



Redstone Rocket

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November 6, 1996

Omaha gets post civilian pay function

Civilian workers are reminded to keep the leave and earnings statement they received with their pay Oct. 24.

The civilian pay function has moved from Redstone to Omaha, Neb. So, the pay period ending Oct. 12 was the final one paid out of Redstone's Defense Finance and Accounting Office.

Redstone workers will notice a change with the very first leave and earnings statement they receive from Omaha in November. As in any transfer between agencies, the workers will see that their cumulative retirement balance begins anew. This only means that their retirement balance will be retained at the Office of Personnel Management. The workers will still retain credit for their money toward retirement—that balance just won't be reflected on their leave and earnings statement; it will be kept at OPM.

Recreation fields, gym upgraded through annual ACOE winnings

By Skip Vaughn

Redstone's winnings from the annual Army Communities of Excellence competitions have helped fund quality of life projects on post.

This includes \$365,000 for being named the Army's best medium-sized installation in the U.S. in 1995. Redstone is awaiting word on its prize money as runner-up medium size installation in 1996; and the amount is expected to be \$70,000.

"We've gotten to upgrade a lot of our facilities that are used by not only our soldiers and their families but the civilians, too," said Faye Yates, a program analyst in the Management and Operations Directorate, Redstone Arsenal Support Activity. "And we've tried to allocate the money where it can be used by the maximum number of people here at the Arsenal—that live or visit or work here at the Ar-

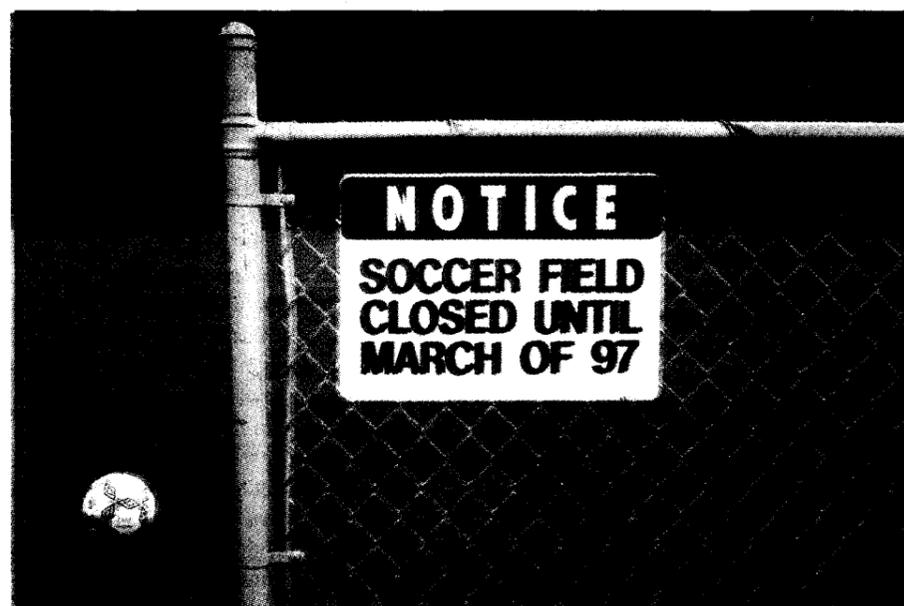
senal."

Of the \$365,000 in 1995 winnings, most was spent on upgrading the youth fields and the soldiers' fields. This included \$87,000 toward the youth fields and \$66,400 for the soldiers' fields for a total of \$153,400. The other major project was \$107,000 to upgrade Pagano Gym.

The projects, based on suggestions from the community, were voted on by the Team Redstone Executive Steering Committee.

"And for (the 1996) award, we're working on a proposal to present to Team Redstone for possibilities to use the money," Yates said. The 1996 runner-up award should be around \$70,000. "We're anticipating \$70,000," Yates said.

This post won't compete in the 1997 awards program. Based on feedback from the last evaluation, the Executive Steering Committee decided it is best to devote that year to strategic



UPGRADED— Soldiers' soccer field 16 on Patton Road across from Gray Road is among the recreation fields renovated through ACOE prize money.

planning and continuous improvement.

Redstone was named the most improved installation in 1992, best medium-sized post in 1993 and 1995, and medium sized runner-up in 1994 and '96. So far, \$1.7 million has come to Red-

stone through the ACOE program.

The following projects were funded by the \$365,000 ACOE award from 1995:

- Equipment and supplies for Pagano Gym;
- Update Welcome Pack-

ets for 1996;

- Two water fountains on the Jogging Trail;
- Upgrade five Youth Fields;
- Upgrade three Soldier Fields;

See ACOE on page 22

Key officials identified for planning of merged command

By Skip Vaughn

The commanders of MICOM and ATCOM have jointly identified key officials of the merged command which stands up in October 1997.

Their assignments, which went into effect Oct. 28, are in addition to their regular duties and responsibilities. Those individuals will assume overall planning responsibility for their respective areas, according to a joint memo from Maj. Gen. James Link and Maj. Gen. Emmitt Gibson. Link leads the Missile Command while Gibson heads the Aviation and Troop Command in St.



BRODERICK

Louis.

MICOM and ATCOM will merge at Redstone to become the Aviation and Missile Command.

"Part of the plan was at this point in time for the two



YOUNG

command groups to designate the key officials," John Chapman, director of the Realignment and Transition Office here, said, "which is kind of the jump start for continuing with the slotting

process."

The next step is for these key officials to designate their senior managers. Then the slotting process will continue for all the other members of the work force.

The slotting process will start in November and finish in December, according to the Missile Command's Civilian Personnel Office.

Among the key officials is Chapman, detailed to the realignment and transition office, who will return to his position as deputy director of the Integrated Materiel Management Center for AMCOM.

Here is the list of designated AMCOM key offi-

cial:

- Deputy to the Commander for Support— Ernie Young
- Deputy to the Commander for Operations— Daniel J. Rubery
- Deputy for Acquisition— vacant
- Chief of Staff— Col. Clifton Broderick
- Command Sergeant Major— CSM Ben Sundry
- Executive Director, Integrated Materiel Management Center— Jim Flinn
- Deputy Director, IMMC— John Chapman
- Executive Director, Acquisition Center— Marlene

See COMMAND on page 22



Veterans Day message from Army leadership

We seldom pause to reflect that the day we now call "Veterans Day" was once called "Armistice Day." It was conceived as a tribute to the American dead of the first world war.

The guns of war had been silent only a year when, in 1919, President Woodrow Wilson proclaimed Nov. 11th to be "Armistice Day."

This was the anniversary of the day on which the fighting had ended. On this day each year, the nation would honor the 116,000 Americans who so recently had sacrificed their lives on the battlefields of Europe. Now, on Veterans Day of 1996, we continue to honor our "doughboys" of the First World War who made the supreme sacrifice.

No less do we honor the American veterans, living and dead, who served in every war and conflict—from the American Revolution to peacekeeping operations in Bosnia.

We honor our veterans from every period of peace as well, for they have safeguarded the liberty our combat veterans fought and died to keep. And we honor American soldiers of today—our veterans of tomorrow.

They carry the torch of liberty as they defend the ramparts of freedom throughout the World. American veterans all, and soldiers of today, we salute you. Your nation and your Army honor you for your sacrifice and continuing selfless service.

Togo D. West Jr.,
Secretary of the Army; and
Gen. Dennis J. Reimer,
Army Chief of Staff

Letters to the editor

Children's center

It's time for a new Child Development Center. Years ago our CDC was built as a benchmark for the rest of the DoD CDCs. I assume a lot of thought went into the construction of the CDC building here at Redstone Arsenal. We need to consider the current conditions in our CDC if it is decided by the higher-ups to build a new one (as I feel they should):

- 1) Duct work is bad. Too cold or too hot.
- 2) Current layout for our CDC is not used efficiently nor can it be. There are too many walls where space is at a premium within each room.
- 3) The number of children within the CDC classrooms is limited. Bigger, or more, rooms would cut down on the long waiting lists (thereby cutting child care costs for many military/civilian personnel) and allow children more room to develop and grow.

Currently there are also problems within the CDC. There seems to be this trend to cut costs by cutting labor. What does that mean? Less teachers on duty with children in the classrooms. According to Army Regulation 608-10, 5-13B, it states that the minimum ratio standards "will" be maintained. I walked outside to visit my child at lunch one day and saw 40 children with two teachers. The teachers were doing the best they can, but that to me looks like a disaster waiting to happen. I have also seen during children nap times, there are only one-two teachers on duty. Teachers come in later than they should based on the schedule they are given by, I assume, their managers. Managers, to cover shortages, will perform double duty within the classrooms. And what strikes me is that the CDC teachers themselves ask parents to complain to the CDC front desk that these shortages are occurring and need to be corrected. The teachers talk to the parents about what is happening and that the teachers themselves are "sick of it." According to them, this ratio problem has been going on for a while now. The teachers feel this shouldn't happen and that the children are going to be hurt by it. If not now, one day.

Let's not be too hasty in blaming the management at the CDC for this. Maybe they are constrained by the government budget cuts to do the best they can with what they have. I know in the Army we must do that, but does that "do more with less" attitude include the ones that care for our children? What's the ultimate savings in all of that? What then becomes the real cost? Personally, I don't believe that cutting costs includes cutting the basic requirements mandated by our government in the care of our children. Nor should it require cutting the basic care needs of those children. If you go over budget in taking care of the children, so what. The regulations and their standards are maintained and the children get the best possible care they need and deserve. I don't think it would be too much of a hassle to allocate some monies to take care of most of the

CDC problems. Turning off a couple of "luxuries" wouldn't bother me. I mean, what real purpose does a water fountain in an artificial pond serve?

I sometimes wonder why some of the ACOE funds we receive every year could not go to the CDC for improvements or new construction. For example, a new center, more staffing, better pay, upgraded equipment. Isn't that what the ACOE money is slated for anyway? The improvement of this post's current facilities? Some things continually come to mind when I travel on Redstone Arsenal. Every time I go past the hospital on Goss Road, I look left and see that big field of green that was built for a select group of people by a select group of people. I read in the Rocket and was told that the funds used for the new golf course was from a different source. I am glad that "source" saw fit to donate their money to what was a "priority" to them. I go down Patton Road and see the new gym going up. And they have a wonderful, new, state of the art office building and command complex. It makes me wonder. The real needs today on this post are in other areas such as the Child Development Center—not a new gym or golf course. Some might be upset with my views toward the golf course and new gym, but children's needs are more important than mine in my opinion. We have a new gym at the Sparkman Center and for those who can't get to it from the barracks area, our old gym was not in that bad a shape where it could still be utilized efficiently. Didn't the old gym get a new basketball floor recently? Hmmmm...

Isn't it time we take the necessary steps to make things better for our babies? Or is it another benefit the Army does not want to continue to maintain for us? My children were not issued to me, but they are mine and mine alone to care for. If I don't do my job to take care of them, the Army will ensure they are and will punish me handily for not doing so. Does that not hold true for the Army itself? I hold my command responsible for the standards they are required to maintain and I challenge them to do so. I also challenge my command to improve the conditions my children have to spend most of their little lives in.

My commander tells his soldiers every day, "Consistent goodness leads to greatness." Can we please get some consistency in the goodness that our children deserve?

Spec. Edwin Nieves,
of HHC MICOM;
Michele Scaif,
of Parents Advisory Council

(Editor's note: Sgt. Maj. Lewis Lockett, chief of the Family Support Division, provided the following response. "The Child Development Center building is one of the first models constructed to meet the requirements for military child care. There are design flaws that have been recognized, and plans have been designed to update and improve the facility. Although there are decreases in budgets due to downsizing, the command is making every effort to

meet the needs of our children in all child development services programs. This is an ongoing process and the management of the Family Support Division welcomes the concern of the community on quality child care for our children. Any concerns or recommendations should be forwarded to Sgt. Maj. Lewis Lockett, chief, Family Support Division, 876-2021, 955-8035, fax 842-9758.")

Marrow donors

First, I'd like to thank everyone for your interest and prayers on behalf of my sister who underwent a bone marrow transplant earlier this year. As most everyone who has followed my articles the past several months knows, I was her bone marrow donor. Thanks to the bone marrow testing done last year, we discovered that I was a perfect match for her. That's a most unusual occurrence—to find a donor so quickly and easily. Since then, she has gone through a physically and mentally traumatic time, but she is alive and doing reasonably well even as many others who could not find a donor have died.

Many of you have stopped me in the halls of the Sparkman Center or elsewhere around the Arsenal to ask questions about the procedures involved and to ask who exactly is eligible to be a donor or a recipient. Others simply ask where they can be tested and how they can have their results entered in the Bone Marrow Center's data bank. The DoD Marrow Donor Center and MICOM have sponsored marrow testing several times in previous years. (The next scheduled test is at the Recreation Center, from 9-noon Nov. 19.) However, the program is another victim of funding cutbacks and there is no assurance that future free testing will be available.

The procedures for potential donors are very simple. The test consists of having a blood sample drawn (through the courtesy and cooperation of the American Red Cross) at that time. Adults in reasonably good health between the ages of 18 and 60 are eligible. The samples are sent to the DoD Marrow Center for determining the tissue antigens peculiar to each person and the results are maintained in their data bank to await a patient who needs that combination of antigens. There are thousands of combinations possible and the probability that any one potential donor is a match to the patient is very remote. That's why EVERYONE needs to be registered in the data bank—to improve the odds for the patient in finding a lifesaving match. And the patient need not be connected to the DoD in any way to benefit.

Even though a person is registered in the data bank and a match is identified by the Marrow Center, the potential donor is asked if they want to donate the bone marrow. There is no obligation at any time to Voltaire to go any

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Redstone Rocket

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Former PX worker charged with theft

Jerome Duron Brown, a former employee of the Post Exchange, has been formally indicted for larceny after being arrested by investigators of the Provost Marshal Office.

The felony indictment, handed down Sept. 24 by a federal grand jury in Birmingham, charged Brown with the theft of more than \$1,400 in electronic and video equipment from the PX.

The charges stemmed from an investigation into the larceny by the Provost Marshal Investigations, alleging Brown stole electronic and video equipment from the PX warehouse and then pawned the items at a local pawn shop in Huntsville.

No date has been set for trial. Brown, who remained in the Madison County Jail, will be tried in the U.S. District Court for Northern Alabama.

Distance learning meets modern Army's training needs

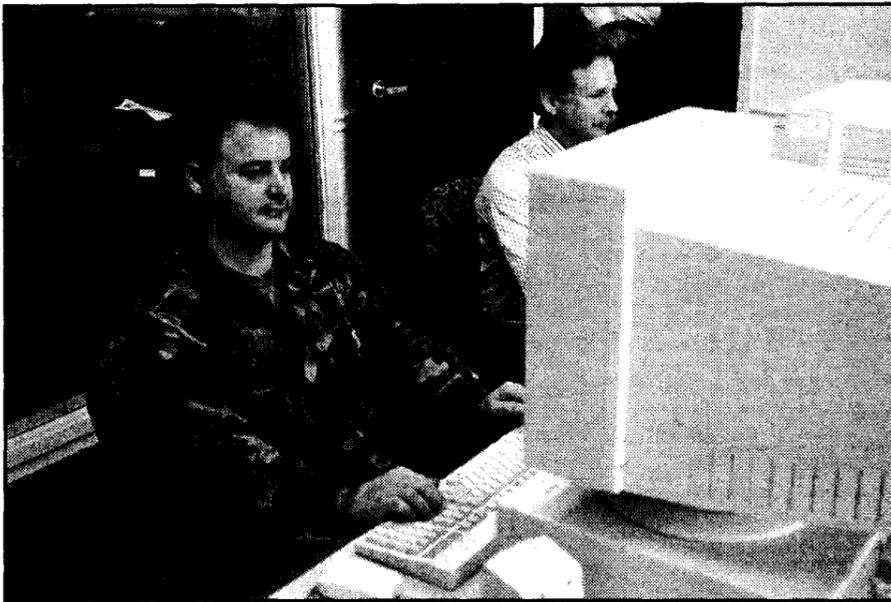
By Skip Vaughn

With dwindling instructors and resources, the Army is finding that distance learning is an efficient way to train soldiers and civilians in the field.

The Army's "Classroom XXI" initiative for the 21st century includes videoteleconferencing, computer-based training, and interactive classrooms. Two users of computer-based training demonstrated their efforts Oct. 30 in a conference room at Sparkman Center building 5302.

The Missile Command's Test Measurement and Diagnostic Equipment Activity (TMDE) has been using computer-based training for the past two years to instruct soldiers and civilians in the field. This method provides new equipment training, sustainment training and displaced equipment training.

Computer-based training is also used to instruct soldiers on the Theater High



DEMONSTRATION— Illi, left, and Rutt demonstrate multimedia computer-based training.

Altitude Area Defense (THAAD) system. "We've produced right now for the THAAD demonstration/validation 56 lessons which are about 40 hours of training," said Doug Rutt of Sanders, a Lockheed Martin company based in Merrimack, N.H. This effort started about two years ago.

The THAAD training is provided on two compact discs: one for the launcher

and one for the BM/C3I (battle management command, control and communications). "We developed 56 lessons on THAAD launcher and BM/C-cubed operation and maintenance. And we're using it to supplement standup instruction out at White Sands, N.M.," Rutt said. "We have classrooms at White Sands and computer-based training next to it. It cuts down the

amount of time for a particular soldier on the equipment."

At TMDE, computer-based training has helped meet a need to qualify soldiers despite a dwindling number of instructors and without travel costs. "I think the major advantage to this is it's based on the student needs rather than instructor or class availability," SFC Ken Illi, senior

instructor for TMDE new equipment training, said.

Five instructional compact discs have been produced so far with another three in the works, Illi said. These offer self-paced training with a built-in test. Upon completion, the student mails back a floppy disk for certification by the new equipment training staff.

"The Army is exploring distance training initiatives," Steve Weber, chief of the land combat branch in Readiness Directorate at the Integrated Materiel Management Center, said. "And this is certainly an avenue of technology that will support the distance training initiatives."

Bob Fields, the THAAD new equipment training manager at Integrated Materiel Management Center, arranged for the demonstration to generate interest in computer-based training.

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Retiring senior NCO misses camaraderie of past Army

By Kathy Harkleroad

CSM Tom Johnson has seen quite a few changes in both the Army and the soldiers who serve in the past 29 years. Johnson began his military career at Redstone Arsenal as a private attending the Advanced Individualized Training courses for ammunition specialists. Johnson is ending his military career as the command sergeant major of the NCO Academy in January.

When Johnson first arrived at Redstone, he said, the first thing he remembered was all the cottonfields and how little there was in Huntsville.

He also recalled the training he received here, and how it helped him at his first duty station. "We had our training in the old Quonset huts here on the Arsenal, and I can remember thinking all ammo guys worked out of them," Johnson said.

"The funny part is after I left here and got to Vietnam, we did work in Quonset huts. It was the same kind as I trained in so it felt

very familiar," he continued.

Johnson has all kinds of memories from Vietnam and his early years in the Army and looks back fondly at the closeness and bonding the soldiers felt.

"Back then we didn't have a thing, we had to scrape for what we got, and I think that brought us closer together. Today there are so many outside influences, that everyone wants to do their own thing," he said. "We need to get that camaraderie back. The bonds are missing."

Redstone Arsenal holds many special memories for Johnson, for several reasons. Each time he has been here, something important has happened in his life.

"I can remember coming to BNCOC in 1974 as a sergeant E-5. I got promoted while attending the BNCOC courses," he said. "The same thing happened when I attended the ANCOG courses here at the Academy. I arrived as an E-6 and left as an E-7."

Johnson returned to Redstone in 1991 as the com-



THREE DECADES AGO— Johnson entered the Army in 1968 and arrived at Redstone Arsenal for his initial training as an ammo specialist. Johnson is pictured here while he was still a private and just beginning his military career.

mandant of the Academy, but that is getting ahead of the story. As an E-7 or sergeant first class, Johnson met his goal of being in the military. He became a first sergeant and was called Top by his men. "That was my only goal in the military," he said, "to be called Top. I

thought that was the most prestigious term."

Johnson held many leadership assignments and one of his most memorable was when he was a drill sergeant. "I always felt like a father figure of sorts and tried to treat each of my men fairly. I have always



COMPLETING CAREER— Johnson is ending his 29-year career as a command sergeant major and commandant of the NCO Academy. This is his second assignment as commandant of the Academy.

listened to them and tried to help when I could," he said.

There was one memory of a soldier that will stick in his memory forever. "I have always led a Christian life, and have felt that there isn't an Army regulation that states you have to swear and drink to be a soldier. I can remember as a drill sergeant, a young sol-

dier came to me and we must have talked for at least three hours about the problems he was having and how he felt his life was pretty well messed up," Johnson said.

"After he left I found out the next day that that young soldier had stopped by the

See **RETIRING** on page 20



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Pugil training a fun way to teach basic soldiering skills

By Kathy Harkleroad

Bravo Company soldiers got a treat in the form of a different kind of training Oct. 19. The students participated in pugil training which is part of their basic soldiering skills, and often taught at basic training.

"This type of training seems to be one of the most popular, when it comes to basic soldiering skills," Capt. Linda Arthur, the B Company commander, said. "The soldiers really enjoy it not only because it is a great

way to relieve stress and tension, but because it is great combat training."

The soldiers wear helmets and other protective devices and are given rubberized pugil sticks which simulate the bayonet attached to an M16 weapon. During the training they learn 10 different maneuvers, and then another 10 combination moves.

Those moves include whirl, attack position, relax, cross over, thrust, slash, butt stroke, high block, low block and parry move-

ments. "We then teach the soldiers how to combine those basic movements and for fun have a competition," Arthur said.

The pugil competition was divided into four categories: female, low end middleweight, high end middleweight, and heavyweight. Winners in those categories included PFC Astrid Sanders, female; Pvt. James Valencia, low end middleweight; Pvt. Wade Dodson, high end middleweight; and Pvt. Rohan Nicholas, heavyweight.



TRAINING SESSION— Spec. Neysa Williams, left, and PFC Astrid Sanders participate in pugil training Oct. 19 at the B Company barracks.

Computer education support offered to schools statewide

The Redstone learning centers are offering their self-paced computer education program to students throughout Alabama.

Representatives from the Education and Development Division traveled to Birmingham for the Alabama Educational Technology Conference, Oct. 6-7. The conference, held at the Birmingham-Jefferson Civic Center, focused on increasing the implementation and utilization of technology in Alabama's schools for instruction, administration, and professional development. More than 3,500 teachers, administrators, media specialists, and others inter-

ested in educational technology attended the 1996 conference.

The Education and Development Division went to Birmingham to make the educational community in Alabama aware of the SPACE (Self-Paced Army Computer Education) program which the military community has been using for years. The Redstone Learning Centers invited the educational community to become partners with Redstone in making SPACE available to students across the state.

"We offered to those interested in becoming a partner 10 free hours of SPACE

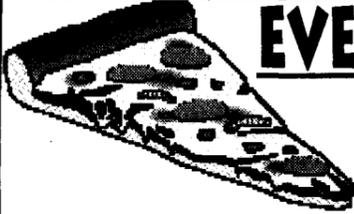
access, plus a one-year subscription rate of \$350 available for this school year only. Although we didn't meet our signup goal, the 70 serious signups we did get are clear indications that SPACE is something educators are interested in learning more about and hopefully using," the division said in a prepared release.

"We offer our potential customers the same support we provide the Redstone community including instructional assistance from professional educators, free

SPACE communications software, free SPACE customer support, and an 800 number to access SPACE.

"There were several schools in the Huntsville area which showed a lot of interest in working with Redstone. We will be contacting these schools.

"We plan to do the same at the Mississippi Educational Technology Conference, Jan. 29-30, and the Tennessee Education Technology Conference in March 23-26," the release concluded.



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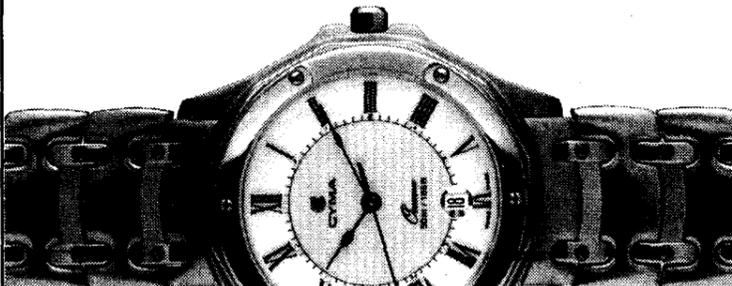
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Q&A: Test your knowledge of energy conservation

For October's "Energy Awareness Month," you're invited to test your energy IQ with the following quiz provided by Frank Osborne, the MICOM energy coordinator.

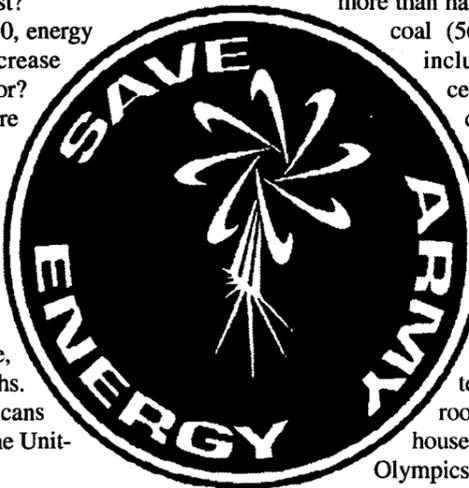
1. What waste product is easiest to recycle?
2. What waste product is recycled most?
3. The U.S. generates more than half its electricity from what energy source?
4. In what city do you find the largest building-mounted photovoltaic (PV) system today? PV technology converts the sun's energy into electricity.
5. What country produces the most coal?
6. Which country is the world's second largest crude oil exporter, after Saudi Arabia?
7. What country is not a member of OPEC (Organization of Petroleum Exporting Countries)?
8. Which state is sometimes referred to as the "Saudi Arabia of Wind Energy"?
9. In U.S. commercial buildings, what is

electricity used for most?

10. By the year 2010, energy consumption will increase the most in which sector?

How'd you do? Here are the answers:

- Answer 1. Aluminum is the easiest to recycle. The entire process to recycle an aluminum can, from collection, to melting, to processing a new one, takes only three months. Each minute, 113,204 cans are being recycled in the United States.
- Answer 2. Paper is the most recycled product. In 1994, Americans recycled just over 40 percent of all used paper. Paper also has been recycled for the longest time—since 1690, when paper was first made from rags.
- Answer 3. The United States generates



more than half its electricity from coal (56 percent). Others include gas (10.2 percent), nuclear (22 percent), oil (2 percent), hydro (9.8 percent), and other/renewables (2 percent).

- Answer 4. The largest building-mounted PV system is found in Atlanta. It's the system mounted on the roof of the building that housed the 1996 Summer Olympics swimming facility.

This system generates enough electricity to power a community of 175 houses.

- Answer 5. China produces the most coal. The United States is the world's third largest coal producer behind China and Russia.
- Answer 6. Norway is the world's second largest crude oil exporter. Norway exports

an average of 2.6 million barrels per day, compared to Saudi exports of 7.9 million barrels per day.

- Answer 7. Initially an OPEC member, Ecuador withdrew in 1992.
- Answer 8. North Dakota is sometimes referred to as the "Saudi Arabia of Wind Energy." It has the potential to produce over 17 times its current electrical wind power generation.
- Answer 9. In U.S. commercial buildings, lighting accounts for 45 percent of the average building's electricity consumption.
- Answer 10. By 2010, energy consumption will increase the most in transportation. While vehicle fuel efficiency is expected to continue to improve, overall growth in the automotive market and a demand for recreational and all-terrain vehicles, in particular, will increase U.S. fuel consumption.

Deployment can be made easier through available information

With the current command emphasis on maintaining a smaller, high quality force, the readiness of soldiers for rapid deployment has become even more critical. It is with this in mind that higher headquarters developed Operation READY (Resources for Educating About Deployment and You).

What is it? Operation READY is a group of written and videotaped modules designed to assist commanders, soldiers, and their families stay prepared for possible deployment. Years of experience dealing with problems that frequently occur during deployment led to the development of these materials. As Army Community Service has the mission of being command's Partner

in Readiness, it was only logical that these materials would be disseminated through them.

The six written modules include information on a wide variety of concerns which, if not prepared for, can result in lost time and efficiency during deployment. Areas such as financial planning/preparation, family care plans and others are covered in great detail, along with materials and objectives for presenting workshops on many subjects. These workshops can be directed at unit leaders, deployable soldiers, and even family members. The Army recognizes that soldiers' families are an important part of readiness. The quality of a sol-

dier's performance is known to be reduced if problems exist in his family situation. Knowing their family situation is stable during their absence helps a deployed soldier keep their mind on the mission.

Another module consists of materials to assist children in coping with the deployment of their military parent. All of these modules contain information which, if acted upon, can reduce the number of prob-

lems experienced during a deployment. They will be available for check-out from Army Community Service.

While nothing can make the deployment of soldiers completely problem free, this guidance can greatly reduce the occurrence of foreseeable problems. For more information about the Operation READY modules, call either Juanita Adams or Sal Riccardi at Army Community Service 876-5397.



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CLASSES HELD IN HUNTSVILLE

Experts warn: Mosquito bites can lead to encephalitis

By Peggy Hays

Even though the peak time for mosquito-borne encephalitis is over, mosquito precautions are always wise preventive health practices, according to local environmental health officers. Encephalitis, a disease that produces flu-like symptoms, usually reaches its height of activity in the late summer months and early fall.

"It's something we preach almost any time of the year because we do have different kinds of mosquitoes," Kevin Humphreys, assistant director for Vector Control at the Madison County Health Department, said. "Some breed in containers, some in flower pots, some in ditches and swamps. There are mosquitoes for every situation. Some of the mosquitoes may not appear until the first of September or until this time of year.

"There are some out there now," he said, adding that the recent cold temperatures will slow down the breeding, and therefore, the possibility of encephalitis.

"We received notice in mid-August from the state health department that they

had Eastern equine encephalitis in south Alabama," said Humphreys, noting that several kinds of encephalitis exist. "They lost an emu, a couple of horses, mostly in Baldwin City, the Bay Minette area—way down south.

"We had a couple of cases with horses in north Alabama," he said, "and one human death in south Alabama due to Eastern equine encephalitis.

"One other thing," he said, "is that it is a virus and one of the reservoirs is birds. We had a lot of rain, consistent rain through the summer, a lot of it in July. That set the scenario for a lot of mosquitoes for late in the fall. Apparently, we escaped.

"A lot of little things can keep areas mosquito-free and keep you a lot healthier," Humphreys said.

Mosquito precautions begin, first and foremost, with reducing their breeding sites and individuals play an important role in this site reduction, said Cherie Miller, environmental science specialist at the Arsenal's Preventive Medicine Service. "At your house, you can eliminate all

the standing water, such as puddles and water in the children's pool and even water in tree holes," she said. "Cut down the bushes and brush around your house.

"You want to kill the larvae," she continued, "and you eliminate the larvae by reducing the breeding sites."

Symptoms of encephalitis are similar to those presented by the flu. Humphreys cautioned, "If something starts out as flu, then progresses into a severe, severe headache, see a physician. If untreated, it leads to massive swelling of the brain and some people go into a coma." The disease "tends to be more fatal in children and the elderly," he said.



ALL ABOARD— Link and Spencer prepare to board the UH-1H Huey helicopter at Sparkman Helipad.

New mayor gets aerial view of Redstone Arsenal, Huntsville

The newly-elected mayor of Huntsville got a whirlwind tour of Redstone Arsenal on Thursday.

Loretta Spencer visited the Missile Command headquarters at the Sparkman Center and then boarded an Army helicopter for an aerial view of Redstone and Huntsville. Others on the flight included the three-soldier crew and Maj. Gen. James

Link, commander of MICOM and Redstone.

"I would say we average a VIP flight about twice a month," Cpl. Harry Sardella, the crew chief, said. The other crew members were CWO 4 Nick Walters, pilot in charge, and Maj. Rick Young, pilot.

They departed the Sparkman Helipad and returned about a half hour later.

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0730-Registration	Sparkman Center Auditorium
0830-Opening Remarks	MG James M. Link, Commander, U.S. Army Missile Command (invited)
0900-"What Is The Federal Acquisition Reform Act"	LTG Erwin J. Rokke, President, National Defense University (invited)
0930-"Changes in C31 & A as a Result Of Reform"	Mr. Thomas E. Bozek, Director of Planning and Strategies, ODASD - C31 Acquisition
1000-Break	
1015-"Changes In Acquisition Education"	BG Richard A. Black, Commandant, DSMC
1100-"Affects Of Reform On The Workforce"	Mr. Joseph H. Schmoll, Director, SE Region Defense Systems Management College
1145-Lunch (included)	
1315-"Automated Tools For Acquisition Management"	Ms. Sheila Burks, DoD Desk Book, Program Mgt. Office
1415-"The Contractor's View Of Acquisition Reform"	Dr. Jay Billings, Executive Vice President, Defense Systems Management Corporation
1500-Afternoon Break	
1515-"How To Make It All Work!"	Mr. Joseph H. Schmoll, Director, SE Region Defense Systems Management College
1600-Summitation & Closing Remarks	20 November, 11

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Medical command receives funding boost for FY '97 appropriations act

WASHINGTON— With the president's signing of the fiscal 1997 Defense Appropriations Act, the Department of Defense began FY '97 with funding that included a congressional increase of \$475 million for the Defense Health Program. The Army Medical Command receives more than 90 percent of its funding through DoD's Defense Health Program. The FY '97 budget for the Army reflects a significant increase over earlier projected funding that had caused grave concern to both commanders and beneficiaries.

The Army Medical Department is using the tenants of managed care to get the most of its money. This included ensuring appropriate high-quality care without unnecessary procedures and more use of ambulatory surgery instead of expensive in-patient operations. Other initiatives include

improved purchasing practices, such as the Prime Vendor automated inventory system and centralized claims-processing procedures.

Funding for direct patient care is based on a capitated funding model (capitated funding distributes dollars based on the number of beneficiaries the hospital and clinics have historically cared for). While the overall Medical Command budget has been increased and maintains the commitment to beneficiaries and Army readiness, there will be instances where hospitals will receive less money due to population decreases and mission realignments. Funding for dental care will increase, in order to improve the dental readiness and deployability of soldiers.

While there are dollars for the AMEDD from the Defense Health Program due to the congressional

increase, they must also fund missions other than direct health care, such as preventive medicine, facility and automation infrastructure, veterinary services, research laboratories, and the Army Medical Department Center and School. These activities must also find and implement operational efficiencies in FY '97.

MEDCOM will continue to fund an aggressive program of repair and maintenance to support its aging facilities. Increased investment in information technology and automated systems will improve beneficiaries' access to high-quality health-care services.

The Army Medical Department remains committed to quality care that is accessible and cost effective. Its current budget position will allow it to do just that, as it also focuses on readiness and implementing Tricare. (MEDCOM release)

Hospital pharmacy gets needed help from budget

By Kathy Harkleroad

The final budget figures have been released for Fox Army Community Hospital and according to hospital commander, Col. David Deeter, the future looks brighter than anticipated.

"The good news is the figures are better than what we thought they would be," Deeter said. "We anticipated budget cuts and got them, but our Regional Medical Command responded to the needs of our community by giving the hospital extra dollars for our pharmacy. We should be able to cover the remaining cuts without decreasing our services.

"Over the last several years, the Redstone community has enjoyed fairly healthy medical budgets," he said. "That was primarily due to Champus recapture initiatives. Those funds will disappear with the implementation of Tricare.

"Because we are going to continue most of those programs," Deeter continued, "we can anticipate a fairly tight fiscal year. We hope to manage the budget decrement without the beneficiaries really feeling it.

"My staff and I are continuing to work hard mapping out a viable strategic path for the hospital; one that will protect the benefits of the patients' health care."

On the immediate horizon, Deeter said the extra pharmacy dollars will be used to begin restocking the pharmacy, as promised.

"Since we will be restocking the pharmacy at a somewhat slower pace than last year, we are still encouraging beneficiaries to call about their specific medications before coming to have their prescription filled at the hospital," he said.

Tuition assistance rates announced for FY 1997

By Bill Costlow

WASHINGTON— Soldiers planning to attend college this fiscal year will find that tuition assistance will apply to as many as 15 semester hours of classes. Prior to March 15, only 12 semester hours were covered.

Tuition assistance will fund up to 75 percent of tuition and certain fees for collegiate course work, subject to the following semester hour cost cap:

- Freshman and sophomore courses: \$ 60
- Junior and senior courses: \$ 85

es: \$ 85

- Graduate level courses: \$170
- Soldiers attending school overseas are subject to limitations within multi-service contracted tuition rates. Education centers have details.

Tuition assistance caps apply to all ranks and are geared to ensure availability for all soldiers. Commanders are authorized to increase tuition assistance in their area using operational funds.

While tuition assistance caps may be discouraging,

these caps are the Army's method to check the spiraling high cost of education. Many schools cooperate with what the Army can afford and they hold down their costs for soldiers. However, there are alternatives according to Col. James Nichols, director of Army Continuing Education.

Soldiers can get credit for many classes at no charge through Functional Academic Skills Training and by testing out of classes.

Pell Grants are also a

great way for soldiers to save on tuition, Nichols said. A lot of people look at the paperwork for a grant and think that it isn't worth their time. But if you look at the potential payoff for filling out a few forms, it's quite a windfall.

Nichols went on to say that Pell Grant funding is up this year by \$1 billion, making opportunities for tuition assistance better than ever.

Interested soldiers and family members should go to their education center for more information. (Arnews)

CFC campaign in final week

The Tennessee Valley Combined Federal Campaign has entered its final week with 79 percent of its goal collected.

The annual fund-raising campaign, which ends this Friday, reached \$1,030,958 after five weeks. The goal is \$1,307,000.

Among 35 federal agencies in the Tennessee Valley, the Missile Command

had collected \$337,620 or 78 percent of its \$462,500 goal.

"We want to encourage everyone who hasn't participated to consider participating, to look at the brochure and check out all the available (charity) agencies," George Gunter, chairman of the Local Federal Coordinating Committee, said.

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Arts/crafts shop a good place for making holiday gifts

By Peggy Hays

Creating and actually making your own holiday gift for a special someone can be enjoyable as well as cost effective, according to William Lackey, director of the June M. Hughes Arts and Crafts Center. He also promotes a safe environment in a building with facilities for making ceramics and ornaments, paintings and drawings, basket weaving, glass lamps, and stained glass wall hangings, and that houses a woodcraft shop.

"Christmas is our big time of the year," Lackey said, "but we also do a lot of things for other seasonal holidays. We do all kinds of ceramics for Halloween and Thanksgiving. We do multicolored Easter eggs.

"We have ceramics with approximately 500 molds," he said, pointing to a nearby ceramic pumpkin with a carved face for a Halloween decoration, then with its other side for a Thanksgiving centerpiece.

"We do very good quality framing and matting and we use all acid-free mats," he said, describing the services. "One of our more lucrative crafts we teach is stained glass. We have the painting materials in the store and we have seven kilns available for the ceramic projects. We can also pour and cast jewelry."

Walking through the wood shop, Lackey pointed out a chest of drawers and cabinets in various stages of completion, some with cedar insets in the drawers. The aroma of cedar was everywhere.

Qualified instructors are available for the classes. Before working in the woodshop, newcomers must take a wood safety course which is offered weekly. "Roy Burton teaches our wood crafts here and at Challenger Middle School," Lackey said. "He is very, very thorough and goes through detail after detail after detail.

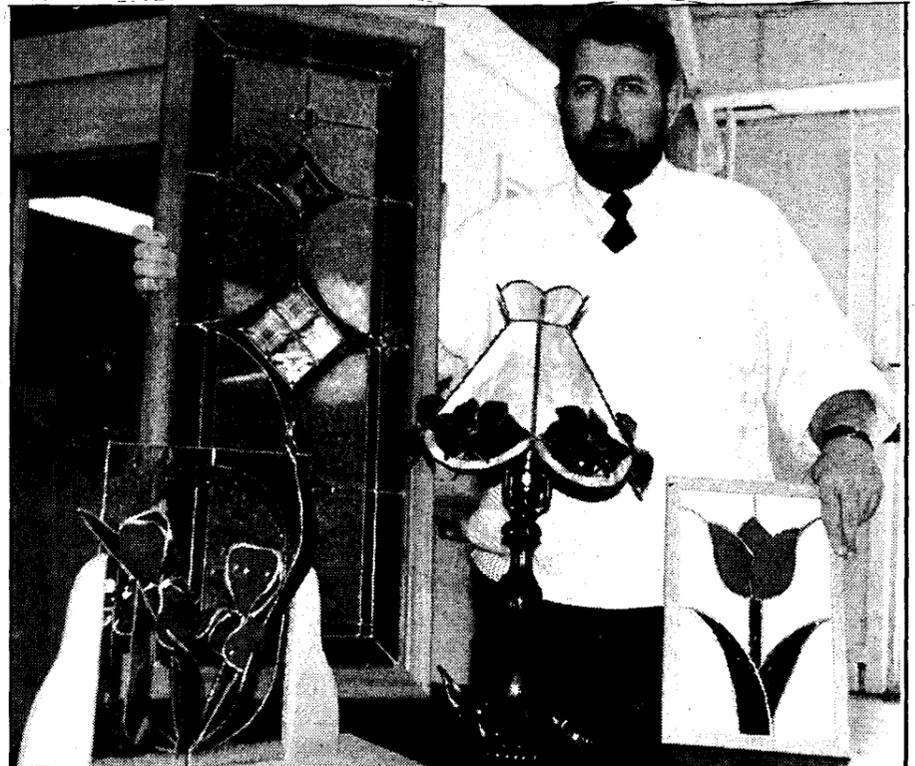
"Our instructors don't hover over you but if you come up to us with anything you need, we'll help you. Another one of our instructors, Sieford Schultze, also teaches at the Senior Center. We don't leave anybody behind in the classes. We proceed at the pace of the individuals in the class."

November includes classes for making angel pins, various tree ornaments, Christmas pillows, Santa stockings, wooden angel ornaments, and wood furniture. There are classes in oil painting, basket weaving, basic matting and framing, and beginner ceramics. Classes are in the evening so patrons can come after work, beginning at 5, 5:30 or 6, with a Saturday 10 a.m. class.

If you'd like to do a project but are anxious because you've had very little or no experience, Lackey assured, "You can produce something that you will be proud of when you leave here."

After completing the classes, you can also work at the shop. "We have a \$1.50 per hour usage fee," Lackey said. "We do not charge a usage fee while you are taking classes."

He summarized: "For \$15, you can walk out with a skill and you can go home with



GIFTS FOR CHRISTMAS OR YEAR ROUND— Lackey shows off stained glass items made by instructor Bob Potts for display purposes. From left, a slumped glass iris, stained glass window,

Tiffany-style lamp, and a tulip wall hanging. The iris and tulip items can be made in the beginner classes; the two others in the advanced classes.

an ornament knowing you've done it yourself.

"Then when you make that other half-dozen for the cousins," he said, "it's very cost effective. And if you make it here, you don't mess up your house. You can buy

your supplies here, too."

An investment in time can be noteworthy, particularly with stained glass. "When some people buy a new house, they find

See GIFTS on page 12

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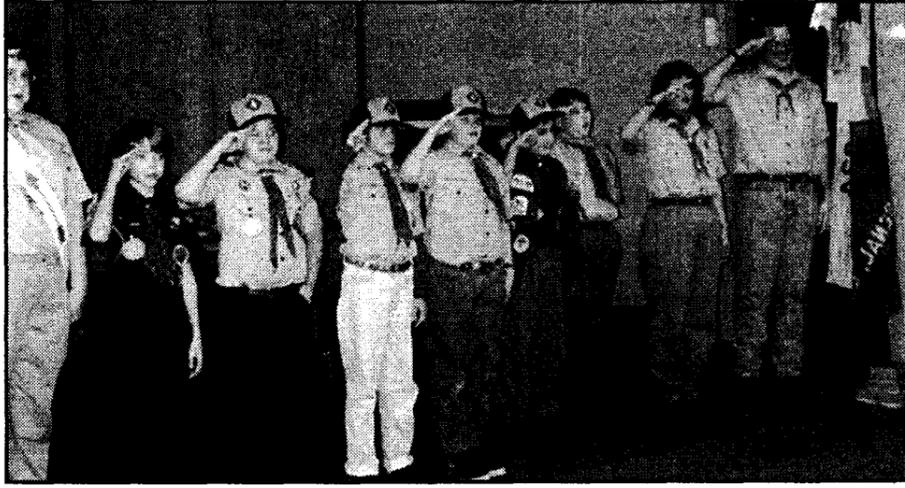
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Redstone Cub Scout Pack needs volunteer leaders



SALUTING SCOUTS— Members of Webelos Den 3 salute during a Scout meeting last December.

By Peggy Hays

A call is hereby made to all those who've been leaders—and that's everyone at one time or another. There are several ways you can be a leader; one is to be a part of a Cub Scout Pack.

Becoming involved in the Redstone Arsenal's Cub Scout Pack 234 can be done in many different ways, according to Cubmaster Steve Bruens. Individuals can participate in the actual Scout meetings or go on hikes and outings, he said, or they can be a part of future actions.

"You can be in planning positions of leadership," said Bruens, who is employed by Perkins Technical Services and is a weapons systems analyst

for the Multiple Launch Rocket System project office. "You can serve on the installation's advisory council, for example. You don't have to actually do the activities with the Scouts but you can."

Pack 234 has 43 Cub Scouts, a large number, and Bruens extends an invitation for adults to assist "You don't have to have someone in Cub Scouts," he said. "You can be retired or active military or you can be civilian."

"It's more than possible," he said, in response to whether the volunteers could be female.

"The biggest problem we have," said Bruens, who has been a Cubmaster for two years, "is that people with space jobs or active duty

military families have a lot of travel time. That keeps a lot from volunteering."

Bruens added that the Cub Pack encompasses Williams Elementary School as well as the Arsenal. "If we don't have good programs at each level," he said, "the numbers will dwindle."

A project very important to the Scouts is under way. "Individuals will be going door to door for our popcorn sales. We'll be selling microwave popcorn, including gourmet caramel corn," Bruens said. "The popcorn is very good."

AER scholarship period opens for '97 applicants

Army Emergency Relief offers scholarships for children of active and retired soldiers.

The time frame to apply for AER's scholarship program is Nov. 1 through Feb. 21 for the fall 1997 school year. All eligible persons are encouraged to apply.

AER's education assistance program is a secondary mission to help Army families with the costs of post-secondary vocational training, preparation for acceptance by service academies, and undergraduate level education for their children.

To be eligible for this program you must be a dependent child, stepchild or legally adopted child of a soldier on active

duty, retired or deceased while on active duty or after retirement.

An applicant must be unmarried and a U.S. citizen or permanent U.S. resident under age 22 on June 1 preceding the beginning of the school year for which the scholarship is requested.

The scholarship funds may be used to assist with tuition, fees, books and supplies, and room and board either on or off campus.

For more information, call Juanita Adams 876-5468 or stop by building 3491 and pick up an application. Hours are 7 a.m. to 4:30 p.m. Monday through Friday.

Bingo made easy for busy people

By Heather Douglas

"Quick Shot Bingo" is a fast and easy game for everyone—especially busy people who don't have the time to enjoy a regular round of bingo.

It's simple, quick, and best of all only \$1 per game card. Beginning Nov. 19, you can purchase your sealed quick-shot bingo card at any of the following locations: Golf Course, JOC

(Just Our Club), Flying Activity, or the Bowling Center.

The entire Redstone community, family members and bonafide guests can purchase an unlimited number of bingo cards. Each card is only \$1 and offers a chance to win up to \$1,000.

You can purchase game cards at the aforementioned locations; and you can immediately open your

sealed card, check the posted numbers and see if you're a winner.

Play till you win and play again; remember, the game begins Nov. 19. For more information, call Ann Hudson 837-0750 or one of the quick-shot bingo locations.

(Editor's note: Douglas is an advertising specialist at Directorate of Community and Family Activities.)

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Aerobic classes offer positive feedback for participants

By Peggy Hays

Volunteers, military and civilian, are leading the aerobic classes held daily at Pagano Gym. The classes are set to accommodate the schedules of the gym patrons. And even better, they are free.

In addition, the instructors all seem to have a commonality: they love what they are doing, they're committed, and fitness seems to be a way of life. They not only lead the classes but may run, lift weights, and do additional aerobic workouts on their own. Further they try to personalize their classes, selecting the music, the steps to use, and varying the intensity levels to fit the participants on that particular day.

For Michelle Hankins, a secretary for the Research Development and Engineering Center, and a volunteer instructor almost five years, it's not only fun, but it's helping somebody and getting positive feedback. "I get it all the time," she said. "They say how it has helped them." In fact for Hankins, who holds a 4:30 p.m. class every Monday, Wednesday and Friday, the feedback is the "best part."

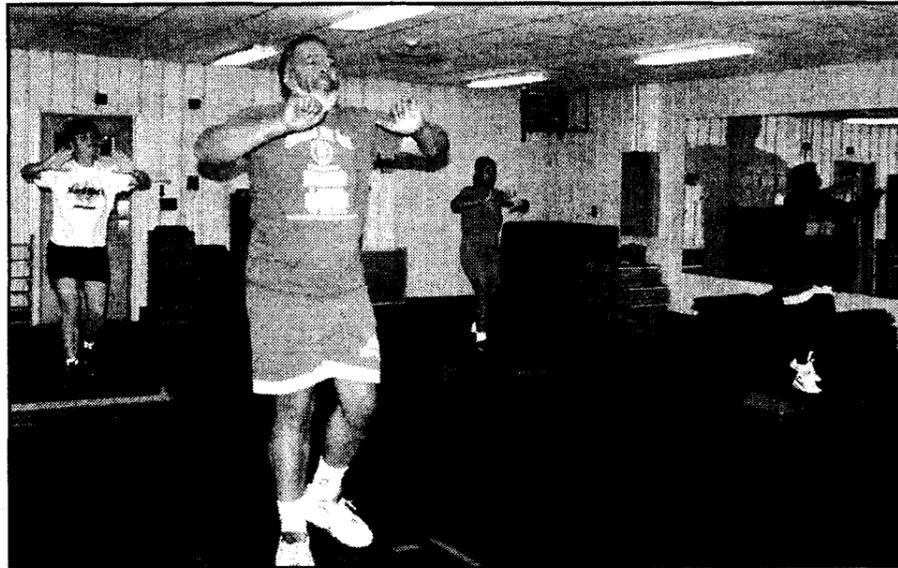
For SFC Yvette Smalls, a member of the professional development team for the Air Defense team at OMMCS, it's the memo-

ries of her first tour at Redstone. "The aerobics program really helped me out when I first got here. I saw it as a good program."

Smalls, who has only been back at the Arsenal for three months but already is teaching nine classes of aerobics weekly, said "It's the only post I've been to where it's a free program." She added, "It gives me an opportunity to help other people."

The best part of aerobics for Smalls are the floor exercises, doing the "ab" work. She also manages to lift weights and run, almost apologizing for completing only "short" runs. "I try to run a couple of times a week. The most I can do is five to seven miles," she said. "I run one of the trails on post after work." Her reason for strength training is that it gives her more stamina. Furthermore, she said, "I think I should look like an aerobics instructor."

For Mitchell Lewis, the NCO-in-charge for Brigade S3 in Operations, it all began with his getting involved while stationed in Europe in 1987 and it's continued since. He's been a volunteer instructor at the Arsenal for two years. "My class is packed all the time," he said. "Other people go back and talk about it to others. As long as they can get in the room, they can come. Sometimes, we have 30 or more.



WORKOUT, NO LUNCH— This noontime aerobics class aims for fitness and fun at Pagano Gym.

"Anybody can come," Lewis said. "They work at their own pace. They can get intense, depends on the person. It can be easy; it can be hard."

"I also give aerobics to the company for P.T.; sometimes once a month, sometimes twice. They want to do something different," he said. "The soldiers really like it; they would like to do it more."

For Sharon Richmond, an accounting technician for Defense Finance and Accounting Service, it began when she and her husband, who was in the military, were overseas. Richmond's been involved in Arsenal aerobics for the past two years. "It's a hobby of mine," she said.

See CLASSES on page 13

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Monday/Wednesday	Classes	Time	Credit Hours	Tuesday/Thursday	Classes	Time	Credit Hours
CIS 130	INTRODUCTION TO CIS	8:30 AM	5	BUS 242	PRINCIPLES OF ACCOUNTING II	8:30 AM	5
ENG 092	BASIC WRITING II	8:30 AM	5	MTH 090	BASIC MATHEMATICS	8:30 AM	5
MTH 091	DEVELOPMENTAL ALGEBRA I	8:30 AM	5	MTH 122	COLLEGE ALGEBRA	8:30 AM	5
SPH 107	PUBLIC SPEAKING	8:30 AM	5	BUS 241	PRINCIPLES OF ACCOUNTING I	11:00 AM	5
BUS 215	BUSINESS COMMUNICATIONS	11:00 AM	5	ECO 232	ECONOMICS II	11:00 AM	5
CIS 146	MICROCOMPUTER APPLICATIONS	11:00 AM	5	ENG 102	ENGLISH COMPOSITION II	11:00 AM	5
ENG 101	ENGLISH COMPOSITION I	11:00 AM	5	PSY 200	GENERAL PSYCHOLOGY	11:00 AM	5
HIS 202	US HISTORY II	11:00 AM	5	ECO 231	ECONOMICS I	1:30 PM	5
MTH 092	DEVELOPMENTAL ALGEBRA II	11:00 AM	5	ENG 262	ENGLISH LITERATURE II	1:30 PM	5
POL 211	AMERICAN NATIONAL GOVERNMENT	11:00 AM	5	ORI 100	ORIENTATION TO COLLEGE - (FIRST CLASS IS JANUARY 16)	1:30 PM	1
SPH 107	PUBLIC SPEAKING	11:00 AM	5	PHS 120	ENVIRONMENTAL SCIENCE	1:30 PM	5
ART 100	ART APPRECIATION	1:30 PM	5	BUS 241	PRINCIPLES OF ACCOUNTING I	4:30 PM	5
BUS 285	PRINCIPLES OF MARKETING	1:30 PM	5	ENG 092	BASIC WRITING II	4:30 PM	5
HIS 102	WESTERN CIVILIZATION II	1:30 PM	5	ENG 101	ENGLISH COMPOSITION I	4:30 PM	5
MTH 111	INTERMEDIATE COLLEGE ALGEBRA	1:30 PM	5	HIS 201	US HISTORY I	4:30 PM	5
BUS 263	LEGAL/SOCIAL ENVIRONMENT OF BUSINESS	4:30 PM	5	PHS 120	ENVIRONMENTAL SCIENCE	4:30 PM	5
BUS 275	PRINCIPLES OF MANAGEMENT	4:30 PM	5	PSY 200	GENERAL PSYCHOLOGY	4:30 PM	5
CIS 211	BASIC PROGRAMMING	4:30 PM	5	SOC 200	INTRODUCTION TO SOCIOLOGY	4:30 PM	5
ECO 232	ECONOMICS II	4:30 PM	5	BUS 242	PRINCIPLES OF ACCOUNTING II	7:00 PM	5
ENG 091	BASIC WRITING I	4:30 PM	5	CRJ 209	JUVENILE DELINQUENCY	7:00 PM	5
ENG 102	ENGLISH COMPOSITION II	4:30 PM	5	ENG 102	ENGLISH COMPOSITION II	7:00 PM	5
MTH 090	BASIC MATHEMATICS	4:30 PM	5	ORI 100	ORIENTATION TO COLLEGE - (FIRST CLASS IS JANUARY 16)	7:00 PM	1
MTH 092	DEVELOPMENTAL MATHEMATICS II	4:30 PM	5	PHS 120	ENVIRONMENTAL SCIENCE	7:00 PM	5
MTH 101	MATHEMATICAL INSIGHTS	4:30 PM	5	SOC 209	JUVENILE DELINQUENCY	7:00 PM	5
MTH 102	BUSINESS MATH	4:30 PM	5	SPH 107	PUBLIC SPEAKING	7:00 PM	5
CIS 130	INTRODUCTION TO CIS	7:00 PM	5				
ECO 231	ECONOMICS I	7:00 PM	5				
ENG 261	ENGLISH LITERATURE I	7:00 PM	5				
MTH 091	DEVELOPMENTAL ALGEBRA I	7:00 PM	5				
MTH 111	INTERMEDIATE COLLEGE ALGEBRA	7:00 PM	5				
MTH 122	COLLEGE ALGEBRA	7:00 PM	5				
ORI 100	ORIENTATION TO COLLEGE - (FIRST CLASS IS JANUARY 15)	7:00 PM	1				

GIFTS

Continued from page 9

that they can make that stained glass window that goes in it for much, much less than going downtown and buying it."

Lackey reminded, "We especially want to give the young G.I. a safe alternative to going downtown. Everybody needs to work off stress and this is one way to do it. The Center is also close enough that they can walk over."

The Arts and Crafts Center, located at building 3615 at the corner of Gray Road and Vincent Drive, is open to all active duty and retired military, DoD civilians, contractors, NASA personnel, National Guard, Reserves and their families, Lackey said. It's closed Sunday and Monday with the

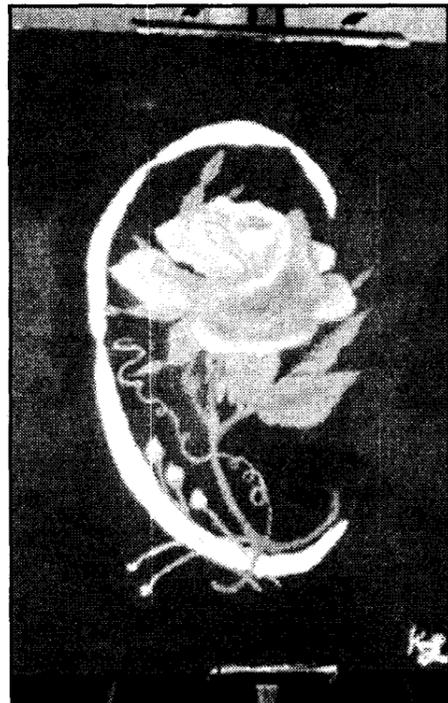
hours varying on other days.

Lackey reiterated the safety emphasis. "If someone is not wearing their goggles in the woodshop, I'll come up and hand them to them. We don't take any kind of risks with safety."

Call 876-7951 and talk to Lackey. He's a native of Gadsden, although he's developed a variety of accents and speech patterns in his 20 years in the Air Force. By the way, his plans for the future include opening an engraving section for making plaques and awards.

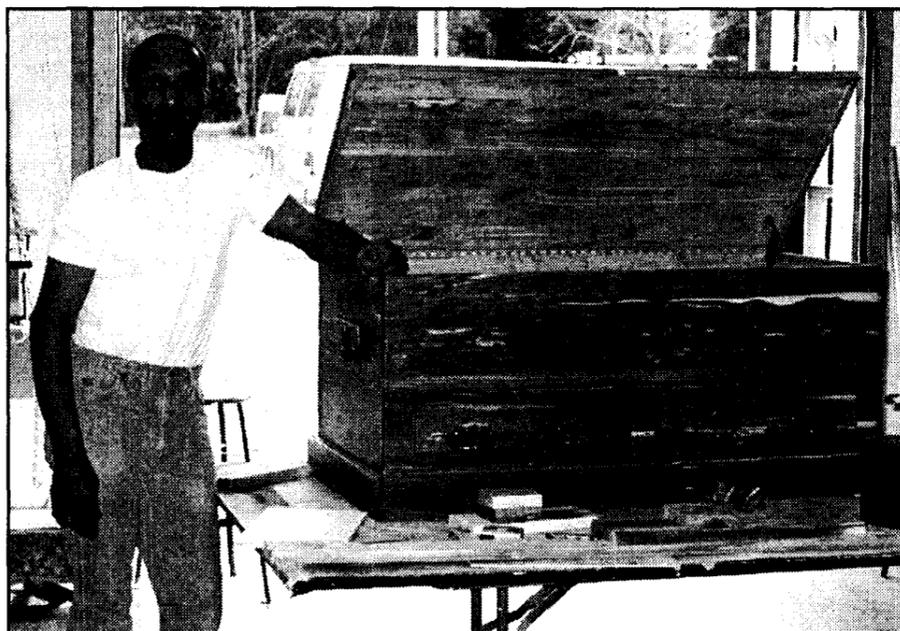


VICTORIAN SANTA — Terre Corley, general crafts instructor, created this Victorian Santa Claus.



THE ROSE— Oil painting done by Kristin, 15, Lackey's daughter, portrays an artist's view of a purple rose with several small buds partially encircled by a white ribbon. Kristin attends Sparkman High School.

MWR highlights . . .



HANDMADE— Nathaniel Meador shows off the cedar chest he made in the woodshop of the Jean M. Hughes Arts & Crafts Center.

The following are among Morale, Welfare and Recreation activities:

- **Hunter orientation:** The mandatory Hunter Safety Orientation will be held every Thursday through Nov. 15 from 4:30-6 p.m. at the Recreation Center, building 3711. For more information, call 876-4868. This orientation is also available on computer at the Learning Resource Center, call in advance to ensure availability of terminals. For hours and locations, call 876-9416.
- **RV storage:** Outdoor Recreation has outdoor storage available for boats, recreational vehicles, etc.

Prices include \$7 per month for vehicles up to 19 feet; and \$9 per month for vehicles 20 feet and over. To reserve a space, call Missy 876-4868.

- **Auto inspections:** Thinking of purchasing a used vehicle? Let the Automotive Skills Center perform a vehicle inspection for you. For information call 955-7727.
- **Bowling alley:** Rocket Lanes is forming fall bowling leagues. If interested call 876-6634.... Rocket Lanes is open for lunch every Thursday, Friday and

Saturday.... Specials include Thursday and Friday bowling special, \$1 per game from 9 a.m. until 4 p.m.; and Saturday bowling special, \$1 per game from 1-5 p.m.

- **Youth Services:** Now offering Kung-Fu and Gymnastics classes. For information call 876-KIDS.
- **Flying Activity:** Registration is under way for upcoming classes. Call 881-3980.
- **June M. Hughes Arts & Crafts Center:** Offering holiday craft classes. For information call 876-7951.

Commissaries raise their tobacco prices

WASHINGTON— The Department of Defense raised the price of tobacco products sold in commissaries to the higher prevailing military exchange rate prices, starting Nov. 1.

DoD raised prices to enhance military personnel readiness by discouraging smoking and promoting healthier lifestyles. The Defense Commissary Agency supports DoD policy and implemented the price increase as announced.

Prices on other commissary products are not affected by the new policy as the

change in tobacco sales is strictly a DoD health issue.

(Arnews) (Defense Commissary Agency release)

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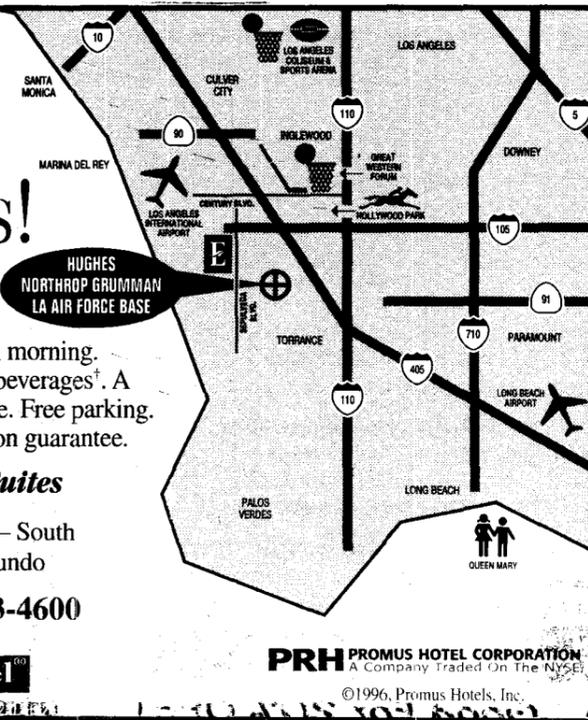
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E-r-g-o-n-o-m-i-c-s: How do you spell relief?...

By Leigh Anne Jasheway

Ergonomic programs don't just reduce injuries—they also can boost profits, a recent survey shows. About 70 percent of employers polled reported increased productivity due to their recently implemented ergonomics programs.

Ten years ago most Americans probably couldn't spell "ergonomics," much less use the word in a sentence. Today, however, with 70 percent of all employees working in offices and rapidly rising rates of repetitive stress injuries such as carpal tunnel syndrome, the demand for ergonomic equipment and furniture is skyrocketing.

In the 1990s alone, we have seen the development of office products as diverse as the saddle chair, the mitten keyboard and the carpal tunnel glove. Choosing ergonomic

equipment and furniture can be confusing at best and potentially harmful at worst. Here are some quick tips to help you wade through the ergonomic jungle:

1. Education and exercise are as important or more important than equipment. Many work-related injuries are due to employee's poor posture, bad habits and unhealthy lifestyle choices. Equipment alone will not alter those factors. In fact, purchasing special equipment may cause more harm than good if you do not provide proper instruction on its use and reinforce to employees the importance of regular exercise and specific exercises designed to prevent on-the-job injuries.

2. Regular evaluation of the ergonomic needs of employees is vital. Steven Pruch, associate director of business affairs for information systems at the University of

Oregon, recommends a thorough individual evaluation of employee needs prior to equipment purchase, followed by annual assessments of how well the equipment is meeting those needs and whether the employees are using devices properly.

3. Get employees away from their desks and moving around at regular intervals. It is not good for the human body to be in any one position or to do any one task for hours on end—regardless of the quality of the equipment. Thus, it may be more important to encourage employees to take regular breaks and vary their daily tasks than to spend hundreds, maybe thousands, of dollars on furniture.

4. One size does not fit all. As tempting as volume-purchase discounts may be, you are likely to save money in the long run by individualizing purchases of ergonomic de-

vices. It is important to take into consideration an employee's height, weight, physical condition (or limitations) and daily tasks. You also should remember that a piece of furniture that may feel most comfortable (for example, a beanbag chair) is not necessarily the best for the body.

5. Non-work activities may be to blame for or may exacerbate problems that show up on the job. For example, an employee who spends eight hours a day at a computer and then plays guitar in a band every night may not find relief from carpal tunnel syndrome by using a wrist rest or carpal tunnel gloves.

(Editor's note: Jasheway, MPH, is a wellness and humor consultant based in Eugene, Ore. She formerly served as health promotion director for the University of Texas health Science Center at Houston.)

CLASSES

Continued from page 11

"Everybody can tell I enjoy it. I really like it."

It would seem so. When

she leaves work, she works out on weights until 5:30, then teaches her Monday, Wednesday and Friday class. She also has a 10 a.m. Saturday class, teaches aerobics at her church twice

a week, and is a substitute at the Northwest YMCA.

The part she likes best is the cardiovascular phase. "I enjoy the high intensity. I get my motivation from them; they get it from me."

To reduce the possibility of boredom, Richmond works particularly hard on varying the "intensity level and keeping the class on their toes."

The instructors also have

another personal goal, and that is, certification. Lewis is certified and Hankins is awaiting the results of her test. "She started me teaching," said Smalls, referring to Hankins. "She's the most experienced of us all. She's a constant, the glue that's kept it together."

Richmond and Smalls are studying for the examination which requires a written and a performance

test. "It adds a little more credibility even though a lot of us were teaching long before there was certification."

Aerobic classes are available to "anyone who works on the installation, DoD civilians, the military and their dependents," Smalls said. "Once most people get over the shyness, they are more motivated when they get in a group.

The tendency at home is to stop and get something to drink or answer the telephone and not get started again."

It seems then that aerobics summarize what an exercise and fitness program should be: It's enjoyable for the participants and the instructors, the instructors receive positive feedback, and a "feel good" atmosphere abounds.



VOLUNTEER INSTRUCTOR— Smalls is among the CPR-qualified instructors who provide aerobic classes after work hours and on Saturday.

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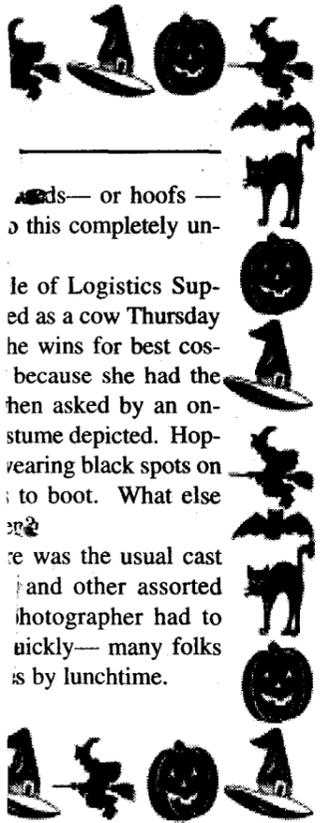
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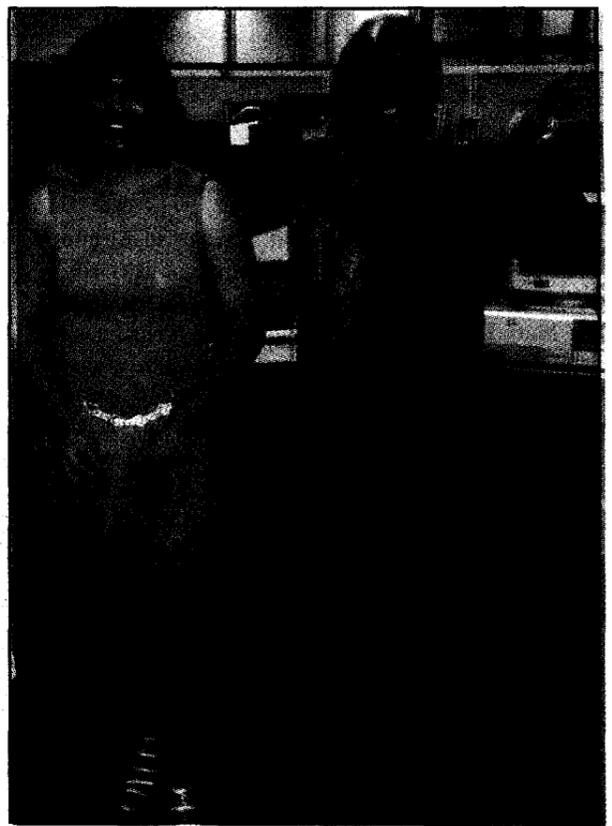
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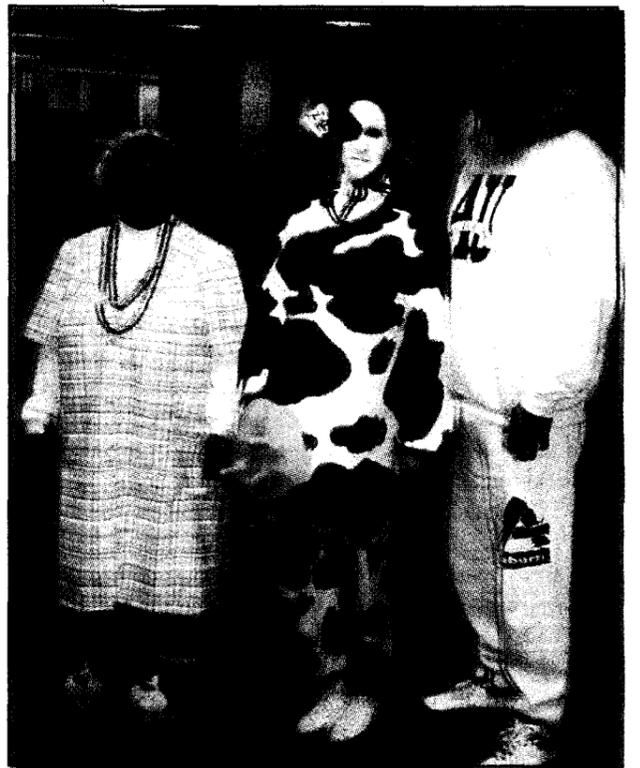
CHAIN GANG— Jesse Evans (guard) poses at Software Engineering Directorate with prisoners, from left, Richard Ernsberger, Linda Williams, Joe McGinty, Kaye Lindsey, Sandra Chaffolds, Gary King, Laura Gordon and Candy Lewis.



LADIES NIGHT— Spec. Travis Ikehara, left, and Ron Wilson take care of business at the Military Personnel Office.



HOORAY TEAM— At Software Engineering Directorate, Cyndy Jones (Army cheerleader), foreground, leads the cheers for, from left, Nancy Adams (dragon), Jim Putnam (godfather), Robin Beasley (Miss Kitty), Nancy Rostollan (Tammy Faye Baker), Gail Scott (pioneer) and Lisa Davis (Raggedy Ann).



MOOO— Hopple, center, poses at LOGSA with Cheryl Youngmans (frumpy housewife) and Ed Drenning (werewolf).

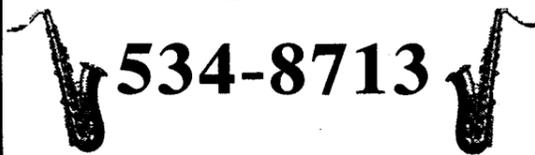


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Sports

Redstone firefighter enjoys challenge of auto racing

By Peggy Hays

It's a family affair. When Marc Burleson goes racing, it's with his family, his crew, and his crew's family. It's a way of life.

"It's pretty much a family thing," he said. "We're all good friends.

"My mother, father, sister, brother-in-law, and my girl— well, my fiancée as of last night," said Burleson, "all go."

They travel to races in Alabama and the surrounding states, spending the weekend competing against drivers from other southeastern states. In between, they race at Huntsville Speedway. In fact, they're even together when they're not racing as they work and upgrade Burleson's current open-wheel race car.

Burleson, a firefighter for the past 18 months at Fire Station 1, only began as a driver three years ago. Of course, he's been interested in cars ever since he can remember. He attributes his interest to his grandfather and cites his fire captain, Larry Dowdy, as one of the major influencers in his racing background. "Then, it was just hands-on," he added.

"Three years ago, he (Dowdy) built me a mini-stock and we raced it. We finished fifth in points this year at the Huntsville Speedway. We finished seventh our first year.

"We don't just race here; if there's a big race, we go

to it. We go to Birmingham, Montgomery, Highland Rim in Tennessee, and Sayre, that's around Jasper. This winter, we're going to Pensacola."

"I own the car," he said, with his father, owner of Burleson Pools, providing the main financial backing. "He sets up the races every week. He gets the sponsors. These races in the fall and winter are usually a two and three day show with the winning check around \$1500."

Burleson moved up to the open-wheel division because it's easier to comply with the racing sanctions. "On most of the tracks, it's usually the same rules," he said, "maybe changing the weight and balance but not the body. It's pretty much a universal class."

Burleson is also fortunate to be doing two things he dearly loves; the other is being a firefighter. He's known he wanted to be a firefighter "ever since I was a kid. As quick as I got out of high school, I went to school to be an emergency technician and I also joined the volunteer fire department at Owens Cross Roads."

He continued taking all the training courses he could get and was placed on the Arsenal firefighters' list. "I was on it for a long time before I got hired," he recalled. At least, it seemed so to him.

What keeps him in the sport is both the competi-

tion and the family involvement. "I guess the bond with the crew, my father, all doing the same thing," he said. "The people involved with racing, like Ronny Swaim, (fellow race car driver from RD&E Center's Propulsion Directorate), the camaraderie.

"Our course, our families come first. The wives of the crew are really understanding as the crew really put in a lot of hours."

His crew members, with years of experience in either driving race cars or as mechanics, are Nathaniel Baker, Calvin Bearden, Tony Harrell, Randy Malone and Brian Malone. "I'm happy to have them. I'm always learning from them.

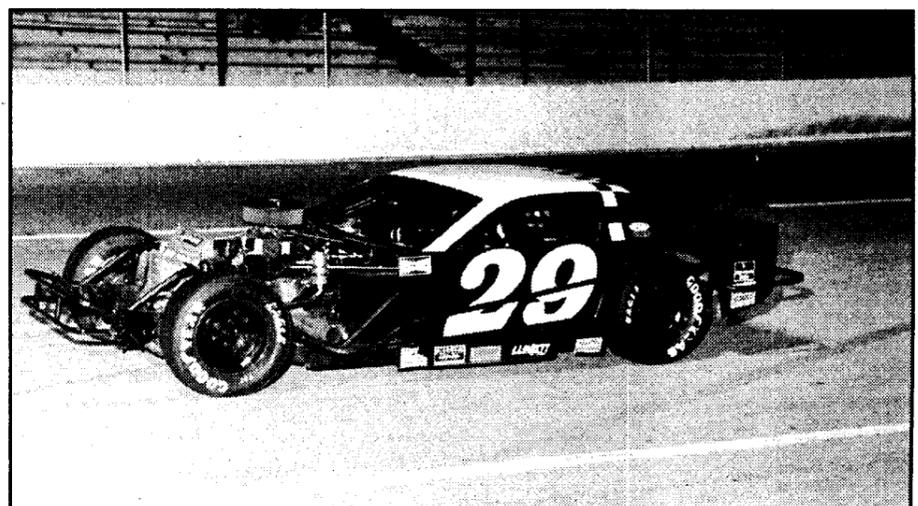
"Our goal this week is to be competitive. You've got to set goals," he said, itemizing the steps. "We started out in mini-stocks. Then we made the start in the open-wheel, next it's to be competitive, and then to win. Right now, we're between making the show and being competitive.

Their weekly goal is balancing expenses with the winning checks which are hard to get. The competition is tough and, with the open-wheel car, the tires are more exposed. "Tires are a major expense," he said. "What we try to do every week is to make tire money. It's a challenge"

As for the details on his fiancée, you can ask him. He does say it happened just



MINI-STOCK WINNER— Burleson displays the checkered winner's flag at Victory Lane in a recent race at Huntsville Speedway. His crew is in background.



OPEN-WHEEL TRAVELER— Two weeks ago, Burleson and his crew and their families raced in Montgomery. This past weekend, they traveled to Birmingham to race his open-wheel race car.

the night before this interview.

In his spare time, Burleson also works on the

cars of his family and, and if necessary, he gives his captain, who lives near-

by, a call. "If I need any help, all I need to do is to call him."

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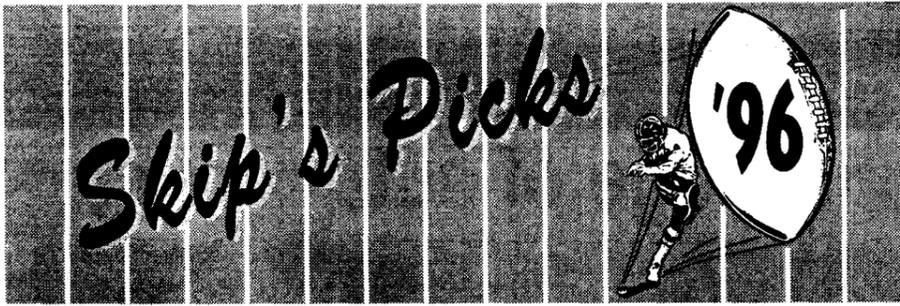
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Sports

Army Cadets picked to run past the Air Force Falcons

By Skip Vaughn

The ground rumbles, the building seems to shift. No, it's not an earthquake or an approaching tornado. It's the sound of the unbeaten Army football team marching toward another opponent.

No one has stopped the Cadets so far. Their 8-0 record equals their best start since 1950; and Army is the nation's top rushing team. Last weekend the Cadets ran for 321 yards against Division I-AA Lafayette (3-4). Army won 41-21.

On Saturday Army will entertain Air Force, a good football team which beat Notre Dame this season but blew a big lead last week in falling to Colorado State 42-41.

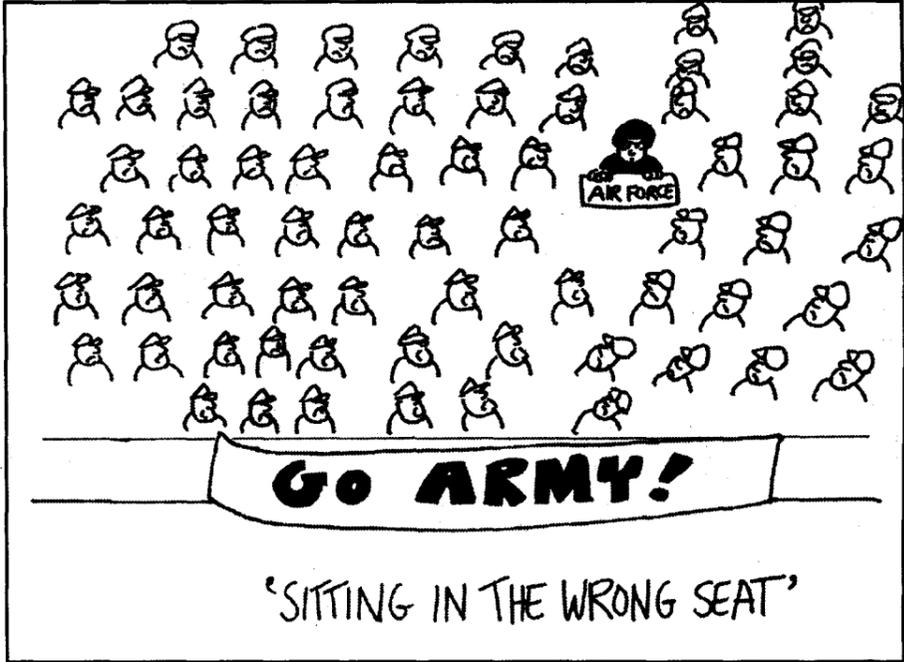
Can the Air Force Falcons stop this Army team? Nope. Just listen to that ground rumble...

Skip's Picks went 33-6 last week, lifting the season totals to 263-88 for 75 percent. Here are my predictions for selected games this week in major college football:

- Air Force at Army—Army
- Alabama at Louisiana State—Bama
- Ole Miss at Arkansas—Ark.
- NE Louisiana at Auburn—Auburn
- Tennessee at Memphis—Tenn.
- Florida at Vanderbilt—Fla.
- Miss. St. at Kentucky—Miss. St.

Miss. St.

- Alabama A&M at Tuskegee—A&M
- North Alabama at West Georgia—W. Ga.
- Jacksonville at Stephen F. Austin—S. F. Austin
- Arizona at Oregon—Arizona
- California at Ariz. St.—ASU
- Texas A&M at Baylor—Texas A&M
- Notre Dame at Boston College—ND
- Rice at Brigham Young—BYU
- Clemson at Virginia—Va.
- Iowa St. at Colorado—Colo.
- Colo. State at Fresno St.—Colo. St.
- Duke at N.C. State—N.C. St.



- East Carolina at Va. Tech—Va. Tech
- Florida State vs. Wake Forest—FSU
- Southern Miss. at Houston—SM
- Ohio State at Illinois—OSU
- Indiana at Mich. St.—Mich. St.
- Northwestern at Iowa—N'western
- Kansas St. at Kansas—Kan. St.
- Louisville at North Carolina—UNC
- Michigan at Purdue—Mich.
- Minnesota at Wisconsin—Wis.
- Missouri at Nebraska—Neb.
- Delaware at Navy—Navy
- Oklahoma at Okla. St.—Oklahoma
- Oregon St. at Washington—Wash.
- West Virginia at Rutgers—W. Va.
- Wyoming at San Diego St.—Wyo.
- Southern Cal at Stanford—USC
- Syracuse at Tulane—Syracuse
- Texas at Texas Tech—Texas
- Texas Christian at Tulsa—TCU
- Wash. St. at UCLA—UCLA

Flag football standings

Eastern Conference	W	L
D Company 832nd	6	2
Hqtrs & Alpha	2	6
HHC MICOM	1	6
MEDDAC-2	0	8
Western Conference	W	L
Marines	9	0
MEDDAC-1	6	3
B Company 832nd	5	2
C Company 832nd	3	5

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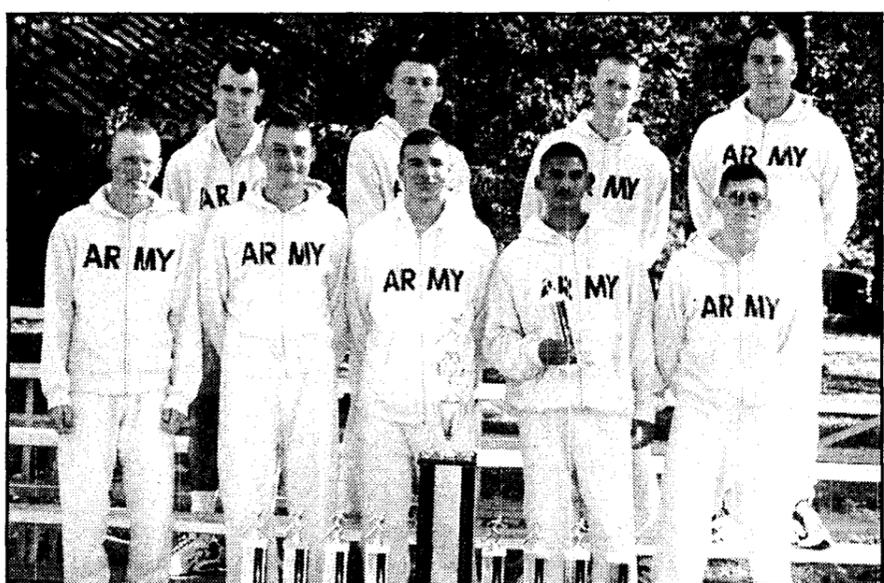
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ADVANCED VISUAL BASIC FOR WINDOWS	Nov. 18-22, TS0200-07	M-F, 8 am-noon	\$ 495
FUNDAMENTALS OF MICROSOFT VISUAL C/C++	Nov. 18-Dec. 6, TS3182-09	M-F, 1-5 pm	\$ 695
UNIX HANDS-ON WORKSHOP	Dec. 2-6, TS0067-33	M-F, 8 am-noon	\$ 495
ORACLE FORMS 4.5	Dec. 2-13, TS3242-03	M-F, 1-5 pm	\$ 695
ADVANCED C PROGRAMMING	Dec. 9-20, TS0112-15	M-F, 8 am-noon	\$ 695
UNIX SYSTEMS ADMINISTRATOR WORKSHOP	Dec. 16-20, TS3170-09	M-F, 8 am-noon	\$ 495
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INTRODUCTION TO COMPUTER AIDED SOFTWARE ENGINEERING	Nov. 11-15, TS3187-07	M-F, 9 am-noon	\$ 395
FUNDAMENTALS OF QUALITY ENGINEERING	Nov. 18-22, TS3255-04	M-F, 8 am-noon	\$ 495
DESIGN OF EXPERIMENTS	Dec. 2-6, TS3126-05	M-F, 8 am-noon	\$ 595
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GIVE ME MY MONEY, PLEASE!	Nov. 5, MC6188-05	T, 9 am-4 pm	\$ 195
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Sports



Winning 5K team

The B Company team won the 5K post run Oct. 19 which is part of the Commander's Cup competition. Team members and their times included front row, from left: Pvt. Matthew Foster, 16:01; Pvt. Adolph Cardwell, 17:12; Pvt. Salim Khalil, 17:58; PFC Darrick Garner, 15:46; and Pvt. Bobby Ogan, 16:43. In the second row, from left, are Pvt. Joshua Taylor, 19:06; PFC Wesley Zettle, 21:43; PFC Jay Emert, 15:49; and coach Drill Sgt. George Landreth.



GOLFING COWGIRL— Sally Shepard poses in costume at the tournament site.

Ladies Golf Association has howling good time at Halloween tournament

Many of the 50 participants dressed for the occasion at the final tournament of the season for the Redstone Arsenal Ladies Golf Association.

It was Oct. 30 so of course they wore Halloween costumes. Alice Brayton and Camille Schlendering took the prizes for best costumes.

Oh, and by the way, the team winners in this Halloween Scramble were Virginia Payne, Bev Payne, Betty Davis and Ivy Pencola.

Second place went to Jackie Lane, Pat Bethune, Kathy Morrison and Shirley Winter. And the third place finishers were Janice Jacobs, Jane Robinson and Florence Teir.

Here are the fourth through sixth place teams:

- Fourth place— Marie Maksimowski, Ernestine Anderson, Kimiko Lutz and Jane Berg.
- Fifth place— Elke Mullen, Sally Shepard, Shirley Ponder and Kathy Newton.

• Sixth place— Joy McGuire, Camille Schlendering, Ann Koontz and Louise White.

Special award recipients included Virginia Payne and Debra Plate, longest drive; and Joy McGuire, Elke Mullen, Fran Sullivan and Elaine Owen, closest to the pin.

Nancy Reilly, tournament chairperson, handed out "trick or treats" to the players.

Gender issues may bring changes in Army Physical Fitness Test

By Shebrina Bailey

WASHINGTON— The Army is considering changes in physical fitness test standards which physiologists say will "level the playing field" for men and women. The suggested changes are in response to a request from the Army chief of staff for the Physical Training School at Fort Benning, Ga., to update the existing test.

"General Dennis J. Reimer has asked the Army Fitness School to do a study on our current APFT. The chief of staff asked the following questions: How were the current APFT standards developed and are the current standards correct for the types of things we are now doing? Is the current APFT valid and are both genders treated

See TEST on page 22

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More Army civilian workers will deploy with soldiers

FORT MONROE, Va.— As the Army gets smaller, soldiers will be joined on many overseas deployments by greater numbers of Army civilian employees.

"With downsizing of the military, there's an increasing need for civilian and contractor support in the theater of operations," said Diana Skelton, civilian mobilization planner in Training and Doctrine Command's civilian personnel directorate. "We're going to see more and more civilians, as well as contractors, participating in military operations."

Traditionally, most civilians who deploy are in emergency essential (EE) positions with Army Materiel Command and Corps of Engineers. Such employees signed agreements when they were hired that they would deploy wherever needed.

There are a few EE positions in TRADOC, but any employee could be asked to deploy if he or she has skills that the theater commander says he needs, Skelton pointed out. When the civilian voluntarily accepts the assignment, then he or she is classified as an EE employee.

Employees in appropriated fund and nonappropriated fund positions can be requested to volunteer for deployments to a theater of operations.

Processing procedures and requirements for deploying civilians are similar to those for soldiers. That is done at a CONUS (Continental United States) Replacement Center (CRC) or Individual Deployment Site (IDS).

TRADOC is the executive agent for CRCs and IDS. Six TRADOC installations are designated as CRCs. They are activated when the president authorizes a selective mobilization, and are staffed by Army Reserve CRC battalions.

CRCs are at Fort Knox, Ky., Fort Gordon, Ga., Fort Benning, Ga., Fort Leonard Wood, Mo., Fort Sill, Okla.,

and Fort Bliss, Texas.

Fort Benning and Fort Bliss are also IDS. An IDS is a year-round operation responsible for deployments for operations other than war.

The major distinction between a CRC and an IDS is that the IDS is operated by personnel assigned to the installation.

Only individuals identified as non-unit related personnel being deployed are processed through a CRC or an IDS. Soldiers and civilians attached to units deploy with those units and receive training and processing at their home stations.

Both the CRC and IDS at Fort Benning are currently active. The CRC is processing soldiers and civilians going to Bosnia, and the IDS processes them for Saudi Arabia.

Since December 1995, more than 300 civilians, including contractors and Red Cross staffers, have passed through the CRC to Bosnia. They ranged in pay grades General Schedule 5 to 15, and Wage Grades 5 through 10. Types of jobs they hold include inventory management, transportation, construction, safety, linguists, communications, maintenance and soil analysis.

The CRC concept was proven during Operation Desert Shield, according to Skelton. It was created to ensure that individual soldiers and civilians arrived in theater with the necessary skills and knowledge to survive and perform in that particular environment.

Each person spends about five days at an IDS or CRC. That includes the first day for reception, three days for processing, and one for movement. Civilians are issued Geneva Convention identification cards and dog tags. They complete emergency notification forms and give DNA samples. They are issued military clothing and equipment appropriate for the theater of operations.

About the only difference between military and civilian processing is that

civilians can normally refuse an HIV test, which is mandatory for soldiers. It is mandatory for all if the country being deployed to requires one. However, only Israel and Egypt require HIV tests.

Training may include chemical and biological protection, first aid, code of conduct, health and sanitation, weapons familiarization and customs and courtesies for the area of deployment.

A weapon may be issued to a civilian if the theater commander has decided it is necessary. If employees agree to carry small arms for self defense, they will be trained in safe handling and use of them.

"In the past civilians were pretty much in what was called the rear, as opposed to the forward area of the battlefield," Skelton said. "Those distinctions don't exist in the nonlinear battlefield today so any civilian deploying where there are hostilities, or where there may be hostilities, needs the same protection as a soldier."

Last year Department of Army Pamphlet 690-47, "DA Civilian Employee Employment Guide," was published. Civilians who will support an OCONUS contingency should refer to the guide for information about pay, leave, training, medical benefits and issues unique to civilians, as well

as information common to soldiers.

"It's amazing to watch them come in to an IDS or CRC, link up with soldiers and go through the processing as a team," Skelton said. "After they've been outfitted with BDUs, boots and equipment, it's difficult to pick out the civilians from the soldiers. One means of identifying civilians is by the distinctive patch they are authorized to wear."

The patch is an olive green triangle, with "US" in black letters centered on the triangle, on an olive drab background worn on the left shoulder.

"While they are at an IDS or CRC, civilians are required to live in open bay

barracks, share bathroom facilities and eat in the dining facilities. It's a real eye opener to a lot of civilians who have never been in the military."

Skelton said although Army leadership has recognized the need for civilians to augment military forces, that realization hasn't been imbedded throughout the Army.

During the Gulf War, more than 3,000 Army civilians deployed to Saudi Arabia. Their service was essential and outstandingly performed, Skelton said. (Arnews)

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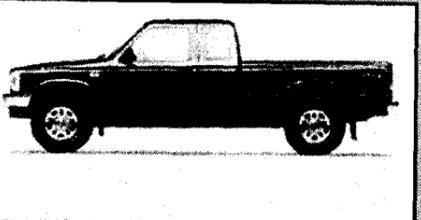
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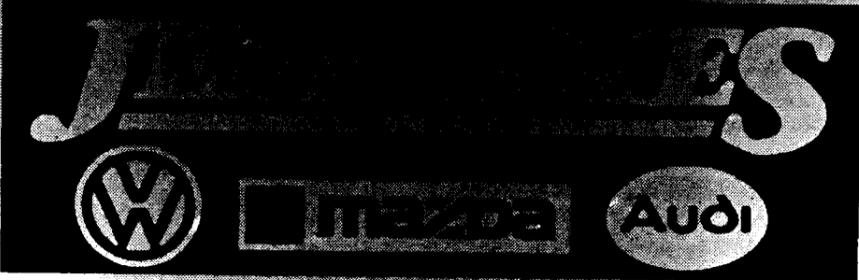


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RETIRING

Continued from page 4

chapel after he left me and spoke to the chaplain. He told me that the soldier commented on the talk we had just had, and turned his life over to Christ. I knew then I had made a real difference in someone's life and that is a pretty emotional and special feeling."

Johnson cherished his time as a drill sergeant and said he spent almost five years as one and loved "being on the trail." "It was quite an experience to say the least," he said, "and one that I will always remember."

Johnson was promoted to sergeant major and his life once again took a turn. "I met and married my wife as I was entering the Sergeants Major Academy," he said, "and from that point on my life was complete." He has served as a command sergeant major for the 83rd Ordnance Battalion, Japan; 801st Maintenance Battalion, Fort Campbell, Ky.; 191st Ordnance Battalion, Miesau, Germany, and twice as the NCO Academy here.

"Being a command sergeant major has some definite benefits when it comes to dealing with soldiers," Johnson said. "It gives you the time to get to know them, help, and guide them through their young careers. I have thoroughly enjoyed being a CSM, and have had many good years."

During his assignment as commandant of the Academy, Johnson has seen many changes occur, both within the Army and within the Academy. "We are getting ready to implement a computer literacy program at the Academy which the soldiers will be required to take," he said.

"I have also seen the standards raised for the cadre here, and in turn with soldiers who come through our doors. During our last accreditation, we were named the top NCO Academy in TRADOC, we had no deficiencies.... They couldn't find anything wrong," he said with a smile.

Johnson said he doesn't have any definite plans for his retirement except to go home to North Carolina with his wife, Trish. They are buying a home and Johnson said, "I'm considering many possibilities— including helping Dean Smith of North Carolina University coach basketball," he said, smiling.

Gulf War illness info sought by DoD, veterans affairs

WASHINGTON— Soldiers who may be suffering from Gulf War Illness are urged to call 1-800-472-6719.

Evidence from an ongoing investigation suggests that chemical weapons were present when U.S. forces destroyed a series of ammunition storage bunkers and crated munitions in an open pit, both in an area called Khamisiyah, about 15 miles southeast of An Nasiriyah in southern Iraq during the period March 4-15, 1991.

"The departments of defense and veterans affairs are working together to bring all necessary resources to bear on this issue," said John P. White, deputy secretary of defense. "To understand the events at Khamisiyah and to address the concerns of our Gulf War veterans, we need help in this matter."

No reports of exposure to chemical agents were made at the time, according to defense officials, but the search for information continues.

This investigation is at the direction of President Clinton and Secretary of Defense Perry. Any information that could help determine the causes of illnesses being explained by veterans of the Gulf War is being sought.

Referring to the ongoing extensive investigation of the events at Khamisiyah, White stated, "The story of Khamisiyah is still incomplete. We are putting the puzzle together, and we want those who were there to help us fill in the missing pieces. Khamisiyah is a watershed event in our search for information and understanding of Gulf War illnesses. It is the first event

where we can place American troops in an area where we believe chemical weapons were destroyed. To our knowledge, servicemembers at that time did not report the symptoms associated with exposure to chemical agents, but our search for information continues. The possibility that some individuals could have been exposed at low levels has caused us to review our clinical and investigative protocols.

"We want to reassure our veterans that no effort will be spared in understanding Gulf War veterans' illnesses, and no Gulf War veterans will be without the health care they need."

In August, DoD began contacting 1,168 U.S. servicemembers assigned to units involved in the March 4, 1991, demolition operations at the Khamisiyah bunker complex. The veterans were asked to call the DoD Persian Gulf Veterans hotline to report any medical problems they may be experiencing and provide any information they believe pertinent to this service incident. To date, the department has been able to contact more than 500 of these members by phone. The department will send certified letters to the re-

mainder who could not be contacted by phone.

"Today as one key step in the Department's efforts, we are launching an outreach effort to about 20,000 Gulf War veterans who were within 31 miles (50 kilometers) of the Khamisiyah site from March 4 through March 15, 1991," said White. "We are going beyond the area in which there were likely to have been immediate effects from any chemical agent (nerve gas) exposure. Since there is evidence that chemical weapons were present during the demolition of a bunker and crated munitions in a pit area, we are asking for help from our people in learning more about what happened.

"At the same time we are asking for our Gulf War veterans to help, we want to assure them that we take care of our own," said White. "An aggressive health care outreach effort is being carried out to these 20,000 Gulf War veterans. For any of them who have health concerns, we are asking that they contact us or the VA so that we can give them a medical evaluation."

In addition, the department is now investigating the possibility of a detonation at the Khamisiyah com-

plex on March 12, two days after the demolition reported earlier. It is not known if the unit logs containing this report are accurate or, if such a demolition occurred, if chemical munitions were involved.

The department has launched an extensive research effort to understand what happened during the war, investigating incidents that may have exposed U.S. troops to chemical weapons or other unknown substances, and assessing the health of Gulf War veterans. DoD is allocating up to \$15 million in new research into the possible effects of low-level exposure to chemical agents. Additionally, DoD is funding another \$12 million for general research on other possible causes of Gulf War illnesses.

"We are always concerned with the health of our troops — especially when they are deployed to unfamiliar environments where they may be exposed to chemical weapons," said White. "We will continue to investigate incidents that may have exposed our troops to chemical weapons or to unknown substances, and to assess and provide for the health of our Gulf War veterans." (Arnews) (Compiled from DoD releases)

'The story of Khamisiyah is still incomplete. We are putting the puzzle together, and we want those who were there to help us fill in the missing pieces.'

— John P. White
Deputy defense secretary

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LETTERS

Continued from page 2

further in the process and the donor remains anonymous unless the donor makes his/her identification known to others. I've heard horror stories and been asked how badly it hurt me as a donor—it was a bit uncomfortable during the process (similar to donating blood), but it was never painful. A new process is able to extract the bone marrow from the blood and return the blood to the donor in the same line—I did not have large needles stuck in my hip bone or any other bone. I donated in a blood transfusion room in the hospital; the marrow was taken immediately to my sister in the oncology (cancer) ward, and given directly to her by intravenous (IV) transfusion. I got up immediately afterward and was in the room with my sister before the marrow arrived. We visited and I went home.

It's not difficult; it's not painful; and it can save a life. Please participate in the Bone Marrow test program being sponsored at the Recreation Center, building 3711, Nov. 19 from 9-noon. And thank you again on behalf of my sister for your concern and prayers—please keep all those needing bone marrow in your thoughts and prayers, especially as you come out to be tested.

Herb Hayes
Corps Sam/MEADS

Immunization

The Fox Army Community Hospital would like to thank the Redstone community for outstanding support of this year's flu campaign. One of our goals is to help individuals prevent illness/maintain wellness; and the community's support moved us closer to that goal. We would like to show our appreciation by offering our flu immunization services once more Nov. 12, from 10-noon, at the Post Theater, building 3712 on Patton Road. This is an effort to encourage others to be flu smart and protect themselves against the flu bug. Any individual who works on the Arsenal is eligible and certainly welcomed.

Please remember, FACH is committed to giving you the best service possible! Be wise, immunize!

Lt. Col. Constance Perkins
Chief,
Army Community Health Nursing

Training seminar

The third annual training seminar sponsored by the Huntsville-Madison County Chapter of Blacks in Government (BIG) on Nov. 13 is sponsored to share ideas, provide encouragement and to enhance employee skills to become more empowered to define problems and also solutions to problems. The seminar is comprised of several mini-workshops which will provide participants with tools to advance the best interests of their employer and support the scope and vision of Team Redstone. Workshops will address conflict resolution, leadership qualities, affirmative action and what it means to diversity, adjusting to right sizing, stress management, data on the new retirement system and its relationship to mutual funds and how mentoring programs can be an asset to career advancement.

With the merging of ATCOM and MICOM into the new command AMCOM and the impact of civilian personnel regionalization, this seminar will aid employees in making the transition smoother thereby continuing the same level of productivity toward mission accomplishment.

Our organization has received a number of calls from employees within the Redstone community and serviced activities regarding management's denial of their request to attend this training. This information is provided because we want to ensure that the purpose of this seminar is clearly understood by everyone in that BIG is considered a training vendor in the same sense as other training vendors who sponsor employment-related training. Employees attending do not have to be a member of the organization to attend and the training is open to all employees regardless of ethnicity, age, or disabling condition.

We have been made aware that the announcement for this seminar was delayed somewhat in getting out to the Redstone community work force; therefore we will provide on-site registration with any approved Training Form 1556, cash or check for those who missed the registration deadline of Nov. 4. Registration forms should be available from organization training contacts or Redstone employees may call the AMCOM Human Resource Development Branch for more information.

Mary Peoples
Chapter president

Holiday mail dates set

The following 1996 Military Mail and International Mail Christmas Dates have been established by the U.S. Postal Service:

Military Mail addressed to:	Air Letters/ Cards:	Priority:
APO/FPO AE 090-097	Dec. 2	Dec. 2
APO/FPO AE 098	Dec. 2	Dec. 2
APO/FPO AA 340	Dec. 3	Dec. 3
APO/FPO AP 962-966	Dec. 4	Dec. 4
U.S. Domestic Zips	Dec. 11	Dec. 4

International Mail Addressed to:	Air Letters/ Cards:	Air Parcel Post:
Africa	Dec. 2	Dec. 2
Australia/New Zealand	Dec. 9	Dec. 2
Canada	Dec. 13	Dec. 13
Caribbean	Dec. 2	Dec. 2
EUROPE	Dec. 9	Dec. 9
Far East/Southeast Asia	Dec. 9	Dec. 9
Middle East	Dec. 9	Dec. 9
Central/South America	Dec. 2	Dec. 2

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Continued from page 1

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- Deputy Director, WSMC — Dr. Eugene Paro
- Director, Corporate Information Center— Max Watson
- Director, Command Analysis Directorate— Frank Lawrence
- Director, Personnel and Training Directorate— Col. John Planchon
- Director, Security Assistance Management Directorate— Col. Jack Wolfe
- Deputy Director, SAMD — Gary Fryman
- Director, Resource Man-

- agement Directorate— Col. Kent Miller
- Deputy, Director, RMD — William G. Matthews
- Director, Intelligence and Security Directorate— Col. Rex Hargadine
- Project Manager, Technology Unmanned Ground Vehicles (UGV) Joint Project Office— Col. Jeff Kitora
- Deputy PM, UGV— Gaylon Branam
- Director, AMC Smart Weapons Management Office— Col. Henry Keebler
- Chief, Strategic Planning Office— Mary McDavid
- Ombudsman— John Finafrock
- Inspector General— Lt. Col. Winifred Turner
- Deputy IG— To be determined
- Chief Counsel— To be announced
- Deputy Chief Counsel— Col. Roger Cornelius
- Chief, Internal Review, Audit and Compliance Office— Ellis Cox
- Chief, Historical Office— Mike Baker
- Secretary of the General Staff— Donna Stephens
- Public Affairs Officer— Al Schwartz

- Chief, Safety Office— John Frost
- Chief, Equal Employment Opportunity Office— Charles Ray
- Chief, Small and Disadvantaged Business Utilization Office— Mitford Merritt
- Chief, Competition Management Office— Wade Griffin
- Chaplain— Lt. Col. Thomas Cook
- Director, Lead AMC Integration Support Office— Mike Ivey
- Chief, Sparkman Management Office— Carol Meekins
- Commander, Charles Melvin Price Support Center— Lt. Col. Allan Chong
- Commander, Redstone Arsenal Support Activity— Col. Duane Brandt
- Executive Assistant, RASA — Steve Carter
- Executive Director, Test Measurement and Diagnostic Equipment Activity— Robert DuBois
- Deputy Director, TMDE — Col. Larry Whittington

TEST

Continued from page 18

equally?" according to Maj. Mike Galloucis, Reimer's Public Affairs Office spokesman. "As of this date, the chief of staff has not approved any changes to the APFT."

Dr. Louis Tomasi, a research physiologist at the school, said data was collected through scientific procedures and was submitted for review throughout the Army. If implemented, Tomasi said, the proposal will require all soldiers, men and women, to put forth equal effort to reach similar points in each event of the test.

The proposal from the Fitness School is being staffed with many different agencies before a decision is made to implement it, Galloucis said. In addition, Reimer has sought input from Sgt. Maj. of the Army Gene McKinney. McKinney told a group of noncommissioned officers about proposed changes in PT standards during a professional-development ses-

sion at the Pentagon in August. "The effective date for these changes has not been determined," he said then.

The prospect of a change was raised again by McKinney during the Association of the United States Army meeting Oct. 14 through 16. The Physical Fitness School had a display at the meeting.

The APFT is designed to ensure the maintenance of a base-level fitness essential for every soldier regardless of Military Occupational Specialty or duty assignment. The APFT provides a measure of cardio-respiratory and upper-and-lower-body muscular endurance, Col. Jean Picariello said.

Standards are adjusted for age and physiological differences between men and women. The APFT was designed to be an assessment tool for commanders. Simply put, the APFT allows commanders to gauge not only the individual fitness levels of their soldiers but also the overall general fitness of their specific units, Picariello said. (Military District of Washington News Service)

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ACOE

Continued from page 1

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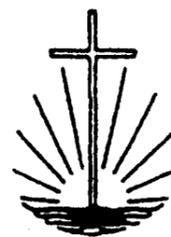
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- Twelve concrete Picnic Tables;
- Three canopies for Outdoor Recreation;
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- Replace drapes in Bicentennial Chapel;
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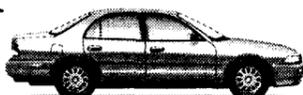


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Announcements

Youth basketball— Youth Services will conduct basketball registration through Nov. 23 from 1-7 p.m. Monday through Saturday. Youths age 4-18 may participate. Practice begins the first week of December; and league play starts in January. Active duty, retired, DoD and DA civilian children are encouraged to register. For more information, call 876-2255.

Bone marrow drive— The MICOM and DoD Marrow Donor Center are sponsoring the next bone marrow drive at the Recreation Center, building 3711. Testing will be conducted at no expense to the participants. All military, DoD civilians, contractors, retirees, and family members between the ages of 18-60 are eligible. Type-testing will be conducted between 9 a.m.-noon Nov. 19. Call 842-0400 or 895-5974 for more information.

Tribute to Sen. Heflin— The Chamber of Commerce of Huntsville/Madison County will join with com-

munities and organizations throughout north Alabama to host a tribute to retiring U.S. Sen. Howell Heflin. The event will be held Nov. 12 at the Von Braun Civic Center and will include a reception at 6 p.m. followed by dinner at 7. The program is scheduled to begin at 7:45. This event is open to the public. Seating is limited. Cost is as follows: \$25 individual tickets (open seating), \$300 white table, \$500 red table and \$1,000 blue table. Proceeds will be donated to the Scholarship Foundation Inc., established by Heflin for colleges and universities in the state of Alabama. For more information or to purchase tickets, call 535-2031.

MBA program— Nova Southeastern University will hold an informational meeting on its Master of Business Administration program at 6 p.m. Nov. 12 at COLSA Corporation, 6726 Odyssey Drive, first floor, 166. Please sign in at the security desk. For more information, call 800-672-7223, extension 7681.

Figure skating— The Huntsville Figure Skating Club will present Huntsville's own nationally ranked skaters and other skating school students in an ice show at 7 p.m. Dec. 23 at the Wilcoxon Municipal Ice Complex, 3185 Lee-man Ferry Road. Tickets are \$7 each and can be picked up at the ice complex. For ticket delivery on the Arsenal, call Carol Pickler 650-1000.

Union meeting— Due to the federal holiday Nov. 11, AFGE Local 1858 will hold its monthly meeting at 5:30 p.m. Nov. 12 in building 3202 (Union Office). The membership drawing is now at \$250. For more information, call 881-7430 or 876-4880.

Abandoned vehicles— The following vehicles have been abandoned and were subsequently impounded by the Provost Marshal Office: a brown 1978 Oldsmobile Cutlass, located

See ANNOUNCEMENTS on page 24

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- THE CROSSINGS** 80's & Up
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- BRADFORD FARMS** 90's to 150's
Call 721-3900 Directions: Hwy 72 W., South on Hughes Rd., Left into Bradford Farms.
- QUAIL RIDGE** 80's to 120's
Call 881-5700 Directions: South on Mem. Pkwy., Right on Redstone Rd., Left on Bell Rd.
- PARK MEADOW** 120's to 150's
Call 772-8700 Directions: Hwy 20 W., North on Hughes Road, Left on Browns Ferry (Applebies), to corner of Wall Triana & Browns Ferry Rd. in Madison.

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Announcements

adjacent to quarters 1266-D Jupiter Court; and a brown 1985 Volkswagon Rabbit, located adjacent to quarters 1392 Lance Court. To identify or claim these vehicles contact SFC Barbour, Provost Marshal Office operations section, building 3453, phone 842-2442 or 876-2222.

Wellness center— November is the Great American Smokeout. The Civilian Wellness Center says, "Are you thinking about quitting? Would you like some help to quit? The NO NAG NO GUILT WAY TO QUIT SMOKING is here to help you obtain your goals! This is a four-part class with meetings held every Thursday, Nov. 7, Nov. 14, Nov. 21, Dec. 5, from 11-noon in building 5302, room 2139. Upon registering for this class, you will receive a free NO NAG NO GUILT WAY TO QUIT SMOKING book. Please call to register at 955-6844 and get one step ahead of your New Year's Resolution to quit smoking."

Stress management— Home and job pressures can build up and affect your job. Learn stress reduction techniques in a free workshop set for Nov. 12, from 11 a.m. to 12:30 p.m., at Army Community Service, building 3491. The class is open to the Redstone community. All materials are furnished. To register call 876-5397.

Health insurance— An open season, during which eligible federal employees may enroll or change enrollment to a new Federal Employees Health Benefits plan, will be held from Nov.

11 through Dec. 9. Under open season regulations, any eligible employee who is not currently enrolled may enroll. An eligible employee is one who is serving on a permanent type appointment or a temporary employee on a regular tour of duty who has completed more than one year of continuous federal service. An enrolled employee may change from one plan or option to another, or from self-only to self and family, or any combination of these. An employee who does not wish to make a change needs to take no action during this open season.... There will be a health fair Nov. 6-7, from 8:30 until 11:30 a.m. and from 12:30-3:30 p.m., in building 5304, room 4247/4249. Representatives of the various health plans will be there to answer questions employees may have about the plans. Brochures for individual health plans will also be available at the fair.

Thrift savings plan— The Thrift Savings Plan is a retirement savings and investment plan for federal employees which provides the same retirement savings and tax benefits offered by many private corporations. Employees covered by the Federal Employees Retirement System and the Civil Service Retirement System, or equivalent retirement plans, are eligible to contribute to the TSP. The open season for TSP is Nov. 15 to Jan. 31. Questions concerning open season should be directed to the Management

Employee Relations, Civilian Personnel Office, Tammy Walker 313-0286.

Youth soccer scrup cup— The third annual Youth Soccer League Scrup Cup is an opportunity to raise money for the Marine Corps Toys for Tots program. The coaches and assistant coaches play a soccer game against each other with the game refereed by youth league players. Managers and volunteers can also play on either side. Boxes will be set up on the field for new unwrapped toys and donations will be accepted. Rick Johns, RAYSL commissioner, invites you to the special role reversal event Nov. 7 at 6 p.m. on field 9 at the corner of Goss and Skinner. Johns notes that coaches rarely take their own advice. Go see for yourself.

Post basketball coaches— Anyone interested in coaching the men's and ladies post basketball teams for active duty military should call Donald Lewis or Joe Reed 876-2943.

Native American Month— An "Inter-Tribal Celebration" for Native American Month will be held

today from 2:30-5 at the Recreation Center, building 3711. There will be food sampling, displays and dancers. November is Native American Month.

NCO spouses— The Active and Retired NCO Spouses Club will have its monthly meeting at 7 p.m. Nov. 14 in the Challenger. "Bring a friend and become involved in your community." For more information or if you need a ride, call 721-9479.

Hospice open house— Hospice Cares Inc. will hold an open house from 3-6 p.m. Nov. 14 at 2225 Drake Ave., suites 14 and 20. "It has been three years since we began providing 'caring from the heart' to the terminally ill on their final journey."

Medical support groups— Adults With Diabetes meets the second Tuesday of each month at 7 p.m. or the first Thursday of each month from 2-3 p.m. at Optimal Health, 910 Adams St. To register call 517-8650.... Care and Share, for patients, family and friends who are dealing with cancer, meets at 7 p.m. every Tuesday at Comprehensive Cancer In-

stitute at Huntsville Hospital. For information call 551-6591.... Pathways to Parenthood, an infertility support group, meets 7-9 p.m. the second Wednesday of each month at The Women's Center. For information call 517-6600.

Music under stars— The Von Braun Astronomical Society will present "Music Under the Stars," a concert with John Serrie, at 7 and 9 p.m. Saturday in the VBAS Planetarium in Monte Sano State Park. Look for the VBAS beside the park's Country Grocery Store and Camp Ground. Admission per person for non-members is \$3 for adults (12 and up) and \$2 for children (6-11). Members are admitted for \$1 and their children, 6-11, are admitted free. For more information call Mitzi Adams, planetarium director, 464-0945; Tim Perry, president, 881-7293; or Jack Lundy 876-4867.

Veterans Day parade— Huntsville Mayor Loretta Spencer will make a proclamation Nov. 11 recognizing

Veterans Day and promoting the annual parade downtown. All federal, state, county and city/townships in Madison County are requested to lower the U.S. flag to half mast from 11 until noon. All churches are asked to ring their church bells at the 11th hour on Nov. 11. The parade will begin at 11 that morning at the corner of Lowe and Williams Avenues. The review stand will be next to the courthouse. Parade participants include all branches of the military; veterans, civic, service and fraternal organizations; college and high school ROTC units and bands; and several government contractors.

PX holiday hours— The Post Exchange will operate with the following hours Veterans Day, Nov. 11: Main Store to include all facilities in building 3220, from 10 a.m. to 6 p.m.; Food Court/Anthonys, 11 a.m. to 6 p.m.; Furniture Store, closed; One Stop/Goss Road, 8 a.m. to 10 p.m.; Service Station, 10 a.m. to 6 p.m.; Burger King,

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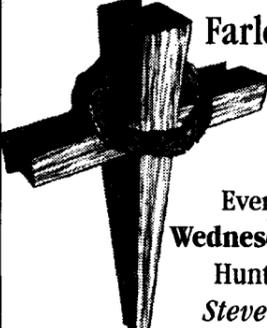
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Announcements

10 a.m. to 4 p.m.; Military Clothing, closed; and Barber Shop, building 3479, closed.

Marine Corps league—

The Marine Corps League will hold its monthly meeting at 7 p.m. Nov. 12 at the American Legion Post on Drake Avenue. All Marines, both present and past, are invited.

Engineers/land surveyors—

Auburn University's Engineering Extension Service is developing a series of videotape programs designed to meet the professional development requirements of Alabama's registered professional engineers and land surveyors. The Engineering Professional Development video series will use a video correspondence format. Individuals and organizations can obtain taped seminars on current engineering and management topics to view at their convenience. Individuals desiring continuing education unit credit for the course can complete and return an examination furnished with videotape. Provisions also can be made to award continuing education credit for participation in a group viewing of a video program. For more information call (334) 844-4370

or write Engineering Extension Service; EPD Video Series; 217 Ramsay Hall; Auburn University, Ala., 36849-5331.

DPW Thanksgiving dinner—

The Directorate of Public Works will hold its 43rd annual Thanksgiving Dinner at 11:30 a.m. Nov. 26 at the old post gym, building 5663 on Stewart Road. Tickets are \$5. Takeout dinners are available with advance purchase of tickets. Tickets will be available until Nov. 15. The menu includes turkey, dressing, gravy, corn, green beans, mashed potatoes, cranberry sauce, rolls, tea or lemonade. For tickets call Mable Brooks 876-1893 or Lisa McWilliams 876-1692.

Marine Band—

The U.S. Marine Band will perform at 7:30 p.m. Friday at the Elmore Building, Alabama A&M University. Admission is free. For information call Dr. Horace Carney 851-5512.

Red Cross blood program—

Nov. 7, from 8 a.m. to 1:30 p.m., at 5304 (LOGSA), call Keith Sidwell 955-0720. Nov. 8, from 7 a.m. to 12:30 p.m., at 5400, Tammy Moore 876-3033; from 7-12:30 at 4488, Leslie Summers 842-

6125; and from 8-noon at 3711, Dianne Campbell 876-5492. Nov. 14, from 7 a.m. to 12:30 p.m., at 5304 (Sparkman Center), Henri Maples 842-6787 or Michele Farris (alternate) 842-6776; and from 8:30-11 a.m. at 8027, Rodger Pitzer 842-0731. Nov. 15, from 8 a.m. to 1:30 p.m., at 4752 (NASA), Janie McCrary 544-7552. Nov. 21, from 7-9 a.m., at 7770 (AMC MEA), Kim Andrews 876-8071; and from 11 a.m. to 1:30 p.m. at 4100 (Fox Army Community Hospital), Capt. Hickman 876-8675. Nov. 22, from 7:30 a.m. to 1 p.m., at SSDC, Al Longhi 955-3693; from 7:30-noon, at Corps of Engineers, Jean Brewer 895-1234; and from 7 a.m. to 12:30 p.m. at 4505, Linda Keel 876-5446. Nov. 24, from 7-noon, at 5250, Judy Hullett 876-0789.

Prayer breakfast—

The November Non-Denominational Prayer Breakfast sponsored by the IMMC will be held Nov. 12 at 7 a.m. in the Sparkman Center Cafeteria (east end). "This marks the second anniversary of our Prayer Breakfasts and promises to be a great blessing for all who attend. So come on out and join us as we each in our

own way offer our praises, prayers, and thanksgiving to our God. Remember, you do not have to eat to participate. Come fill up on spiritual blessings. All are welcome and invited."

Gate 3 change—

Due to changing security requirements and the closing of the Thiokol Facility, gate 3 (Redstone Road) operational hours will be changed as follows: open 6 a.m. to 6 p.m. daily; closed 6 p.m. to 6 a.m. daily. This change will go into effect Nov. 13. "We are sorry for any inconvenience this change may cause," the Provost Marshal Office said in a prepared release. "If you have any questions or need further clarification regarding this matter, please call 876-4137."

ACS Education Committee—

The Army Community Service (ACS) Education Committee will meet at noon Nov. 13 at ACS, building 3491. It is helpful to call in advance concerning problem areas that need to be put on the agenda. Any person interested in the educational needs of their child is invited to attend.

This meeting is open to everyone. For more information, call Virginia Dempsey 876-5397.

Love bowl—

Big Brothers and Big Sisters of North Alabama will present Love Bowl 1996 on Nov. 16-17 at Parkway Lanes. Form teams of family, friends, neighbors and join Big Brothers and Big Sisters at this event to support kids in north Alabama. The schedule is noon to 6 p.m. Nov. 16, and 9 a.m. to 3 p.m. Nov. 17. For team information, call Sonnie Hereford 722-0369 or Cheryl Moman 721-9199. For information on becoming a Big Brother or Big Sister, call the office 533-5077.

Officer/civilian women

The Officer and Civilian Women's Club will have its monthly luncheon Nov. 12 at the Officers Club. Jim Powers, director of Burritt Museum, is scheduled speaker. Social begins at 10:30 a.m., and the Thanksgiving feast at 11. Cost is \$7.25 or \$4.75 for chef's salad. This is open to all female officers, wives of active duty and retired offi-

cers, GS-9 and above, or wives of GS-9 and above. RSVP to Glenda Moeller (A-L) at 772-0977 or Maryellen Myers (M-Z) 464-0583. Child care is available on site by calling Sylvia Brown 830-1971.

Dog training—

The Huntsville Obedience Training Club will hold its 54th and 55th Obedience Trials Nov. 9-10 from 9 a.m.-4 p.m. at Cahaba Shrine Temple on Pulaski Pike. This free event is open to the public. In this AKC-licensed trial, all breeds of dogs will be judged at novice, open, and utility ability levels with the dogs and their handlers being able to compete in separate trials both days. Call 852-4377 for information.

Bookkeeper position—

The Thrift Shop has a job position available for a bookkeeper. The closing date for applications is Nov. 22. The starting date for this position will be Jan. 2 with a training period from Dec. 9-20. For applications and more information call the thrift shop manager, Nancy Goss, 881-9807/6992.

HOW TO PLACE REDSTONE ROCKET CLASSIFIED ADS

Free classifieds (limited to 20 words)
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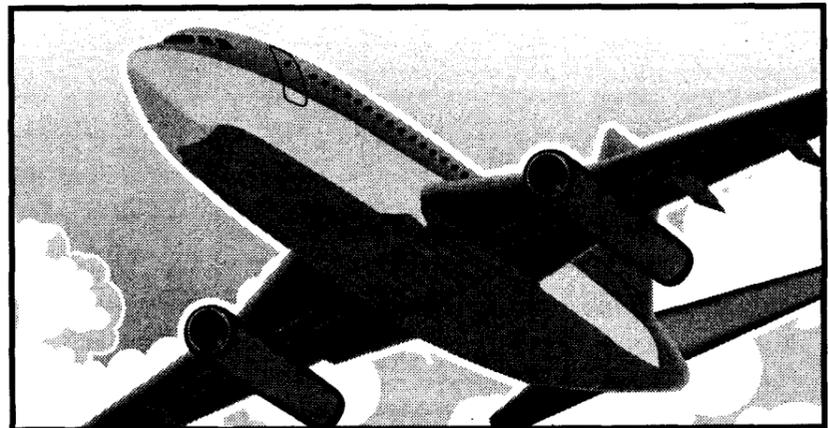
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Classifieds

Federal law makes it illegal to advertise any preference, limitation or discrimination in housing based on race, color, religion or national origin. The Redstone Rocket will not knowingly accept advertising that is in violation of the law, and readers and advertisers are hereby informed that all dwellings advertised in this paper are available on an equal opportunity basis. According to the Inspector General, the use of office phone numbers in classified advertising is contrary to regulation. Please submit home phone numbers only.

• Auto •

'95 Buick Skylark Custom loaded w/driver's air bag and anti-lock brakes, Exe Cond., \$9500 or take over pymts. 882-7362.

'94 Jeep Grand Cherokee, 41 K mi, red, V-8, 4x4, leather, ext. warr. \$18,900. 837-4611.

'94 Pontiac Formula, burg., loaded w/ options, V8, great car, 63.5K mi., \$12,800. 461-7973.

'94 Saturn SL2 auto, tape, low mi., extra clean, \$9,500. 233-3641 or 232-5966.

'92 Accura Integra 4 dr., LS, all pwr., AC, exc. cond. w/70K mi. \$8,850. 721-3821

'92 Taurus SHO 5-sp., 54K mi, red leather int., fully loaded immc., looks new. 721-0887.

'88 Plymouth Voyager SE 4 cyl. A/C, cruise, AM/FM cassette, 7 passenger, pwr locks. One owner. 123,000K miles. Excellent condition. Everything works. \$4800. 880-9374.

'87 Mazda 626 LX, 4 dr, lt. bl., 5 sp, clean, new tires, loaded. 120K mi. \$3,000. 464-0568. Lv. msg.

'87 Mercury Sable LS, 4DR sedan, Leather int., all pwr options, excellent cond., \$4,400. 882-0247.

'85 Mazda RX7, great car, excellent cond. Lv. msg. Price neg. 830-5532.

'85 S-10 Blazer, 4x4, AC, PS, PB, 146K mi., good cond., new batt., \$2,200 OBO. 650-0721.

'85 Suburban, 3/4 ton, C20, 454, loaded, towing pkg., etc., 57K orig. mi. Near perfect cond. \$11,500 OBO. 851-9909.

'85 Volvo, 240 Turbo, good cond., air, 124K, \$2,500, sun roof. 859-7920.

'79 Mercedes 450 SLC, restored, exc. cond., maint. rec., and all manuals avail. \$14,500 726-9047.

'78 Camaro, white, V8, new tires, air, PS, PB, runs great, looks sharp, \$1950. 880-3062.

'78 Ford 4x4, 4" lift kit, new tires, rebuilt eng/trans. 882-6664. After 5pm.

• Miscellaneous •

Antiques: Oak five-leg table w/chairs \$475, desk \$350, Silvertone radio \$150, doll carriage \$250, window seat \$165, 828-7137.

Autographs: Collector wants to purchase autographs (letters, notes, photographs) of Von Braun, Goddard and Oberth. (303) 652-3426 or e-mail: 102562.1161@compuserve.com

Body by Jake Ab and back plus w/video, \$125. 837-6944.

BMW factory wheels, 4+ spare. \$200. Antique Cherry Mirror, \$50. 828-9929.

Buck fireplace inserts: Asking

\$200. 828-4823. lv. msg.

Coffee table w/matching end table \$60. Heavy wood, light color; Microwave table, \$12. 881-6118.

Cub Cadet, 18hp tractor, 46" cut w/11 bushel bagger attachment great for leaves. Hydrostatic drive, Hydraulic lift, \$4500. 420-8338.

Dress for success for important military after hours. Enlisted, dress mess uniform, jacket 42, pants 38L. Make offer. 828-9419.

Ethan Allen: Country style pine table w/2 leaves, 4 Windsor style chairs. Very nice. \$580 OBO. 883-1510.

Fireplace insert: 35" w/electric blower, \$300 OBO; King automatic wood burning stove, \$200. 837-6626.

Fisher Price kids 3 in 1 tournament pool table. Exc. cond. \$60. 883-8024.

5 piece BR group queen bed, trpl/dresser w/mirror. 5 drawer chest, night stand, pecan finish. Great condition, \$700. 881-0450.

Free to good home: loveable mix breed shepherd, male, neutered, shots. 5 yrs. old. 586-7375 after 5:30p.m. or lv. msg.

Girls french prov. twin bed, antique white/gold trim, new Sealy post. mattress, box-spring, \$75. 881-6791.

King size adjustable bed w/massage, 2 remotes. \$1,000. 881-4532.

Like new- Sears regular size mattress/box springs and frame \$275. 883-7981.

Mess dress uniform, mens ordinance, 40 regular. Access. Never worn. \$200. 830-0197.

Moving sale: Solid oak BR set w/dresser & nightstand, sofa, chairs, lamps, endtables, vacuum, etc. 355-0065. M-F, 7:30 - 3:20.

My carpoolers are retiring! Need to join or form carpool from Athens to Sparkman Center. 7-4:30. AWS. Call Lisa at 230-0451.

'90 Regency 17ft l/o, fun equip., trailer, cover, good cond., ditto dry storage. \$6,500. 864-0159.

'96 27" Innsbruck travel trailer fully contained. Scissor Jacks, swaybar, new cond. Sleeps 6. Airgate fits 94/96 dodge trucks. 859-2305.

Pair of Slokati Rugs, 4'x6' ea., hand made, white. \$100. 881-1030.

Recliner (royal blue), \$75; Camcorder, \$175; Sofa, \$75; Handheld cellular phone, \$45; Cellular phone bag, \$30; Motorcycle helmet (M), \$50. More. 772-8150.

Riccar sewing machine, model R1570. \$125.; Sears Kerosene heater, used twice, \$100. 539-0921 anytime.

Scandia Wood stove, blk w/inserts side & front loading, \$300. You pick up. Eves. 461-8306. new-never used. Manual included.

Sears Kenmore 22 cu.ft. almond refrig. w/icemaker. Like new. \$450; Upright freezer \$50. 828-7440.

Sears washer, \$50 (as is). 882-0173.

Sony car speakers, XS-6024, 2 way system, rated power- 27 W, max input- 120 W, set of 4 for \$85. 883-6951.

Surround Sound Speakers: Design Acoustics 10" passive subwoofer, \$120, 5.25" main & center channel speakers, \$150, or all for \$250. 883-6951.

3 way speakers \$40 (pair); Microwave stand, \$60; Video tape storage, \$10. 464-0568, lv. msg.

386DX, 170 MHD -upgradable, exc. cond., 8x CD ROM, 8 MB RAM, latest SW. \$325 OBO. Like new 14" Viewsonic Monitor. \$250 OBO. 882-1399.

13" Magnavox stereo color tv, like new \$120; 120PSI 11 gal air compressor, never used \$175; Vets plot (Valhalla) \$1,000. 880-2532.

Today's Kid Midnight Mustang horse \$65, practically new. 1994 Christmas Longaberger Basket, \$175. 233-1068.

20" Girls Murray 10 speed bicycle, red, used twice. Exc. cond. \$50. 852-9065 or 707-6508.

Unique Coffee table, \$400; Antique rocking chair \$90; 13" color tv \$50; VCR \$75. 883-9702.

Waterless cookware. 20-pc. set includes dutch oven, double boiler, skillet, sauce pans and more. Brand new. Never used. \$800. 830-4415.

Wedding gown & veil. (white) Scallop of schiffli lace. Victorian neckline. Juliet sleeves. Cathedral train. Lace and pearl. \$350. 776-3860.

Wood burning FP insert w/access. \$250 OBO. 233-2924.

• Homes sale/rent •

Absolutely sharp! 3 BR, 2.5 BA, GR, rec. rm., formal DR, eat-in kit., tiled glamour BA, sprinkler system, lg. lot. Many more amenities. \$142,500. Call MARY MARSH/Golden Real Estate. 533-5917 or 707-1429. (6L-24400C).

1st time Buyer's dream come true! .398 acre lot. Large LR, Bright sunny kit w/spacious dining area. Large BRs and ample closet space. (T01-2815-PP) Lois. 880-5967. Joe Steele Realty.

For rent: 2 BR, 2 BA, FP, W/D, cable, xtras, near gate 3 RSA & Challenger School. \$385/mo. 883-9455.

4-Plex for sale in Madison: Positive cash flow. Exc. tax shelter. \$9,000 equity, qualify to assume mortgage. 837-8331.

Gatlinburg condo: 2 BR, 2 BA, sleeps 6. FP. Pool, hot tubs. Nightly/weekly rentals. For info./reservations call 859-1538.

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Classifieds

HUD and VA repossessed homes. HUD pays \$500 towards purchase price, no closing cost. Joe Jenson Realty. 830-0821.

Lakewood for sale: 3 BR, 1 BA, LR, DR, den, storage barn, carport, storm shelter, appli., seller pays closing. 885-0508.

Land for sale: Luxurious home site. Prestigious neighborhood. Off Wall-Triana Hwy on Pine Grove in Madison. \$20,000. 837-8614 or 534-5795.

Large 1 BR apt. for rent. Clean, quiet complex, basic cable, garbage p/u. No pets. Unfurnished \$245. Furnished \$265. 837-2680/882-9497.

Lease option, Research Park area. 416 Karter Street, 3 BR, 1.5 BA, updated. New appliances. TVA pkg. Storm shelter. 1 car garage w/opener. Xtra driveway, fenced yard. \$72,500. 772-4458.

Make Offer on 3 BR, brick rancher in quiet NW neighborhood, formal rooms, + den & rec room. Convenient to Redstone Arsenal. Asking \$62,900. Call 534-8053.

Off Bailey Cove, 1008 Fieldstone Court, assume 7.5% FHA loan, 3 BR, 1.75 BA, brick, double garage, FP, new roof, fenced. Approx. 1365 sf. \$3,000 equity. 883-2412.

Pride of ownership throughout! 3 BR, 2 BA, RA, sunken LR w/vaulted ceiling, remodeled kit/dining area. Stunning hardwood floors. (T04-11308M)

Lois. 880-5967. Joe Steele. Real Estate.

Rent \$650, 3 BR, 2.5 BA, 1760 sf, 2 car garage. Convenient to Gate 9, Wheeler Bend, neutral color, clean, ready. Omni Realty. 772-7506/722-7978.

Small acreage for sale by owner: 10 acres, \$10,000 and 8 acres, \$8,000 and 5 acres, \$10,000 w/ public water and electricity. Also 16 wooded acres, \$13,000. (Over 600 acres divided). Terms. 32 miles North of Hsv. 1-615-833-5280.

Soaring ceilings in foyer, LR and DR. Plus atrium breakfast area. Marble and hardwood flooring, 4 BR, 3 BA (Glamour MBA). Plus 2 lrg. decks. 3000sf. \$237,500. (T04-1818-CC) Lois. 880-5967. Joe Steele Realty.

Townhouse for rent in Madison: 2 BR each w/private BA plus .5 BA downstairs, fully equipped kit. W/D, FP, screened back porch w/private back yard, utility bldg. \$450 plus \$200 damage deposit. 830-2497.

What a great buy! Charming 1.5 yrs. new. 3 BR, 2 BA, rancher on a large lot. Only \$62,000. Call Sherry 920-1164. (61-115-QL).

Wooded lot! 3 BR, 1.75 BA, FR, LR, DR, storage room, new ext./int. paint. 2 car garage plus more. \$78,900. Call Mary Marsh/Golden Real Estate. 533-5917 or 707-1429. (03-502S).

• Services •

Bus to New Grand Casino and others every Saturday. Bus fare \$20. For reservations call 205-536-0205.

Massage therapist by apt. Call Rick, 464-5550. Out calls to office, Hotel residents avail. The first apt. \$20. New Client.

Money to loan up to \$1,000. Must have 1.5 yrs left in service. Open 8am-12pm. Bankruptcy ok. 1-800-635-6268.

Pansies Galore! Bud and blooms in many colors. 1,000 to choose from. Will flower till next July. Jimmy's Green House, East Limestone Road. 1-800-25-SHRUB. 233-0247.

• Help Wanted •

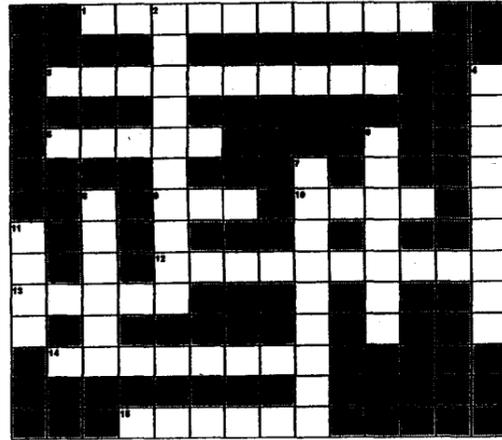
Earn up to \$500 per week assembling products at home. No experience. INFO 1-504-646-1700 DEPT. AL-5099.

• Counseling •

Career Transition counseling available: experienced working w/military personnel and spouses transitioning to civilian employment/retirement. St. Jos. Counseling Center. Judith M. Foster, Licensed professional counselors. 534-8459 or DB 535-8771.

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By Peggy Hays



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3. SUPPLY STORE
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12. GIVE RESPONSIBILITY
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14. ACCOMPLISH
15. WEST POINT FATHER

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KIER's Exclusive Listings

3611 Nathales-Quiet neighborhood. Beautiful rancher with an extra large Great room. Nice size master bedroom in this 3 bedroom 2 bath house. Good buy for \$64,000.

Good Buy for brick rancher at **3104 Greenhill** bedrooms, 1 1/2 baths with detached 2 car garage. Zoned for magnet school. Great investment for \$59,900.

On **3512 Greenbriar NW** Great house for entertaining. Beautiful 3 bedroom 2 bath rancher with inground swimming pool. Extra work space in large 2 car garage. Price to sell at \$82,000.

Henson Hills - **116 Burton** Attractively landscaped family home. 3 bedrooms, 2 bath split ranch with partially finished basement. Lots of room. Price to sell at \$136,900.

Nice, Neat Starter Home **2104 Ridge Way** 3 bedrooms, 1 bath, eat in kitchen. Great buy at \$39,900.

Commercial Lot - Light Industrial on Conception and Church Street near Farmer's Market. Size 150x150. To sell at \$40,000.

VA Home Sales- October 31, 1996

Address	Bed/Bath	Price	Monthly Payment
Decatur			
1214 SE Sherman St.	3/2	\$45,000	\$334.00
Gurley			
261 YMCA Dr. 35748	3/2	\$75,000	\$560.00
Harvest			
29129 Nick Davis Rd. 35749	3/3	\$115,000	\$860.00
Hazel Green			
152 Landing Cir.	3/2	\$63,000	\$470.00
Huntsville			
2518 MW Aspen	3/2	\$56,000	\$417.00
119 Granger Lane	3/2	\$130,000	\$973.00
3816 West Wind Circle #C	2/1	\$18,250	\$133.00
4333 Baywood Drive	3/1.5	\$38,250	\$284.00
2918 Berkshire Dr.	3/1.5	\$47,000	\$349.00
3620 Cerro Vista	3/2	\$45,000	\$334.00
1108 Stevens Ave.	2/1	\$47,000	\$349.00
3100 Delia Lane	5/2	\$64,000	\$477.00
11223 Suncrest Dr.	3/2	\$77,000	\$575.00
2119 Cecille Dr.	3/1.5	\$71,000	\$530.00
Madison			
110 Tarquin Ln.	3/2	\$84,000	\$627.00
210 Tumbrook Dr.	3/2	\$75,000	\$560.00
Dept. of HUD Home Sales Program- Downpayment 3% of Bid Price			
November 1996			
Decatur			
917 Hillwood Dr.	3/1.75	\$82,000	\$455.00
2219 Westbury Ct. SW	4/2	\$18,000	\$132.00
Huntsville			
2913 Barbara Drive	2/1	\$12,600	\$92.00
3711 Battlefield Dr.	3/1.75	\$55,800	\$409.00
2213 Viscount Drive	3/1.75	\$58,000	\$425.00
111 Sugar Bluff Ln.	3/2	\$58,000	\$425.00
1112 Yorkshire Dr.	4/1.5	\$50,500	\$370.00
Madison			
355 Oakland Rd.*	2/1.5	\$39,500	\$290.00
135 Angela Dr. #1307*	2/2	\$40,000	\$293.00
189 Waters Edge Ln. #4	2/1	\$38,000	\$279.00
New Market			
101 Rodney Rd.	3/2	\$66,000	\$484.00

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NEW ON THE MARKET IN NORTHEAST Hsv! 2 bedroom cottage completely renovated. Hardwood floors, Heil gas pack new in '91, new roof '87, storm windows, new Stanley metal exterior doors '91, new vinyl in kit, laundry room, and a not to be believed **3-car garage/workshop built in '87!** Only **\$69,900!** Call Pam to see! (RR-02-1301VB)

WE LOWERED THE PRICE! Beautiful 2S end unit in Steeplechase Town home Community has 2 BR, 2 1/2 BA, fireplace in large great room. Master BR w/ large walk-in closet and glamour bath; eat-in kit and formal dining. Absolutely a **MUST SEE!** NOW **\$85,500** Call Pam today! (RR-7/3-6923 S)

Remember this address: 2013 Greenwood Place. It could be just the investment for you. Priced at \$44,500, this 1 bedroom condo at Plantation South Condominium is ready for you or a tenant. Or maybe you first and then a tenant when you are ready to move on. Call Pam Rhodes for more information...882-6966 X203 or 533-9047 or e-mail: pamelar@ro.com. (RR-03-2013 GP)

Pam Rhodes
REALTOR®, GRI, Relocation Specialist

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home 533-9047
1-800-313-9991

Golden KELLER WILLIAMS

4000 Balmoral Dr., Ste. 201 Huntsville, AL 35801

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