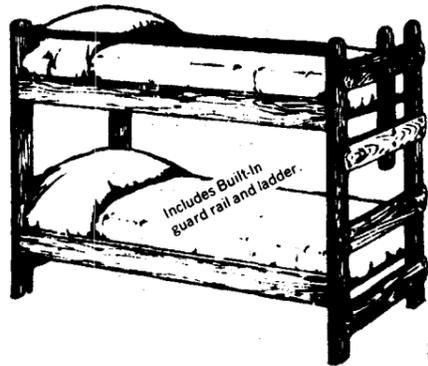
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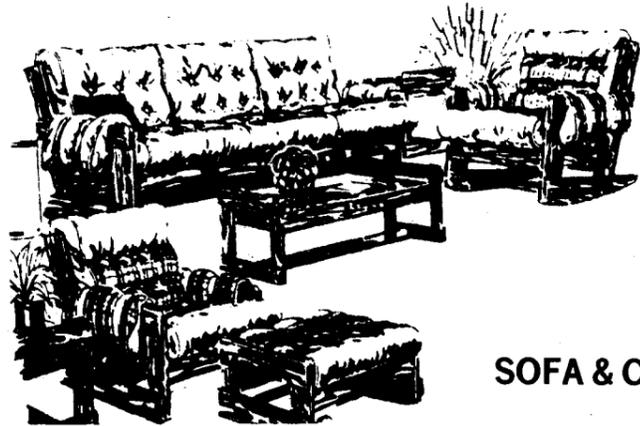
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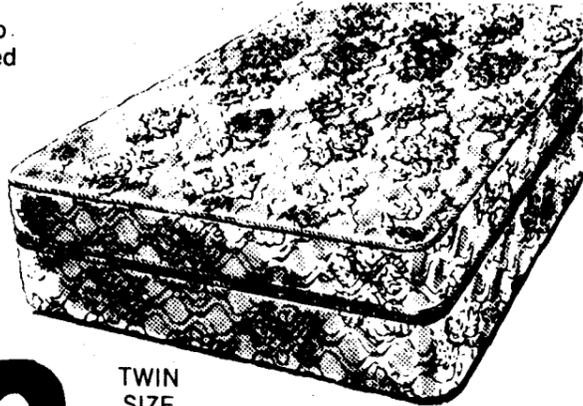
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- 2 — Repossessed tan cotton velvet ..... Reg. \$249.95 NOW ..... Ea. **\$33**
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# QUINN'S

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## WAREHOUSE & SHOWROOM



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# Rec Center offers entertainment variety

BY LORI KING

Hey, soldier is restlessness setting in and you think you're going to die? Are you tired of the same old song and dance?

Well, cheer up. There is a place for you to sing and dance the blues away right here on post. Whether you enjoy relaxation or sporting events, it's all here at the Recreation Center.

The Center functions to keep the soldier entertained. Approximately 400 to 500 soldiers come to the Center a day, according to co-director James J. McCarthy.

And it's not wonder. It has five music rooms, four television rooms, two game rooms, one big lounge and many indoor and outdoor activities.

The music rooms consist of three piano rooms and two stereo rooms. One of the piano rooms can be used for other musical instruments.

The television rooms provide a place to relax and watch tv or read a book. A new feature, a big-screen television, has been added to one of the rooms and is mainly used for movies or sports.

The game rooms have five pool tables, two ping-pong tables, two shuffle board tables, three foosball tables, one air hockey table and one snooker table. Pool tournaments and other sports tourneys are held often.

Games, such as Monopoly, Battle Ship, Yahtzee, checkers and chess can be checked out at the game room.

Live entertainment, shows and lectures are frequent.

For those who enjoy outdoor activities, the Center sponsors tours, picnics, and sporting events.

Bicycles can be rented daily, weekly, or monthly.

Pizza night, puzzle night, volleyball games, a tour to Opryland and one feature film a month are only a few of the fun and games that the Center offers.

A monthly schedule of all the events is posted on the Center's bulletin board in the main lobby. All musical instruments, bicycles, and game equipment can be checked out at the game room check-out window.

The Center is located in Building 3711 on Patton Road between the post theater and the Redstone Bowling Alley.

It is opened seven days a week from 1:30 p.m. to 10 p.m.

For more information concerning tours, tournaments, games, etc. phone the Center at 876-4531.

PAID POLITICAL ADVERTISEMENT BY FRIENDS OF DON MARTIN, EVELYN DARWIN, CHAIRMAN

# 4 MARTIN

AN OPEN LETTER  
TO THE CITIZENS OF HUNTSVILLE  
FROM  
**DON MARTIN**  
Candidate for  
County Commissioner  
District Four



For eight years now the citizens of the Fourth District have been trying to replace the present commissioner from that district. In the 1976 election, over 56 percent of the voters in his district voted against him; on September 2, 1980, over 66 percent of the voters in his district voted against him! He was the only commissioner to have opposition in the election; the other commissioners ran unopposed. It should be obvious to anyone that something is wrong in District Four!

Although the candidate has to live in the district from which he runs, the office is voted on by all of the eligible voters in the county. This means that the citizens in Huntsville, in effect, have been electing a commissioner the people in District Four do not want and have repeatedly rejected.

### IS THAT FAIR?

If you question the people of District Four as to why they want to replace the present commissioner, you receive a wide range of reasons; Such as:

- He's just a rubber stamp . . . and only does what the other Commissioners tell him to.
- You can never find him when you need him.
- He will never give you an answer on anything himself; he will always refer you to someone else.
- All he talks about are those awards and that ain't getting jobs and fixin' roads!
- All he talks about is needing just four more years until he can retire; that's what he said the last time. We want a public official who is trying to help the county, not just get his retirement.
- Just look at the bad drainage, narrow bridges, potholes and dangerous roads in the district, then look at the road in front of his estate.
- He is unfair in his treatment of citizens in the district. If you are important you get his attention, if not, you can forget it.

And, so it goes on and on!

Americans and particularly the people of this area have always been fair and reasonable. Therefore, please give serious consideration to this appeal. Should you not have concern for your neighbors? Even if you forget that 66 percent of the people in his district voted against him on September 2; you may note that countywide 52 percent of the citizens of Madison County voted against the incumbent. It is obvious that a change is needed.

Vote with the citizens of District Four and Madison County for a change in commissioners on September 23.

Sincerely yours,  
*Don Martin*  
**DON MARTIN**  
Candidate  
County Commissioner  
District Four

**VOTE DISTRICT FOUR  
DON MARTIN COUNTY  
COMMISSIONER**

## GOOD NEWS FOR FEDERAL EMPLOYEES

Blue Cross/Blue Shield, Postmasters, Mutual of Omaha (National Alliance) mail handlers health insurance, Aetna Ins. Co. (government plan) plans now cover Chiropractic treatment.

Listed below are a few of the many conditions helped by chiropractic care:

- \* Headaches (migraines)
- \* Neck pain or stiffness
- \* Shoulder & arm pain
- \* Pain between shoulders
- \* Low back pain
- \* Hip & leg pain
- \* Allergies
- \* Sinus problems
- \* Tennis elbow

FOR MORE INFORMATION CALL:

**The Bagwell Chiropractic Clinic  
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**No Obligations**

# Civil Service worker says dedication important

BY LIZ CARSON

Diane Landtroop says dedication to her work was her formula for success in civil service.

In 18 years the GS-13 has received 10 promotions and recently won the Meritorious Civilian Service Award. A system's analyst and supervisor in the Army Missile Command's Procurement and Production Directorate, Landtroop started as a procurement clerk in 1962.

The hardest jump to make, she recalls, was from a GS-4 to a GS-5. To do that she had to pass the then-required Federal Service Entrance Examination.

"The five is the beginning of what is considered a professional grade," she said. "It is very difficult to go from a non-career job into a profession."

Landtroop says that she developed dedication to her work as she progressed. "You had to show the supervisor that you were serious — that the job was more important than the money," she said.

On the advice of her supervisor, she began to work toward a college degree in business administration. For the past three years she has attended night classes at Athens College. She plans to graduate by next spring.

Her husband decided to go back to school with her. "His decision to go along with me definitely helped in my decision to stick with school until I finished," she said.

In her judgement, the plan of action for any woman seeking a management job includes some form of training and education beyond high school. Yet in talking with other women, she has found that many do not take advantage of the educational opportunities available at work.

"Often they will not bother to take government correspondence courses," she said. "They think that going to school would detract from being homemakers."

Many have trouble developing a "business-like attitude" — an attitude that potential managers should have. "They need to be careful not to project a casualness about themselves," said Landtroop.

Since her latest promotion in February, Landtroop has considered applying for the highly competitive Materiel Acquisition and Readiness Executive Program (MARED).

Selection for the MARED Program would mean specialized training and exposure and one year relocation, probably in the Washington area.

"That will be a big change to make," she said. "It is difficult to know what to do, especially since I have been wife, mother, and breadwinner for many years."

MARED offers an opportunity that Landtroop knows is important. "My family and I have discussed it and they keep telling me that its OK with them whatever I decide. They will back me up all the way," she said.



Landtroop discusses a legal problem with Randy Richardson, procurement analyst.



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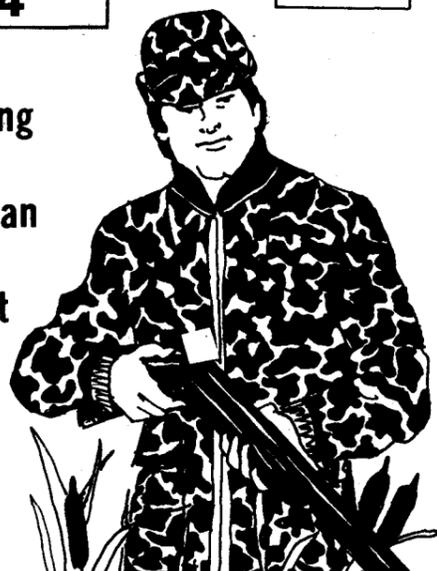


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# Growth opportunity training: way out of dead-end job

Civilian Personnel Office has reopened the Growth Opportunity Program to train eligible employees for projected vacancies.

The Growth Opportunity Program is for people in dead-end, non-career jobs at or below GS-9, WG-15 and WL-12 level. It is a component of the Upward Mobility Program.

Training opportunities for nearly 150 vacancies are expected to occur here through 1985. Most of the vacancies have a projected entry level of GS-4 or GS-5 and a GS-9 projected target level.

Bulletins announcing the program and applications have been sent to eligible employees.

A CPO spokesman said the program helps workers place themselves in a better position to compete within the merit promotion system, but cautioned that Growth Opportunity training does not guarantee a promotion. Employees must compete for the training and for the projected vacancies when and if they occur.

Program applicants must have been employed here at least 12 months, have career or career-conditional status and have performed satisfactorily in their present job.

Mike Showmaker, 876-5801, is CPO action officer for the Growth Opportunity Program.

## Alabama ranks 16th

Alabama ranks 16th in the nation in federal civilian employment with 60,227 people on the government payroll, according to Office of Personnel Management statistics.

California ranks first with nearly 300,000 federal civil servants while the District of Columbia is second with just over 200,000. Other states with large federal employment, all over 100,000, are Illinois, Maryland, New York, Pennsylvania, Texas and Virginia.

Vermont has the fewest federal employees, 4,327. Delaware, Maine, Nevada, North Dakota, South Dakota, Rhode Island and Wyoming all have fewer than 10,000.

Total federal civilian employment in the U.S. is 2,725,626.

## AUCTION

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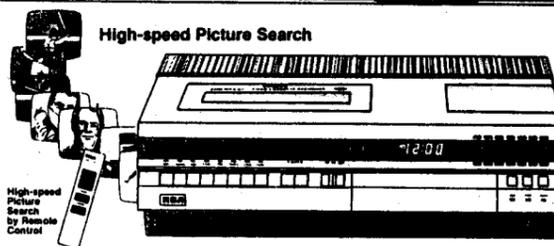
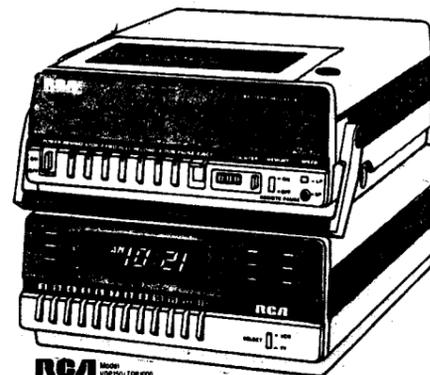
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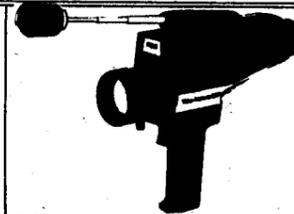


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Watch what you want—when you want—with RCA's new SelectaVision 250 Video Cassette Recorder. Deluxe features include:

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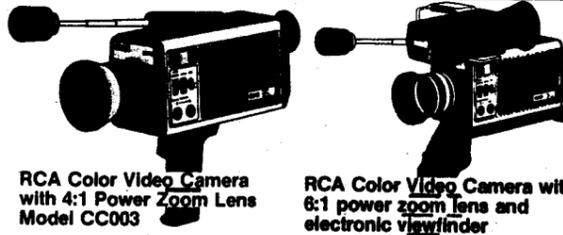
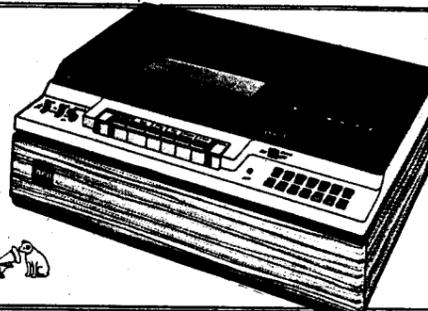
RCA SelectaVision® 625 6-Hour Video Cassette Recorder

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# VEAP— has it worked?

The Army continues to lead the other services in the number of servicemembers participating in the Veterans Educational Assistance Program (VEAP), according to this year's annual VEAP report to Congress.

The study also found that many servicemembers tend to move into, out of, and sometimes, back into the program.

## \$50 plan popular

VEAP is the government's voluntary education program which replaced the GI Bill in 1977. Members who sign up save from \$50 to \$75 monthly toward their educational future. For each dollar they save, the government matches it with \$2, up to a set limit. The benefit may be used at an approved school, once they have completed their first enlistment or six years, whichever comes first.

Other findings of the study were:

\* In the Army, about one of every three eligible enlistees has signed up for VEAP since 1977. About 35 percent of those who entered the program in 1977 were still enrolled in December, 1979.

\* The \$50 minimum continues to be the favorite option among soldiers, with over half of them enrolled in this plan. About a third of those taking part in VEAP chose to save the \$75 maximum.

\* Many servicemembers don't enter the program until their second year, particularly those with three or four-year enlistments.

\* More women soldiers than men enrolled in VEAP during 1979. When the program started in 1977, women lagged behind the men.

\* Those with at least a high school diploma or GED tended to enroll at higher rates than those who didn't graduate from high school.

\* The VEAP "kicker" which was tested during 1979 as an enlistment incentive had only modest drawing power. (Under this program, certain enlistees who entered the Army in selected combat related areas during 1979 are eligible for up to \$6,000 in extra VEAP funds once they complete a basic VEAP program. A revised "kicker" program has been extended into 1980 for those recruited into some combat arms areas this year.)

## VA funded

VEAP, a five-year program, is funded under the Veterans Administration (VA). The annual VEAP report is part of the continuing evaluation of the "experiment" to determine its effectiveness in recruiting and as an educational assistance program.

This year's report included results of a major DOD survey done in February to determine how servicemembers feel VEAP is working. The 1979 VEAP report revealed large numbers of servicemembers were dropping out of the program.



## VEAP survey

Twelve-thousand questionnaires were sent to active VEAP participants and 5,000 went to formerly active members asking their attitudes about the program. From the 5,200 responses received, reviewers drew these conclusions:

\* People who estimated the cost of getting an education as high tended to view VEAP as more important and to continue their participation in the program.

\* Those who were single and without dependents tended to stay active in the program longer.

\* Most of those who dropped out of the program said they couldn't afford to make the monthly contributions. Two out of three asked for their money back.

Almost two-thirds of the active participants said they would like to raise the amount of money a person can save under VEAP. Now, members can save a maximum of \$75 a month for three years for a total of \$2,700. With the government matching this sum two-to-one, a participant can collect \$8,100 for education. (Under the old GI Bill, single veterans can receive up to \$13,995 for 45 months of full-time schooling. This figure increases to \$16,655 for veterans with one dependent and \$18,990 for those with two dependents. Each additional dependent earns the veteran another \$26 a month.)

## Changes needed

The most frequently mentioned change which both active and formerly active

members felt is needed was "to do more to inform servicemembers about the program." About four out of five of the active duty participants said they didn't know "all I need to know about the program."

Most of those surveyed felt that VEAP didn't significantly influence their decision to join the service. In fact, most of them said they first learned about the program while they were processing to enlist or after they had entered active duty. However, over half of the respondents said they would consider reenlisting if they were given a bonus on their VEAP savings after finishing their enrollment.

VEAP is slated to end in December 1981 unless the President recommends an extension to Congress before June 1, 1981 and Congress approves. If VEAP continues, funding may shift from VA to DOD.

Although DOD is waiting until the five-year experiment ends to draw any conclusions about the success of VEAP, a DOD study presented to Congress last February recommended two significant changes to the program:

1. Change the range of contributions from \$50-to-\$75 per month to \$25-to-\$100 monthly.

2. Allow members to use VEAP benefits during their first term. Now they must complete their first term of service or serve six years, whichever comes first.

According to the 1980 report, DOD will evaluate its current VEAP advertisement to make sure that potential recruits and active duty servicemembers are well-informed about VEAP benefits. The results of the survey will also be used to help DOD determine the effectiveness of VEAP better and to make it more attractive to servicemembers. (DA Scene)

**Here's how VEAP works**

YOUR CONTRIBUTION	YOU SAVE	GOVERNMENT CONTRIBUTION	TOTAL
<b>AFTER ONE YEAR</b>			
\$50.00 a month	\$ 600.00	\$1200.00	\$1800.00
\$55.00 a month	\$ 660.00	\$1320.00	\$1980.00
\$60.00 a month	\$ 720.00	\$1440.00	\$2160.00
\$65.00 a month	\$ 780.00	\$1560.00	\$2340.00
\$70.00 a month	\$ 840.00	\$1680.00	\$2520.00
\$75.00 a month	\$ 900.00	\$1800.00	\$2700.00
<b>AFTER TWO YEARS</b>			
\$50.00 a month	\$1200.00	\$2400.00	\$3600.00
\$55.00 a month	\$1320.00	\$2640.00	\$3960.00
\$60.00 a month	\$1440.00	\$2880.00	\$4320.00
\$65.00 a month	\$1560.00	\$3120.00	\$4680.00
\$70.00 a month	\$1680.00	\$3360.00	\$5040.00
\$75.00 a month	\$1800.00	\$3600.00	\$5400.00
<b>AFTER THREE YEARS</b>			
\$50.00 a month	\$1800.00	\$3600.00	\$5400.00
\$55.00 a month	\$1980.00	\$3960.00	\$5940.00
\$60.00 a month	\$2160.00	\$4320.00	\$6480.00
\$65.00 a month	\$2340.00	\$4680.00	\$7020.00
\$70.00 a month	\$2520.00	\$5040.00	\$7560.00
\$75.00 a month	\$2700.00	\$5400.00	\$8100.00

# What's your VEAP IQ?

Recent results of a DOD survey on the Services education program revealed that even those who are enrolled in the Veterans Education Assistance Program (VEAP) don't know as much as they'd like to about the program. How much do you know about VEAP?

**1. WHAT IS VEAP?**

VEAP stands for Veterans Educational Assistance Program. It replaced the old GI Bill for education in 1977 and is scheduled to run through 1981. VEAP allows active duty servicemembers to save toward educational costs for use after they have completed a first enlistment or six years, whichever comes first. The program is being run by the Veterans Administration (VA).

**2. HOW MUCH CAN I SAVE?**

Under VEAP, you can choose a monthly allotment plan for any \$5 increment from \$50 to \$75. You are encouraged to continue this allotment for at least 12 months, however, to draw on the benefit. The maximum amount you can save is \$2,700.

**3. DO MY VEAP CONTRIBUTIONS DRAW INTEREST?**

No. However, for every dollar you save through VEAP, the government will match it with \$2 once you are enrolled in a VA approved school. That amounts to a 200 percent return on your savings.

**4. HOW IS THE MONEY PAID UNDER VEAP?**

If you contribute the maximum of \$75 a month for 36 months, you'll collect the maximum benefit of \$8,100. This will be paid to you in 36 monthly installments of \$225. VA figures this amount by dividing the total dollars you're entitled to receive by the number of months you participated in the program. For example, if you save \$60 a month for 18 months, your monthly payments would be computed as follows:

\$1,080--Your contribution

\$2,160--VA matching funds

\$3,240--Total entitlements

divided by 18--Months contributed

\$180--Full-time monthly allowance for 18 months of schooling completed

**5. ARE THERE ANY RESTRICTIONS ON WHERE I CAN GO TO SCHOOL?**

You can choose your own college or vocational-technical school and receive payments as long as it is approved by VA.

**6. WHAT IF I ONLY WANT TO GO TO SCHOOL PART-TIME?**

Go ahead. Your monthly allowance will be determined in the same way as for full-time attendance, but it will be divided by your part-time attendance. For example, based on the amount allowed in number 4 above, your rate for going to school half-time would be \$90 and \$45 for quarter-time.

**7. WILL I BE TAXED ON MY MONTHLY ALLOWANCE?**

No. VEAP benefits are nontaxable. However, your monthly personal contributions are taxed before they are deducted from your payroll.

**8. AM I LIMITED IN THE LENGTH OF TIME I HAVE TO USE MY FUNDS?**

Yes. You must use the benefits within 10 years after you leave the Army.

**9. IF VEAP STOPS IN 1981, WHAT HAPPENS TO THE MONEY I'VE PUT INTO THE PROGRAM?**

Your funds won't be affected. Your allotments will stop, however, and the money you've saved will be held until you need it. Once you leave the Army, you'll have 10 years to use the funds. Your entitlement will

be based on the amount you had saved when the program ended.

**10. WHAT HAPPENS IF I WANT TO STOP CONTRIBUTING FOR AWHILE?**

You may stop your allotments for awhile if you choose, and restart when you want to. You cannot withdraw your funds, however, and remain in the program.

**11. HOW CAN I GET MY MONEY BACK IF I DECIDE TO DROP OUT OF THE PROGRAM?**

If something happens and you need to withdraw from the program, you may have the money you contributed to VEAP refunded to you by:

--Stopping the allotment. Fill out a DA Form 1341 (JUMPS--Army Allotment Authorization) and send it through channels to the finance office.

--Filling out a VA Form 4-5281 (Notice of Disenrollment and Application for Funds Deposited in VEAP). Send this form to the Finance Office.

You must complete both steps to get a refund. If your request for a refund is not sent on a VA Form 4-581, or if it is not filled out properly, the VA will return the form and your refund will be delayed.

**12. HOW DO I APPLY FOR MY VEAP BENEFITS?**

You must fill out a VA Form 22-8821 (Application for Education Assistance). Active duty soldiers should contact the Education Services Officer or a counselor at the Army Education Center at the installation where they are stationed. Veterans should contact their local or regional VA Office.

**13. WHO CAN ANSWER OTHER QUESTIONS I HAVE ABOUT VEAP?**

Contact your counselor at the Education Center or an Army recruiter.

# Ceiling raised on dependents

WASHINGTON — Some command sponsored dependents on deferred travel status will go overseas earlier than expected, say Army officials.

The Army recently received almost 3,000 temporary slots for USAREUR-bound dependents, mostly from spaces already assigned to the Air Force and Navy. This action speeds up the movement of dependents affected by the overseas ceiling placed earlier this year.

In April, DOD imposed an Army ceiling of 159,000 command sponsored dependents to fulfill guidelines set by Congress. At that time, the Army's dependent population was slightly above its newly imposed ceiling.

To bring the figure down to meet the congressional deadline of Sept. 30, the Army reduced the number of new families going

overseas on concurrent travel orders.

Officials report deferring travel has had some effect in meeting the Army's ceiling. They also cite a new program which permits dependents to relocate from overseas commands early.

The new ceiling of 161,700 is expected to last until December. However, officials stress, travel rates will be adjusted if the dependent rate begins to exceed the ceiling. They urge sponsors to leave their dependents in semi-permanent quarters stateside in case USAREUR is required to start another delay.

The actual movement of dependents will depend on the processing time, families' availability and port call availability. These procedures should be done within the same timeframe as before the travel restrictions, say officials. (Arnews)

## New address for hometown news

WASHINGTON — The Army Hometown News Center is now in the last stages of its move from Kansas City, Mo., to Kelly Air Force Base, Texas.

The move, announced last May, combines Army and Air Force hometown news operations as part of a DOD effort to save labor and equipment costs, say officials. The Air Force hometown news center was already located at Kelly.

The Army Hometown News Center was set up in July 1951 to report the activities of soldiers to their hometown news sources.

The new address for the Army-Air Force Hometown News Center is: Army-Air Force Hometown News Center Kelly Air Force Base, Texas 78241. (Arnews)

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Whoever named it, named it well.

A Bar to manliness and wealth;  
A door to want and broken health.

A Bar to honor, pride and fame;  
A door to grief and sin and shame.

A Bar to hope, a Bar to prayer;  
A door to darkness and despair.

A Bar to honored useful life;  
A door to brawling, senseless strife.

A Bar to all that's true and brave;  
A door to every drunkard's grave.

A Bar to joys that home imparts;  
A door to tears and aching hearts.

A Bar to heaven, a door to hell;  
Whoever named it, named it well.



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# Former POWs get new benefits

Alabama's former prisoners of war, about 1,452 total for World War II, Korea, and Vietnam, may receive important new Veterans Administration benefits as a result of a study of POW problems by VA and Department of Defense.

The study recommended that psychoses suffered by any of the nearly 100,000 American former prisoners of war any time after military service should be considered service connected.

In another major recommendation the study of former POWs said these veterans should receive VA hospital care and outpatient treatment for any disease as well as neuropsychiatric disability.

The establishment of an annual POW-MIA Recognition Day was also recommended.

The VA-Defense study was authorized by Congress two years ago with a specific mandate to "...carry out a comprehensive study of the disability compensation awarded to, and the health care needs of, veterans who are former prisoners of war."

The aim of the study was to recommend actions to assure former prisoners of war receive compensation and health care benefits for all disabilities which may be attributed to their internment.

Congressional action will be needed on some of the major recommendations because they require changing existing laws which establish the parameters for granting medical care and disability compensation for these veterans.

Other recommendations in the study relate

to establishment of protocols for treatment of POWs, gathering of information related to medical histories of POWs and providing follow up medical treatment.

The study also recommended the VA establish an advisory committee of experts on disabilities prevalent among former POWs and that committee advise the Administrator and his staff on agency policies and procedures relating to former POWs.

Finally, the study recommends establishment of a VA Central Office coordinator with the responsibility for assisting in the implementation of ongoing VA programs for former POWs. The coordinator would also serve as liaison with former POWs, former POW groups and the Department of Defense Office of POW-MIA affairs.

**The Gallery OF HOMES**

**Irene Says:**

**"A Fast Act"**  
is required if you want this one! Charming brick rancher with big & beautiful park like yard. Great neighbors! Walk to school from kindergarten on up thru 8th grade! Close to shopping & walk to recreation ctr. 3 brs, living/dining, eat-in kitchen, 1 1/2 baths, central heat & air, single car garage with pull down staircase for extra storage. Storm windows & doors. You can move in without a broom. Very well maintained home. Don't wait \$52,900.

**"No Ups & Downs"**  
in this one story brick home with attached double garage. Walk to Weatherly and Grissom Schools. Near Valley Hills Country Club & golf course. King size master br is on back wing of home, 4 brs, 2 baths, den, eat-in kitchen, custom drapes, central heat & air (gas heat), storm windows & doors, attic vents, fp with heat exchanger. Unusual value for location. \$61,500.

**"Reflecting"**  
a by gone era; this cottage has the potential of fulfilling the needs of your future. 9' ceilings, arched entry from living room to dining area. 2 brs large enough for kingsize furniture, 1 bath, back porch. Back yard with swing & healthy mature pecan tree \$37,500. Blossomwood, Huntsville Hi. School district. Close to Medical Ctr. First time advertised. Call now!

**"Lots"**  
of lot for \$20,750. 100 x 140. Wooded Ridgewood Subdivision, Grissom, Whitesburg School district. Exclusive neighborhood. Terms available.

**"Missed the Boat?"**  
Have you investigated new government subsidized financing? If you qualify, you can purchase a new home (customized) for nearly nothing down with greatly reduced mo. payments & interest rate. Many acres & 3 & 4 br floor plans. Call now for your confidential qualifications. No obligation.

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Are you tired of looking at those 4 old walls & would like a new home? Select now & you can pick your own colors, number of brs, baths and fps. There's so much excitement planning your very own home! If you don't wait, you won't have to pay next spring's prices! Excellent locations available. Call today for more information.

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5 acres that is topped by a lovely brick one-level home with a park-like yard. Large separate utility, bright paneling in den, storage galore & quality hardwood floors. Well planned traffic pattern. 4 brs, 2 baths. City water and Huntsville phone service. Oak barn, pond, fenced, Toney, Ala. Only \$69,900. \$15,500 equity. Hurry or it will be gone!

**"Reluctantly"**  
but out of necessity (transfer) will the owner part with this rustic country home. 2 1/2 years old, 3 brs, 2 vanity baths, Holly Hobbie kitchen with serve through to great room. Stove tp, covered back walk to storage room. Double carport and paneled workshop fully insulated. On top of 1.57 acres of wooded garden spot. Garbage pickup, city water, 5 miles from Automatic Electric. \$54,900.

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## October promotions

WASHINGTON — The following are planned promotions by grade for October 1:

Grade	Promotions on 1 Sept. 80	Promotions on 1 Oct. 80	Through Sequence Number	On List 2 Oct. 80
O6	59	55	58	577
O5	201	146	346	1178
O4	212	337	172	2648
O3	660	613		
W4	40	25	122	241
W3	132	60	431	560
E9	126	73	585	310
E8	415	141	2234	1423
E7	924	529	4878	5046
E6	579	1278		
E5	5425	4184		

Promotions on Oct. 1 to O-6 are pending Senate confirmation of the 1980 list released August 19.

Promotions on Sept. 1 and Oct. 1 to O-5 are pending Senate confirmation of the 1980 list.

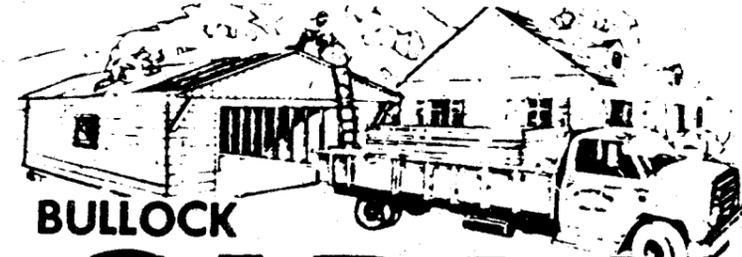
Promotions to O-4 for Oct. 1 will exhaust the old list and begin promotions from the 1980 list released June 26.

Promotions to O-3 for Oct. 1 will exhaust the current list. Oct. promotions will come from the new list when released.

E-5 and E-6 lists are maintained locally. (ARNEWS)

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# Restoration not included in DDT cleanup tab

Dredging of DDT sediment from Huntsville Spring Branch on the arsenal would cause "hellacious" environmental impacts, but the estimated \$68-137 million project tab does not include the cost of restoring the area, a group of DDT-cleanup advisers were told here last week.

If a dredging solution gets a go-ahead, the impacted area which is now mostly swamp would become either an "open lake" or an "upland" depending on which of six dredging alternatives is pursued, said Dr. J. H. Sullivan of Water and Air Research Inc., a Florida environmental engineering firm contracted to study DDT cleanup alternatives for the U.S. Army Corps of Engineers.

Sullivan discussed a preliminary report on his firm's study at a meeting last Wednesday

of environmental, public health and related interests who serve as advisers to the \$1.5 million study.

The 1,000 page preliminary report outlines six alternatives for handling more than 800 tons of DDT in sediment in Huntsville Spring Branch and Indian Creek. The DDT was put there by an Olin Corp. insecticide factory that operated on the arsenal during 1947-71.

All the alternatives involve dredging the creeks, except a "natural restoration" alternative which Sullivan said would result in continued environmental contamination for many years. Four of the "action" alternatives involve rerouting Huntsville Spring Branch in addition to dredging.

Sullivan said the dredged area above Dodd Road would become a lake if dredged material from the creeks and contaminated overbank is

hauled away for disposal. The area would become dry land if the material is buried and sealed up on site and the stream routed around it.

Howard Zeller of the EPA Atlanta enforcement division termed the environmental impact of dredging "hellacious". He suggested that a recreational area and lake might could be formed from the impact area.

Tom Atkeson, manager of Wheeler National Wildlife Refuge, felt the area should be restored to the "most favorable" habitat for wildlife possible.

The advisers were asked to submit written comments on the report.

After their comments are in, the report will be aired in a public meeting tentatively scheduled for early December in Triana. Shortly after that a preferred alternative will be selected.

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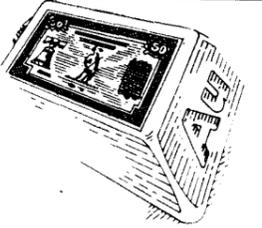
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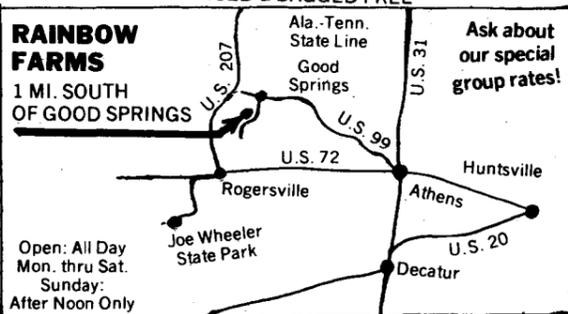
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9:30 A.M. — House and Lot and Personal Properties to be sold on the premises located at 307 Walnut St. — Hillview Heights — Fayetteville.

11:30 A.M. — Containing 57 plus acres to be at Mimosa — approximately 4 miles N.E. of Fayetteville (watch for signs).

12:01 P.M. — Contains 32.0 acres located on Toddy Hollow Rd. (sale to be held on premises of Sale No. 2).

1:15 P.M. — Contains 175 plus acres. To be held at the farm located approximately 4 miles North of Fayetteville and just off Hwy. 231. This farm is watered by a "Boundary Line" Creek and also another Creek on the property.

Each tract needs to be seen and considered on its own merits. Plats available from Agents.

Sale to be held rain or shine  
Terms — Real Estate — 10 percent Cash — Balance on delivery of deed  
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Simms & Sims — Attorney — 433-1044  
or  
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Monday

★ **Mini Madness** ★  
Tuesday



★ **Midnight Madness** ★  
Friday

★ **Beauty Pageant** ★  
Saturday & Monday

SATURDAY, SEPTEMBER 20, 1980

12:00-2:30 p.m. Club and booth exhibits can be built and registered  
3:00 p.m. Talent portion of Fairest of Fair

SUNDAY, SEPTEMBER 21, 1980

12:00-2:30 p.m. Club, individual, and booth exhibit registration  
3:30 p.m. Exhibit judging begins

MONDAY, SEPTEMBER 22, 1980

4:00 p.m. Gates open  
4:30 p.m. Opening Day ceremonies at the Gazebo  
6:00 p.m. Storybook characters hours until 8 p.m., Fantasy Fountain Shows hourly  
6:30 p.m. Tractor Pull in Grandstand Arena  
7:00 p.m. Fairest of the Fair Beauty Pageant in Gazebo area

TUESDAY, SEPTEMBER 23, 1980  
"YOUTH DAY"

4:00 p.m. Gates open  
6:00 p.m. Greased Pig Chase, Fantasy Fountain Shows hourly, Storybook characters in Exhibit area  
6:30 p.m. King Arthur Show in Grandstand Arena  
7:00 Zippy the Chimp on the Gazebo  
7:30 p.m. Money Haystack  
8:00 p.m. King Arthur Show  
8:30 p.m. Zippy the Chimp

9:00 King Arthur Show

SPECIAL Children 12 and under 1/2 price gate admission, Mini Madness 5-10 p.m. children under 12 ride for \$5.00, Special activities throughout the day for the kids

WEDNESDAY, SEPTEMBER 24, 1980  
COUNTRY/WESTERN DAY

4:00 p.m. Gates open  
6:00 p.m. Fantasy Fountain Shows hourly  
Storybook characters in Exhibit area, Hog Calling Contest  
6:30 p.m. King Arthur in Grandstand Arena  
7:00 p.m. Swine Show at Cattle Barn, Zippy The Chimp on the Gazebo  
8:00 p.m. King Arthur Show  
8:30 p.m. Tobacco Spitting Contest  
SPECIAL \$1.00 off on gate admission for anyone wearing a cowboy hat. Country music throughout the day.

THURSDAY, SEPTEMBER 25, 1980  
SENIOR CITIZENS DAY\$

4:00 p.m. Gates open  
6:00 p.m. Pie Eating Contest, Fantasy Fountain Shows hourly, Bandstand Entertainment, Storybook characters in Exhibit area  
6:30 p.m. King Arthur Show in Grandstand Arena  
7:00 p.m. Zippy the Chimp on the Gazebo  
8:00 p.m. King Arthur Show  
8:30 Zippy the Chimp  
9:00 p.m. King Arthur Show  
SPECIAL Free Admission to anyone age 62 and over, PTA Night-1/2 price gate admis-

sion with PTA card

FRIDAY, SEPTEMBER 26, 1980

4:00 p.m. Gates open  
6:00 Fantasy Fountain Shows hourly, Storybook characters in Exhibit area, Bandstand entertainment  
6:30 p.m. King Arthur Show in Grandstand Arena  
7:00 Zippy The Chimp on the Gazebo  
8:00 p.m. King Arthur Show  
8:30 Zippy the Chimp  
9:00 King Arthur Show  
Midnight-Midnight Madness until 4:00 p.m.  
Ride all night for \$7.50.

SATURDAY, September 27, 1980

3:00 p.m. Gates open  
Junior Heifer Show at Cattle Barn  
6:00 p.m. Fantasy Fountain Shows hourly until 10:00, Storybook Characters in Exhibit area  
6:30 p.m. King Arhtur Show in Grandstand Arena  
7:00 Zippy the Chimp on the Gazebo  
8:00 King Arthur Show  
8:30 Zippy the Chimp

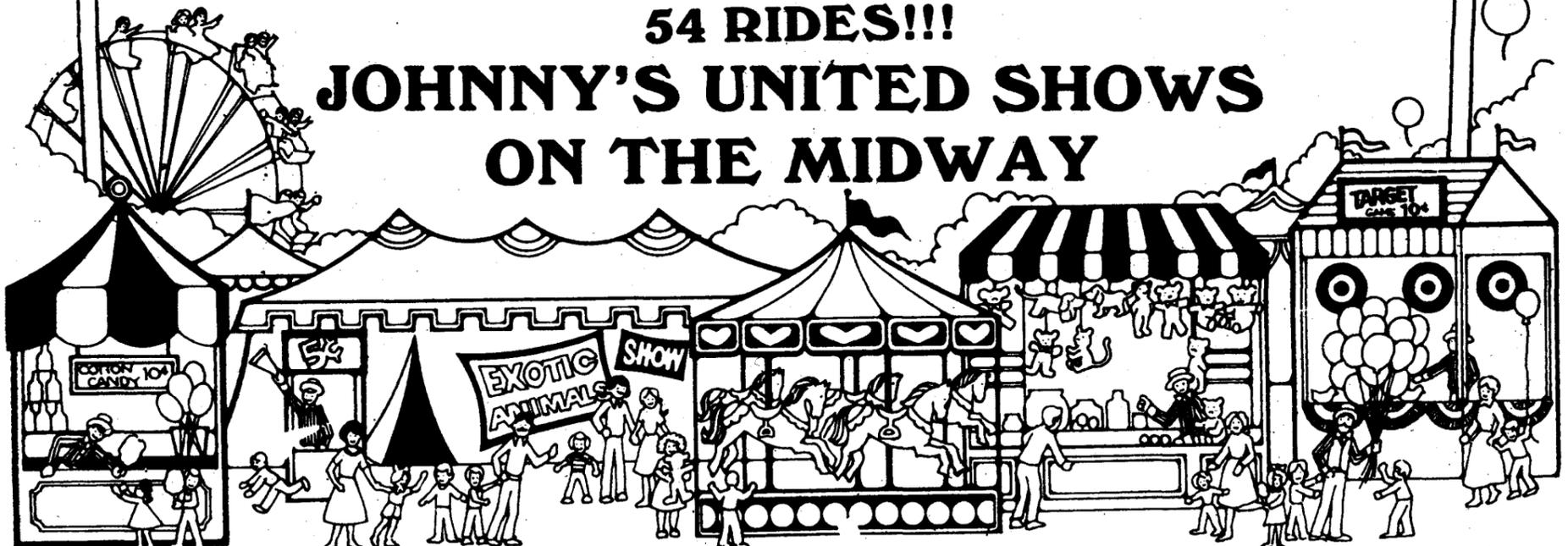
9:00 King Arthur Show  
10:00 p.m. Fireworks display

SUNDAY, SEPTEMBER 28, 1980

10:00 a.m. until 2:00 p.m. All clubs, individual, and booth exhibits must be removed from the Fairgrounds.

**54 RIDES!!!**

## JOHNNY'S UNITED SHOWS ON THE MIDWAY



# Weight

(Continued from page 1)

program. In the last month, four were barred from reenlistment for failing to progress.

"We've been very successful with people barred from reenlistment," Frutiger said. "Three of the four have already met the weight and will be considered for lifting bar if they retain (their weight) for 90 days."

The fourth soldier is only three pounds off, he said. "I expect her to make that weight probably in the next month or so."

In setting an example, the company's first sergeant lost 24 pounds and the executive officer lost 34 pounds. "Neither was overweight but both lost. They set the example for the other people," Frutiger said.

Frazier believes the program is "not a means for harassment" but reflects "a sincere concern" on the part of the Army to have healthy soldiers.

"If we could cut down cost by keeping soldiers more healthy, obviously we accrue a great benefit there," Frazier said.

Idola Knickerbocker, R.D. (registered dietitian) of Fox Hospital, sees soldiers after they've been recommended for a diet by a doctor at the Troop Health Clinic.

In a classroom setting, she shows a video tape and goes over their individual diets. She weighs and measures them and gives the soldiers a goal to meet using the regulation's guidelines.

She saw nine overweight soldiers in August, nine in July and 12 in June. "Normally, we have a lot more than that scheduled who don't show up (for the class)," she said. Knickerbocker weighs her students every two weeks.

She said the majority are fat instead of underweight, men instead of women, and enlisted more so than officers.

Several are concerned about reenlistment. "I had one lady come in who had 14 days to lose 20 pounds," Knickerbocker recalls. "That's impossible to do. There's no way to do that. I wouldn't suggest it anyway."

It's always best to lose weight slowly, she said, and hopefully keep the fat off. "It takes exercise and watching the amount of food you eat to have an effective weight control program," the dietitian added.

Overweight soldiers may have blood pressure problems, problems with their knees or back, or diabetes. "Being obese can lead to a lot of health problems," she said.

Dr. Ernest M. Bralley, chief of the Troop

Health Clinic, said the weight limits under AR 600-9 are generous.

The reg takes into consideration big-framed people, Bralley said. "Anyone who's over that weight is way overweight."

Exceptions are rare, according to the doctor. There have been a few exceptions made for very muscular persons.

"I really don't think any of them should be made," Bralley said. "I think anyone can make the limits of AR 600-9. I think exceptions are very rare."

## WEIGHT TABLES FOR ARMY PERSONNEL

### MALE (Regardless of Age)

Height (inches)	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
Weight (pounds):																					
Minimum	100	102	103	104	105	106	107	111	115	119	123	127	131	135	139	143	147	151	153	159	165
Maximum	141	146	150	155	160	165	170	176	181	186	192	197	203	208	214	220	226	232	238	244	250

### WOMEN (Regardless of Age)

Height (inches)	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72
Weight (pounds):															
Minimum	90	92	94	96	98	100	102	104	106	109	112	115	118	122	125
Maximum	113	117	121	125	130	134	138	142	147	151	156	160	165	170	175

Note. Height and weight data do not include allowances for shoes and other clothing.

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On the other hand, you may elect to participate in the "S.B.P.", in which case, a part of your income will continue to your family after your death. However, the substantial amount your retirement check will have to be reduced each month to accomplish this, is unacceptable to many because the money that goes into the "S.B.P." purchases an annuity which is only activated upon your death. As long as you yourself are alive, you will never be able to reclaim that money. It is strictly a death benefit.

In answer to this dilemma we offer a compromise solution. That solution is in the form of a special low cost permanent life insurance product. The advantage to you is that not only does the product enable you to secure a substantial income for your family at your death, it also builds a cash, or equity value that after several years gives you the ability to get back "All" of the premium money you paid. Or, if you prefer, you may elect Paid-Up Insurance instead of cash. You have a clear choice.

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- Acceptance into the program assumes good health in accordance with company standards.
- Before you make any final decision we suggest that you thoroughly acquaint yourself with the "S.B.P." in its entirety.

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# FPCA Opens Doors To Absentee Voting



Displayed with this article is one of the most important documents you—as an American—probably will read this year.

It is the new, improved **Federal Post Card Application (FPCA)** which in most States, when properly completed and submitted, will serve as an application for registration and a request for an absentee ballot.

Three general rules to follow when completing the FPCA are—

- **TYPE** or **PRINT** clearly all entries,

- **SIGN** where indicated, and

- **CONSULT** with your voting counselor or officer if you have questions.

In the abbreviated explanations below, general information is provided. For a broader explanation, consult the instruction sheet which comes with the FPCA. If there are still questions, **CONSULT** with the unit voting counselor or officer, your commanding officer, the nearest U.S. Embassy or Consulate, or anyone with access to the 1980 *Voting Assistance Guide*.

**First step** is to complete the "APPLICATION FOR STATE OF \_\_\_\_\_" and the "COUNTY, CITY OR TOWNSHIP OF \_\_\_\_\_" blanks at the top of the form.

From here on, numbers in the explanation chart refer to portions of the FPCA.

- 1—Provide full name—Last name, first name, middle name.
- 2—Give your Home of Record or Domicile in the U.S.
- 3—Give City, State, County, and Date.
- 4—If naturalized, you must provide Place, Number, Date; if you are American-born, write "Not Applicable" in these spaces.
- 5—Self-explanatory.
- 6—(a) Provide Social Security Number; (b) provide ID card number.
- 7—CONSULT with voting officer/counselor. Some States require a separate application for registration and ballot requests. If you circle "(a)" or "(b)" or "(c)" and are eligible to vote you will receive a ballot only for the election circled; if you circle "(d)" All as permitted" you

(Mail this portion of the card to proper addressee.)

### POST CARD REGISTRATION AND ABSENTEE BALLOT REQUEST

**Notice:** Illegible or incomplete information may delay or invalidate your request

APPLICATION FOR STATE OF \_\_\_\_\_ COUNTY, CITY OR TOWNSHIP OF \_\_\_\_\_

- Type or Print Full Name (Last, First, Middle)
- My home residence is (or for citizens checking 10(g), my last residence immediately prior to my departure from the United States): No. & St. or RR \_\_\_\_\_  
City, Town, or Village \_\_\_\_\_ County or Parish \_\_\_\_\_  
Precinct No. (if known) \_\_\_\_\_ Ward No. \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_
- I am a United States Citizen, eligible to vote in the above State  
(a) Place of Birth \_\_\_\_\_ (b) Date of Birth (Yr Mo Day) \_\_\_\_\_
- If Naturalized:  
(a) Place \_\_\_\_\_ (b) Naturalization No. \_\_\_\_\_ (c) Date (Yr Mo Day) \_\_\_\_\_
- (a) Sex \_\_\_\_\_ (b) Height \_\_\_\_\_ (c) Weight \_\_\_\_\_  
(d) Color \_\_\_\_\_ (e) Race \_\_\_\_\_ (f) Marital Status \_\_\_\_\_  
Hair \_\_\_\_\_ Eyes \_\_\_\_\_
- (a) Social Security No. \_\_\_\_\_ (b) Other Identification No. (Passport, I.D. Card, Instruction D.) \_\_\_\_\_  
(See Privacy Act Statement)
- I request registration (if required) and absentee ballot(s) to vote in the coming election(s)  
Circle applicable election(s) (See Instruction E.)  
(a) Primary \_\_\_\_\_ (b) Special \_\_\_\_\_  
(c) General \_\_\_\_\_ (d) All as permitted \_\_\_\_\_
- For primary election ballot, my political party preference is: (If party choice is secret for primary in this State do not answer. See instruction F.)  
\_\_\_\_\_
- Check one box: (See Instruction G.)  
 (a) I request Federal, State and Local ballot, if I am entitled.  
 (b) I request only Federal election ballot if provided separately by State.
- I am: (check applicable box — See Instruction H.)  
 (a) a member of the armed forces, uniformed services or merchant marine in active service  
 (b) a spouse or dependent of (a) above  
 (c) a U.S. citizen temporarily residing outside U.S.  
 (d) a spouse or dependent residing with (c) above  
 (e) U.S. citizen overseas by virtue of employment (See Instruction I)  
 (f) a spouse or dependent residing with (e) above  
 (g) other U.S. citizen residing outside U.S. (See Instruction J)  
 (h) Special \_\_\_\_\_ (See Instruction K)
- Please mail my ballot to this address: (include zip code if applicable and ensure military or foreign address is complete)  
\_\_\_\_\_  
\_\_\_\_\_
- The last time I voted was in:  
a. Year \_\_\_\_\_ County, City or Township \_\_\_\_\_ State \_\_\_\_\_  
b. Voter Registration No. \_\_\_\_\_ and Precinct No., if known: (See Instruction L) \_\_\_\_\_ Ward No. \_\_\_\_\_
- I have not been convicted of a felony or other disqualifying offense or been adjudicated mentally incompetent. (If so, See Instruction M)
- Affirmation:** I am not requesting a ballot from or voting in any other U.S. State, territory or possession in the coming election(s). I swear or affirm, under penalty of perjury, that the above information is true and complete.
- Signature** of person requesting ballot: \_\_\_\_\_  
OATH REQUIRED BY STATE (See Instruction N)  
16. Subscribed and sworn to before me on (Year Month Day) \_\_\_\_\_  
Signature of official administering oath \_\_\_\_\_  
Typed or printed name of official administering oath \_\_\_\_\_  
Title or rank, and organization of administering official \_\_\_\_\_

will receive ballots for all elections as permitted by that State's law. **CONSULT** before selecting.

**8—In Primary elections** you do not have to disclose party preference in Alaska, Guam, Hawaii, Idaho, Louisiana, Michigan, Minnesota, Montana, North Dakota, Utah, Vermont, Washington, or Wisconsin since party choice is secret. **CONSULT** if in doubt.

**9—CONSULT.** In some States you may be liable for State or local taxes if you vote in State or local elections. However, the exercise of any right to register or vote in Federal elections by any U.S. citizens outside the United States shall not affect the determination of place of residence or domicile for purposes of any tax imposed under Federal, State, or local law. **CONSULT.**

**10—Check box that applies.** Civilian employees of the Federal government overseas because of their employment and requesting a full ballot should check "10(e)." The category "10(g) Other U.S. citizen ..." means all other civilians not covered by any other listed category who are outside the U.S. in a private capacity and who are requesting only a Federal ballot and whose intent to return to the State of last residence may be uncertain. **CONSULT** if in doubt.

**11—PROVIDE YOUR FULL ADDRESS;** do not use abbreviations.

**12—If you have not voted before,** enter "Not applicable." If you were registered in a precinct other than the one you are now claiming, you should complete this section to aid in

the transfer of your records. If you do not remember the information, show approximate year and enter "Unknown" in other spaces.

**13—Many States** require this affirmation. **CONSULT** if there is any doubt.

**14—Read and heed.**

**15—SIGN.** Use your full name as given in "1" above.

**16—CONSULT.** Not all States require the Oath or Notary provision.

**FINALLY,** address the FPCA to the proper county, city, township, or State official. The Unit Voting Counselor or Officer will have the address if there is any doubt.

## election<sup>80</sup>

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...AGAINST ENERGY WASTE

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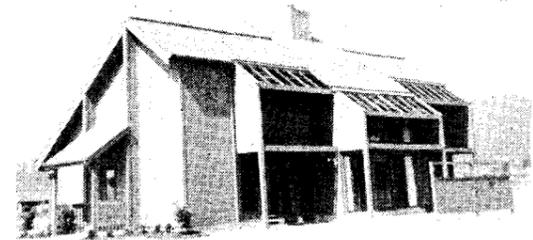
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## Insurance won't pay double returns

WASHINGTON — Full coverage in both the Veterans Group Life Insurance (VGLI) and the Servicemen's Group Life Insurance (SGLI) won't pay double returns for your beneficiary. The government insures all soldiers for a maximum of \$20,000 whether they have full coverage under both programs or one, according to DA.

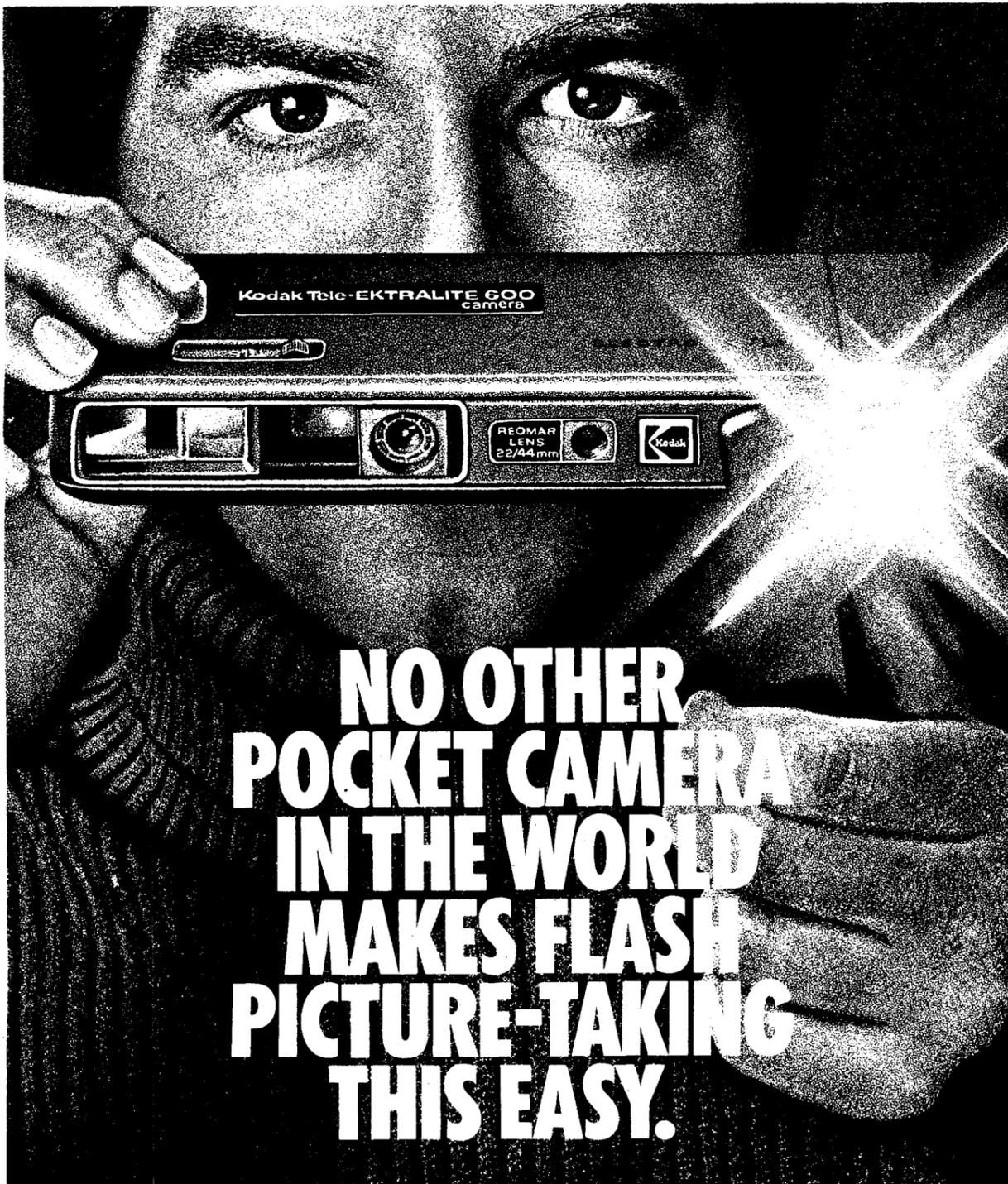
The veterans administration reports, however, that some soldiers obviously don't know about the \$20,000 limitation and maintain full coverage in both SGLI and VGLI. Such situations are not discovered until claims are filed with both programs, VA says.

Those eligible for SGLI and VGLI may choose full coverage in one program or partial coverage in both programs for a combined amount not to exceed \$20,000.

Officials advise soldiers to consider the monthly premiums and how long their coverage will last. SGLI insures soldiers of all ages for a flat monthly rate of \$3.00 while on active duty and 120 days after discharge. In some cases of disability. Soldiers may be covered under SGLI for up to one year after discharge.

VGLI, on the other hand, lasts for five years after discharge from active duty and charges according to age. Those 34 and younger pay \$3.40 per month, while those 35 and older pay \$6.80 per month.

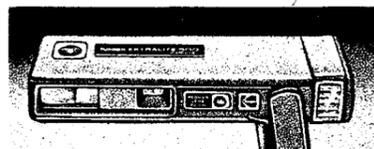
VA officials also remind soldiers that coverage under SGLI and VGLI in any amount does not affect their right to keep National Service Life Insurance and U.S. Government Life Insurance.



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PD. POL. ADV. BY THE WOODROW BALCH CAMPAIGN, G. HILEY, CHMN.

## RE-ELECT WOODROW BALCH COMMISSIONER, DISTRICT 4



### WOODROW BALCH HAS MADE DISTRICT 4 A MODEL OF EFFICIENT COUNTY GOVERNMENT.

**An all out war on waste.** Wasteful government spending contributes to inflation. Yet few government officials seem willing or able to really economize. Woodrow Balch is different.

When he was elected Commissioner of District 4, Balch already had 20 years experience as a county employee. He knew what had to be done, and what's more he did it.

During his tenure the number of employees in District 4 has actually been reduced from 37 to 22. By training road crews to maintain and repair the equipment they operate, down time has been reduced and equipment life has been extended. Balch changed schedules and procedures for routine tasks and cut the man hours they required in half. Wear and tear on the equipment has been reduced by 80 percent. The dollar amounts saved are enormous.

By all accounts the roads, the water systems and all the services provided in his area of the county are better than ever before.

**A plan to get more service for less money.** Many of the cost cutting measures pioneered in Woodrow Balch's district have been expanded and are being put in force county wide. A central warehouse for storing regularly used parts and supplies has been established. By purchasing selected items in quantity and by competitive bid instead of on an as needed basis at the price negotiated by the State of Alabama as most counties do, savings in the 20% to 50% range are being made on most buys.

When the system is complete, in about six months, every item used in the maintenance and repair of county equipment and buildings will be covered.

Woodrow Balch knows that county government can be efficient and cost conscious. He's proved it time and time again.

**TO KEEP MADISON COUNTY GOVERNMENT RUNNING SMOOTHLY AND IN THE BLACK, LETS KEEP WOODROW BALCH WORKING ON THE COUNTY COMMISSION. 4**

PD. POL. Adv. by the Woodrow Balch Campaign, G. Hiley, Chmn.

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## Hunting activities start Saturday

Eleven either-sex, gun deer hunts are scheduled here for the 1980-81 season, according to Dave Bryant, Redstone wildlife manager.

Bryant said 400 or more deer could be taken out of the Redstone herd this season. "There are plenty of deer and we'd like to see as many as possible harvested during the hunts we have scheduled", the wildlife manager said.

Deer hunts are being conducted here Oct. 25 through Jan. 25.

Redstone's fall hunting activities begin Saturday with the opening of the early dove season. There will be no guest slots open on the first day but guests can dove hunt on other days if they have a military sponsor.

The squirrel season starts Oct. 1. Opossum, rabbit and raccoon hunting begins here Oct. 15.

Bobwhite quail season opens Nov. 20 and there will be a late dove season beginning Dec. 19.



### Special Military/Civilian Deer Hunts And Special Either Sex Deer Hunts 80 - 81 Season

DATE *	WEAPON	SEX	REMARKS
Oct. 25-26	Bow & arrow only	**	Refuge Open
Nov. 1-2	Bow & arrow only	**	Refuge Open
Nov. 8-9	Bow & arrow only	**	Refuge Open
Nov. 15-16	Bow & arrow only	**	Refuge Open
Nov. 22-23	Gun; Bow & arrow	Buck **	Refuge Open
Nov. 29-30	Gun; Bow & arrow	Buck **	Refuge Open
Dec. 6	Gun; Bow & arrow	Buck **	Refuge Open
Dec. 13-14	Gun; Bow & arrow	Buck **	Refuge Open
Dec. 21	Gun; Bow & arrow	Buck **	Refuge Open
Dec. 26	Gun; Bow & arrow	Either	Refuge Closed ***
Dec. 27	Gun; Bow & arrow	Either	Refuge Open
Dec. 28	Gun; Bow & arrow	Buck **	Refuge Open
Dec. 29-30	Gun; Bow & arrow	Either	Refuge Open
Jan. 2	Gun; Bow & arrow	Either	Refuge Closed ***
Jan. 3-4	Gun; Bow & arrow	Either	Refuge Open
Jan. 10-11	Gun; Bow & arrow	Either	Refuge Open
Jan. 17	Gun; Bow & arrow	Either	Refuge Closed ***
Jan. 18	Gun; Bow & arrow	Buck ***	Refuge Open
Jan. 24	Gun; Bow & arrow	Either	Refuge Open
Jan. 25	Gun; Bow & arrow	Buck **	Refuge Open

\* All other dates during the hunting season are restricted to military and guests.

\*\* Bow and arrow hunters ONLY may harvest either sex throughout the season.

\*\*\* Military and guests only.

Bow and arrow deer season opens Oct. 15.

Gun deer season opens Nov. 21

For hunting information contact Jim Griffin or Shelby Williams at 876-4868/6854 or drop in at the Outdoor Recreation Center, Bldg. 5127.

EXTRACT FROM MICOMR 210-2

"Deer hunters will use 12, 16 or 20 gauge shotguns or 40 caliber or larger muzzleloaders all of which must fire single ball or rifled slug only.

"The only bows authorized for hunting on Redstone Arsenal are compound bows or long bows with a minimum draw weight of 40 pounds at 28 inch draw. Crossbows are prohibited. Arrows will have a minimum length of 24 inches."

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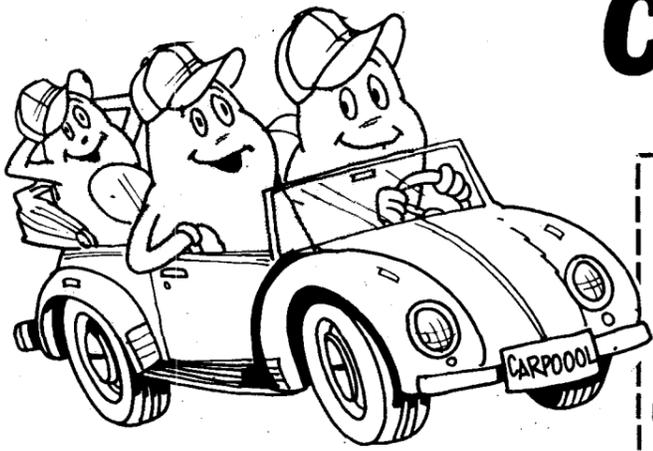


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**DRSMI-G**

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Starting point \_\_\_\_\_

Destination \_\_\_\_\_

Hours \_\_\_\_\_ \*It's helpful if you indicate the section of town you live in.

## Fleming Meadows

Carpool or riders wanted from Jones Valley Dr. area (Fleming Meadows) to 4488, hours 7-3:30, can change. Lois Render 876-4246.

## Decatur

Carpool wanted from Decatur to 8973, hours 7-3:30. Jean Miller 876-8632.

Carpool members needed from southwest Decatur to 5687, or 5681 or 5678, hours 7-3:30. Ernest Frix 876-7401/876-5909 or Jerry Smith 876-2138.

## West of Athens

Carpool or ride wanted from S&Z supermarket nine miles west of Athens on Hwy. 72 to 4484, hours 8-4:30. Glenda Norton. 876-1165.

## Park City/State Line

Carpool wanted from Park City/state line to 3222 or vicinity, hours 7:30-4. Rita Parks 876-4349.

## Winchester

Riders wanted from Winchester, Tenn. to 4200, 4505 via Ride-out Rd., hours 7:30-4. Norman W. Simpson 876-7403.

## Albertville

Carpool wanted from Albertville to 5400, hours flexible. Robert E. Bright 876-4997.

## Albertville/Guntersville

Carpool members wanted from Albertville/Guntersville area to MMCS, hours 7-3:30. George Carr 876-4461.

## Fayetteville/Park City

Carpool or ride wanted from Fayetteville (Park City area) to 7770, hours 7:30-4, can change. Frances Gault 876-2800.

## Guntersville

Carpool wanted from Guntersville to 4488 and vicinity, hours 7:30-4. Dottie Cooper 876-7307.

## Announcements

### Surplus sale Sept. 24

There will be a local spot bid sale of government surplus property Sept. 24 in the Rocket Auditorium, building 7120. Registration starts at 8 a.m. and the sale begins at 9:00. Some of the items for sale are: typewriters, calculators, electrical and electronic parts, film processor, desk, tables, furnaces, light fixtures, plumbing fittings, sinks, sedans, pickup truck and forklift. The property is located in building 7435 and Property Disposal vehicle yard on Warehouse Road, and may be inspected work days from 8 a.m. to 3 p.m. Anyone can buy.

### Tennessee Tech alumni

The North Alabama chapter of the Tennessee Tech alumni association will meet Thursday, Sept. 18, at Gibson's Barbeque on South Parkway. The social hour will begin at 6:30 p.m. with dinner at 7 p.m. Guest speaker will be Dr. Calvin Dickinson, history professor and director of Tennessee Tech tours.

For reservations call Murray Castleman 881-5642 or Jerry Owens 881-5279. All alumni and friends of Tennessee Tech are invited.

### Recreation Center

Today — Movie at 7 p.m. Thursday — Bingo at 8 p.m. Friday — Pool at 7 p.m. Saturday — Opryland Tour at 8 a.m. Sunday — Skittles Night at 7 p.m. Monday — Dominoes Night at 7 p.m. Tuesday — Air Hockey at 7 p.m.

## National Car Rental

— DOOR BUSTER —  
**SALE!**

'80 FIREBIRDS . . . . . \$5895  
 Automatic, radio, air.

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 Hatchback, auto, radio, air

'80 BONNEVILLES . . . . . \$6595  
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OTHER MODELS AVAILABLE  
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 FOR INFORMATION CALL 772-9336

### IEEE dinner meeting

An IEEE dinner meeting is set for 6:30 p.m. Thursday, Sept. 18, at the Officers Club. Lt. Gen. C. J. LeVan will present "Contingency Operations in Support of Crisis Management from the Washington Viewpoint." For information and reservations call Linda Hooper 895-6316.

### New dental appointment system

As of Sept. 26 the Dental Clinic will begin utilizing a new appointment system. Personnel desiring dental appointments may call 876-1643 between 3:00-4:15 on Friday afternoons. Emergency problems can be seen on a walk-in basis. The stand-by system will continue in effect. The following categories of patients are authorized care: active duty, active duty dependents, and retired personnel.

### Separation orientation

All officers and enlisted personnel due for REFRAD or separation within 90 days are scheduled for a Separation Orientation at 1 p.m. Sept. 22 in 3495 (Toftoy Hall) auditorium. Discussion will cover veterans benefits, employment opportunities, out-processing and final pay. A film to be shown is required viewing for before ETS-REFRAD. For more information, phone the Transfer Point 876-1617.

### New books at MMCS library

The MMCS Technical Library has three new books to help keep up with the times. "Space Shuttle: America's Wings to the Future," by Marshall H. Kaplan explains the space shuttle and predicts the emergence of a new era. "What You Should Know About Medical Lab Tests: A Complete Guide to Understanding These Tests and What the Results Mean," explains the most common lab tests, previews tests that soon may be available and provides guidelines for interpreting this information without medical training. The future of solar power is explored in "Sun Power: Facts About Solar Energy," by Steve J. Gadler and Wendy Wriston Adamson. This book gives a brief historical background of the energy crisis, discusses various kinds of energy sources and deals with a number of ways that our solar energy is being used.

### IEEE computer society

The local chapter of the IEEE Computer Society is having the first luncheon meeting of the 1980-81 program year on Friday, Sept. 19, at the NCO Club. A social will take place at 11 a.m. followed by lunch at 11:30, and a program at 12 noon on the new Defense computer programming language known as Ada. The presentation will be by Marvin Polan of Teledyne Brown Engineering, who has been the task leader on several Army Ada-related contracts. Reservations required, and may be mailed to: R. P. Sabin, MS 202, Teledyne Brown Engineering, Huntsville, Al. 35807, by Sept. 17th. All interested parties are invited.

### Aerobic dancing program

Ladies from MMCS are shaping up for fall with a D.T.D.-hosted brunch Sept. 23 at 10:30 a.m. in the Officers Club Hawk room. A program on aerobic dancing will be presented by Carol Mitchell. Reservations should be made by Sept. 19 to Pat Miller 837-1787 or Nancy Wiggs 883-5475.

### Flying club sets ground school

The RSA Flying Club will conduct an FAA approved private pilot ground school from Oct. 6 to Dec. 3 on Monday and Wednesday nights for persons eligible for membership. Pre-registration is required. This will be the only scheduled ground school until Spring 1981. For further information contact the RSA Flying Club at 881-3980.

### Preretirement orientation

The semi-annual preretirement orientation for military personnel with 19 years or more of active service will be held Sept. 19 at 8:30 a.m. in the post theater. All military members planning to retire in the near future should attend. Presentations will be made by the Veterans Administration, State Employment Service, Finance Office, Transportation Office and others. Spouses and dependents are also encouraged to attend.

### Communications course

Toastmasters International will present a course in Speechcraft, beginning Oct. 6. Speechcraft is a short, comprehensive program in the fundamentals of communications and leadership, with coaching from professionals with previous speech training and experience. If this training will benefit your work for the Army, the \$35 tuition may be paid by the Army. For more information, call Ken Kerley 895-1668 — 534-7677, or Doug Seay 895-3474 — 883-7108.

### Retiree day

Redstone Arsenal is hosting a special Retiree Activity Day on Saturday, Sept. 27. Military retirees and active duty personnel and dependents are invited to participate. The program begins at 9 a.m. at the post theater. That afternoon there will be a "county fair" — type information program at the Recreation Center featuring speakers from post activities, Social Security, Veterans Administration, State Employment Office, AER and ACS offices, AUSA and others. For more information call Frank Adair, retired services officer, 876-2022.

### World Trade Workshop

The University of Alabama in Huntsville is sponsoring The Third Annual World Trade Workshop on Nov. 18 and 19 at the Huntsville Hilton. A \$30 registration must be received by Nov. 7. Reservations will be accepted by phoning 895-6010. For additional information, write Len Iseldyke, Associate Director of Management Studies, Division of Continuing Education, UAH, or phone 895-6273.

**WANTAD RATE** — \$3.00 minimum, per weekly insertion, covering first 25 words. 8 cents per word all over 25 words. Cash with copy, except where open account basis is previously established. 50 cents service charge added for credit. Mail copy with payment to Mrs. Patricia Brooks or Mrs. Pam Osborne, P. O. Box 5351, Huntsville, Ala., 35805. Deadline is Friday noon, before Wednesday publication.

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**CONDOMINIUM**

Destin, Fla., Chateau La Mer. 2 br., 2 bath. Completely furnished. Pool, club house, pvt. beach, lighted tennis cts., restaurant. Sleeps 6. \$60/day; \$300 wk. Call 895-3483 (K) day or ATHENS 232-2828 ttc

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On beach Panama City, Fla. 1 br. condo (could convert to 2 brs.) Sleeps 6 first floor in front of pool. Color TV, stereo system, whirlpool. \$335.00 per wk. For more info. 881-1348 Pictures available upon request. ttc

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Cedar Chalet on Guntersville Lake. Stone fp, cathedral ceiling, sleeps 6, beautiful view of lake & woods, \$215 per wk. 533-3302 days 881-4926 night. ttc

**FOR RENT**

Condo at Gattinburg, 2 br, stone fp, mountain stream, conveniently located to downtown. 533-3302 or 881-4926 ttc

**FOR RENT**

Destin Fla., condominium furnished 1 br, private beach, pool lighted tennis courts, shuffle board, new fall rates - Destin's finest weather, \$200 wk, \$50 a night 3 night min. Call 534-0651 or 881-6045 after 5 p.m. ttc

**2. CARS**

**MUST SELL**

1976 Pinto Wagon, or 1971 Buick 4-door Centurion. Both auto., & air. Call Herb Cleveland Collect Arab. 586-6041 or 586-4574 ttc

**'74 FORD F100**

Camper shell, one owner, low mileage, 852-6950 after 4. 9-17-p

**FOR SALE**

1967 Pontiac LeMans, 108,000 miles, original owner, complete maintenance history, good condition, \$500. Phone 876-4403 or 883-8398. 1tp

**1965 PORSCHE COUPE**

Red, honey interior, completely restored, new Michelin tires, rear luggage rack, blaupunkt a.m./f.m. radio, call Russ Burk between 9-5. 205-533-1410. 9-24-P

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1975 Stryker Bass Boat. 17 1/2 ft. 1976 135 hp Chrysler motor. Power trim, depth finder, silver troll trolling motor, with trailer. \$2195 or best offer. 837-1964 or after 5 p.m. 883-4942. ttc

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**BRAND NEW LISTING**

in SE. Attractive 3 br ranch on pretty wooded lot has 2 full baths, 2 car garage, panelled den, fenced rear yard and assumable low interest loan. Don't miss the chance to enjoy living in this lovely home. 11315W. LANDMARK Gallery of Homes, 539-0643. 1tc

**VESTAVIA RANCHER**

Just listed! Don't wait too long or this may be gone! Super location, super condition and priced right at \$74,900. 4 brs, 2 baths, den plus rec room. \$7223. LANDMARK Gallery of Homes, 539-0643. 1tc

**\$7,900 EQUITY**

Is all you need to invest in an immaculate 3 br, 1 1/2 bath ranch. Recently remodeled inside & out, fenced backyard with mature fruit trees, apple, pear plus pecan and large strawberry patch. Assume 10% FHA loan with \$275 mo. investments. Owner pays attorney's fee. Call to see this amazing bargain. B4522. LANDMARK Gallery of Homes, 539-0643. 1tc

**WATERFRONT**

Cabin with 2 brs, great room, screen porch plus boat house & pier. Priced in the 30's for the best in summer fun. RESULTS REAL ESTATE 837-5634

**NEARLY NEW & BEAUTIFUL COUNTRY RUSTIC**

1986 sq. ft. of luxury living — plush carpets, cathedral beamed ceilings, sunken living room with gorgeous stone fp, 3 brs, sunny country kitchen loaded with warm wood cabinets, rec. room, railed fenced patio, completely energy efficient, dbl. garage. \$19,000 equity and assume loan. Call Vergie Robinson 883-4587 or ask for her at LANDMARK Gallery of Homes so. 881-4900 ttc

**GURLEY — NEW HOMES**

3 & 4 br. 1 1/2-2 baths, energy efficient, carpet, central heat & air, completely equipped. FHA-VA, 30 yr. loan, 4% interest, small down payment, approx. \$200 per month. Ph. 881-9589 ttc

**TWO HOMES IN ONE**

2 brs, extra large living, kitchen, dining, fenced backs. Double this and you have a fantastic Duplex. One side to rent, one for you. \$49,950. Call Vergie Robinson 883-4587 or ask for her at LANDMARK Gallery of Homes 881-4900 ttc

**BIG COVE AREA**

Brick & cedar home on a level lot with tall pines. Great room has cathedral ceiling & fp. Super large master br suite. This 3 br home, also has custom lighting & is nicely decorated. A great buy in the low 80's. RESULTS REAL ESTATE 837-5634

**HAYSLAND ESTATES**

4 br., 2 baths, 24 ft. den w/ fp, additional 24x24 playroom. Walk to Chafee School. Owner moving - needs fast sale - make offer. Open house all week. 9013 Whittier Rd. 881-8543.

**FREE FIREWOOD!**

Athens - 4 br, 2 bath house, 1800 sq. ft. on 1 acre landscaped lot. Open house Sunday 21 Sept. Call L. D. Moorman Century 21 - Clowers Realty 881-8968 for directions. 1tp

**BASEMENT RANCHER**

on beautiful wooded Jones Valley lot. 3,200 sq. ft., 4 brs, 2 1/2 baths, \$100,000. Call 882-0694. 1tp

**5. REAL ESTATE**

**OWNER MUST SELL**

This delightful 3 br all brick rancher located in S. Park Estates, S.W. near Gate 3. Fresh paint inside and out, new carpet, super deck, fenced dark yard & many other new improvements. Super low utility bills! Only \$52,500, with equity of \$14,455, payments \$350. Call Bob Baker 881-4075 or 881-4900 at LANDMARK Gallery of Homes. 2208C. 1tc

**\$14,400 EQUITY**

This newly listed, one-year old split level has 4 brs, 2 1/2 baths, lovely den with beamed ceiling and brick fp, and eat-in kitchen with bay window. Beautifully decorated with chair rail and wallpaper. In Mtn. Gap & Grissom school zones. Assume 10 1/2% VA loan. Mid \$80's. Call Marlene Sullins at 881-5302 or 881-4900 LANDMARK Gallery of Homes. 1tc

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In this spacious 4 br., 2 bath, well planned, easy to live in home. Living and dining room has a cathedral ceiling for that open, relaxed feeling we all love. The "designed for cooking" kitchen has separate breakfast area. Den with stone fp opens on to an enclosed patio. Plus inside laundry and double car garage. Better see it today. T1915. Call Shirley Wall 881-6214 or 881-4900 LANDMARK Gallery of Homes. 1tc

**DON'T POSTPONE HAPPINESS**

If you're looking for a lovely home in a quiet family neighborhood, let me show you this 3 br, 2 bath brick rancher in Piedmont. Family room has a wall of custom built-ins, and patio has a redwood privacy fence. Large lot with trees and convenient to swimming and tennis. Call Shirley Wall 881-6214 or 991-4900 LANDMARK Gallery of Homes O'H3404. 1tc

**IT'S ALWAYS GOOD NEWS!**

When a home in Montdale becomes available. This one is especially nice because it's within walking distance of Blossomwood School. Living room, dining room, den & 3 brs. A must to see. High \$60's. Call Shirley Wall 881-6214 or 881-4900 LANDMARK Gallery of Homes. 1tc

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\$5,495.00 cash. Lake Tansi Village, Crossville, Tenn. 80' x 134' fully wooded, good drainage, 10 min. drive to golf, marina, lake, spa, teen & adult recreation. 533-5824. 1tc

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Secluded A-Frame located on a 5 acre lot with breath-taking view ... 3 brs, 2 baths. \$450.00 per mo., 1 or 2 year lease.

**HOME OF THE WEEK**

Near the Arsenal. 3 br, 1 1/2 bath brick and frame rancher with new carpet throughout, fresh paint, large fenced back yard. Walk to Ridgecrest School. Good neighborhood only \$37,800. M3203.

**CAPE CODE**

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**LOW EQUITY & LOW PAYMENTS**

Monthly payments \$194.00 and \$7,500 equity. 3 br brick rancher with all new insides. Hugh fenced back yard with mature trees. \$28,400 M2732.

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**3 BEAUTIFUL ACRES**

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with Brass Trim, Dresser, winged Mirror,  
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Reg. \$499 Luxurious modern 86½" sofa, 60" love seat and matching lounge chair plumped with button-tufted cushions and roll arms.

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(Discontinued)

**\$188**

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