

Redstone Rocket

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New child development center to be built on post

Child development services here are expected to improve with the construction of a new center.

The \$1.7 million center will be built near the present Goss Road building that it will replace. A groundbreaking ceremony is set for 3:30 p.m. Thursday.

"I think more than anything else I'm happy for the children," said Shirley Sterbenk, chief of Child Development Services. "Children are always going to be the number one priority of child development services. And these children now are going to be in the facility that they deserve."

The brick center, to be finished by November 1987, will provide more space than the present facility. Its 13,500 square feet will include six separate classrooms or modules along new Army standards. Each module is set up to provide prescribed amount of space for children and their adult care givers. In the infant section, for example, there will be room enough to meet the prescribed ratio of one adult for every five infants.

Projected average daily attendance is 325 children from military families. Although 191 will be able to occupy the center at a given time, the facility has been designed for "optimum usage," Sterbenk said. In the part-day composite section, for example, 30 children might attend in the morning and another group of 30 might attend in the afternoon.

In addition to the infant and part-day sections, the others include modules for toddlers, full-day preschool, small multi-age, and large multi-age. The multi-age modules can convert from hourly care to full-day care according to the needs of the community, Sterbenk said. "With this plan we've got the flexibility to switch according to the community needs at any given period of time," she added.

Each module will be self-contained with learning centers, exits and bathroom facilities. And each will have its own outdoor playground.

"I tell people it is not a Cadillac, it's a Honda—which means it is extremely functional but it's not costing a mint," Sterbenk said. She has visited new child development centers at Forts Bragg, N.C., Devens, Mass., and Huachuca, Ariz., and believes the one here will be "every bit as functional as those and it's going to cost much less."

The construction contractor is W.M. Marable, Inc., of Tuskegee, Ala. The center will be located between where the present facility stands and the Bicentennial Chapel, according to Dwain Elder, an engineer in the master planning construction and environmental office. The old facility will be demolished, he said.

A tin building located behind the old facility may be used for the family child care program. That program certifies residents to provide child care in their quarters, an option to center-based care. The tin building is being used as space for infants and toddlers. Upon completion of the new center, that building may be used for "our lending library and our administrative area for the family child care program," Sterbenk said. The program includes 23 certified homes with a total of 140 child spaces.

The present child development center, built in 1942,



PRESENT CENTER—A \$1.7 million facility will replace the old building on Goss Road.

is a wood frame structure that served years ago as an officers club. There are only 2016 square feet, and children and adults must walk through various activity areas to get to exits and bathrooms. This can be disruptive for the children using those developmental areas, according to Sterbenk. Also, additional space must be used at the Bicentennial Chapel for an after-school age program and part-day preschool program.

These child development programs will all move in-

to the new center upon completion. The facility is expected to more than double the present average daily attendance of about 150 children ranging in age from 3 months to 12 years. Most of the seven teachers have degrees in early childhood education. Sterbenk credits Lt. Col. William Katholi, deputy commander of Redstone Arsenal Support Activity, with spearheading the effort to get a new center.

"It's exciting, it really is," Sterbenk said. "I'm like a child with a new toy."

Future brings funding challenges, says AMC official

BY SKIP VAUGHN

The deputy chief of staff for resource management at Army Materiel Command praised MICOM for its spending habits and spoke of future challenges during a speech here last week.

"Thank you, you did a very fine job," said Brig. Gen. Terrence Arndt in a talk last Thursday to the local chapter of the American Society of Military Comptrollers. He said the Army Materiel Command awarded more competitive contracts this year than ever before.

As for future challenges, Arndt mentioned the Gramm-Rudman Act which would trigger automatic budget cuts if a deficit limitation is exceeded. Congress does not want to see the cuts happen, he said, and

"defense is going to take some precautions to ensure that's not triggered."

Other challenges he discussed included productivity, software management, and reorganization. Productivity must be defined in terms of values and quality, he said. "I think the first question we have to ask ourselves is: What values do I add to whatever process that I'm involved in," Arndt explained.

"The second thing that goes with productivity is quality," he said. "Quality and productivity must go along."

Very few weapon systems today operate without some form of software, Arndt observed. He said funding for software management of weapon systems presents challenges to the Army Materiel Command.

"That is something receiving a considerable amount of time and attention," Arndt said.

Reorganization in the Defense Department includes a move towards one chairman of the joint chiefs of staff who would serve as the principal military adviser to the president. That chairman would have a vice chief of staff (from a service other than his own). Instead of being only one senior military voice among five—as at present—the chairman would be the sole ranking military adviser to the president.

"What that does is move the visibility of the Army Materiel Command to the forefront where it's never been before," Arndt said. He explained that the chairman's focus of attention would shift to training and

(See Future cont'd on page 2)



Polluted air

Editor:

USA Today reported that the American Lung Association said that "female nonsmokers married to smokers are three times more likely to have heart attacks than those married to nonsmokers." I recently worked in buildings managed by the Boeing Corporation. Boeing instituted a policy of "smoke-free buildings" as of July 1986. There was no revolt from Boeing smokers.

I feel that the MICOM top management should follow the lead of Boeing because a healthier, more productive workforce will result. The current smoking policy at MICOM has really not changed things much. Some smokers "light up" in nonsmoking areas just to show dominant type behavior. Also, when you enter a MICOM building you can realize how much the inside air is polluted. Smokers have no right to increase our heart attack rate. Make them smoke outside. It will help them to quit and may also help their nonsmoking spouses.

Name withheld by request

Sign your letter

Letters will not be considered for publication in the Redstone Rocket unless they are signed and contain an address or phone number for the writer. Names are withheld on request but unsigned letters will not be used. Send letters to: Redstone Rocket, AMSMI-IN.

Chapel adds to staff

Three new employees will serve in the religious program at Bicentennial Chapel.

Vincent Aquila is the new director of the Catholic Youth of the Chapel which meets on Saturdays from 6:30-8:30 p.m. He has been involved in the youth ministry team for St. Joseph's Catholic Church in Huntsville. Aquila is a senior at the University of Alabama in Huntsville where he is majoring in accounting and political science.

Phillip Weaver is the guitarist for the Catholic Folk Masses. He teaches guitar at Oakwood College, Alabama A&M University, the Fret Shop, and for Jones Valley and Mountain Gap Community Education classes in Huntsville. Weaver is an artist-in-residence for the state of Alabama.

Jeff Perry is the new Protestant Youth Choir pianist.

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Worker gets presidential letter

A MICOM worker has received a presidential letter of commendation.

James R. Pierce was cited for a suggestion he made several years ago that resulted in modifying existing electrical cables for the Chaparral missile system rather than buying new cables. Tangible savings were \$1,153,350.

Pierce, who made the suggestion while a member of Chaparral/FAAR Project Office, is now chief of the Chaparral-Nike Hercules branch in Security Assistance Management Directorate. Maj. Gen. Thomas Reese presented the presidential letter to Pierce in a ceremony last Friday.

"This is I think a first for MICOM, certainly a first for me and I bet a first for you," the MICOM commander told Pierce.

In the letter, President Reagan recognized Pierce for "your exemplary service and your outstanding accomplishments. You have set a shining example for others by demonstrating that Federal employees can make the critical difference in how well Government meets the needs of the Nation."

"I appreciate this very much," Pierce said. "I'm very surprised with the letter, it was totally unexpected. I do appreciate being given the opportunity to work in an office that allows you to pursue your endeavors. I'm particularly appreciative to Chaparral/FAAR Project Office and all the people that work in that office."

It was not the first award resulting from his money-saving suggestion. In early 1983, he received a Special Act or Service Award of \$8,968. Later that year, he received a Secretary of Defense Award for Productivity Excellence.



CITATION—Pierce and his wife Shelba with plaque from award ceremony.

The Albertville, Ala., native came to Redstone in February 1960 as a Hawk missile system repairman. He previously worked for Lockheed Aircraft, including several months at Cape Canaveral as an electronic repairman on some of the early space satellites.

Nominations sought for family awards

Nominations are being accepted for the fifth annual Great American Family Awards Program.

Army families and families with a parent who is an Army civilian employee can be nominated.

The local selection board will be looking for families who demonstrate individual growth, teamwork and love, and friendship and service to the community.

The deadline for nominations is Nov. 3. A family and runner-up to represent MICOM in the Army Material Command awards will be selected by a committee of arsenal officials, according to Janeen Rosenberg, director of Army Community Service here.

To be considered for nomination, a family should be active in the community. The family should share common interests, but still allow individual members to grow spiritually, emotionally, intellectually and socially, according to Rosenberg. A family may have a common interest in sports, and make a family activity of schoolwork and other chores. They might be active in their church, do volunteer work, or just extra helpful to friends and neighbors in need.

"The awards give commanders a chance to recognize healthy, productive families who contribute to the quality of life in their communities," Rosenberg said.

For more information about the Great American Family Awards, call ACS at 876-5397.

Future

(Cont'd from page 1)

equipping the force. "That's going to switch us to the limelight," he said, adding that he doesn't look for that to start happening for at least a year. The changes under the law signed by President Reagan will not occur for several months.

Arndt said he believes what is happening is probably for the good.

"I think it's going to be a very interesting time for us," he said.



ARNDT

Charity drive opens with \$775,000 goal

The 1987 Combined Federal Campaign was kicked off Oct. 9 with a breakfast at the Huntsville Marriott.

Wayne Sims, chairman of the Local Federal Coordinating Committee, officiated at the event, calling on agency heads and organization chairmen to inform co-workers of the need to give. This year's goal is \$775,000.

Maj. Gen. Thomas Reese, MICOM commander and overall chairman for the campaign, was the featured speaker.

Reese spoke of the area's past successes with CFC, and asserted his confidence in another winning campaign.

He told his listeners not to be concerned so much with a goal tacked on the wall, but rather to be concerned with going out and doing what's right, to let fellow workers know about the need to share.

"When you think about all the people who will be contacted, \$775,000 comes out to about \$40 average per person. That's less than a buck a week," Reese said.



COORDINATOR—Sims addresses attendees at the Combined Federal Campaign kickoff breakfast.

People advised to monitor heart rate during workouts

FORT MONROE, Va. — Aerobic exercise: it's the meat and potatoes of an exercise session.

But for the greatest benefit, aerobic exercise must be done at an intensity that forces the heart and blood system to distribute and use large amounts of oxygen.

An easy way to check this is to monitor the heart rate during exercise. The heart rate needs to be raised to the target zone for the entire aerobic workout to be beneficial. This zone is about 60 percent to 90 percent of the maximum heart rate.

Adequate aerobic conditioning can be obtained with from 20 to 30 minutes of exercise four days a week. The important thing is to exercise so the heart rate stays in the target zone for at least 20 minutes.

When starting an exercise program, an unconditioned person should stick to the lower end of his training zone during the first few months. As he shapes up, he

should gradually increase exercise intensity to about 75 percent of his maximum predicted heart rate. After about six months of regular exercise, he should be able to exercise easily at the 85 percent level.

People who are serious about exercise should know how to find their target heart rate. Men can take 205 beats per minute and subtract one-half their age. Multiply the maximum predicted heart rate by the intensity level of the exercise to be done— low, 60 percent to 70 percent; average, 70 percent to 80 percent; and high, 80 percent to 90 percent. For example, a 40-year-old male— 205 beats per minute minus 20 equals 185 for a maximum predicted heart rate. Exercising at 70 percent of the maximum predicted heart rate would give him a target heart rate of 129.5 beats per minute. Women should take 220 beats per minute and subtract their age for their maximum predicted heart rate.

Once the target zone has been reached, maintain the pace for at least 20 minutes. If the heart rate is below the target zone, speed up. If it is above the zone, slow down.

To take the exercise pulse rate, use either the wrist or neck pulse. After about 10 minutes of aerobic activity, stop and immediately find the pulse. Count the number of beats in 10 seconds and multiply by six. Do not count the first beat if it lands exactly on the starting point of the 10 seconds.

Aerobic exercise is the most important phase of any conditioning effort, but it is also most important that it be done properly. Exercising too hard is not beneficial for anyone, particularly for an out-of-shape or older person. A gradual and sound exercise program will help increase the benefits and minimize the risks, and build a healthy lifestyle that can be enjoyed throughout life. (TRADOC News Service)

Here's a prescription for exercise

FORT MONROE, Va. — There's a fitness boom in America! Millions of people are getting fit with all forms of aerobic exercise.

Every weekend people all over the country are competing in organized runs, tennis tournaments, cycling tours and volkssport events. In less than a decade, it has become "in" to jog on city streets, walk outside, or exercise in fitness centers, creating a valid need for a prescription for exercise.

The American College of Sports Medicine makes the following recommendations for the best kind of training to develop and maintain heart and lung fitness, and body composition in a healthy adult.

* Exercise at least three to five times a week.

* Stay in the 60 percent to 90 percent range of the maximum predicted heart rate for 15 to 60 minutes doing anything that uses large muscle groups.

The time a person spends exercising is important and has a direct relationship to the intensity of the activity. For example, a low-intensity activity should be done over a longer period of time. Total fitness is more readily attained in programs of longer duration, and because of the potential hazards associated with high-intensity activity, a low to moderate intensity program is recommended for the non-athletic adult.

People who plan to join the millions of Americans caught up in the fitness revolution should follow the recommendations of professionals and exercise sensibly and safely. With regular aerobic exercise, they will be healthier, better able to handle responsibilities, and lead a more alert and productive life.

Their goals should be to enjoy long and healthy lives, and also to live life to the fullest. (This article, provided by TRADOC News Service, was written by Heinz H. Johnson, chief of Air Force Fitness Operations at Randolph Air Force Base, Texas.)

Report questions safety of rear-seat lap belts

BY EVELYN D. HARRIS

American Forces Information Service

A recent report by the National Transportation Safety Board concluded that back-seat passengers may be safer in some automobile accidents when they are not wearing a lap safety belt.

The report concluded that in certain accidents, persons wearing lap-only seat belts were not adequately protected against injury and sustained additional injuries caused by the lap belt itself. The report suggested that the shape of the seats of many late-model cars does not allow rear-seat passengers to sit upright so that their lap belts fit snugly and properly around the waist. Instead, bodies are slanted and the lap belt may ride up the stomach.

Whatever the seat shape, lap belts can cause bodies to "fold" in an accident, causing abdominal and head injuries.

According to the report, lap-only belts were a particular problem for small children, who are likely to slide down under the belt, and pregnant women, who could suffer lap belt-induced miscarriages.

While the National Transportation Safety Board findings were not so positive concerning lap-only belts, they reaffirmed the effectiveness of three-point lap shoulder belts, the kind installed in the window seats of cars in the United States. The board also reaffirmed the effectiveness of lap shoulder belts in combination with child safety and booster seats.

Whether to wear the rear lap belt is not a decision

for service members and Department of Defense civilians when they are on a military installation or driving a private or government-owned car or van on official business; they are required to wear seat belts whether they are sitting in the front or the back seat, according to Lt. Col. Ed Chandler, deputy director for safety policy, Office of the Secretary of Defense.

But is no belt better than a rear lap belt or is a rear lap belt better than nothing?

In Chandler's eyes, number two is the answer. "National Highway Traffic Safety Administration studies show that you are 30 to 40 percent safer with a rear lap belt than with nothing at all," he said.

But best of all, according to the board, are lap/shoulder belts. It recommended that the National Highway Traffic Safety Administration write a regulation requiring rear lap/shoulder belts as mandatory equipment in all new cars and be made available for older cars.

The National Highway Traffic Safety Administration, while not sold on the lap belt testing procedures used by the independent National Transportation Safety Board, agrees that any safety belt is better than no safety belt.

"NHTSA (National Highway Traffic Safety Administration) studies of thousands of crash reports clearly show that a person riding in the rear seat of a motor vehicle has a much better chance of avoiding serious injury or death by wearing a safety belt," according to that organization's administrator, Diane K. Steed.

Youth soccer

Here are the standings for Redstone Arsenal's Region 388 of the; American Youth Soccer Organization as of Oct. 11:

Eisenhower League (under 10)				
	Won	Lost	Tie	Points
Firebirds	4	0	0	8
Cobras	2	2	0	4
Strikers	0	4	0	0

Bradley League (under 12)				
	Won	Lost	Tie	Points
Fireballs	3	0	1	7
Sharks	2	2	1	5
Flyers	0	3	2	2

McArthur League (under 14)				
	Won	Lost	Tie	Points
Hawks	2	1	1	5
Wolfhounds	2	2	1	5
Blue Devils	1	2	2	4

Pershing League (under 16)				
	Won	Lost	Tie	Points
Hornets	3	3	0	6

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Success didn't come easy for Missile Command worker

BY PAM ROGERS

Sarah Jamar came to Redstone with a degree in mathematics and two years of experience as an algebra teacher. She wanted a job as a mathematician.

Instead, she was offered a position as a GS-2 clerk typist. She took it on the theory that having a foot in the door would give her a better chance for what she really wanted. That was in 1965.

"Things were rough for women," Jamar said.

She managed to get a position as an engineering aide, which led to a promotion to engineering technician. By the time she had made it to a GS-7 position in 1970, a big reduction in force came. She was reassigned as a GS-3 clerk typist.

"But it was a blessing, in my opinion, with my degree in math. The office I was moved to had the core element of mathematical statisticians," she said. Her supervisor decided Jamar was eligible for an open position as a statistician, and she got the job.

While working as a statistician, she realized that if she wanted to progress in her career she needed to change fields. She received approval to attend college full time, and obtained a bachelor's degree in engineering from a joint program between Alabama A&M and Georgia Tech in 1982.

Now Jamar works in the Product Assurance Directorate as a general engineer. She has been selected to serve on the Army Materiel Command's Acquisition Streamlining project, which means at least three months of work in Alexandria, Va., and at other major subordinate commands.

Jamar got where she is today through hard work, a sense of humor and her ability to play "the game," she said.

"I see it in a different vein than when I first started. At first, it wasn't fair. Women hadn't been accepted in career positions— especially black women. Now there's a different twist. It's more a political game— those who play golf with the boss, that sort of thing. It doesn't matter if you're male or female, black or white," she said.

Looking back, Jamar considers overcoming the barriers to her race and sex the most difficult part of her career.



EXPLAINING—Sarah Jamar discusses a Tow missile engineering change with Melesia Love (center) and Rosalio Rodriguez.

"The excuses they gave were really interesting," she said, referring to her first attempts to get a job here.

"They said that MICOM didn't hire the mathematicians, that they were all rated by NASA. They said,

'Your degree is from Alabama A&M, and we don't recognize that college.' They told me I had to pass an exam. They nitpicked my application."

The barrier didn't come down until Jamar was
(See Success cont'd page 12)

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Michigan Wolverines picked to pounce on Iowa

BY SKIP VAUGHN

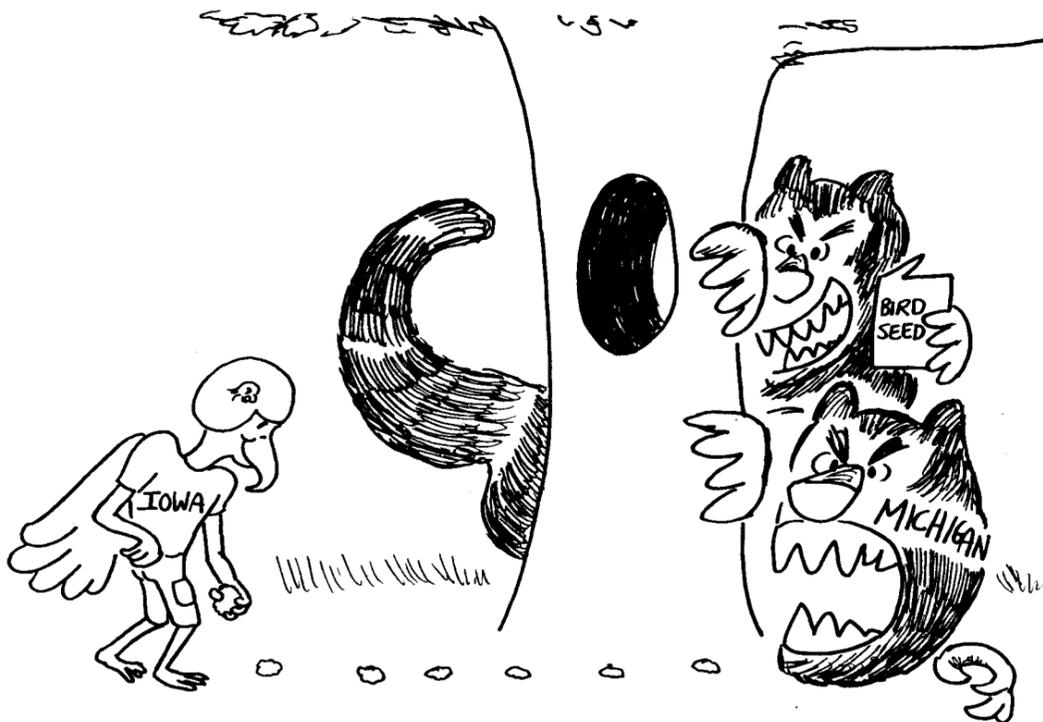
The Michigan Wolverines will try to be less than gracious hosts to the visiting Iowa Hawkeyes this weekend.

This Big Ten Conference matchup features two of the best teams in the country. Both were undefeated going into last weekend.

The score last year was 12-10 Iowa. Look for the Wolverines to return the favor this time. The pick here is...**Michigan**.

Last week's picks record was unavailable at presstime because of the Columbus Day holiday. The previous totals were 126-47-5 for 73 percent. Here are Skip's Picks for this week in major college football:

- Alabama at Tennessee— Bama by 13.
- Georgia Tech at Auburn— Auburn by 14.
- Florida at Rutgers— Rutgers by 1.
- Vanderbilt at Georgia— Georgia by 21.
- Louisiana State at Kentucky— LSU by 7.
- SW Louisiana at Mississippi— Ole Miss by 24.
- Miss State at Tulane— Miss State by 21.
- Iowa at Michigan— Michigan by 7.
- Air Force at Notre Dame— ND by 3.
- Oregon State at Arizona— Arizona by 30.
- Arizona State at Southern Cal— USC by 7.
- Arkansas at Texas— Arkansas by 10.
- Holy Cross at Army— Army by 14.
- Baylor at Texas A&M— Texas A&M by 3.
- Louisville at Boston College— BC by 17.
- Brigham Young at Wyoming— BYU by 10.
- UCLA at California— UCLA by 7.
- Miami (Fla.) at Cincinnati— Miami by 30.
- Duke at Clemson— Clemson by 21.
- Iowa State at Colorado— Colorado by 7.
- Wichita State at Florida State— FSU by 28.
- Houston at Southern Methodist— SMU by 14.
- Michigan State at Illinois— Mich. State by 10.
- Indiana at Minnesota— Indiana by 7.
- Wake Forest at Maryland— Maryland by 13.
- Memphis State at Southern Miss— Southern Miss by 21.

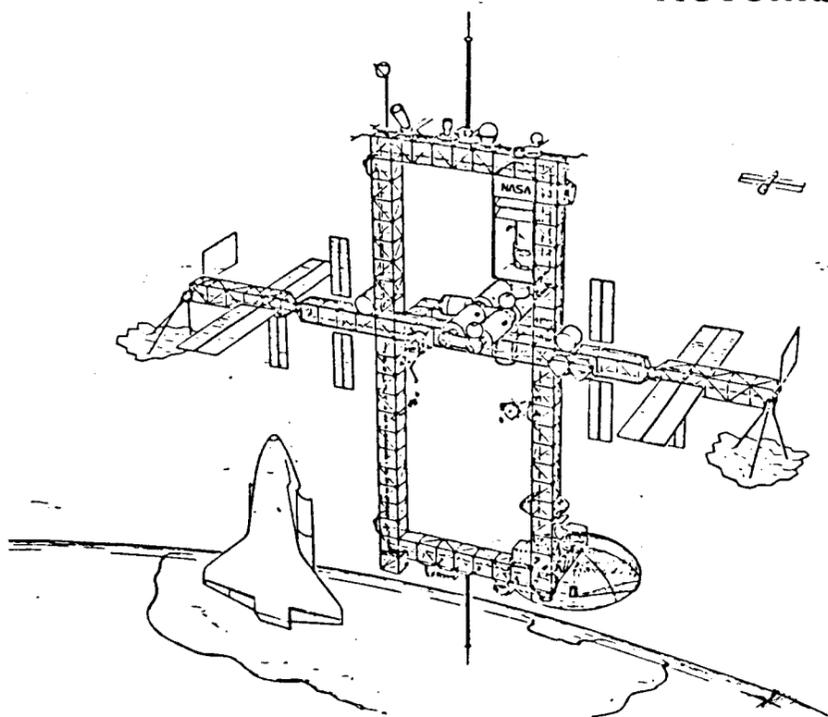


- Missouri at Nebraska— Nebraska by 28.
- Pennsylvania at Navy— Navy by 24.
- Ohio State at Purdue— Ohio State by 17.
- Okla. State at Oklahoma— Oklahoma by 30.
- Stanford at Oregon— Stanford by 14.

- Syracuse at Penn State— Penn State by 28.
- Temple at Virginia Tech— Va. Tech by 10.
- Bowling Green at Washington— Wash. by 30.
- Alabama A&M at Fort Valley State— Ft. Valley State by 7.



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New troop bookstore has books on historic battles

BY CINDY WATSON

For those soldiers who are history-minded a new bookstore has opened at the troop PX, and is featuring books on military history.

The bookstore is part of a plan for officers and enlisted to become more aware of the past battles, and how they were fought from ancient times to the present day.

"The concept of the program is so the military will be able to study the developments of war, logistics, ballistics and so on," according to Dr. William T.T. Ward, historian at the Ordnance Missile and Munitions Center and School.

Ward, who teaches battle analysis and military history to the Officer's Basic and Advanced Courses at the school, feels it is of great importance for the young leaders of today's Army to be aware of the mistakes made by others before. "Every class must use some of these books as examples in papers. They need to be history-minded just like a car mechanic must be finetuned to the noises of an engine. You read history, and know what to do by learning from the mistakes of others."

The Officers Basic Course requires each student to complete a book report from a reading list before the end of the course. All officers are encouraged to read as many history books as possible throughout their military career.

About two years ago, Ward started a program for the OBC and OAC students to get hands-on training in battle analysis. He initiated the first field trips to Stone's River National Battlefield so the students could get a feel for the battle fought there and learn from mistakes that happened during the Civil War.

"The foot-soldier is the one who holds the ground after the bombs have been dropped, the missiles launched and cannons shot," Ward said. "It has been that way throughout history and will continue to be that way."

"These students study a battle, act it out, and find out what went wrong, then they must do it again until



HISTORY—SSgt. Julius Rogers of 8th Student Company looks over the selection of books at the military history bookstore.

it is perfectly fought. Our type of study develops all the modern concepts used today, and it makes a more professional soldier."

Ward added that some of the most famous military leaders and statesmen were very prolific students of history. He used the examples of President Truman,

German Gen. Erwin Rommel, Winston Churchill and President Reagan as just a few. Ward said he would like for the soldier to develop his own reference library to take with him.

The troops PX is located on Phoenix Road in building 3479.



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Questions answered on permanent-change-of-station policy

(Editor's Note: A recent change to the Defense Department's permanent-change-of-station policy calls for three-year-minimum tour lengths for soldiers reassigned within the continental United States. The change evolved from initiatives developed by a congressionally mandated Department of Defense Permanent Change of Station Program Study Group charged with recommending options for saving money on PCS funding. This article answers some of the most commonly asked questions about the policy.)

Q. Do the minimum time-on-station requirements apply to soldiers on married-couples assignments?

A. Soldiers may move to an approved joint domicile assignment after completion of one year on station.

Q. Does the tour policy apply to officers as well as enlisteds?

A. Yes.

Q. Will soldiers serving tours in Alaska and Hawaii be bound by the 36-month minimum tour prescribed for the continental United States?

A. The new policy prescribing longer minimum tour lengths takes effect Jan. 1 for people currently serving tours in those states. The policy will not be otherwise grandfathered because the Army must meet fiscal year 1987 PCS savings. Except for soldiers serving "all others" tours in the isolated areas at Pohakuloa Training Area, Hawaii, and Fort Greely, Alaska, the minimum tour length, whether accompanied or unaccompanied, is 36 months.

Q. The Army will no longer set rotation dates for soldiers serving in Alaska and Hawaii. What, then, triggers a PCS move?

A. Even though soldiers will not automatically be moved simply because they have completed 36 months of service, the Army's Military Personnel Center in Alexandria, Va., will continue to use the date-eligible-for-return-from-overseas information for strength and readiness planning and management. Soldiers can voluntarily extend anytime after they have completed their mandatory tour. They may extend indefinitely provided the Army does not require their occupational specialty elsewhere. If they don't extend their tour, MILPERCEN will trigger them as available for a PCS move.

Q. Are there provisions for moving sergeants major or commanders within the continental United States even though they might have less than two years on station?

A. Requests for such moves can be made on a case-by-case basis to Headquarters, Department of the Army, Office of the Deputy Chief of Staff for Personnel at the Pentagon.

Q. If career soldiers are selected for a move within the continental United States but have less than two years remaining service, what are their options?

A. The soldier may either extend or re-enlist to gain the two years of remaining service that is the prerequisite for a move within the continental United

States. Their other option is to sign a declaration-of-continued-service statement that will relieve them from the assignment and bar them from future re-enlistments or extensions.

Q. What is the process for requesting a waiver of the time-on-station requirement?

A. Such requests must be signed by a general officer and forwarded through channels to the Assistant Secretary of the Army (Manpower and Reserve Affairs).

Q. If a soldier is assigned to Bremerhaven, Germany, on an accompanied, three-year tour, and he is ordered to Heidelberg after completing only two of those years, how long will he have to serve in Germany?

A. First, a waiver will have to be obtained for the soldier from the commander of the Military Personnel Center. Upon moving to Heidelberg on an accompanied tour, the soldier would incur another three year tour obligation.

Soldiers having further questions concerning the new PCS policy should go through their chain of command for clarification. (Arnews)



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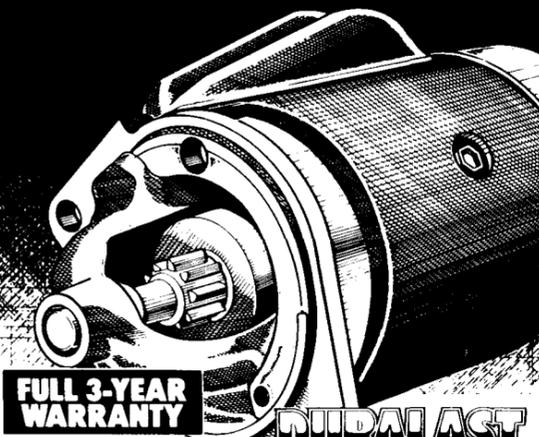
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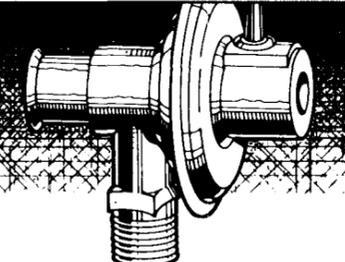
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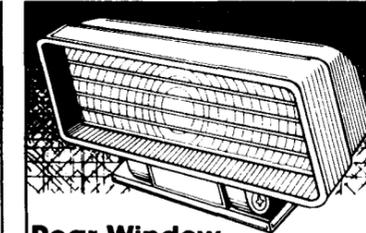


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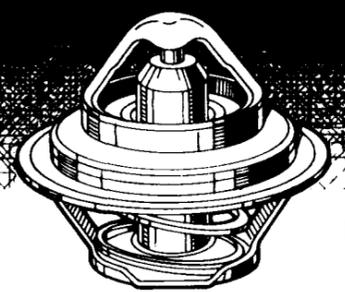
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Get a little taste of Germany at fall volksmarch

BY PAM ROGERS

Pull out your hiking shoes and get ready to hit the trail. It's almost time for the Redstone Stompers' annual fall volksmarch.

Organizers are hoping for a good turnout at this year's "people's walk." Outdoor Recreation Director Shelby Williams expects about 1,500 walkers for the Nov. 1 event.

Volksmarchers can walk either a 10 or 20-kilometer self-paced course, and may begin between 7:30 a.m. and noon. The walk will end at 4 p.m., Williams said. Both courses begin and end at the NCO Club.

There will be breakfast food available for purchase in the morning, and German food available in the afternoon.

Awards for the youngest and oldest walkers, the largest civilian and military groups, and the person who travels farthest to walk will be presented at 11 a.m. There also will be awards given to groups of more than 25 people.

The volksmarch medal, which will be presented to everyone who pays to walk, depicts the Statue of Liberty on one side, and the Army recruiting symbol on the other. It is attached to a red, white and blue pin ribbon.

"It's a relaxing way to spend a day with family and friends...you can go out and have a walk through the woods and enjoy nature. You can socialize, and it's good exercise," Williams said.

Checkpoints along the course provide a place to rest and have water or other refreshments. Course cards will be stamped at each checkpoint.

Preregistration for the IVV-sanctioned volksmarch costs \$3 and includes the medal and IVV stamp. The



WALKING CAP—Maj. Gen. Thomas Reese receives a cap from Shelby Williams, director of Outdoor Recreation, as volksmarch committee members look on.

cost for the stamp without the medal is \$1.50. After Oct. 30, registration is \$4.

For more information about the volksmarch, call Outdoor Recreational 876-6854.

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Future command sergeants major must finish academy

WASHINGTON — Senior non-commissioned officers with their eyes on becoming command sergeants major need to complete the United States Army Sergeant Major Academy (USASMA) resident or non-resident course prior to appointment.

Soldiers on active duty selected by the Department of the Army board for CSM will be required to complete either the resident or non-resident course prior to being appointed to CSM, said Maj. William W. Boehm, personnel policy integrator, office of the deputy chief of staff for personnel in the Pentagon.

Soldiers who are non-graduates (enrolled but were removed from the course prior to successful completion) of the USASMA or the USASMA corresponding studies program are not eligible for CSM consideration, said Boehm.

If selected for CSM, and have not yet attended or been selected for USASMA you will automatically be selected for the resident course and, will be required to attend, said Boehm.

Soldiers in the zone for CSM will be required to sign an acceptance statement for consideration. This statement will also indicate they are accepting attendance at

the USASMA. Attendance at the academy carries with it a 19 month service obligation prior to voluntary retirement, said Boehm.

Soldiers selected for CSM after Oct. 1 and are not graduates of USASMA may not be frocked.

Soldiers selected for CSM after Oct. 1 will be graduates of USASMA when they are appointed, said Boehm.

The reason for this change, said Boehm, is to further link progression through the NCO ranks with attendance at non-commissioned officer education system courses. (Arnews)

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Helpers named honorary MP

Representatives from Redstone and Huntsville service organizations and businesses became honorary MP deputies yesterday during a ceremony at the post exchange.

This was a way of thanking people who had helped with Redstone's Officer Friendly Program.

"We're recognizing people who made the Officer Friendly Program as strong as it is," said Sgt. Carl Cannon, the arsenal's "Officer Friendly."

"I believe it's the best Officer Friendly program in the Army. There's no way it could have been as successful as it is without the support of these community agencies. They donated time, goods, personnel, facilities, even jobs for kids," he said.

Much of the assistance received from the organizations went to the Junior MP Cadets group here, Cannon said. The group was organized primarily to keep children occupied during the summer months, and to keep them out of trouble.

Capt. Barbara Norris, Redstone's provost marshal,

said she's impressed both with the Officer Friendly Program, and with the assistance received from the community.

"When we had the Cadet auction, these groups donated goods that raised money for the kids to go to Point Mallard. They had enough money left over to buy 400 T-shirts and caps," she said.

"A lot of MP work is arresting criminals. There aren't a whole lot of fun things to do. The Officer Friendly Program is great. Working with kids makes it fun," she said.

The new honorary MP deputies, who received certificates, caps and T-shirts, include Shirley Sterbenk, Shirley Mohler and Ruth Taylor of Child Development Services; Jim Rhodes, Susan Bridges and Missy Richards of the Youth Activities staff; Bob Davis and Ralph Jordan of the post exchange; Bill Penney, commissary officer; and Jo Free, community relations director for McDonald's in Huntsville.

Troop bowling

Here are the Redstone Arsenal intramural bowling league standings; after last week's games:

Tuesday's Conference		
Team	Won	Lost
A Co. (E&TTD-1)	89.5	10.5
B Co. (B.D.T.)	88	12
Meddac-3	72	28
HHC-1	65.5	34.5
A Company	59	51
C Company-1	46.5	53.5
291st MPs-2	43	57
TMDE	43	57
Marines-1	42.5	57.5
6th Students-2	41	59
6th Students-3	37.5	62.5
291st MPs-3	25.5	74.5
6th Students-1	23.5	76.5
5th Students	9.5	90.5

200 games bowled on Oct. 7:

Steve Cook	225
Jim Stracke	205
Steve Rooks	202

Thursday's Conference

Team	Won	Lost
515th-2	100	25
B Co. (L.C.D.)	97.5	27.5
B Co. (S.A.D.)	96	29
515th-1	92	33
Meddac-1	86.5	38.5
C Company-2	72	53
Marines-2	65	60
Meddac-2	55	70
A Co. (E&TTD-2)	47.5	77.5
HHC-2	47	78
B Co. (E.O.D.)	38	87
8th Students	28	97
291st MPs-1	23	102
7th Students	22.5	102.5

200 games bowled on Oct. 9:

Phill Candelaria	208
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(Cont'd from page 4)

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"I was the only female engineering aide. The attitude was, 'you do your work, and that's all.' I did more than a day's work. I dug into the regs and gained knowledge. Then, they came to me for information," she said.

Jamar said she looks upon all of the rough spots in her career as stepping stones.

"It was something I had to do, and I'm glad I did, because each day I get a reward. People come to me for advice."

Jamar doesn't take full credit for her successful career.

"If I hadn't had a wonderful, understanding husband, I couldn't have done it— especially going back to school," she said. Her husband, Arthur, is assistant manager of the Department of Buildings and Grounds at Alabama A&M. They have four children: Tara, Rita, Regina and Nick.

Jamar also believes her association with International Training in Communication (formerly Toastmistress) furthered her career.

"A lot of times, I didn't have the courage to say what should have been said. I learned to organize what I wanted to say, and gained the confidence to say it right," she said.

One of Jamar's strongest role models is her mother,

who still lives in Jamar's childhood home on Weatherly Road.

"She reared 13 children on a minimum income," Jamar said. "Her technique of managing money is something I'm still working at."

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Military spouses get hiring preference

WASHINGTON — Some military spouses are authorized hiring preference for seven months — one month before and six months after rotation — when they re-apply for Defense Department jobs after accompanying active-duty sponsors on permanent change-of-station moves within the United States.

Effective Sept. 29, Department of Defense employees applying for any advertised DOD position graded GS-08 and above (or its equivalent under another grading structure) will be given hiring preference, said Cheryl Jacobsen of the Army Civilian Personnel Directorate. The regulation applies across the services.

President Reagan called for the Defense Department to develop regulations giving hiring preference under the 1986 Defense Authorization Act signed into law last November. The services have received the DOD regulation and are developing individual instructions for implementing it.

When applying for a job, eligible spouses must request preference from the civilian personnel office where the job is being filled. The personnel office will verify the applicants' eligibility in different ways. In

the Army, for example, applicants must submit a copy of their sponsor's permanent-change-of-station orders with their job applications to receive hiring preference.

Following a service's application procedures, however, isn't enough to get one hired. Applicants will receive preference only if they are judged as among the best qualified when rated against position requirements and other applicants, Jacobsen explained.

While the policy doesn't limit the number of applications that can be submitted, employees give up their preference for the remainder of the seven-month period after they either accept a position or decline one offered to them.

Spouses who have recently relocated may apply for preference provided the six-month eligibility period since their sponsors' rotation has not passed.

While the policy is not intended to offer a guaranteed job for family members, it does offer qualified spouses an edge when seeking employment within the Defense Department.

Regulations governing overseas and non-appropriated fund positions will be issued at a later date. (Arnews)

New commissary planned for Fort Drum, N.Y.

FORT LEE, Va. — Fort Drum, New York will soon be the site of a new \$9.9 million commissary. The project currently under construction is expected to be completed by November of 1987.

The commissary is being built to improve the overall conditions of Fort Drum, home of the recently reactivated 10th Mountain Division (Light Infantry). The commissary is part of a post-wide improvement package which features other improvements such as new housing, innovations in health care.

The new commissary will have 82,800 total square feet, including 23,599 square feet of sales area and 21,403 square feet of warehouse space, said Bob Hunt, with the public affairs office at Fort Lee, Va. Administrative office, preparation area, refrigeration rooms, corridors and rest rooms will occupy the remaining space, he said. (Arnews)

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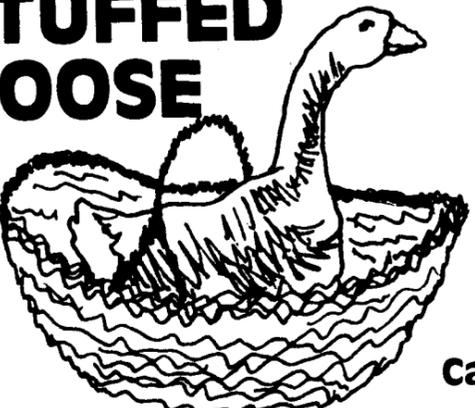
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Soviets violating ban on biological warfare stockpile

American Forces Information Service

Tucked away in a sparsely populated section of the Soviet Union is an installation as large as a small city. The residents of this "city" live and work there full time. Security is tight; the installation is under military control. One Department of Defense official has noted that each resident holds "extraordinary security clearances."

Obviously the Soviets want to keep whatever is going on there to themselves. But then-Deputy Assistant Secretary of Defense for Negotiations Douglas J. Feith recently told a congressional subcommittee that the installation is one of seven known biological warfare centers operated by the Soviets that violates a treaty they, and more than 100 other nations, signed in 1972.

The treaty in question was signed at the end of the Biological and Toxin Weapons Convention. Each signatory agreed that it would be illegal to "develop, produce, stockpile or otherwise acquire or retain" biological or toxin agents. The United States has adhered to the agreement. "The Soviet Union has not only violated the BWC," Feith pointed out, "but every major prohibition in it."

Three years before the United States signed the treaty, this country unilaterally destroyed all of its biological warfare stocks, renounced future plans to acquire them, and halted its biological warfare program. Only the facilities for biological warfare defense were maintained.

At the time, there were many good reasons for the United States to take the action it did. Biological weapons couldn't be mass produced economically, and those that were didn't perform as expected. More importantly, the ones that worked were a hazard not only to the enemy, but to the attacker. There were also a considerable number of problems associated with the safe storage of the agents used in the weapons.

But, said Feith, "the stunning advances over the last five to 10 years in the field of biotechnology...mean

more than new foods, pharmaceuticals and fertilizers. They mean new and better biological weapons for any country willing to violate what the U.S. government still insists is an international norm against the possession of such weapons."

Recent scientific advances, said Feith, now make it possible to synthesize agents to military specifications. Agents can be developed for various climatic conditions and the chemical structure of existing agents can be altered to circumvent immunogens or antigens that the enemy is suspected to possess.

The BW (Biological Warfare) field favors offense over defense," said Feith. "It is a technologically simple matter to produce new agents but a problem to develop antidotes. New agents can be produced in hours; antidotes may take years."

In addition, a state engaged in this illegal research and development could yield biological warfare agents that it could immunize its own force against. "A state could therefore, employ BW without having to require all its own troops in the area to don cumbersome protective clothing."

Scientific advances also make stockpiling of these agents unnecessary. "Given the ability to produce militarily significant quantities of BW from seed stock within a month or so, it is not necessary to stockpile agent," said Feith. "Such a state need only maintain in a freezer a few hundred test tubes full of seed stock and a production facility which, in the normal course of things, makes agricultural or medical products." He added that in the unlikely event the freezer were discovered, "a closed society would have little difficulty characterizing it as part of a research effort for BW defense."

The Soviets, said Feith, have decided that the costs of producing and using biological warfare agents have been proven "altogether manageable, indeed virtually nonexistent." He based his observation on evidence that the Soviets and their clients have used mycotoxin

weapons banned by the Biological and Toxin Weapons Convention in Southeast Asia and Afghanistan.

What will the United States do? Feith said we will remain in compliance with the treaty but will make an effort "to highlight the nature of the problem and the critical defects of the BWC."

"The danger of not publicizing these matters is that friends and allies will continue to neglect BW defense work aimed at developing detection and medical capabilities and protective gear."



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Insurance complaints spark defence-wide investigation

BY SGT. MAJ. RUDI WILLIAMS, USA
American Forces Information Service

Active duty military members and civilian employees who are selling and recruiting co-workers to sell term insurance could "get into big trouble" for violating Department of Defense standards of conduct and commercial solicitation regulations, according to top Pentagon officials.

The DoD Inspector General is investigating complaints from "various sources, including congresspersons, about military people selling to military people," said an Inspector General spokesman.

"The complaints involve unauthorized solicitation on DoD installations, coercion by senior military personnel, use of personnel files to gain information for insurance sales and failure to comply with state insurance regulatory requirements," reads the memorandum to service secretaries from DoD Deputy Inspector General Derek J. Vander Schaaf on the topic.

Vander Schaaf asked that insurance sales practices be reviewed at all installations "in order to protect military personnel and their dependents from im-

proper sales... and to determine if agents are violating DoD regulations."

The complaints that sparked the Inspector General investigation involve the A.L. Williams Company.

"The company has an aggressive sales program and has been very successful in recruiting military personnel as sales agents," said Vander Schaaf's memorandum. "The sales program operates as a 'pyramid' whereby each level receives a part of the sales proceeds."

"This can present a problem for military members and civilian employees," said Stephen Whitlock of the DoD General Counsel's office. "If you're clean yourself, you can receive benefits from someone who is not clean."

Military members can get into trouble for violating the DoD Standards of Conduct whether they're selling vitamins, soap or insurance. The case is more serious if they become involved in coercion.

"The amount of trouble they get into depends upon the circumstances," he continued. "Say a lieutenant colonel tells all the privates at an inprocessing station, 'Okay, it's time to buy insurance from me.' That's

serious. The action taken in response to such violations depends on the seriousness of each case and will usually be determined by the base commander.

"Any military or civil personnel who are involved or contemplating getting involved, should review the Standards of Conduct and commercial solicitation regulations to protect themselves," said Whitlock. "They should also be aware that some particular sales activities are subject to state and federal regulations."

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Announcements

Enlisted bowling

The Friday Night Enlisted Men's Bowling League needs one couple. For information call Naomi Hodges, 883-2612.

Federal women

Federally Employed Women will meet at 11 a.m. Oct. 16 at the Officers Club. Members and guests will go through the buffet line and return to the designated meeting room. Sandy Dennis of Merrill Lynch will be the guest speaker. For more information, call Sheila Jarvis 876-7641.

ITC founder's day

International Training in Communication, Redstone Club, will have its annual founder's day program and luncheon at 11:30 a.m. Oct. 22 in room 3 of the Officers Club. Scheduled speaker is Barbara Rosenblum, a contract specialist in Procurement Directorate. She is active on the local lecture circuit and participated in the Council V Speech Contest. Rosenblum was a recent guest on Jamie Cooper's Country Music Show on local television channel 31. Tickets cost \$6. For tickets call Debra Henderson, president of Redstone ITC, 876-8749; Sandra Brown, first vice president, 895-4068; or the EEO Office 876-3436.

Halloween party

A Halloween party will be held Saturday, Oct. 25 from 6 until 8 p.m. at the Recreation Center in building 3711. Military children of all ages are invited. Activities will include games, a haunted house, refreshments and a costume contest. For more information, call Kirk Filbey 830-2255.

PX check cashing

Customers are now able to cash personal checks for up to \$150 at Army & Air Force Exchange Service check cashing windows. Effective Oct. 1, a \$100 limit was raised to provide increased service to customers, according to AAFES officials. Exchanges cash checks as free service to customers, subject to the availability of funds. Additionally, checks may be written for \$20 over the amount of purchase at cash registers. The \$50 increase for personal checks was approved by the AAFES Board of Directors during its September meeting.

Top graduates

The following service members received honor or distinguished graduate awards for OMMCS classes which were graduated during the week of Sept. 29 through Oct. 3: SSgt. Kenneth Sokolowski, distinguished, and SSgt. Francis D. Boner Jr., honor, Improved Hawk Fire Control Repairer course; Sgt. Jerry A. Gage, distinguished, and Sgt. Karen A. Ainsworth, honor, Nuclear Weapons Specialist; PFC James R. Aske, distinguished, and Sp4 Lewis E. Kirby, honor, Land Combat Support System Test Specialist; WO 1 Rodney E. Hodgins, distinguished, and WO 1 James N. Struder, honor, Ammunition Technician Certification; SSgt. Charles L. Hoobler, distinguished, and Sgt. Roger L. Doolittle, honor, Ammunition Inspector; and PFC Mark A. Dedina, distinguished, and Pvt. Charles C. Watson, honor, Ammunition Specialist.

Quality control group

The Huntsville Section of the American Society for Quality Control meets on Thursday, Oct. 16 at Saginaw Steering Plant 23. Dinner will be at 6 p.m. in the cafeteria, followed by a plant tour. All interested parties are invited to attend. For more information, call 886-4886. October is "National Quality Month."

Government accountants

North Alabama Chapter of the Association of Government Accountants meets Thursday, Oct. 16 at Michael's Restaurant, Ramada Inn on South Parkway. Social hour begins at 5:30 p.m., with dinner and program to follow. The scheduled guest speaker, Richard Kramer of the Huntsville Department of Transportation, is to discuss Huntsville traffic. For reservations call Aaron Walker 876-1366 or Pam Swinehart 544-1542.

Child care food program

Redstone's Child Development Services is participating in the U.S. Department of Agriculture Child Care Food Program. In the child care food program, the same meals will be available at no separate charge to all enrolled children and will be provided without regard to race, color, national origin, sex or handicap. The income eligibility guidelines for free and reduced-price meal benefits are effective July 1, 1986 through June 30, 1987.

Industrial security group

North Alabama Chapter of The American Society for Industrial Security will meet today (Oct. 15) at 11:30 at the Officers Club. Scheduled speaker is Sal DePasquale, a security engineer with Greene Lockwood Engineers in Spartanburg, S.C. He is to discuss "Security litigation: claims of negligence for failing to provide adequate security." For more information, call Stan Miller 453-4310.

Flying club

The Redstone Flying Club will hold an open house Saturday, Oct. 18 at 10 a.m. for people who are interested in learning to fly. Active duty and retired military members, members of the National Guard, DoD civilians and NASA employees who work on the arsenal and dependents are eligible for membership. Activities include a 30-minute lesson and airplane ride. Refreshments will be served. Rain date is Oct. 19 at 10 a.m. For more information call the club at 881-3980 between 11 a.m. and 3 p.m.

Sci-fi group

North Alabama Science Fiction Association will have its monthly meeting at 7 p.m. Saturday at the American Federal Savings and Loan Assn., 4008 University Drive NW. For more information, call Jack Lundy 876-9414.

Learning center

The Army Learning Center offers these computer-based, self-paced business courses: "Accounting Fundamentals" and "Beginning Typing." Accounting Fundamentals is a 13-hour course that introduces basic accounting terminology and documentation. Beginning Typing is a two-hour activity that offers a series of elementary practice drills followed by a timed typing test. To enroll in these courses, send a DD form 1556 to building 7446, AMSMI-CP-TC/ALC, Attn: Army Learning Center. For more information, call 876-1061/1416.

Supply management careerists

An Army supply management civilian career program ad hoc screening panel will convene Dec. 2-5 in Alexandria, Va., for workers eligible for referral to GS/GM 13 through GS/GM-15. These ad hoc panels are in lieu of an annual panel. "Initial submission, add-on, and defer options can be exercised for the ad hoc panels or until the new Army Civilian Career Evaluation System is implemented during 1987," according to a message from Willena Richardson, activity career program assistant. Careerists who are satisfied with their panel element ratings are not required to take any action. Send original plus five copies of SMCP Career Appraisal to AMSMI-LC-MM, Willena Richardson, building 5681, by Oct. 24. For forms or more information, call Richardson 876-1531/1411.

Flu shots

Annual flu shots have been canceled temporarily due to the unavailability of flu serum, according to Capt. John Mason, adjutant for Fox Army Community Hospital. Each unit will be notified as to when the flu shots will be rescheduled. For more information, call the Troop Medical Clinic 876-4990/1444.

Chapel events

A Protestant potluck supper is set for 6 p.m. Oct. 19 at Bicentennial Chapel. All are welcome to bring a dish to share and join the fellowship.

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Red Cross blood program

Here's the Red Cross blood program schedule for the rest of October: Today— 9 to noon, Recreation Center (building 3711). Oct. 17— 7 to noon, building 5681 (bus); and 8 to noon, 7442 (bus). Oct. 21— 8:30 to 12:30, 4752 (NASA). Oct. 24— 7:30 to 1:30, USASDC (buses). Oct. 30— 9 to 3, 4665 (McDonnell Douglas). For more information call Ruth Miller, acting blood program coordinator for Redstone Arsenal, at 876-3723.

Personnel management group

Huntsville-Rocket City Chapter of International Personnel Management Association will meet on Oct. 21 in the executive dining room of the Carriage Inn, University Drive. Mary Ann Doe of Performance Dynamics, Inc., is the scheduled speaker. Anyone interested in the growth of personnel administration is invited. Price of the meal is \$8.75 for non-IPMA members. For more information and reservations, call Marvline Muirhead 876-8662.

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CRAFT SALE: 11110 Hillwood Drive S.E., Sunday, Oct. 12, 1-5 p.m. Oil paintings, porcelain dolls, knitted and crocheted goods, Christmas items and other crafts. Call 883-8485 for information.

FOR SALE: Great starter home or investment property. New hot water heater, dryer and stove will remain. Vinyl siding—maintenance free, three bedrooms, one bath, eat-in kitchen, TVA package, central air and heat, treed lot, utility room off kitchen, utility building in back yard with bright security light, carpet throughout. Located near UAH and Research Park. Price \$38,500 or negotiable. Call 533-0964.

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FOR SALE: Brick rancher, 1 1/2 baths, three bedrooms, central gas heat, stove, refrigerator, fenced back yard, ready to move in now. 5000 equity and assume 405.86 a month. 607 Mastin Lake Rd. Call 876-7396 ask for Tim Bickford, 852-6648 Biz Mars.

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FOR SALE: '80 Skylark, auto, two door, AM/FM cassette, one owner, clean car, \$1900. Call 883-8184 weekends or 5:30 p.m. on weekdays.

FOR SALE: Matching set of end tables & coffee table. 7 years old, good condition. \$60 Call 776-3291.

FOR TRADE: One to three duplex townhouses (six years old, positive cash flow of \$120 per month each townhouse) for non rental real estate. Call Don 876-7028 or 852-0344.

FOR SALE: 6.6 acres of level dry land in Hazel Green. On paved road, with electricity and public water. Asking \$30,000. Call 882-0173.

FOR RENT: Fully-equipped condo in Florida. Good fishing, wine and dining, nightlife, leisure lifestyle. To rent for \$50 a night and \$250 a week. Call 881-9134.

FOR SALE: Sears 19-inch color television. Gets good picture. Call 881-9134.

FOR SALE: 1981 Audi 4000. Four-door automatic, air, sun roof, Blaupunkt stereo, alloy wheels, air dam, shadow. 41,000 miles, 28 mpg. NADA retail \$5,850; asking \$5,350. Call Charlie 883-2685 or 876-8520.

FOR SALE: 1984 NISSAN SENTRA DLX. Five speed, yellow, two door, low mileage, one driver. \$5600 or assumable. CALL 859-3609

FOR SALE: 1978 Kawasaki KZ-650, Excellent condition, \$700. 1976 Fiat 124 Spider, convertible, mech. sound. \$2000. Call 895-4150.

FOR SALE: Side X Side Fridgedaire refrigerator, 19 cu. ft. total storage. Automatic icemaker 1 year old excellent condition. \$650, 776-3291.

FOR SALE: Sears, Kenmore washer and dryer, heavy duty. \$225. Call 776-3291.

FOR SALE BY OWNER: House located on hwy. 72 West in Athens City limits, three bedroom, 1 1/2 baths, fenced back yard, central heat and air. \$50,000. Call Linda Smith 723-2060 for more info.

FOR SALE: A used 19-inch color television in good condition; \$50 or best offer. Call 536-5187.

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No representation is made as to the quality of legal services to be performed or the expertise of the lawyer in performing such services.

FOR SALE: 1983 Ford Escort, auto, air, FM cassette, tinted glass, like new tires, 8,000 miles left on warrant. Car is in real good condition. Asking \$3450. Call 876-8443 during the day, ask for Mike.

FOR SALE: Up right freezer, one year old. Must sell. \$200. Call 539-4309 after 4 p.m.

FOR SALE: Queen size waterbed, wood frame, heater, \$85 or best offer. Call 536-5627 after 4 p.m.

YARD SALE: Three families. Friday Oct. 10, 10 a.m. to 3 p.m. and Sat. Oct. 11, 8 a.m. to 3 p.m. Chalet Circle in Huntsville. Odds and ends for the house, bedspread, curtains, desk, clothes, car seat, baby items, furniture, stereo, hanging lamp, tools, carpeting and more.

FOR SALE: 1985 Dodge Ram 100, 225/6, excellent condition, must see to appreciate. 76,000 miles. \$4500 cash. Call 539-1906 Thurs. or Fri. between 1 and 5.

FOR SALE: Speakers, home, three-way, Optimus 400, walnut cabinets, 18 months old. Call 883-2894 after 5 p.m.

FOR SALE: 1983 Mashfield 14x70 mobile home. Two bedroom, 1 1/2 baths, central heat and air, all electric. Assume VA loan. Call 883-7128.

FOR SALE: Day beds (set of 2) with corner hide-a-way cabinet. \$100. Call 539-4309 after 4 p.m.

FOR SALE: Sofa sleeper, queen size. \$200. Call 539-4309 after 4 p.m.

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The University of Alabama in Huntsville wants to do something special for the professionals, servicemen and their families who work or live on Redstone Arsenal. That's why for the first time UAH will offer a one-day preregistration session at the Arsenal for winter quarter classes.

By preregistering for classes at the Arsenal you'll not only avoid the usual crowds at registration but you'll be able to choose from the widest selection of courses available for the winter quarter. Timetables for courses will also be on hand. What's more payment for your courses won't be due until December 9.

Admission applications will be available if you're considering taking classes for the first time. There will also be UAH staff members willing to sit down and talk with you about your interests.

The special UAH preregistration at Redstone Arsenal will be held:

- Monday, October 27
- 11 a.m. To 4 p.m.
- Army Education Center, Building 3222, Room 10

Winter Quarter Classes Begin At UAH on January 5.