

Redstone Rocket

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Thousands of documents are best kept under wraps

BY SKIP VAUGHN

The Missile Command generates volumes and volumes of classified documents—too many to be destroyed with a shredder like the one Oliver North used.

MICOM has an ongoing program for people to constantly review and reduce their classified material. The less material there is, officials reason, the less likely that it could fall into the wrong hands.

"Fortunately, our holdings are showing a slow but steady decrease," said Ray Huffman, information security officer and classification management officer in the Intelligence and Security Directorate.

Material is classified for several reasons. Generally, the idea is to protect the national security and to ensure an advantage that the U.S. may have over a given adversary. It's to conceal the fact that this nation even has an interest in certain subject matter. Also, material is classified "to preclude our adversaries from finding a way to defeat a given operation or tactic that we employ," Huffman added.

Here are the three levels of classification: top secret, information that if lost would cause exceptionally grave damage to national security; secret, information that if lost would cause serious damage to national security; and confidential, information that if lost would damage national security. Classified material could be a document, tape, photograph, a piece of hardware or anything else that should be protected from those whose interests are contrary to this nation's.

"From the Department of Defense on down, there is a specified chain of positions, or people who occupy those positions, who have authority to classify information at each of the three levels," Huffman said. "These people are designated original classification authorities. This fixes a specific responsibility for who can or who cannot classify information at specific levels." For example, the director of intelligence and security can designate information as secret.

Two conditions are required in order to have access to classified information: the appropriate security clearance and a definite need to know. "There is a jointly shared responsibility," Huffman said. "The seeker of classified information must be able to demonstrate those two requirements, and the releaser of that information must satisfy himself or herself that the seeker of the information meets those two requirements."

There are more than 21,000 linear feet of classified documents at MICOM. Not all are stored in cabinets; but, figuring that a cabinet drawer holds 2 feet of documents, the total would fill nearly 11,000 cabinet drawers.

The methods of reducing the amount of classified holdings include destroying material, downgrading it from one classification to another, declassifying it, or transferring the material.

"Eventually most classified material is either destroyed or declassified," Huffman said. "Most of the time, classified material will either outlive its useful life and can be destroyed, or a specific event in time or operation will be reached and the information will be declassified."

For destruction, normally a custodian of classified material uses so-called burn bags. Years ago the filled, brown paper grocery bags would be burned. Concerns about pollution brought about a change in procedure in the mid-1970s. Now, the filled bags are disposed of in destruction trucks that pulverize the material into what resembles cotton wool or flour.

"We do not here at MICOM employ shredder-type machines that we have come to know so well as a result of the Ollie North show," Huffman said. "This is not to say there are not authorized shredding machines being produced and in use throughout the Department of Defense. There are standards that shredding machines are supposed to meet to reduce documents to pieces so

they cannot be reconstructed. We do not normally employ these here at MICOM. They really are not adequate to large volume destruction of classified material."

Thousands of pounds of classified material are destroyed at Redstone Arsenal, according to Huffman. "We generate a lot of classified material but we generally destroy literally thousands and thousands of pounds of that same material," he said.

The intelligence and security directorate tries to ensure that classified material—whether or not destined for a destruction truck—doesn't fall into the wrong hands.

"We would seek to never have a security violation," Huffman said. "We know by the nature of our business here at MICOM that we (this command) are likely targets for hostile powers to work on."



INFORMATION SECURITY— Huffman shows a cover sheet for 'confidential' material.

Ceremony marks DDT project close

The Olin DDT project, which has been cited as the biggest pollution cleanup ever undertaken in this country, will be formally brought to a close here this morning.

A ceremony marking the occasion will be held at the project site south of Mills Road at 11 a.m.

Completed substantially ahead of schedule, the project involved diverting the main channel of Huntsville Spring Branch in two locations to bypass pockets of DDT contamination. Each diversion is approximately one mile in length. The old channel has been filled and sealed, burying about 400 tons of DDT in place.

On some days as many as 300 truck loads of fill materials were brought to the project site. A lot of the work had to be done at night using floodlights because testing activities on an adjacent missile range made daytime work dangerous.

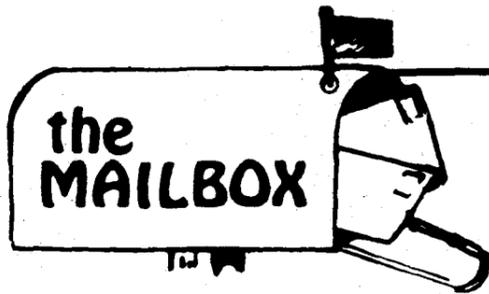
A half million tons of rock and more than a quarter million tons of dirt were required as fill, and over 200,000 cubic feet of soil was excavated.

The project has been overseen by a review panel with membership from the Environmental Protection Agency, Tennessee Valley Authority, Alabama Department of Environmental Management and related agencies. High-level officials from all of the agencies have repeatedly commended Olin's performance since the \$30 million project got underway here in April 1986.

After years of dispute, Olin signed a consent decree early in 1983 agreeing to clean up pollution remaining from a DDT factory the company had operated at Redstone Arsenal. Although the factory was closed in 1970, studies conducted several years later showed that residual DDT in Huntsville Spring Branch was poisoning the environment. Fish were heavily contaminated and people in the Triana community bordering Redstone Arsenal were found to have high levels of DDT in their bodies.

Olin environmental technicians will remain here for several more years to monitor the effectiveness of the DDT cleanup. Under terms of the consent decree, Olin must demonstrate that certain "performance standard" fish species drop to and maintain safe levels of DDT.

Among those scheduled to speak at the project closing ceremony today is Lewis D. Walker, deputy assistant secretary of the Army for environmental matters. Other Army representatives scheduled to attend include Col. James A. Hall, commander of Redstone Arsenal Support Activity; and Bill Schroder, the environmental quality coordinator here who is credited with bringing the DDT pollution problem to light in the 1970s. EPA regional and Washington delegations will attend. Olin's chairman of the board is expected also.



Concerned parent

Editor:

I am writing this letter to inform parents of juveniles (under age 18 who have a valid operator's license for either a car or motorcycle) what happens here in Huntsville when their son or daughter is pulled over for a traffic violation.

The Huntsville Police cannot (and do not?) give juveniles under 18 tickets. Instead, the juvenile is:

1. Taken to the detention home
2. Read their rights
3. Strip searched
4. Given a court date without any written statement of the offense
5. Parents are called to pick child up.

Now, not only is your child strip searched for a traffic offense, the typical outcome of the court hearing is:

1. A fine which made more than a traffic ticket for an adult
2. Six months probation with visits to the probation officer every other week
3. Mandatory family counseling at the expense of the parents.

All of the above just for a traffic offense which ordinarily would result in a traffic ticket for older licensed drivers. Nowhere in the driver's manual on licensing procedure do they warn you of such harsh, unfair and abusive treatment for juveniles under 18.

I have lived in Huntsville almost all of my life and I have never heard of kids not being able to receive tickets. I even know of teens who have gotten tickets. But the Police Department says, "They always take juvenile traffic offenders to the detention home." Is this true? Do we treat our younger drivers so harshly? As a concerned parent, are you going to let the city strip search your child, and hand down a harsher punishment than an adult gets for a "traffic offense"?

I have a 14 year old who has an operator's license for a "motor driven cycle." In this case for a non-moving traffic violation, my child was picked up, taken to the D-home, read his rights, strip searched in front of several people and eventually fined for an amount more than a ticket would have been.

I have been told several things: ranging from only non-car operator licensed juveniles go to the D-home, to every juvenile under eighteen goes to the D-home for traffic violations. But, I believe Huntsville practices a double standard on giving or not giving tickets to teens. But, in any case, there should be a law against treating juvenile traffic offenders so offensively. I have made several written complaints about this situation to no avail. As a last resort, this letter is a plea to parents to ask law makers to protect the civil liberties of juveniles. I cannot believe law makers intended for juvenile traffic offenders to be treated so abusively. Do you?

Name withheld by request

Situation ethics

Editor:

The recent spate of letters regarding the speeding ticket of Chaplain Loren Speicher (retired) brings into focus a topic of profound significance to society—"Situation Ethics."

Laws are passed, both civil and religious (depending on the ruling group), which attempt to remove possible confusion or risk regarding human behavior in the conduct of daily business. This attempt at order has great benefit to society in general. For example, it allows some relaxation in passing through green traffic lights. Unfortunately not all laws can be remembered and thus their use is relegated to the assignment of guilt and punishment when any incident occurs for which the laws are interpreted to apply.

When members of society choose to assess the situation they are in order to conduct their lives rather than through strict adherence to the known laws, then a form of anarchy exists. People such as Chaplain Speicher attempt to assess the situation but have imperfect vision (he didn't see the MP), imperfect depth perception, imperfect hearing, etc. and may easily miss another member's passing through his sphere of behavior and an incident occurs because of his decision (deliberate or inadvertent).

Chaplain Speicher's behavior has become more the norm than the unusual especially in terms of traffic law. In addition, the self-centered characteristic of the youth in society has always been a great source of

anarchy. Certainly the existence of the "me" generation and its quest for instant gratification is noted with the tremendous cost implication to society (drugs, AIDS, etc.).

It is the responsibility of the older generation to bring the lessons learned in the past to the attention of the new generation; that a harmonious society can exist where there is trust that members of that society will conform to established behavioral norms (laws). Society is greatly troubled with internal groups professing or exhibiting totally different "cultures," which are, in essence, a completely different value system in which their members practice "situation ethics." It is unfortunate that our judicial system has accepted situational ethics principles to adjudicate societal conflicts.

The probability of momentary lapses in awareness of laws by society (Chaplain Speicher in particular) will be reduced by an encounter with "the law" but perhaps $\frac{3}{4}$ even less likely if the encounter includes a fine instead of the hoped-for "reminder."

Ed Herbert

Sign your letter

Letters will not be considered for publication in the *Redstone Rocket* unless they are signed and contain an address or phone number for the writer. Names are withheld on request but unsigned letters will not be used. Send letters to: *Redstone Rocket*, AMSMI-IN.

Constitution framers influenced by past ideas

The seeds of the Constitution were planted more than 550 years before its birth.

In 1215, on an English meadow named Runnymede, King John of England was forced to sign The Magna Carta (The Great Charter) by his feudal lords. Though the lords were not interested in obtaining justice for the common people, they did strip the king of some of his authority over their property. The King gave up his power to demand money and services from them without their approval, including those people who were dependent upon the lords. The Charter also promised the right to a trial and prohibited unlawful arrest and seizure.

The Magna Carta became the foundation for the British Constitution. But the British Constitution is not a single document like the U.S. Constitution. Rather it is a collection of laws passed during the ensuing centuries by Parliament and the rulings carried down by English judges which have formed English common-law.

The journey of the Pilgrims on the Mayflower set the next stage in the Constitution's development. Before landing at Plymouth, they drew up an agreement, later called The Mayflower Compact, which called for their self-rule. They agreed to make laws and elect officials to which they were subject to obey.

As the colonies flourished, writing political documents became a standard for Americans. Most

notable were the establishment of local governments as long as laws enacted did not contradict English laws, and charters granted by the Crown. Most local governments reflected the notion of popular sovereignty, majority rule, and political equality among citizens.

But the sources of the Constitution cannot be looked at as being a collection of documents. There is a deeper and longerlasting influence that crosses the centuries. The civic and moral values of the Roman Republic is the deepest of origins. Latin writers, such as Plutarch, Cicero and Tacitus, wrote about notions of citizenship, social morality and political conduct that have had a profound effect on the Western world.

During the Renaissance, many philosophers and writers wrote on "civic humanism." These writings say that a good citizen must be independent and free of selfish interest influences.

Civic humanism had a profound effect upon 17th century writers such as Harrington and Sidney. But it was the writings and philosophies of John Locke, David Hume, Montesquieu and Burlamaqui which affected the mental giants of the American Constitution.

The framers of the Constitution used the ideas of the greatest writers of the age, and the past, to form a piece of writing that shook the political thought of the day, as well as long established monarchies.

(Reprinted from the "Department of the Army's Bicentennial of the Constitution: A Resource Guide.")



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Chaplains corps celebrates 212th anniversary

BY SKIP VAUGHN

The oldest corps in the Army is not the infantry nor the artillery, it's the Army Chaplains Corps.

Officially the chaplains corps celebrates its 212th anniversary on July 29. It will be celebrated here with a cake-cutting and reception on Sunday, July 26 after the 9 a.m. Protestant service at Post Chapel, after the 10:45 a.m. Protestant service at Bicentennial Chapel, and following the 9:30 a.m. Mass at Bicentennial Chapel.

"My reason for wanting to celebrate it on the 26th is that the chaplains have always been involved with people; the 26th will be a more opportune time for the people to participate in the anniversary," said Chaplain (Col.) Billy Whiteside, the staff chaplain. "This really keeps the spirit of the chaplaincy—with the spirit being that the chaplains have always been involved in serving people."

The legal origin of the Corps of Chaplains can be traced to a Resolution of the Continental Congress, adopted July 29, 1775, which provided that the pay of chaplains be \$20 per month (which was the same as that provided for a captain by the same resolution).

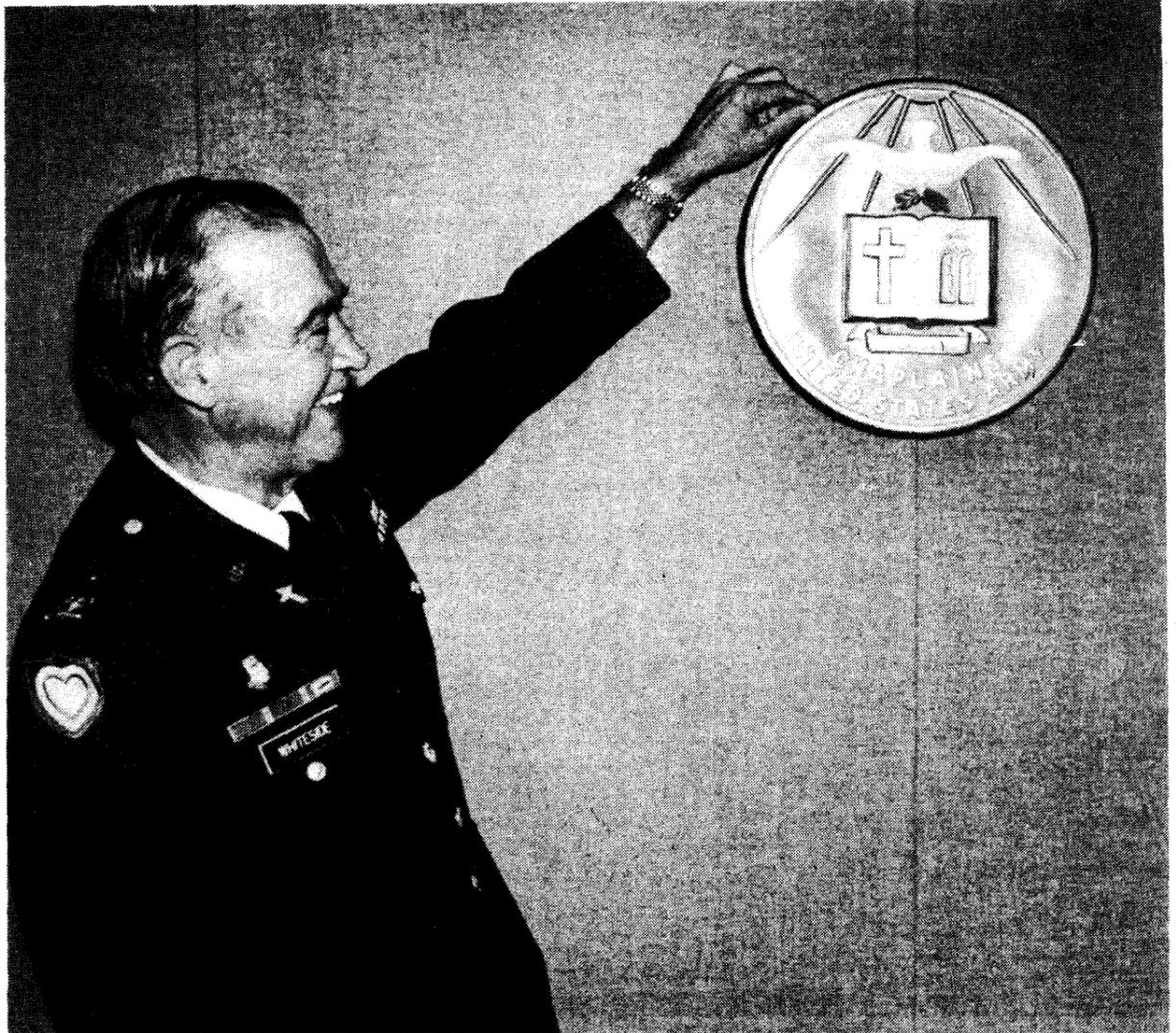
Now, there are more than 1,500 Army chaplains worldwide, representing all major faiths, according to Whiteside. He said chaplains have a dual role: "they come into the Army representing or endorsed by their faith or denomination, but they also have to meet the requirements of the military as well."

Whiteside, an Army chaplain since April 1961, served a year in Vietnam 1967-68. Chaplains have "a unique role in helping people to work through moral issues, particularly in times of combat," he said. "That's probably one of the toughest jobs—to sit down with a young soldier who comes in and says 'hey, I just killed another person in combat.' And he feels all torn apart because most of us have been told it's wrong to kill and this creates a big struggle for the individual. It helps individuals to deal with their life and death in terms of eternity, and in so doing it hopefully helps the individual to discover not only meaning in life but also meaning in death."

The Army's chief of chaplains is Chaplain (Maj. Gen.) Norris Einertson, and the deputy chief is Chaplain (Brig. Gen.) Charles McDonnell. At Redstone, the staff includes Whiteside, Chaplain (Lt. Col.) Dennis Slater, Chaplain (Lt. Col.) Donald Allison, Chaplain (Maj.) Reddick Walker, Chaplain (Capt.) Barry Presley, Chaplain (Capt.) William Meyer, and Chaplain (Capt.) David Krum.

Slater runs the Catholic program; Allison conducts the Protestant program; Walker serves as School Brigade chaplain while Presley is mainly with the student battalion; Meyer serves with the Community Counseling Center and as hospital chaplain; and Krum is chaplain for Special Troops and for the chapel youth program.

"I want to develop more of a family life center



FOR THE CORPS — Whiteside displays the chaplains' seal on a wall in his office.

chapel program whereby we will offer more programs for the family— family enrichment, effective parenting, human potential growth type seminars. And that's primarily from the standpoint of the Bicentennial Chapel," Whiteside said. At Post Chapel, which is mainly attended by members of OMMCS, he wants to develop "programs that will involve more of the students."

Another of Whiteside's goals is to involve two groups that he feels are often overlooked: the retired community, and the Widows or Widowers Group. He added that there is "more and more need for single support groups here."

If the need arises, Whiteside said, the chaplains could start an AIDS support group. He envisions that

this would be done along with the hospital in order to ensure confidentiality. "And I think that (confidentiality) would be extremely important to a person at this stage who may have a positive reaction to the AIDS virus," he said, stressing the support group is only a possibility for the future.

Serving as an Army chaplain has "brought me an immense amount of pleasure," Whiteside said. "It has facilitated a lot of spiritual and emotional growth. It has provided a lot of opportunities I'm just extremely grateful for—in learning, the education the Army has provided to me, the opportunity to serve I would have never received in a local church."

"The primary duty of the chaplain," he said, "is to bring God to man, and man to God."

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ONE DOLLAR

Retiring soldier believes training makes good troops

BY JEFF WATSON

Lt. Col. Larry Jarvis is a catalyst. As the director of the land combat training department at the Ordnance Missile and Munitions Center and School, he makes things happen.

His building is distinct along schoolhouse row. Words stenciled on the steps welcome you to the department and tell you to stand tall and walk proud. Inside, you are greeted by his 'unauthorized' American and Army flag display, and everywhere it seems things are being done to improve the building. All this is a reflection on how Jarvis feels about his soldiers, his job, and his country.

"There is no greater challenge than to train the soldier," said Jarvis, who will retire in August. "The first class I ever taught was evaluated by the assistant commandant of Fort Sill.

"He was very meticulous and he really impressed me by taking the time to sit down and talk with me after the class and evaluation. Here was an officer who was responsible for almost 40,000 troops, yet he had the time to evaluate and talk with his instructors.

"Training soldiers for combat is our greatest peacetime responsibility, and he lived that."

With Jarvis' retirement comes an end to his second term as director of the LCTD. He held the position previously from 1976-80. The LCTD is responsible for training soldiers in 10 different missile or missile-support systems in the Army's Land Combat and Air Defense System Intermediate Maintenance career field.

About 1,100 soldiers are enrolled in the department's Advanced Individual Training, Basic NCO, Advanced NCO and Warrant Officer courses. Within the next two years enrollment is expected to increase to more than 1,400 students.

"Training is the responsibility of the NCO, and training soldiers is the most sacred trust you can give an NCO," Jarvis said.

"My greatest challenge while I've been here has been with the NCOs to get them to recognize and understand the real meaning of their office. The NCOs execute orders. They are the backbone of the Army.

"Many officers today are afraid to give NCOs responsibility. We need to re-instill that the NCO is a leader, a trainer, someone who cares about his men. And, he is a doer. The whole Army is full of hot-air orders that do not get followed, but officers need to give the NCOs the respect, esteem, and the kick in the butt they sometimes need."

Effective training

Jarvis believes that good training is hard to execute: we either get better or worse, we never stay the same. In that respect, Jarvis says the LCTD strives for more effective training, not necessarily new training.

The biggest difference Jarvis sees in today's training and the training he received 30 years ago is the ex-

perience of the trainer. Jarvis' first company commander fought in World War II at the Battle of the Bulge. His first sergeant fought in World War II also, and his platoon sergeant fought at Pork Chop Hill in Korea. Back then, combat experience was everywhere you looked, and the experience was to know the hardships and challenges of war, and then train the soldiers who had not had that experience, he said.

"We have made tremendous gains in education, equipment, and technology. We know we are the best equipped," Jarvis said. "But, we are somewhat limited in experience and once we lose that, we cannot replace it.

"If we knew the time, the day and the year of the next war, we still would not be ready. That is human nature. We would be better, but not where we should be. Good training takes dedication and motivation. We can't coddle and cater to our soldiers. People do not learn responsibility by having everything done for them. If we had the ability to plan for Mondays like we do for the weekends, it would be a whole different world."

At the LCTD it is obvious that Jarvis genuinely cares for his troops and the people who work for him. Since his arrival at the department he has been an enthusiastic supporter of the Army's self-help program to improve the installations.

Painting, displays, repairs and renovations are constantly going on to improve the work environment and help raise morale. Jarvis thinks that if we are responsible for our own facilities, we take on a different attitude about how we use, or abuse, them. It's easy to be lazy and let things lay and deteriorate, but a person has to look forward to going to work and has to feel good about it—to be proud of who he or she is and what he or she is doing, and the work place should reflect that, Jarvis said.

Judging from the appearance and activities around the LCTD, he obviously knows something about human nature and how to get things done.

Activities

His department organized the OMMCS chili cookoff, raising more than \$10,000 for the Combined Federal Campaign. Ninety-eight percent of the department voluntarily participated and more than 3,000 people attended to sample the 150 gallons of donated chili.

More than 500 people attended the LCTD Christmas party. As a show of their appreciation, fellow soldiers and workers recently presented Jarvis with the American and Army flags.

"We had an American and Army flag here in the building on display," Jarvis said. "I was informed I was not authorized to have either one, so we had to give them up. Recently however, I was presented with the flags which had been bought through donations on my behalf. I was really touched, and I almost cried. I

want the flags to stay after I retire, however. They belong to the soldiers here."

Looking back over his military career which began with the Iowa Reserves back in 1954, Jarvis would like to do it all again, to be 18 and just walking through the door. His retirement isn't something he planned for. It just happened, he said.

"Every young man and woman is the captain of their own ship. The departments and NCOs are here to help provide guidance. If the students fail to realize the opportunities they have before them, then we have failed our mission," Jarvis said.

"It is easy to motivate and excite young soldiers, and we have the chance to be a positive influence. Many times it is easier to discharge or give an Article 15, but the real challenge is helping the soldiers through leadership, motivation and training."



JARVIS

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14 Beautiful Styles

Huntsville division Corps of Engineers has new leader

Col. Charles T. Myers III assumed command of the U.S. Army Corps of Engineers, Huntsville Division in ceremonies held July 15.

Maj. Gen. Mark Sisinyak, director of engineering and construction, Army Corps of Engineers, Washington, D.C. officiated as command of Huntsville division passed to Myers from Col. Robert S. Lindsay. The 101st Airborne Division band from Fort Campbell, Ky., performed at the ceremony.

Myers comes to Huntsville from Jacksonville, Fla., where he commanded the Jacksonville District Corps of Engineers.

During his military career, Myers held many command and staff assignments in the U.S. and overseas. Before joining the Jacksonville district, he was assistant director of civil works for Lower Mississippi and the Gulf areas in the Office of the Chief of Engineers in Washington, D.C. His major staff assignments include serving as facilities engineer, Fort Sam Houston, San Antonio, Texas; nuclear surety inspection team chief, inspector general's office, Headquarters, U.S. Army Europe, Heidelberg, Germany; deputy district engineer, Buffalo (N.Y.) District; operations officer, 45th Engineer Group (Construction), Phu Bai, Vietnam; executive officer, 27th Engineer Battalion (Combat), Gia Le, Vietnam; ROTC staff officer, Headquarters, U.S. Continental Army Command, Fort Monroe, Va.; operations officer, 70th Engineer Battalion (Combat), Pleiku, Vietnam; and instructor and branch chief, Atomic Demolition Munitions Branch, U.S. Army Engineer School, Fort Belvoir, Va.

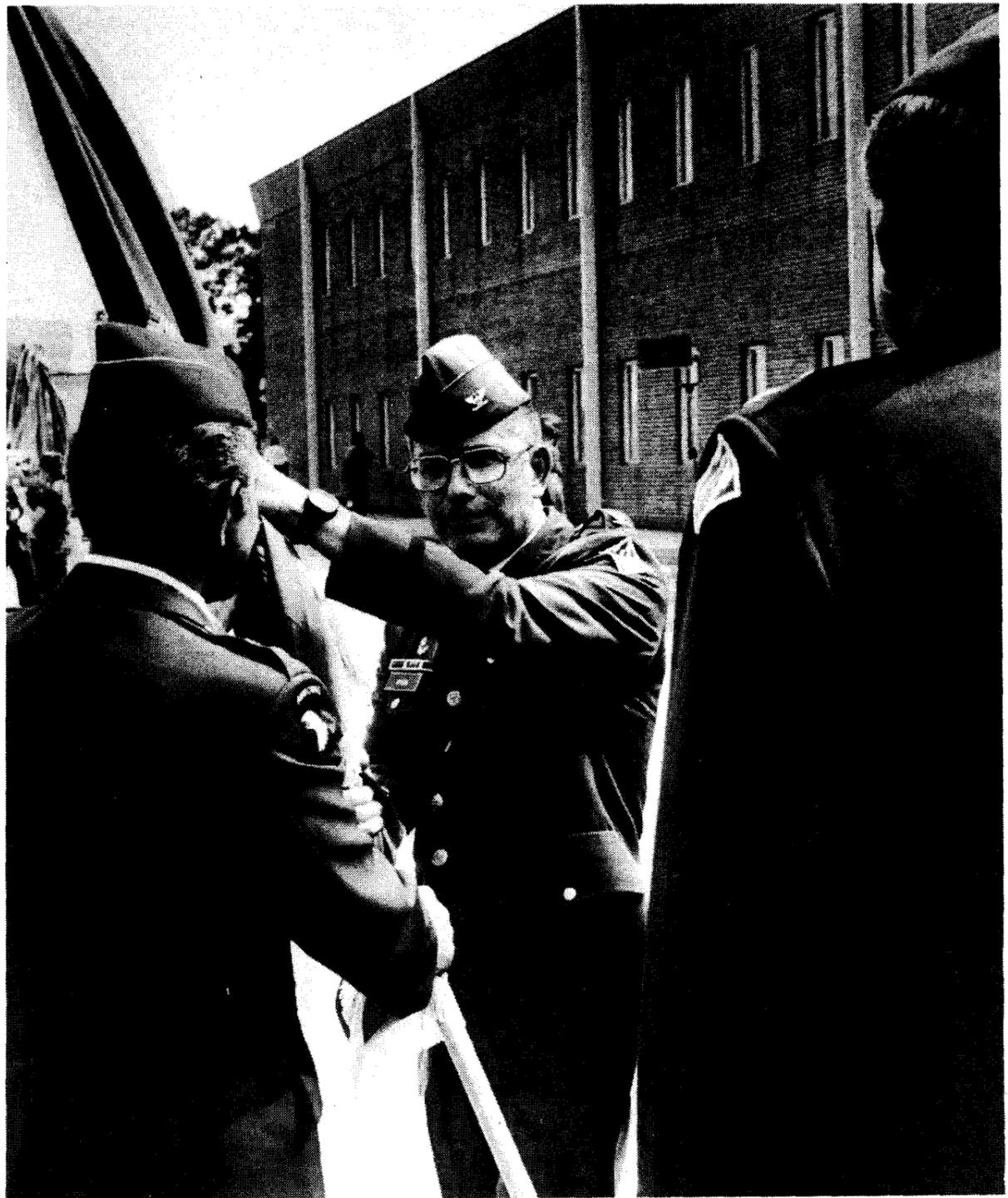
His major command assignments were as commander, 4th Engineer Battalion, 2nd Training Brigade, Fort Leonard Wood, Mo.; company commander, 809th Engineer Battalion (Construction), Phanom Sarakam, Thailand; and as company commander, 17th Engineer Battalion (Armored Division), Fort Hood, Texas.

Myers was commissioned in the Corps of Engineers in May 1958 after receiving a bachelor's degree in physics from Rice Institute. He received a master's degree in engineering management from the University of Missouri at Rolla in 1972. He is also a graduate of the Armed Forces Staff College and the Army War College.

His military awards include the Bronze Star Medal (five awards), the Meritorious Service Medal (first class), Air Medal, Republic of Vietnam Staff Service Medal (first class), Army Commendation Medal, and the Army Achievement Medal.

A native of San Antonio, Texas, Myers is married to the former Fran Ryan of Martinsville, Va. They have a daughter Ann, and two sons, Frank and Joseph.

Guests attending the change of command ceremony included Maj. Gen. Thomas D. Reese, MICOM commander; Brig. Gen. David Nydam, program manager for chemical demilitarization, Aberdeen Proving Ground, Md.; Col. S.N. Liberatore, chief of staff at Strategic Defense Command; and retired Col. John Poteat, a former division commander.



TAKING COMMAND — Col. Charles Myers, center, accepts flag from Maj. Gen. Mark Sisinyak, who officiated at the change-of-command ceremony.

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Space camp scholarships awarded to 10 youngsters

BY RUTH MECHAM

Ten youngsters are off to space camp as winners of the Summer Space Camp Scholarship program sponsored by Army Community Services (ACS) Education Committee.

The program, for active duty and retired military family members in grade levels five through 10, gave youths the chance to compete for scholarships to space camp. This year there were 30 participants.

They included six "Space Camp" winners (for fifth, sixth and seventh graders) and four "Space Academy" winners (for eighth, ninth and 10th graders) with two alternates in each category.

"Young folks have the opportunity to get in on the ground floor of the future" by participating in space camp, said Brig. Gen. William Fiorentino, program executive officer for forward area air defense. He was among the speakers during the space camp scholarship awards ceremony held July 13 at Missile Command headquarters.

Camp sessions are held from March through December at the Alabama Space and Rocket Center in Huntsville. Each session lasts five days.

"The arsenal is the single largest donor this year to space camp," said Deborah Barnhart, director of space camp.

Scholarship applicants had to maintain an overall B average or higher during the 1987 school year and were required to submit an essay entitled "Why I want to go to space camp." They also had to show an interest in science.

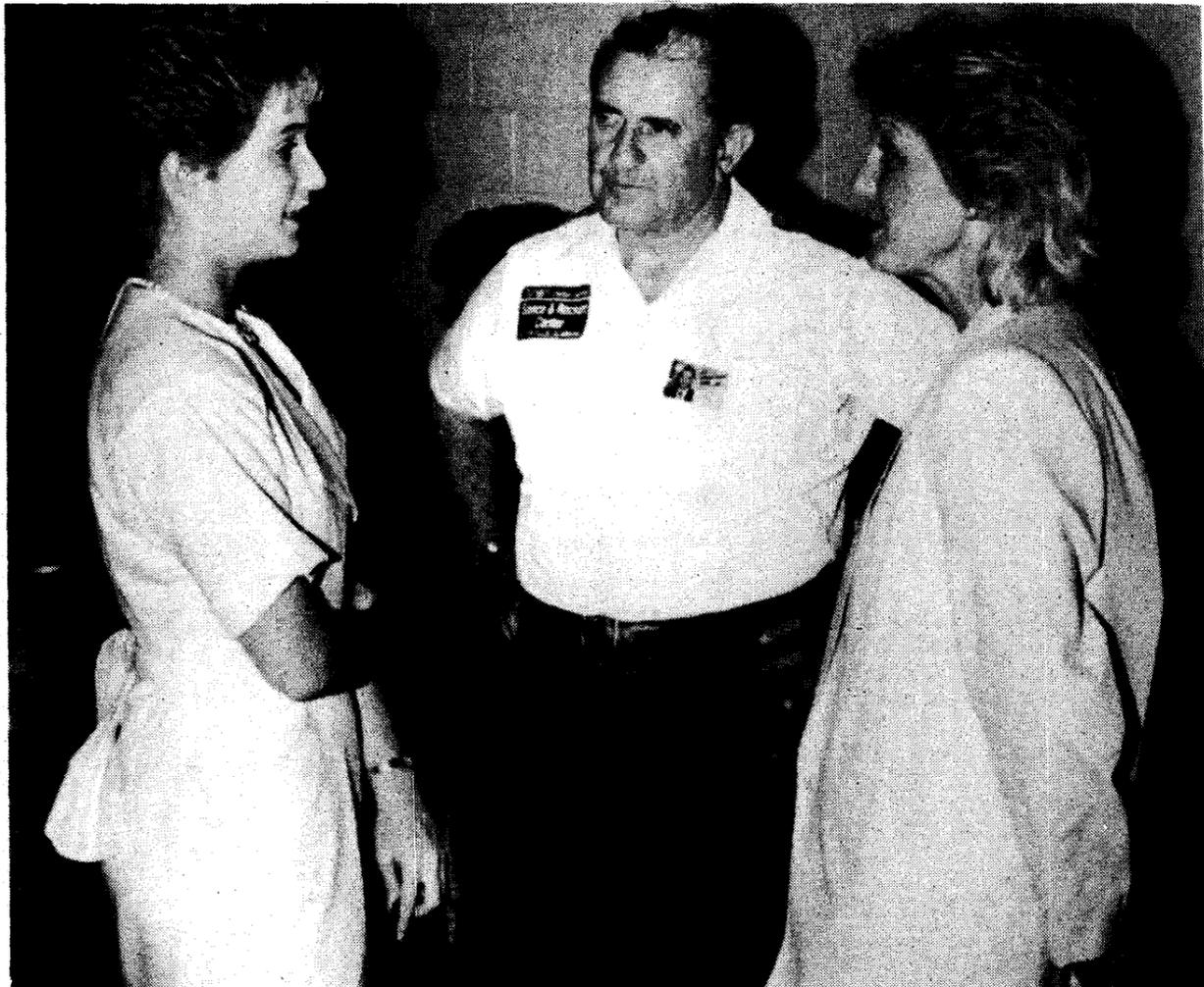
Col. Arthur Hadley, commander of Fox Army Community Hospital and chairman for the ACS Education Committee, announced the scholarship recipients as follows:

- **Space Camp**, Katie Barnett, daughter of Maj. and Mrs. James Barnett; Brian Chapuran, son of Lt. Col. and Mrs. Frank Chapuran; Marcus Jackson, son of Mr. and Mrs. Paul Jackson; Bianca Hammons, daughter of Capt. and Mrs. Robert Hammons; Cheryl Wank and Jessica Wank, daughters of Maj. and Mrs. Robert Wank. *Alternates* are Richard Redoblado, son of SFC and Mrs. Wenceslao Redoblado, and Michael Pruitt, son of Maj. and Mrs. Charles Pruitt.

- **Space Academy**, Kevin Morgan, son of Dr. and Mrs. Bernard Morgan; Heidi Patterson, daughter of Lt. Col. and Mrs. James Paterson; Leslie Picht,

daughter of Mr. and Mrs. John Picht; Aimee Payne, daughter of Lt. Col. and Mrs. Jim Payne. *Alternates* are Robert Hanovich, son of Mr. and Mrs. Robert Hanovich, and Sara Bisch, daughter of retired Col. and Mrs. Frederick Bisch.

Alternates can reapply for scholarships next year. Scholarship sponsors included The Retired Officer's Association, Association of the United States Army, NCO Wives Club, Officers Wives Club and the Thrift Shop.

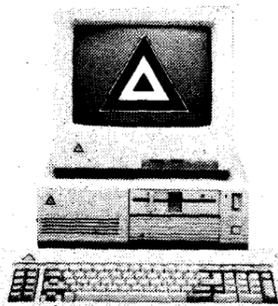


DISCUSSING — Leslie Picht (left) discusses future plans with Ralph Newman and Barnhart.

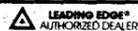
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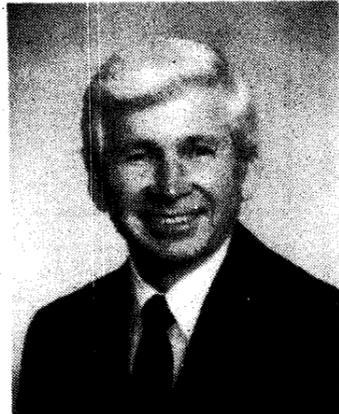
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Bill and Milan 2 evaluated here

Two European missile systems that are under consideration for interim use by the U.S. Army as lightweight anti-tank weapons are being evaluated in a test program at MICOM.

Sweden's Bill system is undergoing a performance evaluation similar to one conducted here earlier on the French-German Milan 2 which, meanwhile, is scheduled for further testing beginning in September. Congress in 1985 instructed the Army to examine foreign missile systems for possible interim use until the Army fields a new medium-range anti-tank weapon of its own, the AAWS-M (advanced anti-tank weapon system - medium), in the early 1990s.

The Milan 2 is a direct-hit weapon that has seen several years' use by armies in western Europe, while the Bill is a fly-over, shoot-down missile that recently went into production. Both are wire-guided with a range of 2,000 meters. This is twice the range of the Dragon medium-range anti-tank missile presently used by U.S. troops but they also weigh about twice as much.

The evaluation underway on Bill and already per-

formed on Milan 2 includes tests for hit probability and warhead lethality, environmental conditioning, effectiveness against countermeasures, safety to human operators, and durability in shipping and handling.

Six more Milan 2 missiles are scheduled to be fired here in September to evaluate some design changes that resulted from the earlier tests which involved 32 missiles plus separate warhead evaluations.

Also upcoming for Milan 2 is an air drop and transport test using 20 missiles at Yuma Proving Ground, Ariz. and an operational evaluation involving 115 missiles at Fort Benning, Ga. where soldiers will use the system in a field environment. The Bill system will be subjected to these same tests, beginning in February.

The Army plans to announce in August 1988 whether the tests indicate either weapon suitable as an "interim supplement" to the shorter-range but much lighter Dragon missile.

The program to test the Milan 2 and Bill carries a \$17 million price tag.

Three organizations to be restructured

The restructuring of three Missile Command organizations will help Redstone comply with the Army Materiel Command's plan for standardizing installations.

The standardization program, which affects the entire Army, has been ongoing since the mid-'80s, according to Dick Stoner, chief of Force Development in the Personnel Training and Force Development Directorate.

Organizations at Redstone affected by the latest realignment are PT&FD, Comptroller and the Civilian Personnel Office.

Comptroller will be renamed Directorate for Resource Management, and will pick up the Force Development function of PT&FD. PT&FD will be renamed the Directorate for Personnel and Training. The Civilian Personnel Office will be transferred to this new directorate as the Civilian Personnel Division,

according to Stoner. The reorganization becomes effective Sept. 30.

The reorganization is not expected to change current operating procedures, with the only physical change being that a few people will be reporting to new bosses, Stoner said.

Redstone's reorganization followed as closely as possible the new Army regulation which directs how an installation should be organized.

"With respect to MICOM, we run a city called Redstone and a command called MICOM. Because both are on the same installation, we have a hybrid. AMC did a smart thing with its supplement. We can implement or we can deviate within the standard installation organization structure," Stoner said.

Reorganization already has been implemented in several mission-related areas, including Procurement, Materiel Management and Product Assurance.

Airplane makes forced landing

A single-engine Cessna, enroute to Huntsville from North Carolina, was forced to make an emergency landing Saturday at the Redstone Arsenal Airfield.

The plane left Henderson, N.C., at 7:20 that morning and started losing power just northeast of Huntsville, according to SFC Steven Shaver, military police operations sergeant.

The pilot, Jan McDougald, 34, of Horse Shoe, N.C., informed Huntsville Jetport of her problem and was advised that Redstone airfield was fairly close. She

said she made basically a "normal power-off landing" on Redstone, runway 17, and taxied to the base flying club, Shaver reported.

"It's (the plane is) still at the airfield, it's going to have to be repaired out there," Shaver said Monday morning.

McDougald, reportedly the only occupant of the 1983 Skyhawk II, was uninjured in the emergency landing that occurred about 9:40 a.m. Saturday.

New gate hours

The following are the new hours for all perimeter gates on Redstone Arsenal:

- **Gate 1 Martin Road (East)**

4:30 a.m.- 9:30 p.m. seven days a week.

6 a.m.- 8 a.m. one way traffic only, westbound, Monday through Friday, except holidays.

3:15 p.m.- 5 p.m. one way traffic only, eastbound, Monday through Friday, except holidays.

- **Gate 2 Buxton Road (East)**

6 a.m.- 8:30 a.m. Monday through Friday.

3 p.m.- 5:30 p.m. Monday through Friday.

Closed on weekends and holidays.

- **Gate 3 Redstone Road (East)**

Open 24 hours daily, seven days per week.

- **Gate 5 Hansen Road (East)**

6 a.m.- 8:30 a.m. Monday through Friday.

3 p.m.- 5:30 p.m. Monday through Friday.

Closed on weekends and holidays.

- **Gate 7 Martin Road (West)**

6 a.m.- 6 p.m. Monday through Friday.

Closed on weekends and holidays.

- **Gate 8 Goss Road (Northeast)**

Open 24 hours daily, seven days a week.

- **Gate 9 Rideout Road (North)**

Open 24 hours daily, seven days a week.

- **Gate 10 Patton Road (North)**

4:30 a.m.- 9:30 p.m. seven days a week.

Nothing definite yet in union vote

Results of a union vote among employees of Holmes and Narver/MorrisonKnudsen are inconclusive following balloting which took place July 15. H&N/MK is the primary contractor for support services here.

The election concerning union affiliation with the International Brotherhood of Electrical Workers and the United Association of Plumbers and Steamfitters resulted in a count of 191 pro-union votes and 189 votes against union affiliation, according to Talmage Reynolds, command industrial labor relations officer.

There were 13 votes contested by the union, which were not included in the totals, according to Reynolds.

The management and workers will next meet with representatives of the National Labor Relations Board in an attempt to solve the contested issue.

"If they don't resolve it that way, they will go before an administrative law judge," Reynolds said.

It could be weeks before the final outcome of the vote is resolved, he said.

In another vote, workers declined affiliation with the International Union of Operating Engineers. The vote was 4 in favor of the union and 14 against it.

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NDE, on the ground or in flight, is a necessity for manned and unmanned applications. This two day conference will provide a forum for presentation and discussion of key issues which will impact developments for the next generation of aerospace systems, thus establishing a baseline for successful implementation of NDE in future systems.

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Sick leaves serves as insurance in times of illness

BY CINDY WATSON

How do we provide for our families if we get sick and miss work? What if our children need us?

These are common concerns for people in the working community. So, what options are provided to us in times of need?

For government workers, an allowance of four hours per pay period or 13 days annually is the answer.

Sick leave is granted to all employees when they are unable to perform assigned duties because of illness, injury or absence for maternity reasons, or when receiving medical, dental, or optical examinations or treatment. This also includes instances when care or attendance is needed for someone in your immediate

family who is afflicted with a contagious disease, or if you would jeopardize the health of others by your presence at work because of exposure to a contagious disease.

What if you have used all of your sick leave?

Advanced sick leave, up to a maximum of 240 hours, may be granted in deserving cases. Examples include maternity reasons or illness and disability that exceeds five consecutive work days, according to MICOM regulations.

Such leave can only be granted if the employee has exhausted all compensatory time and available sick leave. There must also be a reasonable assurance that the employee will return to duty and subsequently accrue enough sick leave to repay advanced leave.

Normally, absences of up to three work days can be

substantiated by the employee's personal certification. Absences in excess of three days must be supported by a medical certification.

Upon an employee's request and if approved by the supervisor, sick leave may be charged to annual leave before the employee must use his or her sick leave.

Employees retiring for reasons of disability will be entitled to exhaust accrued sick leave prior to separation.

Supervisors are responsible for ensuring that all employees are familiar with requirements for requesting and justifying sick leave. Supervisors should also review sick leave records periodically, take steps to determine the cause for excessive amounts or frequent periods of sick leave, and counsel employees on benefits of using sick leave judiciously.

Troop softball

Here are the troop softball standings as of July 17:
Eastern Conference

	W	L
B Company 73rd-1	17	5
C Company 73rd	16	5
A Company 73rd-1	12	7
Meddac	9	11
B Company 73rd (CAD)	5	9
C Company 832nd	6	12
HHC-2	5	14
Marines-2	3	15
B Company 832nd-1	1	18

Western Conference

	W	L
HHC-1	23	0
HHD 832nd	13	3
95th Service	13	9
515th Ordnance	11	8
Marines-1	10	4
A Company 73rd-2	10	5
291st MPs	6	8
D Company 832nd	6	9
B Company 832nd-2	5	12
B Company 73rd (EOD)	3	15

Materiel command celebrates 25th birthday

The Army Materiel Command, headquartered in Alexandria, Va., will celebrate its 25th anniversary Aug. 1.

Established May 8, 1962, and activated Aug. 1, in a sweeping reorganization of the Army, AMC became the first peacetime major field command of the Department of the Army responsible for developing and supplying materiel and logistics for the Army.

AMC combined the logistics functions of seven Army technical services in the assumption of weapons and equipment research and development, acquisition and supply functions. These were quartermaster, ordnance, engineers, surgeon general, signal, chemical and transportation services. Some of those dated to the Revolutionary War and the early days of the Republic. Gen. Frank S. Besson Jr. was the first commander. His command consisted of more than 21,000 military and 169,000 civilians whose mission was to improve the degree of excellence in research, to main-

tain the quality of thought and creativity, and to apply these in the areas where needed.

Today's Army Materiel Command is one of the largest and most complex commands in the Army. AMC spends almost half of the total U.S. Army budget and employs more than 9,000 military and 113,000 civilians worldwide whose mission is to support the soldier in the field by managing weapon systems and equipment from the initial concept, development, and fielding through its life cycle to final disposal.

In performing this basic mission—meeting the materiel needs of the U.S. Army—AMC has made significant contributions to the nation's welfare including innovations in food, communications, clothing, building materials, and above all, the defense needs of the United States and other free peoples in other nations throughout the world. (AMC-Wire)



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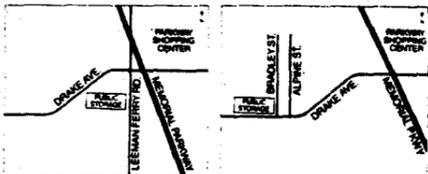
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Shoplifting: 'if you're caught, you'll be punished'

BY TAB SHIOTA

Six of one; half dozen of the other.

Two adages meaning the same thing. Here are some more: "ripping off," "pinching," "filching," "hooking," "snitching," "borrowing"—shoplifting...stealing.

During the third quarter of fiscal 1987 (April through June), the Redstone Arsenal Main Exchange caught 20 people shoplifting.

Nationally, shoplifting has reached epidemic proportions. Estimates are that \$5 billion in merchandise is stolen annually, that one out of every 10 persons is a shoplifter, and that losses are 2 to 3 percent of total store sales.

Locally, losses due to shoplifting are estimated to cost the exchange 2 to 3 percent of profits, according to Robert L. Davis, exchange manager. He points out that this loss makes it harder for the exchange to offer special promotions and decreases the amount given to the Army for the Morale Welfare Fund.

Everyday people

While there is no typical shoplifter, about 40 percent of shoplifters are juveniles. The rest of the people caught shoplifting come from all social and economic backgrounds in America today. It's not just drug addicts and kleptomaniacs shoplifting... it's people in the mainstream of everyday life...a neighbor, a fellow worker, maybe even someone in the family.

Shoplifters caught here have covered the whole spectrum of military rank, both active and retired. While juvenile family members make up the majority of those apprehended, parents and even grandparents have been caught shoplifting.

Why do they do it? A small number shoplift because of economic need, but they are by far the minority. Most shoplifters could easily afford the things that they stole. They shoplift "for the kicks," "to beat the system," "to see if they could get away with it," "because prices are too high," or "because the store won't miss it."

What escapes these people is the fact that if caught—and chances are getting better that they will be—a criminal record will follow them the rest of their lives. Whether it's for taking items worth several dollars or just a few cents, an entry will be made at the Crimes Record Center in Baltimore. This computerized center allows the FBI, military and local police authorities access to records maintained there.

"Crimes committed on Redstone Arsenal," said Lt. Col. Patrick Hargus, staff judge advocate, "fall into four basic groups, depending on the category of the offender and the value of goods stolen.

"Generally, family members and retirees are charged with 'theft of property in the third degree.' Depending on monetary value of the merchandise involved, the case will be tried as either a misdemeanor or a felony," Hargus said. "Misdemeanors are tried locally in U.S. Magistrate Court, whereas felonies are tried in U.S. Federal District Court in Birmingham.

"For those who fall under the jurisdiction of the UCMJ (Uniform Code of Military Justice), the offense is charged under Article 121 as 'larceny of property of the United States.' Commanders have a wide range of administrative, non-judicial punishments available to them for punishing shoplifters," he continued. "The value of the goods taken determines the maximum allowable punishment and is considered in determining what actions to take."

Could a record affect the shoplifter, even if no jail term or fine is imposed? Since shoplifting is a crime and is an indicator of poor character and judgment, many professions and career fields would not accept or keep people with a record of shoplifting. Not many colleges would look approvingly at a shoplifter, either. Even trying to get a needed loan could be more difficult.

Shoplifting on Redstone Arsenal is treated very seriously, Hargus said. In accordance with Army policy, offenders automatically have all PX privileges suspended for six months. Additionally, soldiers caught shoplifting may have their security clearance revoked, be barred from reenlistment and may be eliminated from the service. In appropriate cases, family members, retired personnel and other civilians may be barred from entering the installation.

"We will enforce Army policies concerning shoplifting," said Lt. Col. William Katholi, deputy commander of the Redstone Arsenal Support Activity. "We have a very proactive program here, stressing

prevention and education, especially among the youth. The installation also offers counseling through a variety of places—the Community Counseling Center, the

Chaplains, and the Community Mental Health Office. But the bottom line is: if you're caught, you'll be punished."



it's a crime to shoplift

The story of a post exchange detective

(Editor's Note: This article was written by Tab Shiota as if it were the personal views of a PX detective.)

I am an employee of the post exchange. My job is not one that everyone would like to have personal involvement with. I am the exchange detective.

My position is relatively new. I am qualified and have been well-trained at what I do. Best of all, I love my job.

But it really makes me disappointed when I have to detain a shoplifter. It's really a shame, because if they'd only realize it, they're really stealing from themselves, and it's my job not to let them do it.

Even though I don't know who the shoplifters are (until I catch them), they also have the disadvantage of not knowing who I am, or whether I'm male or female, black or white, a shelf-stocker or a shopper. I'm good at blending in and may even disguise myself.

But I'm not the only one who's keeping an eye out for shoplifters. Other exchange workers and concerned patrons are also helping me catch shoplifters. This way my two eyes and ears are multiplied many times over and it makes my job that much more effective.

If I can't get firm evidence on a shoplifter to make a good collar on a certain day, don't worry. I have a good memory for faces and will remember them.

Sooner or later, the shoplifter will try again and I'll get them.

Once I catch a shoplifter, charges will be pressed. I'll admit that I don't like doing paperwork, but I'll do all the paperwork necessary to process a shoplifter.

The way I look at it, once the shoplifter gets past the I.D. checker, they've had all the opportunities to pay and they're stealing the item. My job is to protect the interests of all the people the exchange serves, and by shoplifting at the exchange, they are stealing directly from the military community, and that's not right.

Oh, by the way, don't think that I'll just be at the main exchange. I could be at the Troop PX, theater, shoppette and the gas station. I have no set routine; there's no way to predict my movements.

I can think like a shoplifter and this helps me identify and take note of shoplifters while they are plying their "talent." I see the nervousness...the fidgeting...the hanging around for no apparent reason. These signs and others alert my gut feelings and sooner or later the shoplifter will make that one mistake, then I've got them.

I'm not watching everyone who comes into the exchange, because that's not my job. My job is to catch shoplifters, and that I will do.

SDC official describes experience as astronaut

BY RUTH MECHAM

The former Army astronaut stood in front of a group of MICOM workers and admitted that he's "a kid at heart."

Brig. Gen. Robert L. Stewart, deputy commander of the Strategic Defense Command, served more than eight years as an astronaut in the U.S. space program.

"There is so much drama in the training to be an astronaut that getting into the rocket is anti-climatic," Stewart said in a July 15 speech at Missile Command headquarters.

He described the rocket as something that looks "evil" on launch day. "On launch day, your visual impressions of the rocket are that it has personality. It's a giant about to wake up. There are few people and a gentle breeze brushes your face, and you hear hissing and notice what sounds like popcorn popping (actually it is the hydrogen and oxygen mixing in the burn pond about 300 feet below)."

Stewart told about the beautiful early morning, with the sunrise "creeping above the horizon." Then, he described how his thoughts came back to earth: it was time to put on the helmet and lock the harness. Once

inside the rocket, there was about a two hour wait for checking and re-checking systems. "We don't hear the countdown like you do, we monitor our controls. As we get closer to launch your pulse races to 85, earth shattering thoughts run through your head like 'I wish I had made one more stop after drinking that other glass of orange juice.'"

The rocket then started to sway and shake. "I wasn't prepared for the shaking and you realize you are a passenger and you're in the hands of a higher power," said Stewart.

"There is a lot of things we can do in space that we can't do on earth: medical research, and we can make materials in space that won't mix on earth," he said.

"We do have our moments in space, it's not all work and no play. Space is probably the only place your mom would allow you to play with your food. M&M's are fun to play tennis with and breakfast takes on a new meaning. Eggs will not behave in space so you have to plan how you're going to eat them. If you use your fork for one bite of egg, six will come and when you get good at controlling your eggs you can

direct them right to you. It is definitely not a gourmet experience. We do drink Tang," Stewart said.

On a serious note, the former astronaut said the space program is necessary. "I believe we need to be able to fight smart and we need to take advantage of our assets in order to fight smart. I feel space and the space program are our assets," he said.

Stewart was a mission specialist on two space shuttle flights. He participated in two extravehicular activities involving use of the manned maneuvering unit. He spent a total of 289 hours in space. He has military and civilian experience in 38 types of airplanes and helicopters and has logged about 6,000 hours total flight time.

"We are all in the business of defending the United States and we need to work together on our common mission, that of defending the United States," Stewart said.

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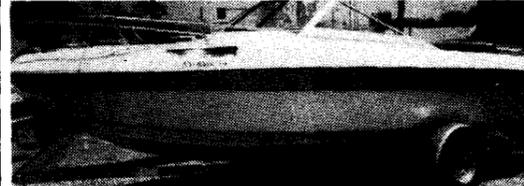
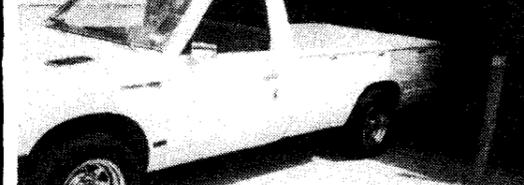
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Summer workers learn ways to cope with stress

BY RUTH MECHAM

More than 200 summer employees participated in a stress and time management seminar July 16 at MICOM headquarters.

Speakers from the civilian personnel office provided methods for coping with stress and better managing time.

"We all experience stress, in work, at home, in school, in living, the trick is to master your stress and be in control of stress instead of stress being in control of you," said Dr. Homer McCall, summer employment counselor for civilian personnel.

Lori Reynolds, chief of research and development branch, and Jacqueline Bennett, chief management employee relations branch, discussed with the attendees their personal ways of dealing with stress and time management.

"The seminar is a valuable tool to teach new employees in the work force how to deal with situations that arise in a work environment," said Brenda Lovejoy, coordinator for summer employment program.

McCall described three basic stress control techniques:

- Learn to set priorities. "We all need to set priorities daily. First thing in the morning think about what you need to accomplish that day and write it down. Use your list as a guide to accomplish goals for the day," McCall suggested.

- Learn to say no. "Too much yes can lead to stress. Some people are nervous about saying no because they feel people won't like them so they accept more than they should and become stressed. We need to remember not to over extend ourselves, learn to say no," he said.

- Relax. "Take time to relax. Exercise, believe it or not is a wonderful way to relax. Hobbies are a form of relaxation. By concentrating on a hobby or exercise, our minds rest from the things that cause us stress," McCall said.

He went over a few exercises which can help a person relax. Proper breathing was demonstrated by James Foster, chief of employee development branch, training career management division.

Time management was defined as a process or system of techniques for using time effectively and productively to achieve goals or objectives. "Make the most of the time you have, organize your time to get

the most from it," McCall said. "Ways to help with managing your time are to understand fully what is expected of you. Make a commitment to quality and focus on the outcome. Use past experiences and reflect on those experiences to help manage your time. Apply as much energy to listening as you do to thinking and speaking."

Role playing was part of the seminar with students acting as if they were workers who felt stressed or had trouble with time management. "I think therefore I am—the way you think, the way you respond," McCall said, adding that "only you can control your stress."

By taking advantage of the seminar, according to McCall, employees will be more aware of their time and how to use it effectively. "Time is one of your most valuable resources; treat it that way. Time is also life. Live it," he said.

In closing the seminar, McCall asked everyone to "make a PACT: have Patience, maintain your Attitude, make a Commitment, and when it works for you Tell someone else."

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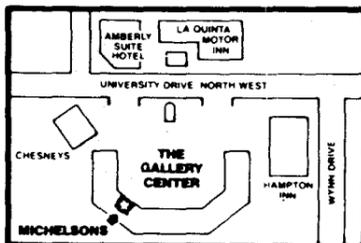
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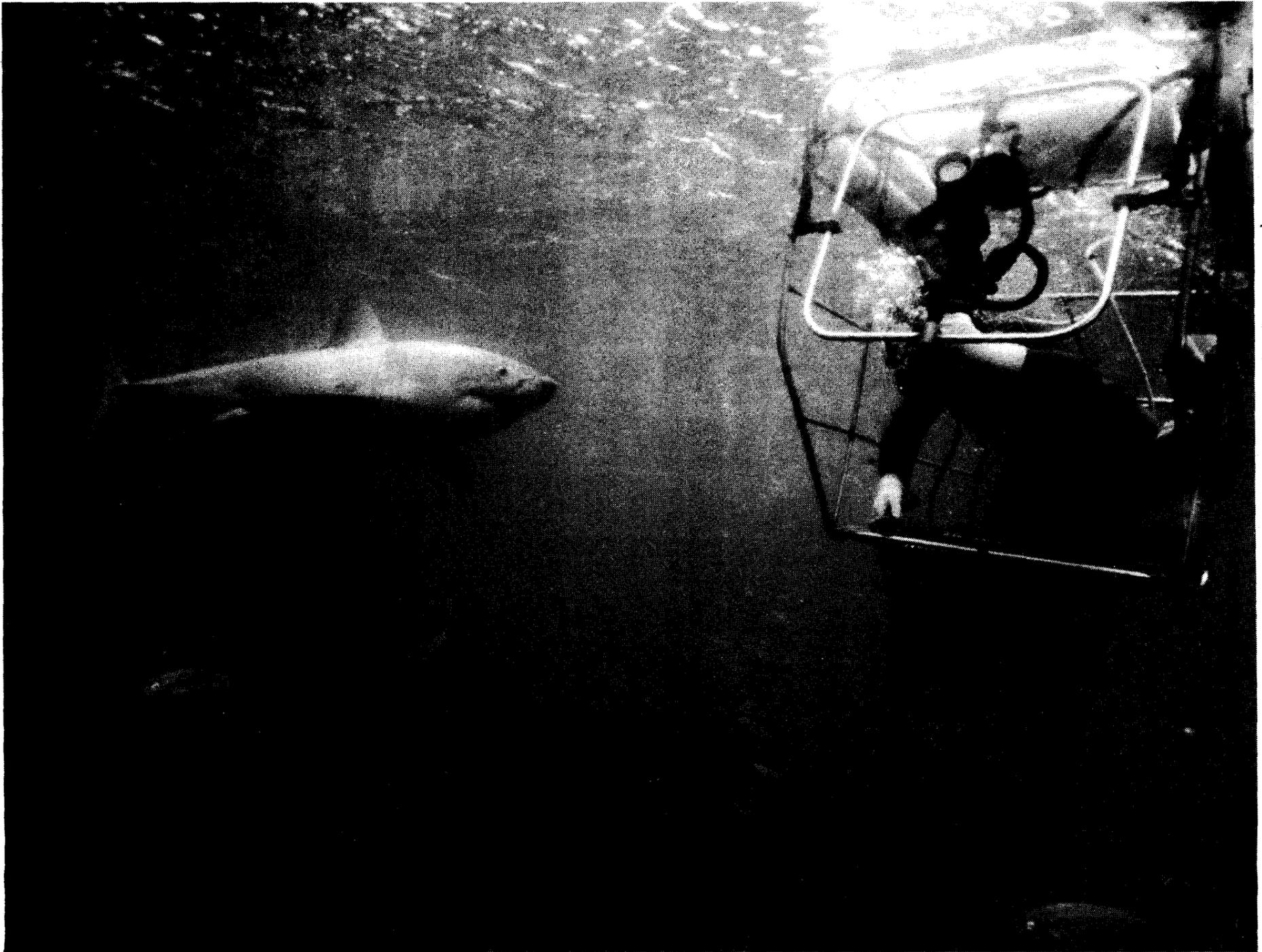
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A 15-foot great white shark nears an abalone diver's mobile cage that was developed specifically for work in the south Australia seas. The great white, the world's largest flesh-eating fish and one of the most dangerous predators, is relatively plentiful there, apparently because of the number of sea lions. No other group of men has had so much direct experience with "white death" as have the fishermen.

White death lurks under oceans

Huddled underwater in a steel-mesh cage off South Australia's Dangerous Reef, Richard Ellis breathed his air supply faster than usual as he awaited a face-to-face confrontation with a great white shark.

He didn't wait long before the shark appeared. At first it was a vague shadow in the green distance. But soon the phantom solidified into a gray, cone-nosed mass of muscle, heading straight for the cage.

Steadily, majestically, irresistibly, the shark approached. Without pausing, it opened its mouth and crunched into one of the cage's steel flotation tanks. Ellis's scientific objectivity vanished.

Famous jaws

"I was only a couple of feet from the most famous jaws in the world, and they were chewing solidly on the cage in which I cowered, my scuba tank clanking noisily against the mesh as I tried to get as far away as I could from this remorseless man-eater," Ellis recalls.

But his initial shock and terror soon became an unexpected calm, as if he were part of the shark's element and not a clumsy intruder. His breath slowed to near its normal rhythm, and he became awed instead of frightened:

"I saw the shark for what it was — a powerful state-of-the-art predator, as modern as the latest jet fighter, but with an ancestry that can be traced back 300 million years."

The great white shark, the world's largest flesh-eating fish and one of the most dangerous predators, isn't common anywhere. But it seems relatively plentiful in South Australian waters.

Sea lions are the apparent reason. Ellis joined them beneath the sea, where he watched "The pinniped

ballet — big black eyes and whiskery faces and flickering supple beige figures against a glittering backdrop of green water and filtered sunlight."

Although sea lions may be a choice item on the shark's menu, they sometimes escape its attacks. Many of the surviving victims bear scars to prove it.

So do some of the 1.3 million inhabitants of the state of South Australia, most of whom live along its coastline. Most of the people Ellis met work on or under the water, some in fearsome proximity to great white sharks.

One such man of the sea is Rodney Fox, who guided Ellis to the place where he dived. Fox knows firsthand about shark attacks and miraculous escapes.

462 stitches later

A great white nearly bit him in half in 1963 while he was participating in a spear-fishing tournament near his hometown of Adelaide. His wet suit held him together while he was rushed to a hospital, where it took 462 stitches to sew him up.

Three months later he was back in the water, and today he's considered one of the world's leading authorities on the behavior of the great white shark.

Fox is living proof that great whites don't always eat their human victims. But there are exceptions. A young woman was bitten in half and devoured off a South Australian public beach in 1985, providing "recent, tragic evidence that this shark does not play by the rules — even its own," Ellis writes.

Why does the great white attack? Sharks are sensitive to smell, sound, movement, electrical impulses, and the earth's magnetic field, and they can see better than was once thought. The shark that killed the

young woman might have swum near the beach to investigate the commotion caused by her shallow-water diving.

In his travels around Australia's southern waters, Ellis talked to many fishermen. Ordinary fishermen go down to the sea in boats, but in South Australia he encountered some who go in cages — as protection against great white sharks.

They are the men who dive for abalone, shellfish that cling to underwater rocks and reefs. Today's "ab" fishermen employ sophisticated diving techniques that enable them to stay underwater for hours. Since 1975 they have used one-man, motorized shark cages.

No other group has had so much direct experience with the great white. Some of the fishermen tell harrowing tales of brushes with death.

Bloody Lucky

Neil Williams, for example, told Ellis about a shark that approached him head-on while he was diving in 1983. "The only thing I could think of," he said, "was to shove the bag of abs right into his mouth. It was bloody lucky the bag was half full. What if I had just begun to fill it?"

Evidently lacking a taste for the rock-hard abalone shells, the shark turned and swam away, but not before severely slashing William's fingers. Luckily for Williams the big fish didn't return.

Australians call the shark "white death." Rodney Fox, responding to a question from Ellis about why they weren't heading directly for Dangerous Reef, replied: "Once you see the sharks, you'll never want to go in the water again." (National Geographic News Service)

Telephone center available at troop PX

Three soldiers won a free call anywhere in the United States thanks to a new telephone center at the troop PX.

Stephon Sterns, Mike Kennedy and Rufus Guillory all get to call home, that someone special, an Army buddy on another installation, or anyone else they choose— using the post exchange long-distance phone center in building 3479.

The center opened on June 10. Drawings, for free long-distance time, will be held periodically in an effort to let the soldiers know the new center is available. "There are a lot of installations that now have the service," said Anil Patel, manager of the telephone center.

Comfort and service are said to be goals of the center. It serves as a convenient alternative to a line of pay phone booths located behind the troop PX. The building, which is cool in the summer and warm in the winter, offers private booths where soldiers can make their calls in comfort.

"We offer a very nice service and give a 10 per cent discount over AT&T operator assisted rates," Patel said.

A soldier can place as many calls as he or she wishes and then pay when finished. "The soldier doesn't have to look for change to place a call, they don't have to stand up, they can relax in comfort and enjoy privacy as well," Patel said.

After completing calls, soldiers get a bill immediately and can pay by credit card, cash, check, or travelers checks.

The center is open seven days a week. Hours of operation are: Monday through Friday 10 a.m. til 10 p.m.; Saturday and Sunday from 9 a.m. til 10 p.m.



DRAWING — Ann Mims, exchange services manager, helps Sp4 Rodney Jones with drawing for free long distance calls from the new telephone center.

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Eating disorder tends to affect older, successful people

BY EVELYN D. HARRIS
American Forces Press Service

What if you could eat all you want and not get fat? Some people think they've found the secret for how to do just that, but soon discover that "eating and purging" can become an addiction and a trap.

Bulimia — the name for this — is more common than many people think, because its victims are good at hiding the problem. For military people, hiding it is a necessity, since service members who cannot be cured of the disorder can be medically discharged.

The number of military dependents with some degree of bulimia is probably similar to that of the general population, which is estimated to be eight percent of American 13- to 18-year-olds and as high as 20 percent of college students.

Bulimia is the more common of two eating disorders. Anorexia nervosa, which effects up to three percent of Americans, is an obsession with thinness. About 15 percent of anorexics starve to death. Its primary victims are adolescent girls.

Bulimics tend to be older and are often successful in their careers. They are primarily female, but there are some males. Male bulimics tend to prefer fasting and extreme exercise to other methods of purging themselves. Many anorexics periodically binge and purge, but there are many bulimics who are not anorexic.

Bulimics tend to be high achievers with obsessive personality traits and are perfectionists in performance

and appearance. They often come from families with other compulsions, such as alcohol or drug addiction and obesity.

It's easy to deny that there is a problem, especially in the early stages.

A case history illustrates this point. At age 15, Ellen started taking diet pills to lose her "baby fat." Since the pills made her nervous and unable to sleep, she began to go on food binges and purged herself with laxatives and diuretics — pills that cause the body to lose fluids. She also ran six miles a day and ate only grapefruit. But she didn't think she was sick. She just thought she had "peculiar eating habits."

She binged and purged for six years, once gaining 40 pounds on a binge. She was always able to lose the weight, but the pattern was ruining her life. She felt as if she couldn't go to lunch or dinner and feared evening social contacts because they might start a binge.

"At the height of my illness, I thought about food 23 hours a day. It kept me from facing any problems. I was wonderful at hiding it." Ellen got help for her problem after seeing a television special on the subject. She attended a workshop given by the two doctors featured in the special.

Many bulimics maintain normal weight. The visible symptoms of the disease are puffiness around the eyes, ankles and feet; broken blood vessels on the cheeks; dry skin, rashes and pimples; swollen salivary glands; and bad teeth. Actress Jane Fonda, who was bulimic from the age of 12 until she conquered the disease at 35, noted that the older she got, the more it showed.

The constant bingeing and purging upsets the body's chemical balance, and can upset heart rhythms. Other possible effects include weakness, stomach and kidney disorders, irreversible tooth damage and depression. Sometimes bulimia and its side effects can lead to death.

One dangerous practice of some bulimics and anorexics is taking syrup of ipecac to induce vomiting. Syrup of ipecac is meant to be given only when a non-caustic poison is accidentally ingested. Abuse of ipecac is dangerous and is believed to have played a role in singer Karen Carpenter's untimely death.

Treatment varies according to the individual and the severity of the disease. If caught very early, attending groups such as Overeaters Anonymous may be enough. Otherwise, psychotherapy or even hospitalization may be necessary.

CHAMPUS spokesman Huston Worthey said that coverage for eating disorders in military dependents is the same as for other psychiatric disorders. "CHAMPUS will cover whatever care is medically necessary and appropriate provided there is a valid psychiatric diagnosis," said Worthey. He said coverage would include hospitalization if necessary, but that outpatient therapy was usually sufficient.

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Researchers trace youth suicidal tendencies

EVELYN D. HARRIS

American Forces Information Service

It may seem surprising, but there are more suicides in spring than in the gloomy winter months. Perhaps that's why June is Youth Suicide Prevention Month.

Suicide is the second cause of death among college students, and the third for youths between age 14 and 25. Accidents, many of which experts believe are disguised suicides, are the leading cause.

Every day, 1,000 Americans attempt suicide. Every year, more than 6,500 young Americans succeed.

Unfortunately, young people are impressionable, and the suicide of one teenager can lead a second troubled teen to copy the desperate act.

But suicides can be prevented. According to information provided by the Military Family Resource Center, nearly 80 percent of those who commit suicide give some warning of their intentions. Furthermore, most suicidal people are that way for only a brief period in their lives. If given the proper assistance and support at that time, they will probably never be suicidal again.

According to the experts, factors that increase the risk of suicide are:

- Depression, indicated by changes in appetite and/or sleep patterns, loss of interest in pleasurable activities, lethargy or agitation, feelings of guilt or worthlessness and withdrawal from family and friends

- Previous suicide attempts
- Loss of a friend through suicide
- Drug or alcohol abuse; and
- Alcoholics in the family.

Military suicide experts say that a suicide attempt is highly likely if someone with one or more of the risk factors for suicide shows any of the following warning signs:

- Talking about suicide
- Giving away possessions, making a will and "getting his life in order" — this could include attempts to

make restitution for past misdeeds

- Obsession with death, listening to a lot of sad music or reading sad poetry — the person may do art work or write letters on the subject of death

- Making specific plans to commit suicide and getting access to lethal means.

Not everyone shows such obvious signs, so the experts advise you to take all threats seriously and trust your suspicions.

They also suggest:

- If you believe someone is suicidal, try to get him to talk — then listen. Don't be afraid to confront the person. Start by asking if he is depressed, but lead up to asking if he's thinking of suicide

- Let her know you care about her — people who are thinking about suicide usually feel unloved. Let her know the situation is not as desperate as she might think, but avoid guilt-inducing comments such as, "You're so much better off than most."

- Until you feel sure the crisis period is over, avoid leaving a suicidal person alone.

- Get professional help. For military people, there are a number of sources. If the problem is immediate, the hospital emergency room is the best source. Also, suicide hotlines or 24-hour "help-lines" are available in many areas. Otherwise, such resources as the family service or family support center, mental health service, the alcohol and drug counseling center, the chaplain and social work services can provide help.



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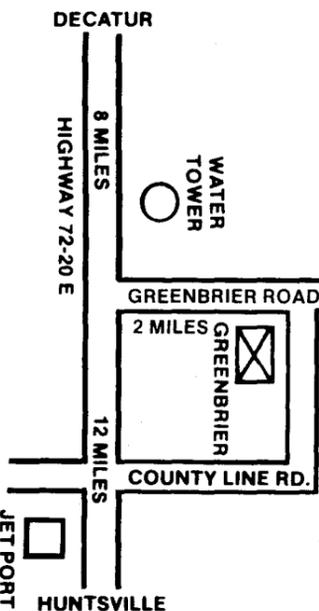
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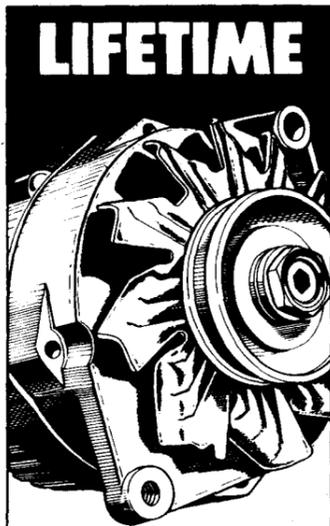
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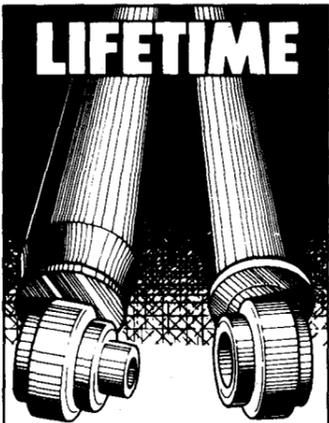
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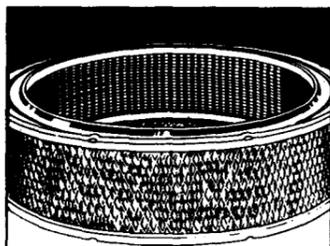
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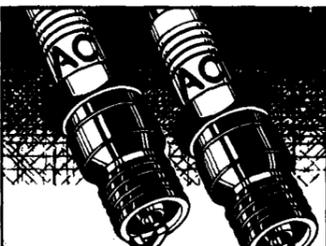
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 New listing, this one is a real beauty. 3 bedroom brick, 1-3/4 baths, family room, free standing stove, deck, beautiful lawn, 2 car garage, close to RSA, Research Park, and Madison. \$82,500.00. 539-0321 or 539-1055.
John Carson Realty
 539-0321

Announcements



Top graduates

The following servicemembers received Honor or Distinguished graduate awards at OMMCS, June 29-July 2: Pvt. William A. Arrowood, distinguished, Pvt. Robert A. McGee, honor, PFC Phillip W. Walton, honor, Sp4 Andy Sanchez, honor, Tow/Dragon Repairer; SSgt. John J. Saam, distinguished, Sgt. Alan K. Waddell, honor, Vulcan Repairer; CWO 2 Horace A. Smith, distinguished, CWO 2 Robert J. Chapman, honor, Technical Escort; Pvt. Kevin W. Haimovici, distinguished, Pvt. Jason A. Grimes, honor, Sp4 Perry H. Stokes, honor, Nuclear Weapons Specialist; Pvt. Thomas D. Reese, distinguished, Sp4 David B. Losch, honor, Vulcan Repairer; SSgt. Andreas Deppe, honor, SSgt. Riga Vongoesseln, honor, and PFC Glen K. Bothe, distinguished, Hawk Launcher & Mechanical System Repair.

OMMCS wives

The OMMCS Officers Wives Club will have a welcome brunch at 10:30 a.m. July 28 at the Officers Club. Cost is \$6. RSVP by July 25. Call Darlene Arnold 837-3827 or Peggy Knoll 881-3725.

Hispanic Heritage Week

The MICOM Equal Employment Opportunity office has begun planning activities for Hispanic Heritage Week, Sept. 11-20. Anyone interested in participating should call Barbara Alexander or SFC Jimmy Evans 876-9223/3918.



Family child care

The Family Child Care Orientation class for family members who wish to offer child care in their quarters, will be offered Aug. 12 from 8 a.m. to 4 p.m. For reservations call Ruth Taylor 876-2752.

Package store

Special occasion labels are now available on an inexpensive champagne at the Package Store, according to the Directorate of Community and Family Activities. General-type labels such as promotion congratulations, anniversary, birthday, and birth announcements will be stocked. Personalized labels can be special ordered. Five-case minimum order with five weeks lead time is necessary for personalized labels. Personalized labels will be available in conjunction with functions booked at clubs as well. Advance payment is required on these special orders.

Learning center

The Army Learning Center is offering a Business Systems Analyst Curriculum containing the following self-paced, computer-based courses: Introduction to Business Data Processing Concepts, Fundamentals of Systems Development, Data Base Management System Environment, and Business Systems Analysis and Design. To enroll in these courses, send a DD Form 1556 to building 7446, AMSMI-CP-TC/ALC, Attn: Army Learning Center. For more information call 876-1061/1416.

Bachelor auction

A Big Brothers/Big Sisters Bachelor Auction will be held at 6:30 p.m. Tuesday, July 28 at the Von Braun Civic Center. More than 20 bachelors between the ages of 25 and 60 will offer their own special date packages to be put on the auction block. Proceeds will benefit Big Brothers/Big Sisters of North Alabama, a United Way agency that pairs children from single parent families with carefully screened adult volunteers. For reservations to attend the Bachelor Auction, call Big Brothers/Big Sisters office 533-5077. Tickets are \$15 and are also available at Parisian, Bressler's 33 Flavors Ice Cream and from the Big Brothers/Big Sisters board members; tickets will also be available at the door on the evening of the auction.

Women's support group

A women's support group focusing on issues relating to domestic violence meets Mondays at 7 p.m. at the Girl's Club at 1216 Meridian Street.

Rental vehicles

Travelers whose travel orders authorize the rental of a commercial vehicle should go through the Transportation Branch (SATO) for reservations, according to Finance & Accounting officials. SATO will then make rental car reservations at the same time as they make airline reservations. The Transportation Request (TR) will reflect the name of the rental car agency, confirmation number and the rate that is confirmed for the vehicle. Upon settlement of the travel claim the Finance & Accounting Office will compare the rates shown on the TR with the rental car receipts turned in with the travel claim. The amount paid will be the amount shown on the TR or the amount claimed on the travel claim, whichever is less. Travelers who are charged a higher rate than that shown on the TR can be reimbursed at the higher rate if a full explanation of the circumstances is noted on the travel claim. In situations where the charge was higher than stated on the TR and there was no change of car model or rental car agency from that shown on the TR, no additional statement is required and full reimbursement will be made.



Hospital clinic

Here are the appointment scheduling times for the Medical Surgical Clinic located at Fox Army Community Hospital: 8 a.m. until noon, and 1-3:30 p.m.

Immunization clinic

The Immunization Clinic at Fox Army Community Hospital is closed Thursday afternoons due to the increasing demand for skin testing and allergy testing. Thursday afternoon closures are the only change in hours. Hospital officials request that people keep this in mind when coming to the hospital for allergy/immunization shots

"YES, THERE IS LIFE AFTER BREAST CANCER. AND THAT'S THE WHOLE POINT."

-Ann Jillian



A lot of women are so afraid of breast cancer they don't want to hear about it.

And that's what frightens me.

Because those women won't practice breast self-examination regularly.

Those women, particularly those over 35, won't ask their doctor about a mammogram.

Yet that's what's required for breast cancer to be detected early. When the cure rate is 90%. And when there's a

good chance it won't involve the loss of a breast.

But no matter what it involves, take it from someone who's been through it all.

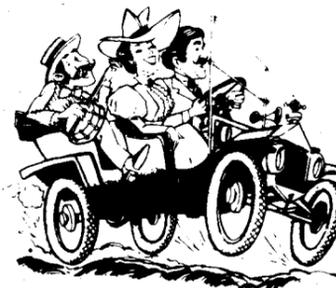
Life is just too wonderful to give up on. And, as I found out, you don't have to give up on any of it. Not work, not play, not even romance.

Oh, there is one thing, though.

You do have to give up being afraid to take care of yourself.

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Carpool Hotline



Call 876-1500 to place your free carpool ad.

Cullman

Ride wanted from Cullman to Strategic Defense Command, hours 7-3:30. Denny 895-4451.

Decatur

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Classifieds

Federal law makes it illegal to advertise any preference, limitation or discrimination in housing based on race, color, religion, or national origin. The REDSTONE ROCKET will not knowingly accept advertising that is in violation of the law, and readers and advertisers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

According to the Inspector General, the use of office phone numbers in classified advertising is contrary to regulation. Please submit home numbers only.

FOR SALE: CFA Registered Himalayan Persian kittens. Tortie Point and Blue Point. First shots and dewormed. Females. \$150 each. Call 582-0302 (Guntersville) after 5:30 p.m. or anytime on weekends or 539-4136 Days.

FOR RENT: Condo in Destin, Fla. (Gulf Terrace). Six hour drive, sleeps six. Fully equipped. Linens, cable TV, microwave, dishwasher. Three swimming pools and tennis courts. Short walk to beach. \$60 a night, \$360 a week through Labor Day; then \$50 a night, \$300 a week. Call 881-9134.

FOR SALE: 1979 Chrysler LeBaron station wagon, excellent condition, \$2,800. Call Maj. Willis 772-8317.

MOVING SALE: Furniture, ceramics and miscellaneous. Call Maj. Willis 772-8317.

FOR SALE: 1986 Cavalier station wagon. Rally Sport, 16,000 original miles, automatic, cruise control, air, power windows and door locks, AM/FM radio and cassette player, luggage rack, sport wheels, sport steering wheel, rear window defroster, cover for space behind rear seat. \$7,300. Call Stevens 536-2800.

FOR SALE: 1973 Volvo station wagon. Great condition, must sell. \$1,800 or best offer. Call 721-1931 after 5 p.m.

FOR SALE: 1978 Chevrolet Impala 305. 27,000 actual miles, maroon with brown interior. Best offer over \$3,500. Call 883-0998.

FOR SALE: 1985 Honda Accord hatchback, five-speed. Air condition, 19,000 miles, tinted windows, AM/FM digital cassette. Excellent condition. Redstone will loan \$8,350. Sell for \$7,250. Call Frank Mountford 895-9569.

FOR SALE: 1981 Mercedes Benz 380 SE, new tires, factory air, low mileage. \$19,800. Call 881-6230.

FOR SALE: 1983 Ridgewood 11 mobile home. 14 x 64, two bedrooms, two baths, air, very nice. \$500 equity, take up payments of \$189.44. Decatur 350-7638.

FOR SALE: International kitchen stove. Approximately five years old. Needs one female burner plug \$75. Montgomery Ward dishwasher. Approximately five years old, works fine \$75. Call 883-6773.

FOR SALE: Large capacity three cycle programmable microwave \$95. New 12 inch black and white TV \$45. Large square glass inlay coffee table \$80. Rectangular leather inlay coffee table \$50. Call 882-2832.

FOR SALE: 1965 Ford truck F-350, 1 ton, six cylinder, excellent condition, motor recently rebuilt. \$1350. Call 772-3936.

FOR SALE: 1986 Yamaha IT 200S Enduro bike, excellent condition, adult owner, \$1200. Call 582-3728 after 5:30 p.m.

FOR SALE: 1985 Mercury Lynx, maroon with gray interior, power steering and brakes, auto, air. Assume payments or best offer. Call 852-5972.

FOR RENT: Two bedrooms, 1 1/2 baths, utility room, condo at Sutton Place. \$400 per month which includes water, TV cable, pool, tennis, and basketball courts. Utilities average about \$50 per month. Call 881-6848.

FOR SALE: New Men's Murry bicycle 26", large seat, balloon tires, one speed, \$60. Call 883-8523.

FOR RENT: Horse stalls, boarding, breaking, full board \$170 per month. One mile North of the Alabama-Tennessee line on 231. Call Ron 205-852-2185 or Mike 615-433-4507.

FOR SALE: Early American hard rock maple furniture: coffee table with one drawer \$30, round accent pool table \$20, Ethan Allen dining table with two leaves and four Windsor chairs \$400. Computer table with shelves, walnut finish, IBM Personal computer, Zenith display monitor, Epson printer, executive desk chair (swivel with spring back, tan fabric and leather upholstery) all for \$1200. Krohler queen size sleeper sofa \$400. Table saw \$50. CB200 Honda motorcycle \$500. Electric weedwhacker \$10. Draperies, bedspreads, women's clothing sizes 10, 12, 14. Call 880-2071 after 4:30 p.m.

FOR SALE: 1971 Ford Club van, auto, V-8, air, 77,000 miles. \$850. Call 586-4037.

FOR SALE: 1978 Datsun 280Z, totally rebuilt, new paint, tires, shocks, carpet and more. Four speed, air, FM stereo cassette, never wrecked, must sacrifice \$6350. Call after 5 p.m. 721-0285.

FOR SALE: Willow Pointe Condo, one bedroom, washer, dryer, microwave oven, garbage disposal, refrigerator, partly furnished. \$37,900. Call 587-6151 or 830-5391 (Lyn).

FOR SALE: 1979 Mustang, three door, auto, power steering and brakes, air, highway miles, well maintained, \$1200. Call 772-3080.

FOR SALE: Old English Sheepdog puppies, six weeks, thoroughbred, hand raised. First shots. Ideal temperament for children. \$150, possibly negotiable. Call Arab 586-2533 Lois.

FOR SALE: White baby crib with innerspring mattress, excellent condition \$70. IBM electric typewriter \$65. Call 233-2407 after 6:30 p.m. (Athens, AL).

FOR SALE: Maternity clothes, S-M, two jumpers with blouses \$20 each, one dress \$20, five tops \$5 each, one short set \$10, two pants \$5 each or all for only \$95. All like new. Call 895-0416.

FOR SALE: 1966 Ford Mustang, six cylinder, blue, no rust, runs good, classic, must sell, \$1550. 29' travel trailer, sleeps six, full bedroom, full bath, kitchen and living room, air, furnished and clean. Must sell \$3650. Call 582-2597.

FOR SALE: 1978 Pontiac Grand Prix SJ, one owner, 301-V8, auto, air, power steering, cruise, bucket seats, cloth interior, bronze with beige vinyl top, good condition, \$1500. Wards 17 cu. ft. refrigerator \$275. Penney washer \$175. Sofa and matching chair \$130. Eureka vacuum cleaner \$40. Call 881-8744.

FOR SALE: Cobblestone one bedroom condo, must sell. \$44,900 or \$1500 and assume 9 1/4 percent loan. Call 882-9271.

FOR SALE: AKC Registered Yellow Labrador puppies, champion bloodlines, both sire and dam run Hunting test and Field Trails, sire is a qualified Junior Hunter. Five females and three males priced \$250 each. Eight weeks old with all shots. Call 205-837-3921 days or 875-5032 for further info and ask for Monty Montgomery.

FOR SALE: Plush couch with love seat, beige in color, love seat converts into a queen size bed. Furniture can be placed apart or fitted together as a sectional, only two years old. Looks brand new! Asking \$550 neg. very good deal. Call 852-8965 after 5 p.m. during the week or anytime on weekends.

FOR SALE: 1978 Honda CB550-4 motorcycle, windjammer, trunk, king-queen seat, 17,000 miles, like new, \$750. Call 837-9655.

FOR SALE: Boston Terrier puppies. AKC Registered, dewormed. Five weeks old. One male \$175. Four females \$150 each. Call 232-4896 (Athens, AL).

FARM FOR SALE: Two Bedroom, one bath, living room, eat in kitchen, one room upstairs could be used for bedroom, vinyl and carpet floors, gas or wood heat, 21 acres fenced, barn, house well on property, city water available. Two miles South of Ardmore, AL. Call 615-468-2652.

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The Redstone Rocket provides the Rocket Classified section as a free service to active duty military personnel and Army civil service personnel at Redstone Arsenal. To place a Redstone Rocket Classified ad:

- Type or legibly print a brief description of what you want to sell on an 8 1/2 by 11 piece of paper (no 3 by 5 cards or torn paper accepted). You must list a price, your home number, your home address and your duty status (active or civil service).
- Sign the ad.
- Deadline is Friday at noon, before the Wednesday publication. Ads will run for only one week. You may resubmit them.

The Redstone Rocket will not publish FREE ads concerning businesses.

Conditional statements as "like new," "excellent condition," "runs well," may not be printed if space prohibits.

If you submit more than one classified at a time place each one on a separate piece of paper.

Mail Rocket Classified to Sara Grant & Associates, Attn: Redstone Rocket Classified, P.O. Box 5351 Huntsville, Alabama 35805.

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The Redstone Rocket is not responsible for typographical errors or omissions in this section.

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