

# Redstone Rocket

VOL. 54 No. 5

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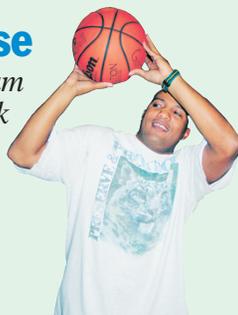
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# Garrison keeps Redstone running

Workers thanked  
for ongoing efforts

By SKIP VAUGHN

Rocket editor

skip.vaughn@redstone.army.mil

The Garrison's 2,000-member work force supports more than a quarter of a million people every day.

It's not an easy job; and Garrison commander Col. Bob Devlin wanted his workers to know how well they're doing.

"I want to say once again thanks for what you all do," he said during the Garrison town hall meeting Jan. 25 at Bob Jones Auditorium. Members of the Garrison serve a variety of functions – everything from enabling the well-being of Soldiers, civilians, contractors and family members to improving the post's infrastructure including roads, utilities, housing, offices and laboratories.

"The bottom line is we support the customers," Devlin told the estimated 300 attendees.

He outlined the Garrison's mission, ongoing construction projects and outlook for the future. He concluded by presenting awards for the successful Combined Federal Campaign and for length of service.

"I just started working for the Garrison so I found it really informative," budget



Photo by Skip Vaughn

**UPDATE—** Garrison commander Col. Bob Devlin addresses his workers during the town hall meeting.

analyst Maria Clark said of the meeting. She joined the Garrison a few weeks ago after working at the Missile and Space Intelligence Center.

"I thought it was very positive, complimentary to the work force," audiovisual production specialist Ed Benefield of the

Garrison's Directorate of Information Management said. "He told us how proud he was of us. I thought it was all positive."

"I think it was knowledgeable and you can use it," information technology specialist Thomas Brown of the DOIM said. "Looked like he knew what he was talking about."



Photo by Skip Vaughn

## Burning season

Members of the Natural Resources Branch of the Environmental Management Division are continuing the annual Prescribed Burning Program. This prescribed burn Jan. 25 is in the pine stands and open areas on the south end of the Arsenal near the intersection of Patton and Buxton roads. These burns are to reduce fire hazards and improve wildlife habitat, according to post forester Jesse Horton.

## Letters to the Editor

### Saving Desert Storm memories

I am a graduate student/writer in Kentucky and also an Army wife of 16 years. As preparation for my thesis, I am working on a Desert Storm Preservation Project, titled "Letters in the Sand; A Desert Storm Memorial." (My husband served in Desert Storm with the 101st Airborne Division.) I am collecting letters, journal/diary entries, photos and personal reflections of service members and support personnel who served in Desert Shield/Storm.

I am also collecting these same items from supporters on the home front during this war effort.

In light of the current situation in Iraq, and to honor the upcoming 15th anniversary of Desert Shield/Storm, I am putting together an edition which will leave out the military strategies, tactics and politics of this war and focus on providing readers with a glimpse into the everyday existences of those who served and those who supported our servicemembers during this time. A section of this project will contain a tribute to fallen servicemembers of Desert Storm. If you have a family member, friend or fallen comrade to whom you wish to pay tribute, please consider contributing to "Letters in the Sand."

It is my great hope to preserve the memories of Desert Shield/Storm and pass these reflections to our children and grandchildren so that the experiences of this time may never be forgotten. Please search your attics, shoeboxes and scrapbooks and share these memories today. The success of this project will greatly depend on the kindness and generosity of the larger military community. Would you please pass along your military memories to future generations to be preserved, read and treasured?

All correspondence regarding "Letters in the Sand" should be directed to the project e-mail address desertstormletters@yahoo.com, or postal mail address: "Letters in the Sand," P.O. Box 485, Mt. Sterling, KY 40353. If you are willing to contribute to this project, please remember to send copies of your items and keep the originals in a secure location such as a fireproof box or safety deposit box in order to preserve them.

Thank you to the newspapers for publishing my request. Also, thank you readers for your support and service to our country.

**Terrisa Karas**  
Mt. Sterling, Ky.

### Checking on robots in Iraq

Can these EOD robots be used in Iraq at check points with a car bomb detection system, plus have a warning red light to indicate danger for our Soldiers, using a flashing stop sign to notify the drivers to stop? This idea came from an article in *Redstone Rocket*, Jan. 19 on page 10.

**Charlie Bell**

*Editor's note: The Joint Project Office for Unmanned Ground Vehicles provided the following response. "Yes, this concept is technologically feasible. Recommend readdressing it to the EOD School here at Redstone. They can, if deemed appropriate, work with the requirement developers at TRADOC."*

## Getting to know you

By **SKIP VAUGHN**  
*Rocket editor*  
skip.vaughn@redstone.army.mil

**Name:** Homer Reynolds

**Job:** Budget analyst, AMCOM  
Resource Management Directorate

**Where do you call home?**  
Columbus, Ga.

**What do you like about your job?**

I like coming to work because every day is a challenge. It's a challenge working in Resource Management Directorate. There are many issues – some you can solve and others you can't. Therefore, I believe working in my current organization builds character.

**What do you like to do in your spare time?**

I like to read books. I like to teach kids about life in general and I use sports to do that (as a basketball coach for fifth through eighth graders). I try to teach them the importance of integrity, respect and the importance of an education – how to use it. I like to teach them also about money – how to use money, how to acquire money and how to spend it but make a profit all the way around.



**What are your goals?**

My goal in life is to: one, to make my wife the happiest person on Earth. Number two, I want to be able to see my (three) kids attend and finish Georgetown University or Notre Dame. Number three, is to make sure that we are all bonded by that supreme being up above. My goal is to continue to try to strive to do those things that he wants us to do as human beings.

## An open lane random survey

*What would you change about yourself?*

By **KELLEY LANE**  
*Staff writer*  
kelleyqa@bellsouth.net



**Teri Phipps**  
*contractor*

**"Being that I have such horrible eyesight and haven't been able to see very well since I was very young, I would choose to have perfect eyesight."**



**Debbie Thomas**  
*contractor*

**"I would change my metabolism. It's too efficient. Then I could eat very little food and still get fatter. If they studied me and could figure out how my metabolism works, they would never have to send more food to the space station."**



**Lt. Col. Lillie Mitchell**  
*Education and Training*

**"I would change my size. I would be smaller in frame and body weight."**

**Spc. Adrian Wilkins**

**"My weight, but I'm doing that. I'm not where I want to be."**



## Quote of the week

**E**xcellence does not require perfection.  
— *Henry James, writer*

## Redstone Rocket

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# Condolences offered to families of 31 crash victims

## Helicopter goes down in western Iraq

By Sgt. 1st Class DOUG SAMPLE  
American Forces Press Service

WASHINGTON — The tragic helicopter crash in western Iraq on Jan. 26 claimed the lives of 30 Marines and one sailor, confirmed Marine Lt. Gen. John F. Sattler, commanding general of the 1st Marine Expeditionary Force, in a statement from Iraq.

“While we mourn the loss of these heroes we will honor their sacrifice by continuing our mission to bring democracy to the people of Iraq,” Sattler said in offering condolences to the families of those killed when their CH-53E Super Stallion transport helicopter crashed near Ruthbah in the Anbar province.

“To the families of these brave men, our heartfelt thoughts and prayers go out to you in this most difficult time,” he said.

The general said the helicopter, from the 3rd Marine Aircraft Wing, was trans-

ported personnel from the 1st Marine Division when it went down. Those killed were on a mission conducting security and stability operations.

“All Marines, sailors and airmen of the 1st Expeditionary Force mourn the tragic loss of our brothers in arms,” Sattler said.

The servicemembers were on “a routine mission in support of the elections,” said Army Gen. John Abizaid, commander of U.S. Central Command, when he and Defense Secretary Donald Rumsfeld met briefly with reporters after testifying to the House Armed Services Committee on Iraq and Afghanistan.

“I think it’s a dangerous environment that we operate in Iraq; we all understand that,” Abizaid said. “And again, our condolences to the families.”

Sattler said a recovery team was at the site and the cause of the crash was under investigation.

Abizaid noted that the weather in western Iraq was bad.

“We don’t know of any enemy action,” he said. “The investigation continues. There will have to be more that comes out of this to learn what happened.”

# National prayer breakfast on upcoming menu

## Annual event well attended

Members of the Redstone community will pray together in an annual national observance.

Redstone National Prayer Breakfast is Thursday at 6 a.m. at the Officers and Civilians Club. Suggested donation is \$3.

“People all over our nation are praying at that time for God’s guidance,” Patty Wilson, religious education coordinator at Bicentennial Chapel, said. “Even though they’re at different locations they’re praying at the same time.”

“Prayer is a part of the American fabric,” Garrison Chaplain (Lt. Col.) John Penney said. “And this gives everybody an opportunity to come together and pray for our nation, pray for the leaders of our nation, pray for the defenders of our nation and pray for world peace.”

The scheduled speaker is Chaplain (Col.) Steven Moon, the new head chaplain for Army Materiel Command. The Taylor County, Iowa, native entered active duty with a direct commission in 1982.

In 1953, members of Congress established with President Eisenhower the first Presidential Prayer Breakfast. The name was changed in 1970 to the National

Prayer Breakfast.

“It’s always well attended by troops and civilians – retirees and civilians,” Wilson said of Redstone’s event. “It’s a great breakfast.”

For more information, call Chaplain (Maj.) Joey Byrd at 842-2965.



Courtesy photo

Chaplain (Col.) Steven Moon

# Crimes, accidents and other occurrences

The Provost Marshal Office provided the following list of reported incidents:

**Jan. 22:** An individual reported that someone removed lawn benches from their place of employment. Investigation continues by the Provost Marshal Office.

**Jan. 22:** An individual was observed in the Post Exchange selecting several items, concealing them and then leaving without rendering the proper payment. Investigation continues by the Provost Marshal Office.

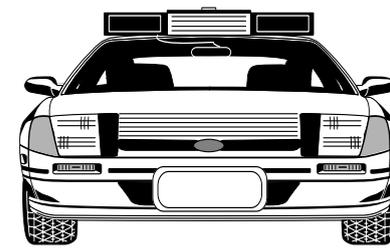
**Jan. 22:** An individual was found to be operating his motor vehicle with a suspended driver’s license during a vehicle inspection at Gate 9. The individual was issued a violation notice and released.

**Jan. 22:** An individual was found to be operating his motor vehicle with a suspended driver’s license during a safety checkpoint. The individual was issued a violation notice and released.

**Jan. 23:** An individual reported that a family member assaulted him. Investigation continues by the Provost Marshal Office.

**Jan. 25:** An individual reported that someone removed cash from a lock box at their place of employment. Investigation continues by the Provost Marshal Office.

**Jan. 25:** An individual reported that someone damaged his vehicle. Investigation continues by the Provost Marshal Office.



**Jan. 26:** An individual was found to be operating his motor vehicle with a suspended driver’s license during a vehicle inspection at Gate 9. The individual was issued a violation notice and released.

**Jan. 27:** An individual was found to be in possession of marijuana during a vehicle inspection at Gate 9. He was issued a violation notice and released. Investigation continues by the Provost Marshal Office.

**Jan. 27:** An individual was found to be operating his motor vehicle with a suspended driver’s license during a vehicle inspection at Gate 9. The individual was issued a violation notice and released.

**Traffic accidents reported:** seven without injuries, none with injuries.

**Violation notices issued:** 20 speeding, 1 failure to obey traffic control device, 1 larceny, 4 driving with a suspended license, 1 driving with an expired license and 1 driving with expired tags.

# Space Camp scholarship program launches soon

The Army Community Service Volunteer Committee announces the Space Camp, Space Academy, and Aviation Challenge Scholarship Program for 2005, open to active and retired military family members.

Children of Guard and Reserve members having served on active duty at any point during the 12 months prior to the March 11 application deadline are also eligible to apply.

Applicants must reside within a 50-mile radius of Redstone Arsenal, present a copy of their military ID card (or military orders) along with their completed

application, and a handwritten one-to-two page essay titled “Why I want to attend Space Camp/Space Academy/Aviation Challenge.” Children must complete grades 4-6 for Space Camp, grades 7-8 for Space Academy, and grades 7-9 to be eligible for Aviation Challenge.

Applications will be available Feb. 18 at the Post Exchange, local schools and Army Community Service, building 3338 on Redeye Road and must be returned by noon March 11 to ACS. Previous winners are not eligible.

For more information, call ACS at 876-5397.

# Defense association opens book on chapter year

NDIA RELEASE

The Tennessee Valley Chapter of the National Defense Industrial Association held its annual installation of officers and general membership meeting Jan. 19 at the Marriott-Huntsville. The meeting was attended by more than 250 chapter members and corporate sponsors.

Maj. Gen. Jim Pillsbury, commander of the Aviation and Missile Command and Redstone Arsenal, was the guest speaker. He provided an update on activities in support of Operations Iraqi Freedom and Enduring Freedom and forces deployed around the world. He also reported on the successful reorganization of AMCOM into a life cycle management center.

Elections were held for the new slate of officers and directors for the chapter for 2005.

Five outgoing officers were recognized during the meeting. Joel Thomas, former president of the chapter, was awarded the NDIA Silver Medal. His superior leadership in organizing and directing the chapter awards program ensured that appropriate recognition was given to both individuals and organizations who contributed to the advancement of the defense industrial base in the Tennessee Valley. Dave Gray, an outgoing director, was awarded the NDIA Bronze Medal. His expert leadership was

recognized for guiding the Space and Missile Defense Working Group to support the chapter and the community activities of the local defense industrial base.



Courtesy photo

**DEFENSE BASE**— Participants in the association's annual meeting include, from left, John Banks, Art Meier, Joel Thomas, Maj. Gen. Jim Pillsbury, Jim Tietjen, Jim Pepper and Command Sgt. Maj. Gregory Lunn.

recognized for guiding the Space and Missile Defense Working Group to support the chapter and the community activities of the local defense industrial base.

John Banks, former treasurer, was awarded an engraved desk clock for his exceptional and skillful management in organizing and managing the resources of the chapter. Jim Tietjen, former vice-president for member-

ship, was also recognized with an engraved desk clock for his dedicated leadership and organization in increasing the chapter's membership. Both Banks and Tietjen are going to remain with the chapter as directors.

Jim Pepper, the new president, made the award presentations for retired Air Force Lt. Gen. Larry Farrell, president and CEO of NDIA, who was unable

to attend because of weather.

Joel Thomas installed the new officers and recognized the new directors on Farrell's behalf. They include Jim Pepper, president (DCS Corporation); Bob Darnell, president-elect (Raytheon); Bob Wilkie, vice president for external Affairs (Tac Ops Corporation); Bill McCauley, vice president for membership (ERC Inc); Foster Perry, vice president for programs (Teledyne Brown Engineering); Mike Barefield, vice president for awards (Westar Aerospace & Defense); Tara Ragan Ward, secretary (SMDC); and Paul Freeman, treasurer (Dynerics, CAS & Davidson, LLC).

Directors for 2005 include Lisa Gilbert (SMDC), Cristina Hinkle (Techni-Core Engineering), Steve Humphrey (Lockheed Martin), and Lonnie Poling (Brown International) and Jeff Schreppe (Teledyne Brown). Directors for 2006 include Jack Conway (Analytical Services Inc), Dr. Rodney Robertson (SMDC), Ed Stone (SRS Technologies), Randy Tieszen (Westar Aerospace & Defense), and Dr. Suzy Young (RDEC).

Directors for 2007 include Claude Baldwin (Aerojet Inc.), John Banks (Cubic Inc.), Ray Bouldin (Radiance Technologies Inc), John Reitzell (CSC), Mike Stanfield (Dynerics Inc) and Jim Tietjen (AEPSCO Inc)



Courtesy photo

## Holiday party

The Lower Tier Project Office staff celebrates Christmas with youngsters from the Highland Rim Show Choir. In back row are Col. John Vaughn, left, and Maj. Brent Willhide, right.



Courtesy photo

## Art auction

The Officer and Civilian Women's Club will present its 33rd annual Art Exhibition and Auction on March 5 at the Officers and Civilians Club. Looking at artwork are, from left, honorary president Becky Pillsbury, art auction chairman Lynn Carden, craft and services auction chairman Joann Andrew and president Donna Williams. For more information, call Carden at 533-6368 or Andrew at 880-8251.

## Cade named Drill Sergeant of Year for 59<sup>th</sup> brigade

*Choctaw County native  
stationed at Fort Gordon*

By SKIP VAUGHN

*Rocket editor*

*skip.vaughn@redstone.army.mil*

Staff Sgt. Kathy Cade excelled as a high school basketball player. Now she's doing the same as a drill sergeant.

Cade, of Charlie Company, 73rd Ordnance Battalion at Fort Gordon, Ga., is the 59th Ordnance Brigade Drill Sergeant of the Year for 2005. The winner was announced at a luncheon Friday at the Officers and Civilians Club with 160 attendees.

"It's a great honor to be the Drill Sergeant of the Year," Cade said. "It's a great career move for me."

As the honoree, she represents all the drill sergeants within the 59th Ordnance Brigade. "I get a chance to see both sides," she said. "If there's an issue, I can see how to relate that issue that the drill sergeants have."

The 25-year-old Butler native joined

the Army in July 1997 after finishing Choctaw County High School. As a 5-foot-6 guard she played four years for the Lady Tigers and won the team's MVP award as a sophomore and senior, offensive award as a junior and the coach's award as a freshman. Her hobbies include playing basketball and shopping.

Cade has been a drill sergeant for 13 months and has 11 months to go.

The other four nominees included Staff Sgt. Barry Brown and Staff Sgt. LaQuaine Bess, both of Charlie Company, 832nd Ordnance Battalion; Sgt. 1st Class Ronald Shepherd of Bravo Company, 832nd; and Staff Sgt. Michael Alexander of the Ordnance Training Detachment at Fort Sill, Okla.

The Ordnance Munitions and Electronics Maintenance School held the competition last week to select its Drill Sergeant of the Year to represent Redstone Arsenal and OMEMS at the next level, Aberdeen Proving Ground, Md. This was the first stage toward the final competition June 20-24 at the Training and Doctrine Command at Fort Monroe, Va.



Photo by Skip Vaughn

**SHINING EXAMPLE**— Staff Sgt. Kathy Cade is the 59th Ordnance Brigade Drill Sergeant of the Year.

# Missouri depot honors forward thinking duo

RDEC workers cited for repair equipment

By DAN O'BOYLE  
For the Rocket

Beginning the year with peer and customer recognition was a highlight for two RDEC employees Thursday.

Capt. R.J. Mikesch and Ana Trammell of the Prototype Integration Facility, Research Development and Engineering Center, were honored by the Missouri's 1107th Aviation Classification Repair Activity Depot.

The AVCRAD's Lt. Col. Kevin Robinson and members of his unit flew in from Springfield, Mo., to honor them.

"The question keeps coming up: 'What can we do for that Soldier?'" Robinson said. "Well, thanks to R.J. and Ana, we have answered that question in terms of \$18.7 million in first line, upfront equipment that now permits Soldiers to perform depot-level repairs as far forward as possible. By pushing that equipment forward to warfighters, we are truly living up to our motto: 'Semper Volans - Always Flying.'"

The PIF duo worked to fabricate, procure and package tooling and test equipment to support AMCOM's Theater Aviation Maintenance Program resulting in bulk shipments being sent to Camp Arifjan, Kuwait for Operation Iraqi Freedom II.

"What you all have done here at the



Photo by T. Ryan McGill

**SUPPORT TEAM—** Capt. R.J. Mikesch and Ana Trammell are recognized for outstanding contributions to the Operation Iraqi Freedom war fighting effort.

PIF is very important to supporting the war effort," Robinson said. "We can't thank all of you enough for putting in the long hours to make things happen."

"We know that this equipment needs to get to the Soldiers over there," Mikesch said. "We're here to support you all."

## PX sponsors Valentine book signing

The Post Exchange will host military-affiliated authors for a Valentine Book Signing Extravaganza, Feb. 12 from 11 a.m. to 1 p.m.

Authors include James Pucket, "Fighting Fear with Faith: Combating Fear as a Good Soldier"; Richard Bramberg, "The Phoenix Egg" and "Strega"; William Beck, "H.A.A.R.P.'s Fury"; Brenda Pace and Carol McGlothlin, "Medals Above My Heart"; and Sherry Hines, "Homefires." All authors are connected with the military and reside in the southern region.

"We are excited to hold such a big event before Valentine's. We thought we should offer many options for those searching for that perfect gift," Kim Sumpter, sales and merchandise manager for the PX, said.



Courtesy photo

**Richard Bramberg**

# Soldier fosters successful career at Redstone

New staff sergeant  
optimistic about future

By KELLEY LANE  
Staff writer  
kelleyqa@bellsouth.net

Calvin Foster saw the Army as a career opportunity. Instead, it turned into a life opportunity.

On Jan. 10, he took another step down that path with a promotion to staff sergeant.

While stationed at Fort Bliss, Texas, the Pensacola, Fla., native met a fellow Soldier who later became his wife, Melissa. Having a spouse who understands firsthand the intricacies of military life has made a difference in the emotional strain of deployments, Foster said. He was deployed to Iraq in March 2003 for seven months before beginning the Basic NCO Course.

"She understands about deployments. She didn't have questions; she didn't call the command for help. She knew what was going on," he said. "She knows the Army services and programs."



Photo by Kelley Lane

**PAPERWORK—** Staff Sgt. Calvin Foster is on the job for 95th Maintenance Company.

His wife has also been key to his accomplishments. Foster credits her military background with giving him an edge in his own career, including being named Redstone's NCO of the Year for 2002.

"She was the reason I won. She's proud military. She acted like a sergeant major drilling me for everything," Foster quipped.

With her help and determination, he made sergeant within two years of joining the Army. However, he knew that earning his next promotion would take longer.

"I made sergeant in 1999. Promotion points for staff sergeant were high. I knew it was going to take awhile," he said.

When he found out this year

that he would finally be promoted to staff sergeant, Foster decided to delay his promotion by 10 days to accommodate the schedules of others. He helped to plan a potluck dinner in his honor because even though it was his night, he wasn't going to get to rest on his laurels. He had to cook.

"I always cook for everybody else's potluck so for my potluck I shouldn't cook, but they all wanted my ribs," he explained.

Foster takes his job seriously. As personnel administration sergeant for the 95th Maintenance Company, he feels a responsibility to provide the Soldiers under his jurisdiction with the best service possible.

"In 95th Maintenance, we have teams all over the world but our only commander is here. Their S-1, that's me, is here. Whenever they need anything it comes through me," he said. "Once I give them an answer, it's a final answer. I have to make sure it's the right one."

Foster has been at Redstone four years. When he arrived, he wasn't sure about his plans. Dif-

ficulties had him considering leaving the military. Redstone made a difference.

"Redstone has changed my mind about the Army somewhat. From Fort Bliss I went to Korea. Things move fast in the Army and I was missing my family. I didn't think I wanted to make a career out of it," Foster said. "Then I got to Redstone and got around the Test Management and Diagnostic Equipment people. I met these NCOs and they taught me a lot about the Army and how to make it work for me."

In addition to enjoying his wife and 5-year-old daughter, Kayla, Foster is happy with where he is. He gives Redstone credit.

"I like Redstone a lot. I've almost made a career here at Redstone, as far as all the accolades I've received here and deployment to the war," he said. "These people have taught me about promotions, investments, planning and my job. I am at the peak of my career right here."

# African-American month honors Niagara Movement

*Effort 100 years ago helped lead to change*

By ANGELA MORTON  
*Missile and Space Intelligence Center*

February marks the beginning of African-American History Month. In 1915, Dr. Carter Godwin Woodson recognized the need for our country to gain a more complete and informed understanding of our past. Through his pioneering efforts and the hard work of the Association for the Study of African American Life and History, this observance officially became African-American History Month in 1976.

During National African-

American History Month, we celebrate the many achievements and contributions made by African-Americans to our economic, cultural, spiritual and political development. This annual event gives all Americans a chance to recognize and commemorate the global history of people of African descent.

## African-American History Month

The 2005 ASALH national theme focuses on the 100th anniversary of the Niagara Movement.

For generations, African Americans have strengthened our nation by urging reforms, overcoming obstacles and break-

ing down barriers. We see the greatness of America in those who have risen above injustice and enriched our society, greatness reflected in the resolve and intellect of Dr. W.E.B. DuBois. A great champion of liberty, equality and dignity, DuBois opened America's eyes to its own past and possibilities.

It can be argued that the 20th century civil rights movement began in Niagara Falls, Canada in 1905, when DuBois organized a group of African-American intellectuals calling for full political, civil and social rights for African-Americans.

Dubbed the Niagara Movement because of its place of origin, the group was composed of leading African-American intellectuals, writers, newspapermen and activists, to include Dr. Carter Goodson. The group formed a network for communication and research and set out to make America aware of the plight of African-American citizens. They espoused for the first time a modern program of uncompromising protest and demand for change. Their efforts had an indelible impact on the civil rights of African Americans, and ultimately paved the way for the formation of the National Association for the Advancement of Colored People.

*Editor's note: Team Redstone*

*will celebrate African-American History Month on Feb. 17 at 9:30 a.m. in Bob Jones Auditorium. The local theme is "Visions and Sounds of African-American Culture." The celebration will feature a tribute to African-American culture with music from the Oakwood College Aeolians, the jazz band Abstract, and the Saved by Grace mime team from St. Luke M.B. Church. The national theme will be highlighted by a drama presentation on the Niagara Movement. Essay and static display winners will be recognized at this event. "A Taste of Soul" food sampling will follow the celebration. For special accommodations and more information, call Bridget Elmore of the Garrison EEO Office at 876-5848.*

# Deadly truth about women's risk of heart disease

*No. 1 killer of women has subtle symptoms*

By FLORA FLOOD  
*Fox Army Health Center*

About 500,000 women die of cardiovascular disease every year, and many more have heart disease. One of the biggest health risks for women is dying of a heart attack or a stroke. Yet heart health is something women tend to think about for only the men in their lives. Heart disease is not a man's disease.

Most women fail to make the connection between heart disease risk factors and their personal risk of developing heart disease. Once developed, heart disease can be managed but it cannot be cured. The truth of the matter is that although overall deaths from heart disease have declined in recent years, women remain at a high risk for illness, disability and death from cardiovascular disease.

Women must take their risk of heart disease seriously and make every effort to reduce their risk through lifestyle changes. Some risk factors can be changed and some cannot. You can't change your family history and age. But lifestyle habits such as smoking, high blood pressure, high cholesterol, overweight and physical inactivity can be prevented or controlled.

The risk of heart disease can be low-

ered by as much as 82 percent just by leading a healthy lifestyle. Do yourself a favor and find out your heart disease risk profile. Take time to begin the steps to heart health. Talk to your health care provider about your individual risks and how to lower them. Don't smoke, follow a heart healthy eating plan, be physically active and maintain a healthy weight.

A woman's symptoms of heart disease might be more subtle or take longer to develop than a man's. Women often lead busy lives and neglect caring for themselves while devoting their time to caring for children, parents, partners and friends. It is important for them to be heart smart and recognize the signs that indicate possible heart disease: shortness of breath, nausea, ongoing fatigue, fainting, gas-like pains and chest pain.

If you experience any symptoms of a heart attack, act immediately – call 911 or get to an emergency room quickly. Women often put off seeking help for heart symptoms because they think, "This can't be a heart problem" or the symptom don't match what they expect heart attack symptoms to be. Waiting to get help can turn a serious problem into a deadly one. The truth of the matter is:

- Heart disease is the No. 1 killer of American women.
- One in every three women dies of heart disease.
- Women's heart disease risk starts to rise in middle age.

• Two-thirds of American women who have had a heart attack don't make a full recovery.

• Americans can lower their risk of heart disease by as much as 82 percent just by leading a healthy lifestyle.

• Only 13 percent of women consider

heart disease to be their own greatest health risk.

For more information, visit [www.hearttruth.gov](http://www.hearttruth.gov).

*Editor's note: Flora Flood, M.S.N., C.R.N.P., is a resident in Preventive Medicine, Fox Army Health Center.*

# Iraqis in U.S. cast votes in historic election

*Election represents dream come true*

By **DONNA MILES**  
*American Forces Press Service*

NEW CAROLLTON, Md. — Iraqi citizens, many who fled their native country for the United States to escape Saddam Hussein's brutality, came here Jan. 28 to take part in something they never thought they'd live to see: Iraq's first free elections in more than six decades.

Shihab Shamma, whose family fled Baghdad 30 years ago, said he remembers dreaming night after night that a coup might some day topple the brutal dictator. But never in his wildest dreams did he imagine that his country might one day hold national elections that paved the way to democracy.

"This is just fantastic," said the University of Maryland professor, as he left the polling station in this community just outside Washington, D.C. The site is one of five in the United States where Iraqis could cast their votes through Jan. 30. "It's something I never dreamed possible," Shamma said.

An estimated 25,000 Iraqis registered earlier last week to vote here and at the other four polling stations in Chicago, Detroit, Nashville and Los Angeles, according to Roger Bryant, director of the U.S. office for the Iraq Out-of-Country Voting Program. Absentee votes cast in the United States and 13 other countries in the Middle East, North America, Europe and Australia were to be tallied and added to those cast in Iraq on Jan. 30. Iraq's Independent Electoral Commission will certify the results.



**VICTORY SIGN**— Atheer Almudhafer, from Falls Church, Va., gives the Iraqi sign of victory after casting his absentee ballot at the New Carrollton, Md., voting station, Jan. 28. His finger is marked with indelible blue ink, intended to prevent double voting. "I give the sign of peace and voting. Together it is victory," Almudhafer said.

More than 2,000 Iraqis, many of whom Bryant said had "waited a lifetime" for this opportunity, were expected to vote at the New Carrollton site during the next three days.

"There's a measure of determination" among the voters, Bryant said. "They recognize that they're reshaping the future of their homeland."

One voter after another, most of whom had seen family mem-

bers and friends killed under the Saddam regime, reiterated their amazement that they were getting the opportunity to elect their country's new Transitional National Assembly. That 275-member body, in turn, will write Iraq's permanent constitution and elect a president and two vice presidents.

"I'm shocked. I never thought this would happen," agreed Rozh Mutabchi, a native of northern

Iraq who arrived with his family in the United States in 1997, when he was 16, to escape Saddam's persecution.

Eight years later, Mutabchi, a student at George Mason University in the Virginia suburbs of Washington, was among about 40 Iraqis who helped man the polls at the New Carrollton site. "This makes me feel really good," he said. "I'm looking forward to seeing a lot of Iraqis vot-

ing. This is an important time for Iraq."

The opportunity to vote had a deeply personal meaning for Hardi Nuri, a Kurd who escaped northern Iraq in 1996, after Saddam had had Nuri's brother and father killed. The Fairfax, Va., resident was so excited that he arrived at the polls an hour before they opened and waited in the frigid cold to ensure he'd be the first person in the United States to cast his vote.

"It's a day of freedom," Nuri said. "It's a day that means there's no more Saddam and a chance for democracy. It's a great day."

As they entered the polling station, each Iraqi dipped an index finger in indelible ink to assure no double voting. Votes were registered on large paper ballots. Many said they were hopeful Iraqis in their homeland would turn out in force Jan. 30.

Halsho Amin, who traveled from Boston to vote, said he spoke with his brother and sister in northern Iraq by phone and urged them to go to the polls despite fears of violence. "I told them, 'You have to go no matter what's happening,'" Amin said.

Najat Abdullah, a mechanic living in Manassas, Va., said he felt assured that his mother, sister and brother still in northern Iraq would go to the polls. "Of course they'll go," he said. "This has been our dream, and it's the first step toward our democratic future."

Abdullah said he recognizes the elections won't spell an immediate end to the insurgency in Iraq. Recovering from the Saddam regime "will take time and patience," he said. "But today is an important step toward peace and democracy for Iraq, and I feel great about it."

Photo by Tech. Sgt. Cherie Thurlby, USAF

# Abizaid: Terrorists fear free elections in Iraq

*Violence expected to continue afterward*

By DONNA MILES  
*American Forces Press Service*

WASHINGTON — What's happening today in Iraq is revolutionary in political terms, with millions of Iraqis expected to go to the polls Jan. 30, the commander of U.S. forces in Southwest Asia told members of the Senate Armed Services Committee Jan. 26.

Army Gen. John Abizaid, commander of U.S. Central Command, joined Defense Secretary Donald Rumsfeld in a short press availability after briefing the committee about operations in Iraq and Afghanistan.

"The thing that enemy fears most — the thing that people such as (Abu Musab al) Zarqawi and (Osama) bin Laden and (Ayman al) Zawahiri fear the most — are free elections, elections that are the result of a fair process where a new government is chosen and a new future is taken," Abizaid said.

That's why it's likely that violence in Iraq will continue following the Jan. 30 elections, he said. "We should anticipate that after the elections that the people that desire to derail the process of a new future for Iraq will continue to fight and continue to fight hard," he said.

"We have to recognize ... how determined the people we're up against are," Rumsfeld said. "These are people who cut off people's heads on television. These are people that go around killing innocent people throughout Iraq. These are people that know they have a lot to lose if Iraq is successful in setting itself on a path of democracy."

Rumsfeld said it's likely that these groups will continue their string of violent acts as they desperately try to disrupt the democratic process and progress in establishing security forces able to hold their own against the insurgents.

Abizaid said the insurgents' fight will be "an uphill battle, because the Iraqi security forces, with our backing, will be successful." He said the multinational forces will continue to increase their training and partnership with the Iraqi security forces in the post-election environment.

In the meantime, U.S. forces were assisting the Iraqi interim government and Iraqi Electoral Commission, as requested, to finalize arrangements for the elections last weekend.

"We understand that our role is to ensure that this is an Iraqi election," Abizaid said. "And I think you'll see (Jan. 30) millions of Iraqis will go to vote, because they want to vote."

Rumsfeld acknowledged that the weeks immediately following the elections, before the results are certified, will be "a period of ambiguity" about Iraq's future leadership.



ON PATROL— Spc. Dennis Hansen, from 1st Battalion, 148th Field Artillery, 116th Armor Cavalry, I Corps, and an Iraqi national guardsman patrol Altun Kapri.

Photo by Sgt. April Johnson

After the election is certified, the Iraqi government will seat and organize a national assembly, which will select a president and two deputies. These three people will recommend a prime minister, who will, in turn, recommend cabinet members. The assembly will then approve all the ministers selected. This process will take time, Rumsfeld said, particularly because Iraq has little

experience in operating a democratic system.

"To be realistic, we have to recognize that that's the period we're moving into," the secretary said. "And it will take some time for that government to settle down, get its staff worked out, (and) get its relationships worked out among the ministers." Sorting these issues out could continue into March or possibly April, he said.

## Votes prove stronger than bullets in Iraqi elections

By JIM GARAMONE  
*American Forces Press Service*

BAGHDAD, Iraq — "Iraqis have proved today that the strength of their votes are more powerful than the strength or the effects of bullets or terrorism," said interim Iraqi Vice President Ibrahim Jafari.

Jafari, speaking through a translator, spoke to a press conference Sunday after casting his vote in the elections for an Iraqi National Assembly.

Government officials said that while there have been incidents of violence in the country, Iraqi security forces have been

able to handle them. Officials said the voter turnout is strong "and getting stronger as the day goes on."

The Iraqis are showing their determination in the face of terrorism. In Baghdad, a suicide bomber launched an attack near the al Iskand Children's Hospital, and succeeded only in killing himself, officials said. Local Iraqis on their way to vote spit on the body.

A snapshot of voting around the country shows strong showing in the northeast and south. In Ninewa province, there have been no major incidents and Iraqis are lining up to vote. What

seems to be occurring is that members of a family go out to check the polling place. When there are no incidents, then the rest of the voters in the family come out, officials said.

In primarily Sunni areas, the voting is consistent. There are lines forming in Baqubah, Suleymaniya, Mosul and even Fallujah.

In Baghdad, some Iraqis are walking 20 kilometers to vote, and insurgents firing across the Tigris River to try to intimidate voters, were themselves attacked by Iraqis who refuse to be intimidated, officials said.

There is violence, officials

said, but it is isolated. There were other instances of suicide bombings and one vehicle-borne improvised explosive device detonated. Insurgents fired some mortars in Baghdad and other areas. Western reporters said that by 1:30 p.m. there were 13 deaths nationwide tied to the elections.

Mandia Hussein, a member of the Independent Election Commission of Iraq, congratulated the Iraqi people as they went to the polling centers. "This is a momentous phase the Iraqi people are going through," Hussein said through a translator. "We are all united in our one

aim to help our beloved country."

Government spokesman Tha'ir al-Naqeeb used an old voting ballot from Saddam Hussein's regime as a vivid example of the type of change sweeping the country. The old slip had one box, with one party. Sunday's voting slip gave Iraqis hundreds of choices. "Today is a great day for Iraq and Iraqis," al-Naqeeb said. "Today we determine our future for ourselves for the first time.

"Us Iraqis will be voting in our millions across Iraq," he continued. "This is a great and a proud day for Iraqis."

# President praises Iraqis for successful election

By KATHLEEN RHEM  
*American Forces Press Service*

WASHINGTON — President Bush on Sunday praised Iraqis for their courage and commitment in the face of threats and violence, which made elections possible throughout their country.

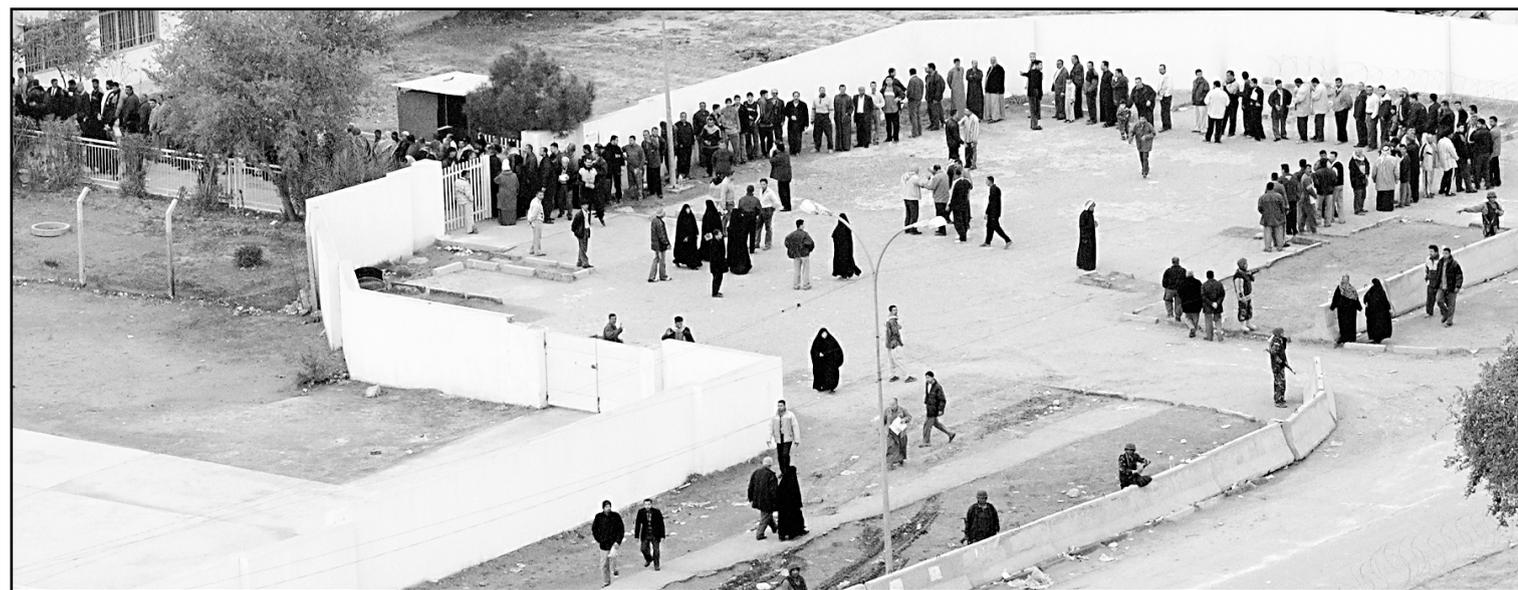
“In great numbers, and under great risk, Iraqis have shown their commitment to democracy. By participating in free elections, the Iraqi people have firmly rejected the anti-democratic ideology of the terrorists. They have refused to be intimidated by thugs and assassins,” Bush said in a statement from the White House.

“The Iraqi people themselves made this election a resounding success,” he added. “Brave patriots stepped forward as candidates.” Other citizens volunteered as poll workers and more than 100,000 Iraqi security troops guarded polling places and conducted operations against terrorist groups, he said.

The president seemed touched by stories of the courage of ordinary Iraqis who defied threats and went to polls. Bush quoted one man who lost a leg in a terrorist attack, yet still went out to vote Sunday.

“I would have crawled here if I had to,” he quoted the Iraqi man as saying. “I don’t want terrorists to kill other Iraqis like they tried to kill me. Today, I am voting for peace.”

In comments from London, British Prime Minister Tony



U.S. Air Force photo by Master Sgt. Dave Ahlschwede

**VIEW FROM ABOVE—** Iraqi voters wait in line to cast their vote at one of the polling sites in Baghdad, Iraq, Jan. 30.

Blair also seemed touched by events in Iraq Sunday. Despite divided opinions over the war in Iraq, Blair said he knows people throughout the world “will want to embrace the birth of Iraq’s new democracy.”

“It may have been the force of arms that removed Saddam that created the circumstances in which Iraqis could vote,” he said, “but it was the force of freedom that was felt throughout Iraq today.”

The prime minister said he found it “moving and humbling, for those of us lucky enough to live in a democracy and take it for granted.” Blair spoke of “the enthusiasm, the simple determi-

nation, the clear sight of courage of millions of Iraqis that came out to vote for the first time in their lives despite the terrorism, despite the threats, despite the dangers.”

Secretary of State Condoleezza Rice said the Iraqi people “turned away the threats and intimidation” leveled at them by Jordanian terrorist leader Abu Musab al-Zarqawi. “They decided to go to the polls and vote because they believe that’s the way to a better future,” Rice said in an interview with CNN’s Wolf Blitzer on Sunday.

Rice said that scattered violence and intimidation that might have kept Iraq’s minority Sunni

Muslim population from voting in as high percentages as other populations doesn’t mean Sunnis won’t be fairly represented in the new government. And “very real” problems between ethnic groups don’t mean Iraq can’t have a peaceful, representative government.

“I hope, given our own history of ups and downs as we moved forward to build our own democracy, that we will show greater faith and confidence in these people who are showing us that they want to get there,” she said.

Bush praised international assistance that made elections in Iraq possible. “The European

Union and the United Nations gave important assistance in the election process,” the president said. “The American military and our diplomats, working with our coalition partners, have been skilled and relentless, and their sacrifices have helped to bring Iraq to this day.”

Blair echoed those sentiments. “I would like to pay tribute to the United Nations staff and the electoral commission of Iraq for their steadfastness in organizing the elections, and I would like to express, of course, my admiration for the work of the Iraqi and the multinational forces,” he said. “Without them, there would be no election.”

# Iraq begins next phase of plan after successful election

By JIM GARAMONE  
*American Forces Press Service*

BAGHDAD, Iraq — By any measure, the Jan. 30 Iraqi elections for a national assembly were a success. Members of

the Independent Electoral Commission for Iraq said the elections exceeded their expectations.

But what happens next? The process is spelled out as part of the Transitional Administrative Law, the

document that governed how the elections were carried out and charts the road ahead.

Tallying the vote began immediately after the polls closed in Iraq. Tally sheets will go to the national center, and officials there will compile the votes. IECE officials said they should be able to announce results of the elections within 10 days.

The 275-member national assembly probably will convene sometime around the end of February or beginning of March, Iraqi officials said. The assembly must elect a president and two deputy presidents and appoint a prime minister and government ministers. The assembly will then transform into a constitutional convention.

The assembly must present a constitution no later than Aug. 15, although there is a provision in the Transitional Administrative Law that allows one six-month delay.

A national plebiscite on the new constitution must be held no later than Oct. 15. If the people approve the constitu-

tion, then elections for the first government under that constitution must be held no later than Dec. 15.

On the security side, training, equipping and supporting Iraqi forces will remain the No. 1 priority. Iraqi security personnel handled the stresses of the election quite well, said officials. Iraqi army units and national police units at the battalion level and below are gaining experience and capabilities. Plans call for coalition forces to “embed” more adviser units to Iraqi army and police units while continuing to train border police and other national-level police assets.

Iraqi officials hope that building local police forces will be easier following the resounding vote for democracy on Jan. 30. Local police forces have borne the brunt of terrorist attacks in the past months, and some have simply dissolved in the face of terrorist intimidation.

Officials said the election was a good beginning to the process, but this is no time to rest on laurels. Much work remains to be done, they emphasized.

# Recruiter assistance program opens doors to officers

By Sgt. 1st Class TAMMY JARRETT  
Army News Service

WASHINGTON — Officers can now share their deployment experiences with their local communities through the Special Recruiter Assistance Program.

As of Jan. 15, officers who are currently located in the continental U.S. and have served in support of Operation Enduring Freedom or Operation Iraqi Freedom may request to participate in SRAP, where eligible personnel can serve up to 14 days on temporary duty at a recruiting station nearest their hometown.

“I think this is an excellent opportunity for officers to return to their hometowns to tell them about the positive things the Army is doing in the Global War on Terrorism,” said Maj. Mark Van Hout, retentions officer for Cadet Command. “Many small towns

never get the opportunity to hear what their hometown heroes are doing.”

Before SRAP, interested officers could participate in the U.S. Army Command Cadet program called Officer Returning Alumni Program, or ORAP. The program, which is completely unfunded, allows an officer to return to his alma mater on permissive TDY status to share his experiences as an officer, said Van Hout.

“When SRAP came out, we (Cadet Command) thought it would offer our officers more opportunities to return to their schools since, as ORAP is run, an officer would incur out of pocket costs,” Van Hout said. “Cadet Command believes this is a good initiative and feels that officers should be allowed to participate and support this effort.”

In addition to being a veteran, Van Hout said interested officers must be 28

years old or less, look the part of an Army officer, display a positive image, and be articulate and enthusiastic about what they do.

“We only want high quality officers who are recommended by their chain of command,” said Vanhout, who conducts the screening process for ROTC graduates. “I speak with the officers to find out what they want to share with their communities and basically make sure they can do what we want them to ... tell the Army’s story.”

Interested ROTC officers must submit their applications directly to Van Hout, at VanhoutMD@USACC.army.mil. All requests will undergo a screening process, which takes about seven days. Approved officers will be notified via e-mail. Other interested officers should contact the U.S. Army Recruiting Command at [www.usarec.army.mil](http://www.usarec.army.mil).

Upon receipt of notification, approved officers must have their requests (DA Form 4187) approved by the first lieutenant colonel in their chain of command and then fax it to 757-788-6677 or DSN 680-6677. An approved DD Form 1610 will be completed by the USACC program manager and faxed to the officer and his unit personnel section (as provided on the DA Form 4187).

The OEF/OIF officers will report with their signed DD Form 1610 to their designated ROTC/Recruiting Station commander.

For more information, e-mail Maj. Van Hout or call him at 757-788-3076 or DSN 680-3076 or visit [www.usarec.army.mil](http://www.usarec.army.mil).

*Editor’s note: Information provided by an ALARACT message on this subject.*

# War games gig to shape Signal Corps’ future

By STEVE BRADY  
Army News Service

FORT GORDON, Ga. — Members from all branches of the Army are scheduled to participate in a weeklong war game to help dictate the future of the Signal Corps.

The Signal Center and Directorate of Combat Developments is holding the LandWarNet war games from Jan. 31 to Feb. 4 at the Fort Gordon’s Reserve Center to test and develop the Army’s portion of the Global Information Grid, or GIG.

Simply put, the GIG provides a global strategic network to all active component forces, National Guard and Reserve troops; LandWarNet is the Army’s portion of the GIG, said Col. Jeffrey Smith, U.S. Army Signal Center and Fort Gordon deputy commander.

“The war game ought to demonstrate to each of the proponents whether in fact they’ve got the right communications network that supports the requirement, and second of all what are the modifications we’re going to need to make them more effective in the fight itself,” said Smith.

The participants include engineers, infantry, armor, intelligence, aviation, air defense artillery, and combat service support branches. The different groups will be presented the scenario and detail how they would deploy their forces, and the Signal Corps will then determine how to best provide network support.

Support would range from secure and non-secure phone and computer lines, to teleconferencing, networking and command and control interconnectivity.

The war game takes place in a well-known Caspian Sea scenario and includes a map exercise and workgroups to discuss network requirements, network architecture and acquisition strategy, organiza-

tional designs, training and sustainment, and numerous other topics.

The war game includes the various points of a large scale deployment including planning, training, deployment, stabilization, redeployment and refitting, Smith said.

Smith said the war game will help leaders determine the doctrine, materiel and personnel to wage that type of fight, and help better organize the Signal Corps and improve communications between Soldiers, Sailors, Airmen and Marines.

All of this gaming will help develop the LandWarNet network. But the network is anything but simple. It will provide Soldiers communication and information access anywhere on the planet, he said.

“For instance, anyone on the battle space, in the new technology, should be able to plug into a network capability, whether you’re inside a vehicle, on the front lines, on patrol walking through a city,” Smith said. “No matter where you are on that battle space, the minute you plug in, you have access to the full suite of network services instantly available to you.”

Some of those services could include managing personnel accounts, battle plans, scheduling vehicle maintenance, ordering replacement parts and more.

Although LandWarNet is still in the conceptual phase, the network is being designed to avoid a tragic byproduct of war: fratricide.

“One of the elements of the network is a Blue Force tracking capability. That Blue Force tracking capability is going to be widely disseminated and it will have the situational awareness, the location of every friendly Soldier on that battle space ... so as you begin to do your targeting we’ll be able to de-conflict very quickly friendly from enemy,” Smith said.

Currently, that type of information is not

readily available below the brigade level.

“Those are the kinds of information systems, which because they take up so much bandwidth, are rarely available to the battalion and below Soldier. But the network designs that we plan on fielding, starting in about a year, are going to provide that kind of ability to de-conflict targets at the lowest level,” he said.

The advances are being made possible by applying new commercial technology and fielding new equipment that allows

the Army to extend the network to lower echelons than previously possible.

“The great thing about this new and emerging technology is to be able to take that kind of capability and provide it to small vehicles, the Soldiers on the move,” Smith said, “so that you can get a broadcast image of the enemy location, position or target, and understand what you are up against.”

*Editor’s note: Steve Brady is the editor of the Signal.*

## HHC 59th team enjoys winning week

*Once short-handed  
'Raise up' bunch  
at full strength*

By SKIP VAUGHN  
Rocket editor  
skip.vaughn@redstone.army.mil

HHC 59th is traditionally competitive in troop sports. Duty comes first, however.

The 59th team was short-handed entering the basketball season because of temporary duty assignments. The "Raise up" bunch lost its first three games, two by forfeit.

"Most of our (eight-member) team was TDY," guard Darius Blackwell said. "We were hurting. That's how come we always had exactly five people. Now we're starting to get people back."

This resulted in the 59th's first win of the season, 39-37 over Bravo Company on Jan. 24 at Pagano Gym. The 59th improved to 1-3 while Bravo fell to 2-4.

Frederick Fowler scored 13 points and Tony Glass had 11. The score was tied 20-all at halftime. Kevin Ingram had nine for Bravo.

"We were in a slump like end of preseason to beginning of regular season," said Blackwell, who missed the game. "Everybody's started coming back so we should be all right now."

The 59th won its second straight Jan. 25 by beating MEDDAC 41-39 as Glass scored 11 and Fowler 10.

Michael Gola had 17 and Aaron Busby 14 for MEDDAC which fell to 3-3.

By week's end, the 59th had evened its record to 3-3 with a 41-24 win over defending champion NCO Academy on Jan. 26.

The 59th won't have this problem but teams with full rosters should beware. Headquarters & Alpha lost to the Marines on Jan. 24 because the Gators exceeded the 12-player limit in the scorebook.

Headquarters & Alpha had 14 names in the ledger. The Marines protested and the game was stopped after 12 seconds of play, with 19:48 on the clock. The Marines were awarded the win by protest.

"That's the first time this has happened since I've been here," said Mike Potter, a recreation assistant since 1987. "I hate to see a team have to lose that way."

Here are results from last week:

- **Jan. 24** – Marines won by protest over Headquarters & Alpha, Charlie def. NCO Academy 62-33 and HHC 59th def. Bravo 39-37.

- **Jan. 25** – 326th Chemical def. Delta 58-19 behind Miguel Smith's 33 points, HHC 59th def. MEDDAC 41-39 and Charlie def. Headquarters & Alpha 37-36.

- **Jan. 26** – Marines def. Bravo 45-28, Headquarters & Alpha won by forfeit over Delta and HHC 59th def. NCO Academy 41-24.

- **Jan. 27** – Headquarters & Alpha won by forfeit over 326th Chemical, Charlie def. Bravo 42-39 and Marines def. MEDDAC 37-32.

The standings entering this week were:

- **Eastern division** – Charlie (6-1), 326th Chemical (6-2), MEDDAC (3-4) and Delta (1-6).

- **Western division** – Marines (5-2), HHC 59th (3-3), Headquarters & Alpha (4-5), NCO Academy (2-5) and Bravo (2-6).



Photo by Skip Vaughn

**WARMING UP—** HHC 59th guard Darius Blackwell sees his team improve to 3-3 with three straight wins.

## Havoc hockey team salutes military community

*Free tickets available  
for Saturday's game*

Team Redstone members are invited to a night of professional hockey Saturday at the Von Braun Center.

The Huntsville Havoc will hold "Military Appreciation Night" for its game against the Jacksonville Barracudas in the Southern Professional Hockey League. Free tickets are available for all government employees, military personnel, National Guard and Reserves and their family members – anyone who has a government or military identification card.

"Please come out and enjoy this wonderful evening in appreciation of our military members," post Command Sgt. Maj. Gregory Lunn said. "It's a great opportunity for the military and civilian communities of Redstone Arsenal, Huntsville and Madison to come out to salute our great military and their family members."

Game time is 7:30 p.m. Saturday at the VBC Arena. Some 750 "Salutes Our Troops" T-shirts will be given away. The Havoc will wear special jerseys featuring the salute logo; and the jerseys will be auctioned off after



the game with proceeds benefiting Army Emergency Relief.

Free tickets can be picked up from Morale Welfare and Recreation, the Garrison, Army Community Service and Lunn.

"If people cannot pick up their tickets here at the Arsenal, they can show their military or government ID card at the will-call window or at the Havoc's office at the Von Braun Center," Lunn said. For more information, call him at 876-1874.

## Braves, Cardinals fans have game opportunity

Baseball season will be here before you know it. And the Civilian Welfare Fund Council is ready.

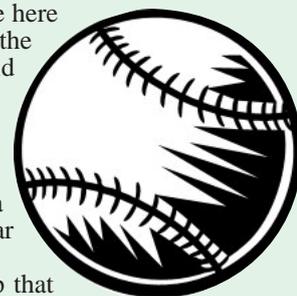
CWFC plans to sponsor a baseball bus trip to see the St. Louis Cardinals play the Atlanta Braves in their only regular season series in Atlanta.

This is a three-day trip that leaves Redstone April 29 at 11 a.m. and returns May 1 about 5 p.m.

"We will see two games (Friday and Saturday) with two nights lodging at the Embassy Suites Galleria," a prepared release said. "Snacks and refreshments are always provided on the bus."

Cost is \$195 per person based on double occupancy. The trip is limited to 40 people, so reserve your space now. After you have a confirmed space, a \$100 non-refundable deposit will be due by March 1.

Respond by e-mail to [debra.roesch@redstone.army.mil](mailto:debra.roesch@redstone.army.mil) or [Retired402@charter.net](mailto:Retired402@charter.net). For more information, call Debbie Roesch at 842-2962.



# Stock motorcycle team dips below 7-second mark

By CHRIS DIRATO

Army News Service



NHRA photo

**PRACTICE**— Angelle Sampey, U.S. Army Pro Stock Motorcycle driver and three-time Pro Stock Motorcycle world champion, prepares for one of her many races in 2004.

BRADENTON, Fla. — The U.S. Army Pro Stock Motorcycle team, with drivers Angelle Sampey and Antron Brown, broke the magical seven second mark in preseason testing Jan. 25 at Bradenton Motorsports Park.

Sampey, a three-time Pro Stock Motorcycle world champion, recorded a 6.989-second pass at 189.70 mph, before Brown posted a 6.995-second jaunt at 190.35 mph.

"We realize this is just a preseason test session, but it was pretty darn cool to see both of them get below seven seconds," said Steve Tartaglia, who recently assumed the crew chief duties for the U.S. Army team. "This is something that's never been done before, so we're all pretty pumped up."

Tartaglia credited superb weather conditions in helping Sampey and Brown get down the track the way they did.

"The conditions were pretty awesome," he added. "The temperatures have been pretty cool here. Frankly, we probably should be going a little quicker."

The U.S. Army team was to continue testing in Bradenton until Jan. 26 with hopes of improving the best elapsed time to 6.950-seconds.

"There's definitely room for improvement," said Tartaglia. "Neither of those sub-seven second runs was particularly stellar. We'll just keep working on it."

Sampey and Brown finished second and third, respectively, in the Pro Stock Motorcycle point standings last year.

While the 2005 NHRA POWERade Drag Racing Series season starts in Pomona, Calif., Feb. 10-13, the Pro Stock Motorcycles don't hit the track for the first time until the Mac Tools Gatornationals in Gainesville, Fla., March 17-20.

*Editor's note: The article was provided by Chris Dirato with U.S. Army NHRA Racing.*



## Sports & Recreation

### Taekwondo classes

SKIESUnlimited's Taekwondo lessons continue through March. Prices are \$40 for first family member, \$33 second member and \$28 third family member per month. This program is open to patrons age 5 through adult. For information call Brandie DeRemer 313-3701.

### Dance lessons

Child and Youth Services' SKIESUnlimited, along with SABA School of Dance and International Performing Arts Company, is offering dance lessons to children 5-18 Monday through Saturday until May 22 at the SABA Dance Studio. Students will attend class once per week. The entire session is five months long, however, families may pay monthly. Cost is \$35 per month. Any child participating must have a valid sports physical completed before registration or participation in any dance class. For more information, call Brandie DeRemer 313-3701.

### Boating safety

Redstone Flotilla 2406 will offer the following boating safety classes this year from 6:30-9 p.m. at Stillwell Hall, building 3305, room 215: Class 05-1, Feb. 10 through March 24; Class 05-2, April 14 through May 26; Class 05-3, June 9 through July 21; Class 05-4, Aug. 11 through Sept. 22; and Class 05-5, Oct. 13 through Nov. 23. A \$25 fee covers the cost of the class text and binder which are provided to all students. For more information and class registration, call Tom Kunhart 885-7096 (work) or 830-6621 (home).

### Super Bowl party

On Sunday, February 6, the Firehouse Pub will hold a Super Bowl Party at 2 p.m. Sunday. Door prize drawings will be given each time a touchdown is scored. There will be free food. The Firehouse Pub is at building 114 on Hankins Road. For information call 842-0748.

### UAH hockey

Members of the Redstone community may be interested in an upcoming series for the University of Alabama-Huntsville hockey team. Air Force will come to town Feb. 11-12 for two games against UAH in the College Hockey America Conference. Game times are 8:05 p.m. Feb. 11 and 4:05 p.m. Feb. 12 at the Von Braun Center. Tickets are \$8.50 for adult reserved, \$7 adult general admission, \$7 student reserved and \$6 student general admission. UAH students with valid UAH photo identification cards are admitted free in the general admission seating area. UAH students may upgrade their seating and purchase reserved seats for \$2 at the Von Braun Center box office on game day. All children age 2 and above are considered students. Children under 2 are admitted free, but must sit in an adult's lap. To purchase tickets, go to the Von Braun Center or call Ticketmaster at 1-800-277-1700. For more information and group sales, call the UAH Charger Ticket Office at 824-6939.

### Baseball trip

Civilian Welfare Fund Council plans to sponsor a baseball bus trip to see the St. Louis Cardinals play the Atlanta Braves in their only regular season series in Atlanta. This is a three-day trip that leaves Redstone April 29 at 11 a.m. and returns May 1 about 5 p.m. "We will see two games (Friday and Saturday) with two nights lodging at the Embassy Suites Galleria," a prepared release said. "Snacks and refreshments are always provided on the bus." Cost is \$195 per person based on double occupancy. The trip is limited to 40 people, so reserve your space now. After you have a confirmed space, a \$100 non-refundable deposit will be due by March 1. Respond by e-mail to [debra.roesch@redstone.army.mil](mailto:debra.roesch@redstone.army.mil) or [Retired402@charter.net](mailto:Retired402@charter.net). For more information, call Debbie Roesch at 842-2962.



## Conferences & Meetings

### Men singers

The Rocket City Chorus, a chapter of the Barbershop Harmony Society, meets every Thursday at 7 p.m. in the Aldersgate Methodist Church Fellowship Hall, 12901 Bailey Cove Road. For more information, call John Gonzalez 842-2992 (work) or 852-2408 (home).

### Admin professionals

The Redstone Arsenal Chapter of International Association of Administrative Professionals will hold its 10th annual seminar, "Pathways to Professional Excellence," Feb. 15 from 8 a.m. to 4 p.m. at the Huntsville Hilton. Keynote speaker is Linda Spalla, former president and general manager of WHNT-TV. Afternoon workshop topics include Effective Writing, Scrapbooking, Professional Manners, Edwards Jones Financial Tips, Pros & Cons of Fad Diets/Bariatric Surgery, and Identity Theft. A fashion show will also be included with the luncheon and continental breakfast and snacks will be provided to attendees. The course is in TIPS by the course number PPE, and vendor name is IAAP. Tuition fees are \$125 and student rates are \$50. You do not have to be in the administrative career field to attend this training event. To register call Susan Douglas 842-6795.

### Warrant officers

The Warrant Officer Association Redstone Arsenal Chapter invites all warrant officers to attend its meetings the second Wednesday of each month at 11:30 a.m. at the Officers and Civilians Club. Chapter activities and information can be viewed at <http://www.redstonewarrants.com/>. For more information, call retired Chief Warrant Officer Tommy Vaden 955-0886.

### Alcorn State alumni

The Tennessee Valley Alumni Chapter of Alcorn State University will meet at 6:30 p.m. Feb. 8 at the Richard Showers Center on Blue Springs Road. For more information, call Sam King 864-7272 or Melvin Mayo 852-7927.

### Logistics society

Tennessee Valley Chapter of the International Society of Logistics and the Red-

stone-Huntsville Chapter of the Association of the U.S. Army will hold a joint luncheon meeting Feb. 15 from 11:30 a.m. to 1 p.m. at the Madison Square Mall Holiday Inn. Daniel Rhodes, of the Lead AMC Integration Support Office, is to speak on the Single Army Logistics Enterprise. Cost is \$13.75 for members, \$14.75 for non-members. Make reservations by Feb. 11 by calling Emma Louise Cooper 313-6763 or Randy Gibbs 313-2942.

### Resource managers

The American Society of Military Comp-trollers will hold its monthly meeting Feb. 10 at 11:30 a.m. at the Trinity Personal Growth Center on Airport Road. Joe Ritch, co-chairman of the Tennessee Valley BRAC Committee, will speak on community efforts associated with base realignment and closure in 2005. For tickets — \$9 members, \$10 non-members — see your organization ASMC representative or call Kim Jean 876-7208 or Lisa Lowry 876-1423.

### Management institute

North Alabama Chapter of the Project Management Institute will have a focus group meeting with facilitator Brice Marsh from 5-8 p.m. Feb. 15 at Sci-Quest, 102-B Wynn Drive. To RSVP send an e-mail by noon Feb. 14 to Robert Aldridge at [programs@NorthAlabamaPMI.org](mailto:programs@NorthAlabamaPMI.org).



## Miscellaneous

### Reserve unit openings

A local Army Reserve detachment doing weekend drills on Redstone Arsenal has openings for computer specialists. The unit seeks prior active duty Soldiers or transfers from other Reserve/National Guard units with a specialty of 25B/74B information systems operators and 75B/H unit administration. For 25B/74B, the unit will consider reclassification action to 25B if you can document with resume your Civilian Acquired Skills to include your education/experience in the following computer skills: data base management, programming, networking and telecommunications. Minimum of a secret clearance is required. And you must possess the personal qualifications to pass a SBI background investigation process to obtain a top secret clearance soon. Specialties 74C and 74F are now authorized to convert to 74B as well. For specialty 74C or 74F, they have merged into the 25B career group and convert to 25B/74B as well. To schedule an interview, call Victor Marshall 313-0168.

### Civilian deployment

Civilian employees are needed to support Aviation and Missile Command missions overseas. Deployment opportunities exist in Southwest Asia in support of Operation Enduring Freedom and Operation Iraqi Freedom. Skill sets needed include acquisition, maintenance, supply, quality assurance, engineers, operations officers, logistics and automation, among others. Volunteers must be currently employed by AMCOM. Contractors cannot be considered to fill these positions. Civilians interested in deploying should notify their supervisor and call Eddie Allen 876-4106

or Carl Washington 876-2082. Contractors and other interested people can access [www.cpol.army.mil](http://www.cpol.army.mil) for openings and opportunities for overseas employment.

### Surplus sales

Marshall Space Flight Center's surplus property can be purchased through the General Services Administration sales web site. To bid on this property, go to [www.gsaauctions.gov](http://www.gsaauctions.gov). For more information, call 544-4667.

### Leadership course

Applicants have until Feb. 9 to apply for the Sustaining Base Leadership and Management resident program, Class 05-2, which runs May 16 through Aug. 5 at the Army Management Staff College, Fort Belvoir, Va. For more information, call Michael Davis 876-6068.

### Tax assistance center

The Redstone Tax Center, building 3489 off Ajax Road, provides free tax preparation and electronic filing services to active duty and retired military and their dependents. Hours are Monday through Friday from 8:30 a.m. to 3 p.m. by appointment only, and Tuesday and Thursday evenings from 5-7 for walk-in services. For an appointment, directions, or more information, call 842-1040.

### Scholarship program

The American Society of Military Comp-trollers announces its annual scholarship program for ASMC members and their immediate families. This scholarship is open to high school seniors, undergraduates and those working on graduate programs. The application can be found on the Internet at <http://www.asmcconline.org/national/nationalawards.shtml> or you may call Judy Smith 876-6163 or Debbie O'Neal 876-2671. Application deadline is Feb. 28. Packages may be mailed to AMCOM, Attn: AMSAM-RM-FD, Redstone Arsenal, AL 35898 or taken to Smith at building 5300, third floor, work station 53B062.

### Thrift shop

The Thrift Shop, building 3209 on Hercules Road, is open for shopping Tuesdays 9-5 and Wednesdays and Thursdays from 9-4. Walk-in consignment hours are Tuesdays, Wednesdays and Thursdays from 9-1. Military personnel and their families may call the manager for an appointment. Donations are accepted and tax slips are available. "No clothing will be accepted for consignment Feb. 1-17 except for those on PCS orders," a prepared release said. "The Thrift Shop will be open Saturday, Feb. 5 from 10-2 with specially selected items for only 10 cents." For more information, call 881-6992.

### Bookkeeper job

The Thrift Shop has an opening for bookkeeper with annual salary \$4,200 (approximately 10 hours per week). Applicants should have a thorough knowledge of Quick Books financial program and proficiency with bookkeeping procedures. Applications can be picked up during business hours at the Thrift Shop, building 3209 on Hercules Road, and returned by Feb. 24. For information call Isabel Boicourt 881-6992.

## Military children's scholarships

The deadline to apply for the Scholarships for Military Children program is Feb. 6. Applications for the \$1,500 scholarships are due at a commissary by close of business on that date. Applications are available at all 272 commissaries worldwide, or online at <http://www.militaryscholar.org>. They are also available through a scholarship link at <http://www.commissaries.com>, the web site for Defense Commissary Agency. The scholarship program is open to unmarried children under 21 (23 if enrolled in school) of military retirees, active duty, and Guard and Reserve servicemembers. Eligibility and additional information is available at the program web site. At least one scholarship will be awarded at every commissary location with qualified applicants. Administered by Fisher House Foundation and funded by manufacturers and industry, the program has awarded more than \$3 million for nearly 2,000 scholarships.

## Combined fund organization

The Local Federal Coordinating Committee for the Tennessee Valley Combined Federal Campaign is accepting applications for a Principal Combined Fund Organization to administer the 2005 CFC. The primary responsibility of the PCFO is to support the federal government in managing a comprehensive local workplace fund-raising campaign while ensuring the fiscal integrity, accountability and transparency of the process in accordance with 5CFR, Part 950.104.(c). The primary goal of the PCFO is to conduct an effective and efficient campaign in a fair and even-handed manner. Only federations, charitable organizations, or a combination thereof are eligible to apply for this position. The federation or charitable organization selected to serve as PCFO will be required to sign a memorandum of understanding with the LFCC. Further information may be downloaded from the official OPM web site: [www.opm.gov/cfc](http://www.opm.gov/cfc). All applications must be mailed to CFC Chairperson, AMSAM-CFC, building 3708, Redstone Arsenal, AL 35898-5795 by Feb. 14.

## Post guide publisher

Benchmark Publications Inc. is the only authorized publisher for the 2005 edition of the Redstone Arsenal Guide, Telephone Directory and installation map. These publications are distributed on Redstone Arsenal to about 21,000 military, civilian and contractor personnel, including military family members on and off post. The publications are used in welcome packages for newcomers assigned to Redstone Arsenal, people on temporary duty, job recruiting and for visitors. They are also available to the 25,000 retired military members and their families living in the area. All inquiries concerning advertising rates should be directed to Benchmark Publications Inc. 1-800-815-3007. Questions concerning this authorization should be directed to the Public Affairs Office of the Aviation and Missile Command and Redstone Arsenal, Lira Frye 955-9173.

## AER scholarships

Army Emergency Relief is accepting applications for the Maj. Gen. James Ursano Scholarship. The scholarships are awarded annually for up to four academic years to unmarried dependent children of

Soldiers (active, retired or deceased) to attend post secondary school full time for the entire academic year. Applications for the 2005-06 academic year are available at Army Community Service, building 3338 on Redeye Road, or by mail. You may mail your application request to AER Headquarters, Maj. Gen. James Ursano Scholarship Fund, 200 Stovall Street 5N13, Alexandria, VA 22332-0600. Applications and additional eligibility criteria are also available on the AER web site: [www.aerhq.org](http://www.aerhq.org). Completed scholarship application and supporting documentation must be postmarked by March 1. For more information call Army Community Service, Kristi Foster, 876-5397.

## Warrant officer recruitment

The Army is looking for highly motivated Soldiers, Marines, Sailors and Airmen to fill its warrant officer ranks. Positions are open in all 45 specialties if you qualify. Applicants with less than 12 years active federal service are encouraged to apply. For more information and all forms/documents required, visit [www.usarec.army.mil/warrant](http://www.usarec.army.mil/warrant). You can call Sgt. 1st Class Morales Marcelino, warrant officer recruiter with Army Recruiting command at Fort Knox, Ky., at (502) 626-1860.

## Black history committee

The Black History Committee is searching for participants for the live dramatic performance "Up From Slavery." It will present excerpts from the play Feb. 17. "We are hoping to feature some of our own members of the Redstone community," a prepared release said. "Please come out and display your talents. There will be only four rehearsals lasting only one hour after duty hours." For information call Loretta Ragland 876-7772.

## Association scholarship

The Redstone Arsenal Chapter of the Warrant Officer Association will present a \$1,000 scholarship. Application packets must be received before May 1 in order to be considered. Completed application packets should be mailed directly to: RAWOA Scholarship Program, c/o Chief Warrant Officer Richard Storie, 102 Trevor Circle, Toney, AL. 35773. Applications will be accepted from the children (natural and adopted), dependent stepchildren under age 21 (seniors in high school or currently enrolled college freshmen) of members of the active, National Guard, reserve, and retired military and DoD civilians in the Tennessee Valley area. Awards will be announced by June 15. To download a packet and application form, go to [www.redstonewarrants.com](http://www.redstonewarrants.com).

## Business scholarships

The Redstone Arsenal Chapter of International Association of Administrative Professionals will accept scholarship applications for 2005. This scholarship is for students majoring in business (high school and college students). The scholarship application is located on the web page <http://www.geocities.com/iaaprsa/current.htm> listed under "Upcoming Events." Deadline for entry is March 31. For more information, call Glenda Davis 828-5681.

## Art auction

The Officer and Civilian Women's Club will present its 33rd annual Art Exhibition

and Auction, March 5 at the Officers and Civilians Club. This year the club plans to double the fun by having a Craft and Service Auction. The exhibition starts at 5:30 p.m. and the auction at 7. Tickets are \$10; and proceeds benefit the OCWC welfare fund. Tickets can be purchased at the club 830-2582 or through an OCWC representative. For more information, call Lynn Carden 533-6368.

## Welfare fund requests

The Officer and Civilian Women's club distributes funds each year to a variety of requesting organizations. OCWC Welfare Request Forms will be available in the group's newsletter "Southern Exposure," at Army Community Service or by mail at P.O. Box 8113, Redstone Arsenal, AL 35808. The request deadline is Feb. 28.

## Jazz concert

Tennessee Valley Jazz Society will present the 19th annual "Celebrating Black History Thru Jazz," Friday at 7 p.m. at Huntsville Museum of Art, 300 Church St. It features the Devere Pride Trio & Guest and the Don Bowyer Small "big" Band. For information call 858-0409.

## Course offerings

South Central regional training opportunities include the following: "Source Selection" course, Feb. 28 to March 4, 40 CPE credits, tuition cost \$575, registration deadline Jan. 28. "Labor and Employee Relations Workshop," March 15-16, registration deadline Feb. 10. For more information, call course manager Louise Olszewski 842-6670.

## Training coordinators

"Training as Hours of Work" course is for training coordinators, managers, supervisors, interns, resource management, and CPAC assistants and specialists. The training covers how Title 5 and the 5 CFR Part 551-FLSA rules differ and their impact on an employee's pay when in a training status. It also covers the differences between exempt and non-exempt employees. There is no cost for this training and the registration deadline is March 1. You may attend any one of the following days depending on your workload: March 17 from 9-11 a.m., March 30 from 8-10 a.m. or March 31 from 8-10. For more information call the non-AMCOM course manager Louise Olszewski 842-6670 or Mike Davis 876-6068 for the AMCOM employees.

## Logistics achievement awards

The annual Ernest A. Young Logistics Achievement Award Luncheon/Ceremony has been rescheduled for March 17 at 11 a.m. at the Officers and Civilians Club. The two awards to be presented are the Management/Executive Award to GS-13s and above (or military equivalents), and the Professional/Technical Award to GS-13s and below (or military equivalents). Nominees include the following: Management/Executive Award — David Dapkus, Edward Grimble, Tom Ingram, Gifford Lee Jr., Mark Moe, Diane Overholt, Gordon Porter, Charles Reeves II and Alfreda Tabb-Green. Professional/Technical Award — Larry Johnson, David Lizotte, Eric Moton, Bruce O'Gorman, Redus Tittle, Darlene Williams and Craig Zeisset. Cost of tickets, available through March 11, is \$14.

For tickets or more information, call Kathy White 876-1757 or Debra Foley 842-6783.

## Latin dance

The Alabama Hispanic Association invites the Redstone community to its first Latin dance event of 2005, "Chillin' With More Salsa," Saturday at 8 p.m. at the Senior Center Auditorium, 2200 Drake Ave. The free Merengue and Salsa group dance lesson will be given from 8-9. Music will be provided by "DJ Azucar" (disc jockey Signey Hernández), former host of "Latin Rhythms" on WJAB 90.9 FM. Admission is \$8 per person in advance, \$10 at the door. Advance tickets are available at La Michoacana Grocery Store, 2007 University Drive, until Friday. Tickets are also available through members of AHA. For more information, call president Margaret Rotger (256) 325-8464 or 325-4242.

## Black history program

The Xi Omicron Chapter of Omega Psi Phi Fraternity will hold its second annual Dr. Carter G. Woodson Black History Month Program in February at the Omega Community Center, 181 Import Circle northwest (off Dan Tibbs Road between Jordan Lane and Research Park). Each Thursday night at 6:30 during February a panel of professionals will hold discussions with the audience on various topics. The schedule includes: Feb. 3 — "Holistic vs. Synthetic Medicines ... Which is the Real Cure?" Feb. 10 — "Family Law ... Issues for the Black Family." Feb. 17 — "Technology Education for Alabama ... Can Work Force Diversity be Achieved?" Feb. 24-25 — "The Spiritual Revival on the Theme from Nehemiah 8:10: 'Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared.'"

## Singing valentines

The Athens Chapter of Southern Splendor Chorus, a member of the Barbershop Harmony Society, will provide singing valentines. For more information, call (256) 682-9441 or 721-0902.

## Pancake fund-raiser

The Kiwanis Club of Huntsville is sponsoring its 28th annual Pancake Day at the Huntsville High School Cafeteria on March 5 from 6 a.m. to noon. This is its fund-raiser that supports projects such as Reading is Fundamental, School Safety Patrols, Boys and Girls Clubs, Camp ASCCA and other programs that benefit families. Tickets are \$5 at the door and \$4 in advance for all you can eat pancakes, sausage, juice, milk and coffee. For a limited time only, the Kiwanis Club of Huntsville president is offering a special discount price of \$3 per ticket. For more information, call Charlie Urban 683-2047.

## CFC charities

Tennessee Valley Combined Federal Campaign is accepting applications from non-profit charitable human health and welfare organizations wanting to receive contributions. Under federal law, each recipient must be a 501 (c) (3) organization. The application period is March 14 through April 14.

