



Redstone Rocket

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There's no place like home after assignment in Bosnia

By Skip Vaughn

It's always nice when you can celebrate your birthday at home— especially after spending five months in Bosnia.

The Unmanned Ground Vehicles (UGV) Joint Project Office welcomed three of its soldiers home Nov. 13 from their mine-clearing work in Bosnia. CWO 2 Gerald Wentworth, assistant product manager for vehicle teleoperation capability, and two soldiers from the missile school, Sgt. Michael Gilbert and MSgt. Franklin Mitchell, returned after serving in a UGV countermine team since June.

"Welcome home and happy birthday, y'all!" read the yellow icing on the chocolate birthday cake in their honor. Two of the soldiers had birthdays in Bosnia and the third just the past week.

"They were originally

part of an 11-member team that we took over (to Bosnia) in June; and we left them behind for maintenance and training. And they recently trained the 9th Engineer Battalion who took over for the 16th, 23rd and the 40th Engineer Battalions," Lt. Col. Jon Moneyhun, the product manager for VTC, said. They trained the battalions on the Panther system, a turretless M-60 tank used for countermine operations.

While most of the Panther team left Bosnia in July, these three soldiers stayed behind to maintain the system and train the engineers. Col. Jeff Kotora, the UGV project manager, presented each of the three a plaque for outstanding performance of duty. "I just wanted to express on behalf of everyone here their appreciation as well as mine," Kotora said during a luncheon ceremony at the project office.



HOME AGAIN— Standing under a welcome home sign at UGV Project Office are, from left, Wentworth, Gilbert and Mitchell.

Wentworth in turn thanked the project office workers for the care packages they sent which included food, snacks, soap and seat cushions. "You made life comfortable for us; and the moral support, it was great," Wentworth said.

"Thanks to everybody," Gilbert, an instructor/writer with 832nd Ordnance Battalion, said. "I appreciate your support."

Mitchell, an instructor/writer with 832nd, also expressed his appreciation and drew laughter when he added, "One thing that really helped was those cookies."

Asked later about the conditions in Bosnia, Wentworth said: "It was real wet. It rained a lot. Real muddy; and starting to get real cold."

The Bosnian civilians seemed supportive of the American soldiers, according to Wentworth. "Most of them acted like they were glad you were over there," he said. "They gave you a sense that it was worth

being over there."

The Panther vehicles proved their mettle by blowing up mines, thereby saving lives. "It was worth the effort, the money everybody put in it," Wentworth said. "The engineer battalions really like it. They really liked the system."

Before going to Bosnia, the three soldiers received training in mines— how to recognize them and so forth. "Valuable training but we didn't have to use it. We stayed clear of the mined areas," Wentworth said.

After 179 days away—including training at Fort Benning, Ga., and Germany and five months in Bosnia — there was no place like home. "It was nice to come back home to our family and friends," Wentworth said.

The Panther team members remained on 48-hour recall to return to Bosnia if their help was needed.

Combating sexual harassment takes everyone's cooperation

WASHINGTON— Chances are that you, or someone you know, has firsthand knowledge of at least one instance of sexual harassment in the workplace.

Perhaps even you have been harassed, or have done some harassing. Whatever the case, you can't escape the barrage of information coming from all corners of command and management on how to deal with acts of sexual harassment. A problem as big as sexual harassment calls for a barrage. Even a barrage is not enough; leaders and workers must follow it up with the precision fire of intervention.

Two common cases

Here are two cases that typify what the average person may encounter on the spectrum of sexual harassment:

• One day, Debbie Dorsey found herself escorting a high-ranking guest around the installation where she worked. The visitor had just arrived on a flight from the West Coast, and Dorsey had volunteered to drive him to his hotel. Once inside her car, the visitor lost no time turning the conversation

to personal matters: "Debbie, do you have children? Is this your first marriage? What kind of alcoholic beverage do you prefer?" Halfway to the hotel, he placed his hand on her thigh. Dorsey said, "Don't do that." He persisted, so she let him off at the nearest cab stand. Later that day, she filed a grievance, partly to protect herself from any claim by him that she treated him rudely.

• Freddie Freeman, a young soldier at a Southeastern post, had been on the job only a few months when his supervisor, a woman, invited him and one of his buddies to stop by her place for a few drinks at day's end. Freeman's buddy left early to meet his wife; Freeman stayed on. An hour and two drinks later, Freeman's supervisor reached over with her hand, gently stroked the back of his neck and said, "You know, I might be able to promote you in a few months if you could handle a few minor modifications to your job description."

He thought fast and said, "I never like to

See **SEXUAL** on page 22



Traditional dancer...

Don Redbear, originally from Oklahoma, participated in the Native American Inter-Tribal Celebration, Nov. 6 at the Recreation Center. Redbear resides in Henagar.

Letters to the editor

Prompt service

I would like to take this time to thank my finance technician Sharon Young. Every time I have needed an action done, Sharon has always gotten it done in a timely manner. I never had to wait past a pay period for my transactions to go through. She has even called me on the telephone to get additional information to expedite my actions.

I want here to know that I appreciate that extra mile she has always gone to assist me. The only contact I have ever had with her has been on the phone. She has always been courteous and professional every time I have talked to her. I say to her keep up the good work because your good work is not going unnoticed. I appreciate all that you do to ensure prompt service. May God continue to bless you and your family richly.

Linda F. Olukokun
Military Personnel Office

Music under stars

In a city where "reaching for the stars" is commonplace, a new kind of music came to town Saturday night, Nov. 9 and found the welcome mat out. Sponsored by the Von Braun Astronomical Society, the evening combined the wondrous night sky with the music of John Serrie, a nationally known "space music" artist. The celestial setting for this concert was the VBAS Planetarium at Monte Sano with concerts at 7 and 9 p.m. As the lights dimmed and the stars twinkled overhead, the music swelled from a formidable array of electronic equipment. The audience slowly relaxed and leaned back to gaze toward the heavens, or simply closed their eyes as the music swept over the room.

The planetarium director, Mitzi Adams, was pleased with the good turnout for this first-time ever event and admitted to feeling a bit relieved that all the planning and preparation was finally over. When asked which was her favorite piece, she immediately responded that she was deeply impressed with the piece inspired by the Challenger disaster. She was very in tune with the emotions running through the music and said she was glad that the Huntsville audience had a chance to share this special music with the composer.

Asked to describe the music, suggestions from the audience ran from new adult contemporary, new age, alternative, to "spacey music from spacey folks." Whatever you call it, the experience seemed to strike the right chords with the listeners Saturday night. The scientific types thought it added a new, more human side, to science. The technical types thought it harnessed the musical instrument's energy into a living, romantic mood, turning the electrical frequencies and currents into sounds the ear could hear and appreciate. A physicist named Dave said, "I'm accustomed to seeing the heavens in hard-cold facts, yet listening to this music, the same images assumed an artistic value and left me with some very pleasant introspective thoughts."

Pictures of the March eclipse, taken by astro-photographer Mark Jones, were reflected on the huge spherical ceiling screen in the planetarium to accent the musical

scores and definitely added a "heavenly" aura to the evening. Thanks to space-age technology at the planetarium, the room literally opened up to admit the heavens.

Mr. Serrie mused that his music often takes him to a place like Tara from "Gone With the Wind," but in a futuristic time with beautiful people using his music to find "old fashioned" romance. Serrie says that he uses music to move energy the way he feels... mostly in a decidedly romantic vent. For all those hopeless romantics out there who think that Harlequin novels are the only place left to find a true romantic—take heart. This artist could easily be called the next Rhett Butler. As he said on several occasions during the performance, "Frankly my dear, I do give a damn...."

Those who enjoyed this event will be pleased to know Serrie will be back next year from his home in Connecticut, and those who missed it this year will have a second chance to experience a most unique evening of Music Under the Stars. For information about programs at the planetarium, call the Von Braun Astronomical Society at 464-0945.

Joyce Rudd

Credit union

On Oct. 25, the AT&T Federal Credit Union court decision by the U.S. Court of Appeals put a limit on consumers' choices. This decision bars occupational based credit unions from taking in new members from employer groups that were not part of their "core" field of membership.

Almost all large credit unions have taken small employer groups into their field of membership. These groups were added so that credit union services could be extended to those who could benefit from them—not to serve higher income consumers as alleged by the banking associations.

For years, banks didn't see fit to serve the middle class. They had little interest in retail banking, preferring to concentrate on the commercial aspects. Average citizens had few choices. Because of this, the credit union movement was started. Successful credit unions were built because a strong emphasis was placed on the education of members. In credit unions, the well-being of the individual member is the motivation—not profit. Credit unions focus on the education of members as consumers, how they can get better use from their money, and where they can get the best financial service—even if it is not at the credit union. American credit union people have been so successful that bankers now see there WAS money to be made by serving the little people. Now the bankers want to step in and take away this hard-earned privilege from the very people they originally failed to serve!

The AT&T decision is about access and the freedom to choose. Thus, if this ruling is allowed to stand, it is not credit unions that will suffer most. In the end—the banks will win and the American consumer loses.

G.E. Toland
President,
Redstone Federal Credit Union

Message from chief:

Thanksgiving is a special holiday when soldiers, civilians, and loved ones gather with family and friends to celebrate the bounties of this great nation. First, I want to extend special holiday wishes to our soldiers and civilians supporting our nation at home and overseas. Second, my congratulations to all of you for making 1996 the safest year we have ever experienced. The decline in the total number of accidental deaths for the last three years reflects successful integration of risk management into our safety practices. We have achieved a tremendous payoff.

As we enter this holiday season, commanders and leaders should use risk management to assess POV (privately-owned vehicle) risks associated with holiday travel. POV accidents account for 67 percent of all Army deaths. We can continue to reduce POV accidents by providing our soldiers and civilians the necessary tools to assess risks during the holiday.

At a minimum, remind your soldiers, civilians, and their families to wear seatbelts; to avoid drinking and driving; to perform a five-minute safety inspection of the family vehicle; and encourage them to take frequent breaks during their travels.

Thanksgiving Day is a holiday for giving and sharing our gratitude. If we are careful, we can make this holiday one to remember as accident free.

Soldiers are our credentials.

Gen. Dennis Reimer
Army chief of staff

Random gate check find illegal immigrants

Illegal immigration doesn't pay. Some unfortunate construction workers at Redstone found that out Nov. 13.

A random spot check that morning at gate 10 on Patton Road found three men traveling together in a vehicle who had no identification, according to Capt. Ellis Andrew, chief of police operations at Provost Marshal Office. After detaining and interviewing them, the military police arrested 12 other men at a construction site on post.

"Out of the 15, only three of them turned out to have (U.S.) citizenship," Andrew said. Two were released back to work and the third was held for Ft. Payne police due to an outstanding misdemeanor warrant.

"The rest are being processed for release through U.S. Border Patrol out of Mobile and they'll be deported back to Mexico," Andrew said. One of the 12 was wanted on a felony warrant from Morgan County.

The men, ranging in age from 20s to 30s, were working for two construction companies at the Sparkman complex.

"Unfortunately this situation is not uncommon across the country," Al Schwartz, public affairs officer for the Missile Command, said. "We take efforts to prevent it, but are not always successful. This will not impact the construction."

Annual Thanksgiving service slated at Bicentennial Chapel

The Bicentennial Chapel worshipping congregations invite the Redstone community to their annual Thanksgiving Community Service at 7 p.m. Nov. 26 at the chapel on Goss Road.

"This service not only provides an opportunity for the Redstone community to

give thanks to God for His care during the year and for our daily blessings but also an opportunity for individuals to contribute to the 1996 Holiday Food Basket Voucher Program which helps our soldier families," a prepared release from the chapel said. "All offerings received during this service

will be donated to the Holiday Food Basket Program."

The Holiday Food Basket Voucher Program is an annual chapel-sponsored holiday event intended to provide a holiday meal for Redstone Arsenal soldier families. Named by unit first sergeants, the designated sol-

dier family will receive a voucher from the Chaplains' Fund redeemable at the Commissary. This year's goal is \$10,000 to assist 100 soldiers with a food voucher worth \$100. Last year the program exceeded this goal by providing vouchers for 127 soldier families.

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Redstone family housing checked for lead paint

By Kathy Harkleroad

The Environmental Protection Agency (EPA) and the Department of Housing and Urban Development (HUD) have jointly issued regulations requiring disclosure on known lead-based paint and/or hazards in family housing. The disclosure requirements also pertain to Army controlled housing units constructed prior to 1978, and on Redstone Arsenal that involves approximately 719 units.

"When it comes down to it, this involves the majority of housing on the Arsenal," Ronnie Brooks, engineer technician with the housing office, said. "And we are in the process of notifying those residents, via mail, that there might be lead-based paint in their homes."

Brooks said a random sampling has been done on the homes built prior to 1978; and while levels of lead-based paint have been found around window sills, and trims, there were no high levels reported. "The main place where we have the problem of chipping paint is in between the storm window and window," Brooks said. "Those areas have not been repainted through the years, and therefore are peeling and chipping."

There are other areas throughout the homes that might contain the lead-based paint; but through a maintenance control program implemented on the Arsenal, they have been encapsulated and therefore pose no threat to the occupants. "These areas, such as the trim, have been painted over and over," Brooks said. "And the lead-based paint is that the bottom of all those layers. They have been deemed encapsulated, and therefore are no longer a threat."

Plans are in place for the replacement of those window sills where the paint is peeling; but as with many other projects, this depends on money. "As with any major project, funding needs to be allocated for it," Willie Crutcher, environmental specialist with the

Directorate of Environmental Management and Planning office, said. "But on the same hand, the levels we have found in the random sampling have been very low, and shouldn't cause a great concern among residents. We just want them to be aware the lead-based paint is there, and we are planning on correcting the problem."

Ongoing projects include the encapsulation of the paint with routine maintenance and on request, as well as the replacement of exterior doors and windows in 185 units.

Crutcher said residents can schedule a sampling of their quarters through the housing office. "The sampling will only be done to quarters constructed prior to 1960, and those built prior to 1978 fall under the encapsulation program," he said.

According to Dave Bryant, another environmental specialist, the paint has been in the quarters for a number of years, and officials have been aware of it, and have followed all guidance concerning the management of lead-based paint. "We have always had the policy of encapsulation, and because of the EPA directive this is the first time we have had to go to the residents," Bryant said.

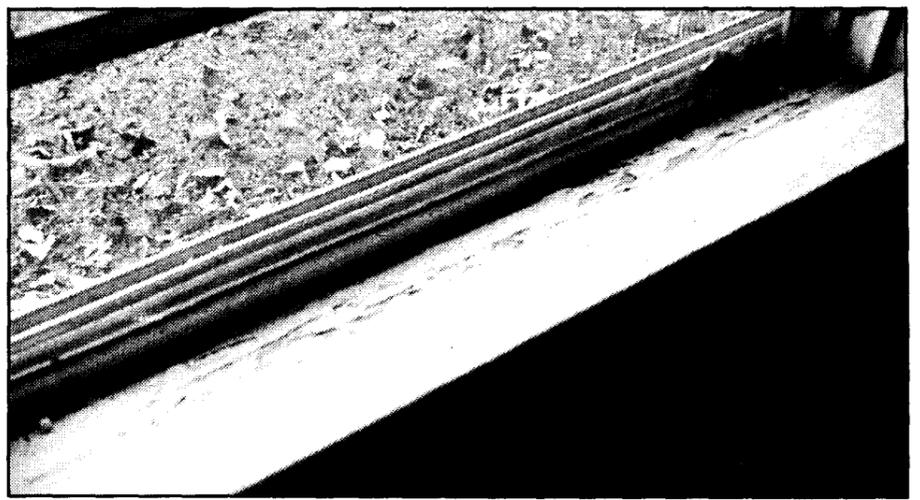
"This isn't something that can be fixed overnight, but residents can guard against any health hazards by following one simple rule... don't allow children to eat it," he continued. "Small children should be kept away from the window sills where paint is peeling and chips should be cleaned up as soon as they are found."

For those parents who might be concerned about the levels of lead in their child's blood, there is good news. According to Lt. Col. Constance Perkins, chief of community health nursing at Fox Army Community Hospital, all children, up to age 3, are tested on a regular basis during well-baby or well-child visits. "We have had only one case where a child had an elevated

lead level within the last two years," Perkins said.

"The target age group is infants but may include children up to age 6," she continued. "At Redstone lead-screening tests are usually within normal limits and elevated levels are not a problem."

Parents with questions regarding lead screening can call Perkins 876-8831 or Maj. Hubert Fisher, nurse practitioner, 876-4159.



POSSIBLE HAZARD— Family housing residents on Redstone Arsenal need to keep windows shut, and paint chips cleaned up as much as possible in order to prevent possible health hazards in small children. Housing units constructed before 1978 may contain lead based paint which can cause problems if ingested.

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Charlie Company soldiers see changing of the guard

By Kathy Harkleroad

Ammunition soldiers who are assigned to C Company for their 10-week stay at Redstone Arsenal have found a new regime. Capt. Calvin Williams took command of the company July 24 and welcomed a new first sergeant and two new drill sergeants.

Williams said his goal for the approximately 237 soldiers who are assigned under him is, "I want every soldier who leaves this company for a new unit to be physically fit, highly motivated, well disciplined and be a well-trained soldier."

He believes strongly in his NCO leadership within the company, and feels they are key to the company's success. "They are the ones who plan the day-to-day training, and they are the ones make it happen," Williams said.

Within the company is a new NCO leadership core. 1st Sgt. Christopher Martin arrived at the company approximately the same time as Williams and is looking forward to his leadership role.

"I think the future really looks bright for Charlie Company," Martin said. "With new leadership comes fresh ideas, new enthusiasm and a new way of looking at things. I think we will make a difference in many ways."

Martin said one of the major drawbacks being in a leadership role in a company where students stay an average of 10 weeks is the short stay of the soldiers. "All of the soldiers assigned to Charlie Company are going through the ammuni-

tion courses, which only last 10 weeks. In addition to their to classroom training, these soldiers are also busy learning soldiering skills, as well as maintaining their Common Task Training skills. That really leaves us little time to interface with them and get to know them on a more personal basis," he said.

Senior Drill Sergeant Cynthia Hughes takes her position as the senior drill sergeant seriously and hopes to make a difference in the soldiers' lives. "I can remember when I was a private and I remember the impression my drill sergeant left on me," she said. "I want to leave that impression on my soldiers and help them as much as I can.

"Being a drill sergeant is hard work and you have to walk the walk," she continued. "You have to be as fit as they are and have to set the standards. To me it is worth the hardships and the sleepless nights because you know you are helping produce a first class soldier."

Drill Sergeant Anthony Robinson arrived just a few months ago. He said he enjoys being a drill sergeant and is looking forward to the challenges.

"Being a drill sergeant today is much different than when I came into the Army 13 years ago," Robinson said. "Today you have to use a more professional and tactical approach, and you have to remember that society as a whole has changed, therefore the soldiers are different."

Martin said standards are harder to maintain and all the NCOs have more responsibility. "We are the

backbone when it comes to training the Army, and that includes privates as well as officers," he said. "We have to have the responsibility to carry out that mission, and do it professionally."

Martin said the cadre within the company is close-knit and each leader puts the soldier first. In addition to the daily training, both classroom and physical, morale is an important issue and one that is kept on the front burner. "Since most of our students are young and most are without their families (here), we try to also plan a social function at least once a quarter. That can involve a trip to the Iceplex to a game to a bowling tournament," Martin said. "We want to get them out of the unit and give them a chance to relax."



NEW CADRE— Soldiers assigned to Charlie Company, 832nd Ordnance Battalion have not only a new commander, but a new first sergeant and a two new drill instructors as well. From left are 1st Sgt. Christopher Martin, SDS Cynthia Hughes, and DS Anthony Robinson. Not pictured is Capt. Calvin Williams.

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NCO realignment to impact grade structure, promotions

By Kathy Harkleroad

Non-commissioned officers Armywide will soon see a major restructuring of ranks within each MOS (military occupational specialty) which will affect their careers.

"The restructuring of positions within specific MOS's in the Army is on the immediate horizon and we are looking at each individual MOS within the Ordnance Corps," Sgt. Maj. Graham Van Oostrum, chief of OMMCS proponent office, said. "We have to meet a 47/53 percent balance of NCOs and below, and unfortunately with the highly technical MOS's we have here we are in worse shape than most when it comes to having a higher NCO grade content. Those figures convert to an approximate 15 percent restructure."

The 55 series (ammunition) and the 35 series (electronic maintenance) is where

most of the ratio is out of balance to the upcoming requirements, according to Van Oostrum. "In order to solve that problem, we are looking at restructuring, not reducing, the workload and job descriptions. In other words, we will have E-6s filling slots that were filled by E-5s in the past, E-7s filling slots staffed by E-6s, and E-8s filling slots previously held by E-7s," he said.

What does all this mean to the NCO? It means promotions are going to slow down, retention is going to be more of an issue, and in some cases the morale of the soldier will be affected. "In the past it wasn't out of ordinary for a soldier to retire as an E-6, and it looks like that is going to be the norm again," Van Oostrum said. "On the other hand, this restructure is a plus when it comes to generating some senior NCO positions that we have lacked in the past.

"We expect this restructuring to take

about four to five years before it becomes the norm," he continued. "But we are going to overcome it; and will work very closely with all the NCOs involved when it comes to finding a solution to meet their specific needs."

Van Oostrum said the morale issue will come into play when it comes to how the soldier views his slot and his future. "You will have NCOs who will have to: one, reevaluate their future in the Army; two, look at how he feels about filling a position that was previously filled by a lower rank; and three, maintain his enthusiasm for the position he is holding."

The smaller MOS's are going to be the hardest hit when it comes to the E-5 and E-6 positions. "Currently we are looking at consolidating a number of the smaller strength MOS's, those within the 35 series, which will help somewhat," Van Oostrum said. "People-wise that will help and in

turn the number of positions that are allowed will be easier to justify. The consolidation is only going to help a few existing MOS's that are over strength right now.

"I can tell you this, we are being as upfront and as honest as we can with the soldiers who will be affected and will be working with them closely. I can promise them we are going to be doing the best we can to help," he said. "The Army is still a viable career, don't jump ship."

A NCO briefing pertinent to the NCO restructure has been scheduled in the near future for the entire Arsenal. For more information, call the proponent office at 842-1428.

Smokers advised to kick habit on Smokeout day Nov. 21

By Susan Goodman

The third Thursday in November is the date each year for the Great American Smokeout. This year, Nov. 21 is the day when smokers are encouraged to give up cigarettes for 24 hours (or to quit for good).

Quitting cigarettes is difficult and the support of those around the smoker is a very important factor for success. To quit or to help a loved one or friend quit for 24 hours, the following tips are presented:

- Ask your spouse or a friend to quit with you. Enroll in a smoking cessation program. Classes are offered by Fox

Army Community Hospital. The next program will begin in January.

- Keep busy. Have alternative activities to keep you occupied, especially during the times you normally smoke. During the evening, go out to the movies. Eat dinner while you sit in the "no smoking" section.
- Drink large quantities of water and fruit juice. Try to avoid alcohol, coffee, and other beverages that you associate with cigarette smoking.
- Instead of smoking after meals, get up from the table, brush your teeth, or go

for a walk.

- If you miss something in your mouth, try sugarless gum, mints, cinnamon sticks, whole cloves, celery sticks, or carrot sticks.
- Do things that keep your hands busy. Try crossword puzzles, needlework, writing letters, household or garden chores.
- Sit down, close your eyes, and take deep breaths. Learn to relax.
- Avoid smoking places and smokers.
- If you always smoke while driving, put potpourri in your ashtray. Listen to

your favorite music or a novel on tape.

- Understand that withdrawal symptoms are temporary, usually lasting only one to two weeks. Remember, no one has died from quitting, but many have died from smoking.
- For self-help materials contact your local American Cancer Society, the American Lung Association, or Community Health Nursing at Preventive Medicine Service, 876-8831.

(Editor's note: Goodman is a community health nurse at Fox Army Community Hospital.)



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New general officer lauds local community support



PROMOTED— Hite, left, and Armbruster's wife, Vicky, pin on the new general officer's first star.

By Skip Vaughn

Huntsville's newest general officer pledges to help continue this community's commitment to the soldier which he has seen during his 13 years here.

Brig. Gen. Robert Armbruster received his first star in a promotion ceremony Nov. 12 at the Officers Club. He served as project manager for Close Combat Anti-Armor Weapon Systems before becoming deputy commander of the Space and Strategic Defense Command.

"This is probably the most humbling experience that I have ever had," Armbruster said upon accepting his new rank. His star was pinned on by his wife, Vicky, and Lt. Gen. Ronald Hite, military deputy/director of the Army Acquisition Corps for the office of the assistant secretary of the Army (research, development and acquisition).

"There are so many qualified colonels, I cannot tell you that I ever believed I would be a general officer," Armbruster said. "I shall never forget how lucky I am and how fortunate I am to be a general officer."

He thanked his family and the extended family represented by the approximately 400 people in the audience. "I thank you for letting me be in your family," he said to the soldiers, civilians, retirees and guests.

"Our noble cause in Huntsville is the United States Army soldier," Armbruster said. This means working to give the soldier in the field the best weapon systems possible, he added.

This commitment is represented by the successes in the Persian Gulf War and the daily activities of the local community in support of the soldier. Among the attendees at the promotion ceremony were Huntsville Mayor Loretta Spencer and Madison Mayor Chuck Yancura.

"The noble cause lives every day in Huntsville and I'm privileged to say I was part of it," Armbruster said. "I pledge to

you that I will continue in that noble cause."

Armbruster, 47, was born in Rockville Centre, N.Y. He graduated from West Point and was commissioned a second lieutenant in the Military Intelligence Corps in 1971.

He has held a variety of military assignments. Armbruster served as a tank platoon leader in the 3rd Armored Cavalry Regiment, commanded A Company, 7th Radio Research Field Station in Udorn, Thailand, and was an associate professor of mathematics at West Point.

His first acquisition assignment was as chief, Signals Development Laboratory at Vint Hill Farms, Va. He came to Huntsville in 1983. Within the Program Executive Offices for Fire Support and Tactical Missiles, he served as the assistant project manager for development, Multiple Launch Rocket System; product manager, MLRS sense and destroy armor; product manager, multipurpose individual munition; and product manager, Longbow Hellfire. He became the CCAWS project manager on June 17, 1993— where he won project manager of the year for 1995 — before his assignment this month as deputy commander of Space and Strategic Defense Command.

Armbruster holds a bachelor's degree from the U.S. Military Academy at West Point, a master's of science degree in industrial engineering from the University of Arizona, and a professional engineering license from Virginia. His military education includes the normal military officer schools, the Thai Language School at the Presidio of Monterey, Training with Industry at Martin Marietta, Orlando, Fla., the Defense Systems Management College Project Manager's Course, and the Senior Service College.

Armbruster is married to the former Vicky R. Roman from Panama City Beach, Fla. She is the deputy project manager for the Air-to-Ground Missile Systems Project Office within PEO Tactical Missiles.

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Redstone Arsenal's NCO of Quarter a repeat winner

By Peggy Hays

For the second time, Sgt. Michael Coman has been named the NCO of the Quarter. He was a winner last year and now he is the NCO of the Quarter for the first quarter of fiscal 1997.

Since January, Coman has been assigned to the 95th Maintenance Company as the personnel service NCO.

In winning the award, Coman answered questions before a review board and was assigned to teach a specific class, one on reactive flares.

That class may have been the difference, said Coman. "I didn't use notes," said Coman of his five to seven minute presentation. "I memorized the whole class. I guess that probably got me over the edge."

Prior to the actual presentation, he also practiced in front of others. "They would critique me."

He recalled his many hours of preparation. "You never know what they are going to ask you. That's what makes studying so hard. I started about a

month ahead. I'd break it down and take one subject for a whole week."

In his experience, conciseness at the board review is a criterion for success. "Be brief and to the point," he said. "If you put it in your own words, it also helps because it shows you understand and are not giving the book answer."

"Use the key words. To sum it up, you need to be precise in your answer."

The subject matter is comprehensive and covers every subject in the military, he said, in referring to a size of a study guide. "A lot of things you know because you've used them. But, for example, in military history, a lot of people don't know who said what in what war."

His future plans include even further study. "I'm looking forward to NCO of the Year," Coman said. "Last year, I didn't win, but this year, I'm going to put forth a little more effort, and hopefully win it."

Coman summarized his everyday philosophy. "Naturally, you maintain standards all the time and try to

exceed them. It starts out with your company, how you wear your uniform, and how you carry yourself. And it's good, too, because it keeps you on your toes."

When Coman is not on duty or studying his work-related subjects, his off-hours time is spent with physical fitness activities, college classes, and his son. "I like sports," he said. "I like working out, lifting weights."

"I'm also in martial arts. Currently, I'm a green belt in three different styles. But it's been awhile since I've really gotten into it because of school."

As of now, Coman has completed a year and a half of classes at Calhoun Community College in Decatur. "I'm pursuing a degree in applied science, radiology," he said. "My mom was a registered nurse and she always wanted me to become a doctor but I didn't like to cut people so I decided to be in radiology."

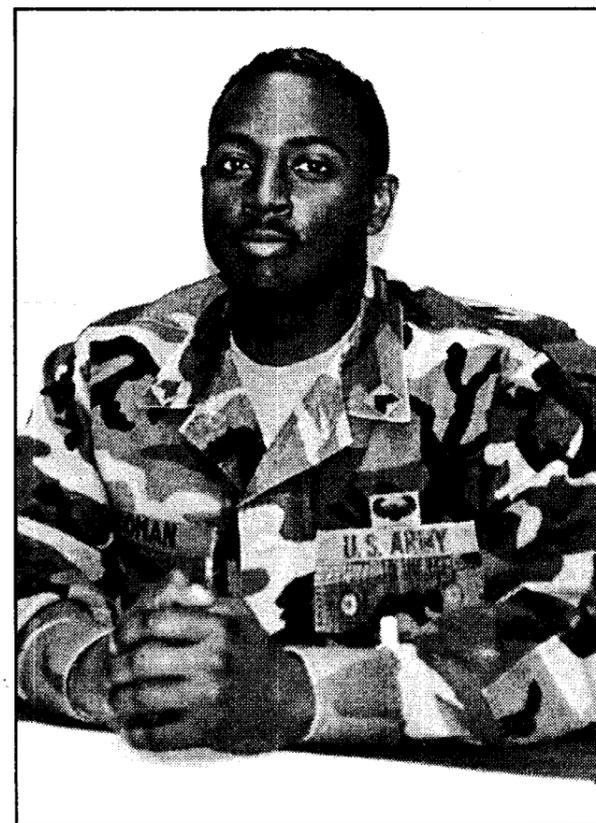
Following the completion of his courses and clinical training, Coman will be qualified to start as a radiographer, an X-ray techni-

cal. "I'm finished most of my classes. All I have left is OJT (on the job training). They don't have any night courses for that here so I haven't done that yet."

Coman, a single parent, said of his 3-year-old son, Alexander: "He's real special because he was born premature. He was in the hospital for three months. He's a real fighter."

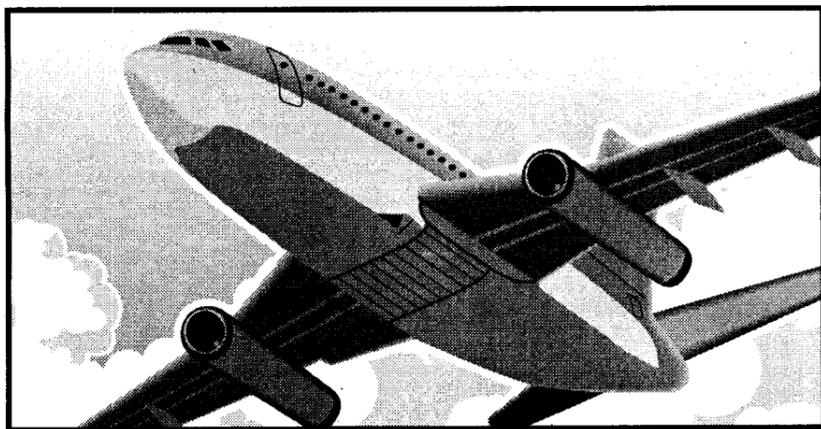
With 10 years in the military, Coman plans to continue to make the Army his career. In the past, he has been stationed at Fort Bragg, N.C., Fort Benning, Ga., Hawaii, and a tour with the Air Assault School. Field exercises with the Assault School found him in Korea, Japan and Thailand.

Coman has been assigned to Redstone Arsenal since February 1992. He has hopes that he may sometime return to an air assault unit.



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Work continues on uniting aviation, missile commands

By Peggy Hays

The mission of the Aviation and Troop Command (ATCOM) is to support the deployment and sustainment of aviation systems. "Business process-wise, there is a difference between MICOM and ATCOM functions," said Ted Stokes of the Realignment & Transition Office, "but we're both basically in existence to support field hardware. The missile system down here and for the most part in the IMMC (Integrated Materiel Management Center) world is heavily parts-driven.

"Exactly how we accomplish these missions and the end result is similar in many ways and we integrate at many various levels," said Stokes, referring to the directorates in both commands.

Although ATCOM's mission is to support the structure and maintain equipment, a great deal of difference does not exist between the missile and aviation equipment, according to Stokes. "No one thing is a significant factor."

Safety, of course, is an issue. "Definitely, aviation is very concerned with the safety aspect, and from the missile standpoint, there is concern with the missile blowing up on the ground.

"The philosophy in the missile area is that you want it to go downrange and not come back—with a helicopter, you want it to go, and come back."

Each command, Stokes said, provides specific support in regard to their product parts, technical manuals, and technical assistance.

Stokes explained that ATCOM not only has helicopters and a fixed wing

fleet, but "generator sets, shelters, water purifiers, a lot of the things that allow soldiers to exist." The organization has the largest navy and air force in terms of numbers of aircraft, according to Stokes.

"The part that's coming here are the fixed wing and rotary wing aircraft," he said. "These other items are going to different areas."

Standard fixed wing aircraft managed by ATCOM are the following: C-12, V-21, RC-12, C-20, C-21, C-23, C-26, and VC-35. Three of the C-23A Sherpas are stationed at Redstone Army Airfield and used in research and development missions as well as for transporting cargo.

Until a year ago, Stokes

was responsible for the data analysis of aircraft components in ATCOM's Field Data Division in the Directorate for Maintenance in St. Louis. In November of last year, however, he, along with other volunteers, moved to Huntsville. Stokes' role is now "administrative and organization type functions pertaining to the merger of ATCOM and MICOM."

His employer is still ATCOM and his supervisor is based in the realignment office in St. Louis but what he does here, he said, is to "coordinate between the two IMMCs. My title is IMMC representative on the ATCOM forward cell.

"The ATCOM forward cell," he explained, "is



C-23A SHERPA— This is one of the three C-23A ATCOM aircraft stationed at Redstone Airfield. The high-wing, twin-engine turboprop Sherpas with a cruising speed of 175 knots fly R&D mis-

sions and transport cargo. From left, Douglas Paddock and Robert Deberry, flight mechanics, and Sam Maki, pilot, are among the airfield workers who maintain and fly the Sherpas.

about putting AMCOM (Aviation and Missile Command) together."

He described himself as an "information conduit. I line up areas between the

particular IMMCs that need See ATCOM on page 23

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Young students surf Internet during recent Redstone visit

By Peggy Hays

Eight Lee High School students sat in a darkened computer classroom in front of a large screen displaying the Arsenal's home page. The students were attending a Nov. 12 presentation by MICOM webmaster Robert Brown, from the Corporate Information Center, who was briefing on the latest technologies available on the World Wide Web.

As part of MICOM's educational involvement with area schools, Brown opened the homepage to students planning to enter ThinkQuest, an international Internet contest. "(Maj) Gen. (James) Link has encouraged us to assist whenever possible in the education of students in the community," said Brown, in explaining the task set forth by the commander of the Missile Command and Redstone Arsenal. "It's a great opportunity for young students to learn about these new technologies and to get scholarships—and for students and teachers to work together."

ThinkQuest challenges students from ages 12 to 18 to use the Internet as an interactive teaching and learning tool. Participating students, in teams of two or three, and their teacher/coaches are eligible for awards and scholarships totaling more than \$1 million. The contest encourages students from different schools and different backgrounds, even different countries, to create educational tools while collaborating and communicating in a global environment.

"We can encourage and advise," Brown said, referring to MICOM's role, "but we cannot do any of the developmental effort."

Brown's presentation began with tips on constructing a Web site and a discussion of the Internet style of learning. "A Web site

should first of all be informative and entertaining," he said. "The name of the Web site should be intuitive, that is, let people know what's in there. An example would be Team Redstone On-Line."

Browsing through the site, Brown pointed out appropriate graphics and concise, clear formats that required limited scrolling. He reminded them of the importance of providing easy paths for navigating through their Web site, including color choices to use under varied lighting conditions, and menu options for high speed connections versus browsers with a laptop. The students saw an example of the new frameless frames as well as how automation updates the information site daily.

"The advantages are that you can use your own personal preferences—what you want to do," he said. "You can create your own job; a new job for yourself and others."

"We have one person who made herself very valuable to MICOM by creating her own graphic artist position. She taught herself."

Brown showed the students where he started with Soldiers Magazine on-line in July 1994 and where the technology is today. "You start out as rough as you have to and build on it."

He introduced the students to the Army Civilian Personnel Professional site that can be used worldwide for position announcements. "Previously, it had taken six months to add position announcements," Brown said. "It provides a fast way of filling jobs in the government." The students experimented with adding a "game player" to the position announcements and to the resume file. Brown showed them examples of MICOM's courseware. They even took a sample test from a management course.

"This is the school room of tomorrow," he said. "We're already talking to the



HOMEROOM TO HOMEPAGE— Lee High School students and their teacher view the latest Internet technologies for building their own educational Web sites at a Nov. 12 presentation by Brown, MICOM's webmaster, at the Electronic Meeting Systems Facility.

National Guard about a setup like this. There would be 30 minutes of video instruction; then, they'd take the test."

The presentation was the first of many to be given by Brown to area students. "The key to the Internet is to teach yourself," he said.

ThinkQuest is sponsored by Advanced Network & Services Inc., a non-profit organization founded in 1990 for the purpose of advancing education through computer networking applications and technology. Five awards are offered in each of five categories: science and mathematics, arts and

literature, social sciences, sports and health, and interdisciplinary. Each team must submit a proposal by Jan. 31, and if approved, an entry by July 31. Visit the site at <http://www.advanced.org/thinkquest> or by calling 1-800-61-THINK. Winners will be announced by the sponsoring organization next November.

Richard Dean, a 33-year Army veteran who retired as a colonel, said of his Lee High School class of pre-engineering students: "I hope there will be at least one team that enters the contest, hopefully two."

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Military family members thanked for their service

Military families make sacrifices every day. Each year, around Thanksgiving, the Armed Services YMCA expresses its appreciation for all that they do.

Military Family Week is celebrated from Nov. 24 through Dec. 1, the Thanksgiving holiday period. President Clinton and Army leaders have expressed their support for this observance and the military families it honors.

"Nowhere is the contribution of the family to our nation's health and well-being more evident than in the Armed Forces," Clinton said in an open letter from the White House. "Americans are deeply grateful to our men and women in uniform, and we owe special thanks to their families, whose love and support both inspire them and help them to fulfill their duties in America and around the world.

"Hillary and I have been touched and inspired as well by the courage and dedication of the many military families we have met. Living with the hardship of separation and the reality that their loved ones must often serve in harm's way, they need and deserve every support we can offer them. At this special time of year, when America's families gather to celebrate the special bonds of love that unite them, let us remember with gratitude the many sacrifices our nation's military families have made so that we can continue to live in peace and freedom.

"Best wishes to all for a wonderful week," Clinton's letter concluded.

Education Week observed Nov. 18-22 at Redstone

Team Redstone is celebrating American Education Week, Nov. 18-22 with activities to build support for education programs and services.

A symposium today at the Sparkman Center is geared at sharing information on educational opportunities. On Thursday the Redstone Arsenal Education Center, building 3222, will have an open house with displays by schools, tours of state-of-the-art computer labs, and informal counseling.

Already this week there has been a luncheon at the Tom Beville Center on the UAH campus, and a meeting at Butler High School to demonstrate a model year 2000 classroom.

Sponsors for the week's activities include Huntsville and Madison County and

their schools, Alabama A&M University, University of Alabama-Huntsville, Athens State College, Columbia College, Calhoun State Community College, Florida Institute of Technology, and the Missile Command.

Maj. Gen. James Link, commander of MICOM and Redstone Arsenal, signed a proclamation for the observance here. The theme for the week is, "Our future begins with education—are you prepared for the challenge?"

"American Education Week gives us an opportunity to raise the level of awareness and build support for our education programs and services," the proclamation states in part.

For more information, call Sam Whitaker 876-9761.



PROCLAMATION SIGNING— Looking on while Link signs the proclamation for American Education Week are, from left, Col. John Planchon, director of personnel and training; James Campbell, director of the Education Center; and Sam Whitaker, an education services specialist at the Education Center.

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Commanders advised to allow liberal leave during holiday season

The Army wants its soldiers and civilian workers to enjoy the holiday season with their families and friends.

Commanders and directors are encouraged to liberally grant leave and arrange duty schedules so their workers can be home during the holidays.

Maj. Gen. Billy Solomon, chief of staff for the Army Materiel Command, issued the following memo on leave policy for the 1996-97 holiday season:

"The 28th of November 1996 is a legal holiday (Thanksgiving Day). The next day, the 29th of November 1996, is designated as a training holiday for military personnel and a day of liberal leave for civilian employees. The 25th of December 1996 and the 1st of January 1997 are also legal holidays (Christmas Day and New Year's Day). Compensatory time should be considered for military personnel who are required to work because of essential missions or supervisory responsibilities.

"Although the holiday period is the 20th of December 1996 through the 2nd of January 1997, commanders, directors, or their designees may approve leave for both military and civilian employees before, during or after the official holiday period.

"As mission requirements and workload permit, commanders and directors are encouraged to be liberal in granting leave and arranging duty schedules so that military and civilian personnel can spend time with their families and friends.

"On behalf of the commanding general, I extend the joy and spirit of the holiday season to all AMC employees and their families," the memo continued. "May each joyful event include safety and caution. Happy holidays!"

Food vouchers help families in need during the upcoming holiday season

By Kathy Harkleroad

The holiday season is nearly upon us and this is the time of year people stop and give thanks for all they have. Unfortunately more and more these days, there are people who need a little extra help during the holiday season and soldiers are no exception.

In the past a food basket program was implemented at Redstone Arsenal and soldiers in need received a basket of food. A new program was implemented several years ago where soldiers received vouchers for food instead of the baskets, and this year a new name has been announced for the program. "We are calling it the Food Voucher Program," Chaplain (Capt.) Michael Frazier said.

The program has been successful in the past year; and Chaplain Frazier would like to see the same results this year. "Last year we received enough donations to help 127 soldiers with food vouchers," he said. "This year we aren't sure

yet how many soldiers will need help, but have set a goal of collecting \$10,000 and issuing at least 100 vouchers for \$100 each. The more donations we receive though, the more soldiers we can help."

One big plus for the program is the anonymity factor involved. "Recipients' names will be collected by the commanders and first sergeants of the companies here on the Arsenal. They in turn will turn the list over to me, and I will be the only one here to see it," Frazier said.

The anonymity factor also benefits the person who is donating to the program. "This is a nice way for everyone to get involved in helping another person out without spending a lot of time," Frazier said.

Each recipient will receive a voucher good for groceries at the commissary with the exception of diapers. "The soldiers, or their family member will be able

to shop at the commissary during a three day time span between the hours of 7:30-9 a.m.," Frazier said. "The vouchers are being treated as a credit purchase, and no money will exchange hands. For instance if their purchases comes to less than \$100, that is what the voucher will be worth. If it exceeds \$100, then items will be have to be returned."

Frazier said the best thing to do was "plan ahead, make a list, and bring a calculator." Tobacco and alcohol items will not be permitted. "Recipients must also factor in the 5 percent surcharge," Frazier added, "when it comes to arriving at the final figure of their purchases." Identification cards will be required in making the purchases.

Monetary donations for the vouchers are being sought and can be made through the Chaplains' Fund. The Officer and Civilian Women's Club, the Sergeants Major Association, the Thrift Shop, the Retired and Active Duty NCO Spouses Club, as well as other organizations have already donated to the program.

"Our annual contributors are very generous, and very faithful," Frazier said, "and for that we are very thankful."

"Offerings taken at the Thanksgiving Day services will also be donated to the fund," he said. "The services that are held Nov. 23 and 24 have also been designated as services where the offering will be donated to the Food Voucher Program."

Persons or organizations interested in contributing to the program can do so by either attending one of the chapel services or by sending a check to Bicentennial Chapel, AMSMI-RA-CH, building 376. Frazier asked that the checks be made out to the Consolidated Chaplains' Fund with the words "Holiday Food" in the remarks section.

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Hospital gets accreditation

Fox Army Community Hospital has been granted accreditation by the American Association of Blood Banks (AABB).

Accreditation follows an intensive on-site inspection by specially trained representatives of the association and establishes that the level of medical, technical, and administrative performance within the facility meets or exceeds the standards set by the AABB. By successfully meeting these requirements, Fox Army Community Hospital joins more than 2,000 similar facilities across the United States and abroad that have earned AABB accreditation.

"The AABB's inspection and accreditation procedures are voluntary," Capt. Mark Hickman, chief of department of pathology, said. "FACH has sought AABB accreditation because this program assists facilities around the country in achieving excellence by promoting a level of professional and medical expertise that contributes to quality performance."

Since 1958, the AABB has been engaged in the voluntary inspection and accreditation of blood banks and transfusion services. The inspection and accreditation program assists blood banks and transfusion services with determining whether methods, procedures, personnel knowledge, equipment and the physical plan meet established requirements. The minimum requirements for accreditation of blood banks and transfusion services are based primarily on the AABB's "Standards for Blood Banks and Transfusion Services." The AABB's Committee on Inspection and Accreditation assures compliance with these criteria before granting accreditation. These standards not only set the level of professional proficiency for blood banks and transfusion services in the United States, but also provide the basis of practice for similar facilities around the world.

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AMC Soldier of the Year award goes to calibrator from 95th detachment

A member of 95th Maintenance Company, stationed at the 95th's detachment at Fort Carson, Colo., has won the AMC Soldier of the Year competition.

Spec. Christina Malone won the Army Materiel Command competition held Oct. 7 in Springfield, Va., near AMC headquarters.

She received the Army Commendation Medal as well as a new set of Class A uniforms, three \$1,000 savings bonds, and a choice of assignment for her next permanent-change-of-station move. Malone, a calibrator, is already slotted to PCS to the 95th's detachment in Vicenza, Italy.

The annual competition begins by choosing a soldier of the month for each unit throughout AMC. Then these soldiers go on to com-



AMC HONOREE— Gen. Johnnie Wilson, the AMC commander, presents the Army Commendation Medal and certificate to Malone, right.

pete for soldier of the year among their respective commands. Malone repre-

sented the Missile Command. All the finalists from AMC's 10 subordinate

commands compete for the AMC Soldier of the Year award.

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REUTILIZING GOODS— Dock Boyd, property disposal specialist, and Russell stand in front of the 28 sets of mattresses and box springs donated by DRMO to the Advocacy for The Homeless.

Army contributes surplus goods to homeless shelter in Huntsville

By Peggy Hays

The mission of the Defense Reutilization and Marketing Office is to transfer America's military goods into America's home-front advantage. This past week, DRMO accomplished that mission again, according to Ed Russell, property disposal technician.

DRMO began the transfer of selected household furnishings and office equipment on Nov. 8 to the Advocacy for The Homeless, a shelter located in Huntsville.

"We donated 28 sets of mattress and box springs, queen size, for people who are being taken care of by Advocacy for The Homeless," Russell said. "We also donated five single mattresses for cots, five large containers of pillow cases, sheets, and mattress pads, 10 table lamps, and five hospital beds."

Additional donated materials include a 386 laptop computer and scanner, cabinet,

bench, and two couches. "We also gave them a 12-by-60 foot trailer to be used for administrative and supply storage areas," Russell said.

The transfer process began with the DRMO office in Huntsville, Russell said. "I look through other agencies," he explained. "They have to be federally affiliated. The Salvation Army, for example, is not."

"What we can, we reutilize in the government. Then if not, we transfer it to the state for use in law enforcement agencies, then to donations, which this is. Nobody else was really interested."

The Advocacy for The Homeless serves those "who don't need to be in the hospital, who don't need to be monitored," James Holland, executive director, said. "We watch over them until they're ready to be released."

Command seeks volunteers to become EEO counselors

The commander of the Missile Command tasked each director Oct. 29 to nominate individuals to serve as volunteer EEO counselors in accordance with the population of their organization.

Organizations with 400 or more employees are expected to nominate six individuals for consideration; 200-400, four; 100-200, three; and under 100, two. Nominations will be screened by the Equal Employment Opportunity staff and the appointment made by Maj. Gen. James Link, the MICOM commander.

Counselors play a vital role in the EEO program as they establish an open channel through which employees may raise questions, discuss problems and obtain answers relative to Title VII issues on an informal basis. Title VII issues include discrimination in employment because of race, color, religion, sex (to in-

clude sexual harassment), national origin, age or handicap. The counselor serves as a bridge between the employee and management, and is responsible for gathering facts and assisting the employee in the resolution of situations which have been interpreted as discriminatory.

The counselor should possess the characteristics of empathy, objectivity, resourcefulness, honesty, and a personal commitment to promote equal job opportunity for all persons. A counselor should be able to communicate effectively with persons of different races, sexes, national origin, ages and economic, cultural and educational backgrounds. Counselors are expected to communicate with persons of different levels, including those who hold key management positions in the command. They must gather and analyze a variety of pertinent

facts and opinions concerning controversial issues, submit a clear and concise report with solid recommendations, and act equitably in arriving at problem resolution.

Prospective counselors will be interviewed by the EEO staff. If selected, the employee and his or her organization will be notified of the selection. New counselors are required to attend the Basic (five-day) Counselor's Course. The course is conducted at this installation with no cost involved. Satisfactory completion will result in Department of Army certification.

Interested employees should contact their supervisor. Nominations are being accepted by the Equal Employment Opportunity Office, AMSMI-EO, building 5300, room 5130. For more information, call Becky Miller 876-8946.

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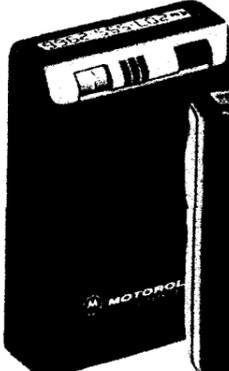
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Annual CFC charity drive exceeds target goal for 1996

The 1996 Combined Federal Campaign has exceeded its \$1,307,000 goal.

By Friday, CFC had collected \$1,309,744 for 100.21 percent of the goal, according to George Gunter, the campaign coordinator. The Missile Command had collected \$451,734 for 98 percent of its \$462,500 goal.

MICOM and Marshall Space Flight Center are engaged in a close competition for this year's Top Gun Award. This award is presented annually by the United Way of Madison County to the public sector agency that raises the most money during the CFC. As of Friday, MICOM held a slim lead with a total of \$451,734 to MSFC's \$451,541.

"Individual solicitations have ended for this year's CFC," Gunter said. "Anyone who has not contributed and would like to can still submit their pledge card to their organization's financial chair or call the CFC office at 876-9143 and we will pick it up and credit their organization with the contribution."

Combined Federal Campaign gets a large boost from 95th soldiers

By Skip Vaughn

A group of soldiers from 95th Maintenance Company visited the commanding general Nov. 12 with a hefty check for the Combined Federal Campaign.

The 95th contributed \$2,262 for the Tennessee Valley CFC as the annual charity drive drew to a close. This represents the proceeds from fund-raising activities and individual contributions, Capt. Sharlene Perry, commander of the 95th, said.

"The goal was a thousand so we exceeded the goal," Perry said. "Thanks to the Team Redstone community. They helped us do this."

Maj. Gen. James Link, commander of the Missile Command and Redstone Arsenal, accepted the check as the CFC chairman.

"The 95th is one of our



BIG DONATION— With the \$2,262 check for CFC are, from left, Shouse, Link, Perry and Gelpi.

hardest working organizations," George Gunter, chairman of the Local Federal Coordinating Committee, said. "And they had ex-

tracurricular activities; they really got involved."

WO 1 Ricardo Gelpi and Sgt. Joseph Shouse were action officers for the 95th

fund-raisers which included car washes and bake sales. The 95th has 48 soldiers at Redstone.

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Ex-combat helicopter pilot returns to friendlier skies

By Peggy Hays

In 1971-72, Jay Wilson flew helicopters as an Army pilot in Vietnam. Then, with 800 hours in the air, Wilson left the skies, but never his love of flying, returning to earn a private pilot's license this summer with the Arsenal's Flying Activity.

For after all, Wilson said, "The kid wanted to fly."

"My desire to fly started when I was 10-12 years old," said Wilson, manager of the software engineering group for Quality Research Inc. "I used to watch television shows in the late 1950s and early 1960s about John Wayne and the Korean War. I became very much in love with airplanes and flying and I wanted to be a jet fighter pilot."

His quest, however, became a circuitous one and definitely required perseverance. "In high school, I applied for the Air Force Academy and received a presidential appointment," he said. "However, I didn't pass the English test—but I did very well in math and chemistry."

After being advised that he would be asked to attend the Air Force prep school because of his overall grades, he waited. "I never even filled out the paperwork."

That was all he heard, though; and he became one of the non-appointees. "Later, I found out that you had to request to go to the prep school; they didn't ask you."

He enrolled as a chemical engineering student at Chaffey Junior College, Calif., and found the college had a flying club. "So, I washed airplanes," he said. "For

every seven hours, I got one hour of flying time. I probably got six-seven hours in a tail dragger."

He then applied and was accepted in a program similar to ROTC whereby candidates would take aviation training in the summer and upon college graduation would be commissioned an ensign. Three months after being accepted, however, "Congress canceled the funds. I never even got started. So, then I was kind of depressed," he said.

He tried another avenue, visiting the recruiting office. "All the recruiters were sitting together," Wilson said. Following a few words with a recruiter from each service, he found that only the Army had a program for non-college graduates that included flying. It would be in helicopters, though; it was the only thing left. He passed the aptitude test and in August 1969, joined the Army.

Following helicopter training and graduation from officer candidate school, he was in Vietnam flying Hueys. "I was rated in Hueys and Chinooks," he said, choosing Hueys because of economics and numbers. "The Hueys cost \$800 an hour and Chinooks over \$2,000 an hour to fly; there were 200 Chinooks and 10,000 Hueys."

"What we did primarily for six months was support Special Forces stationed at Pleiku. We inserted and extracted Special Forces reconnaissance teams."

Was he ever shot down? "Not where they shot me up," he said, smiling. Yes, twice, he finally answered. "You never want to crash the airplane where you're



SPECIAL FORCES SUPPORT—Wilson, piloting a Huey helicopter, extracts Special Forces reconnaissance teams from a landing zone near Pleiku, Vietnam. He spent 22 years in the Army.

shot up. You do anything at all to fly away. We always had chase airplanes right behind us. We'd take out the radios, crypto gear, and machine guns before setting the charge to blow the helicopter up.

"I can remember going into the LZ, seeing the ground fire; we only had on body armor. You used to just fly right down there—and we were usually the only one flying in. But, the Huey was very forgiving

and rugged and I really enjoyed it."

His last four months were as a forward observer in the Artillery stationed near Da Nang. "As the war was winding down," he said, "there was a bloated structure. In the first RIF (reduction in force), most of the people were helicopter pilots. I saw I needed to go back into my basic branch which

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Alabama should stymie Auburn for annual state bragging rights in the Iron Bowl

By Skip Vaughn

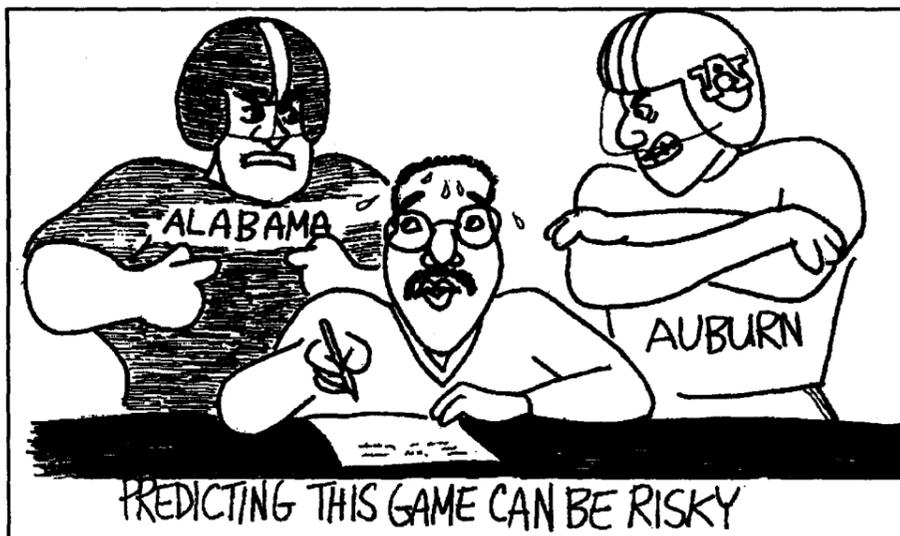
Alabama vs. Auburn. Say no more. This rivalry is one of the biggest in sports.

It doesn't matter that Auburn lost in four overtimes last week to Georgia, or that Alabama got upset by Mississippi State. This is the Iron Bowl; and the winner will be able to brag for at least a year.

Alabama (8-2) has the edge over Auburn (7-3) this time, mainly because of the Crimson Tide's tough defense. The Tigers should make it close but the fans wearing crimson and white will leave Birmingham's Legion Field with a warm and fuzzy feeling.

Skip's Picks went 34-8 last week, upping the season totals to 329-104 for 76 percent. Here are my predictions for selected games this week in major college football:

- Auburn vs. Alabama—Bama
- Arkansas at Mississippi St.—MS
- Ole Miss at Georgia—Ga.
- Kentucky at Tennessee—Tenn.
- Tulane at Louisiana St.—LSU
- South Carolina at Clemson—Clemson
- Arizona St. at Arizona—ASU
- Baylor at Oklahoma St.—Baylor
- Boston College at Miami—Miami
- Brigham Young at Utah—BYU



- Stanford at California—Stanford
- North Carolina at Duke—UNC
- East Carolina at Memphis—Memphis
- Maryland vs. Florida State—FSU
- Fresno St. at San Diego St.—SDS
- Navy at Georgia Tech—Ga. Tech
- Wisconsin at Illinois—Wis.
- Indiana at Purdue—Purdue
- Iowa at Minnesota—Iowa
- Iowa State at Kansas St.—KS
- Kansas at Missouri—Kan.
- Michigan at Ohio State—OSU
- Mich. State at Penn St.—PS
- Wake Forest at NC State—NC St.
- Rutgers at Notre Dame—ND
- Texas Tech at Okla-

- homa—TT
- Oregon at Ore. St.—Oregon
- Tulsa at Rice—Rice
- Southern Cal at UCLA—Southern Cal
- Texas Christian at So.

- Methodist—TCU
- Syracuse at Temple—Syracuse
- West Virginia at Va. Tech—Va. Tech
- Washington at Wash. St.—Washington

MWR highlights ...

The following are among Morale, Welfare and Recreation activities:

- **Hunter orientation:** The mandatory Hunter Safety Orientation will be held Thursday from 4:30-6 p.m. at the Recreation Center, building 3711. For more information, call 876-4868. This orientation is also available on computer at the Learning Resource Center; call in advance to ensure availability of terminals. For hours and locations, call 876-9416.
- **RV storage:** Outdoor Recreation has outdoor storage available for boats, recreational vehicles, etc. Prices include \$7 per month for vehicles up to 19 feet; and \$9 per month for vehicles 20 feet and over. To reserve a space, call Missy 876-4868.
- **Auto inspections:** Thinking of purchasing a used vehicle? Let the Automotive Skills Center perform a vehicle inspection for you. For information call 955-7727.
- **Bowling alley:** Rocket Lanes is open for lunch every Thursday, Friday and Saturday.... Specials include Thursday and Friday bowling special, \$1 per game from 9 a.m. until 4 p.m.; and Saturday bowling special, \$1 per game from 1-5 p.m.
- **June M. Hughes Arts & Crafts Center:** Offering holiday craft classes. For information call 876-7951.
- **Quick shot bingo:** The four locations for quick-shot bingo include the golf course, JOC (Just Our Club), Fly-

See MWR on page 21

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Thanksgiving turkeys should be properly prepared

By Cherie Miller

Let's talk turkey. Thanksgiving turkey, that is. Yes, it's time to start thinking about purchasing and preparing the main attraction of many holiday feasts. Unfortunately, improper handling and preparation of turkey may result in a visit from an unwanted guest—food borne illness. The following tips will help you provide a tasty and safe holiday meal.

Always look for the USDA inspection label when purchasing turkey or turkey parts. This ensures that the turkey has been inspected for wholesomeness. You may also look for a grade stamp on the label. Most turkeys on the market are Grade A. They are meaty and have fewer pinfeathers, bruises, broken bones and other imperfections than lower grade turkeys.

Turkey may be purchased fresh or frozen. Frozen turkeys should be frozen solid at the time of purchase. They may be stored up to one year at zero degrees without a noticeable loss of quality. Unless the packaging on the turkey has been torn or damaged, there is no need to rewrap the bird for the freezer. Fresh turkeys should be purchased one-two days be-

fore cooking and stored in the refrigerator at 40-degrees F or below to avoid spoilage.

Thawing is a primary consideration when preparing frozen turkey. Turkeys may be thawed in the refrigerator, under cold running water, in the microwave, or as part of the cooking process. The key is to plan ahead to ensure you have enough time to complete the method you choose. Turkeys should NEVER be thawed at room temperature. Bacteria will grow on the warmer surface while the inside is still solidly frozen!

If thawing a turkey in the refrigerator, simply place the wrapped turkey on a tray to catch the moisture as it thaws. You may also place the unopened turkey in a pan or sink and place it under running water that is 70-degrees F or below. Cook the turkey as soon as it is thawed. If thawing in a microwave, check the oven manufacturer's instructions for the correct number of minutes, power level, etc. The turkey may also be thawed as part of the cooking process by roasting the frozen bird, unstuffed, in a baking pan. Use the following chart to determine the amount of thawing time needed for these methods:

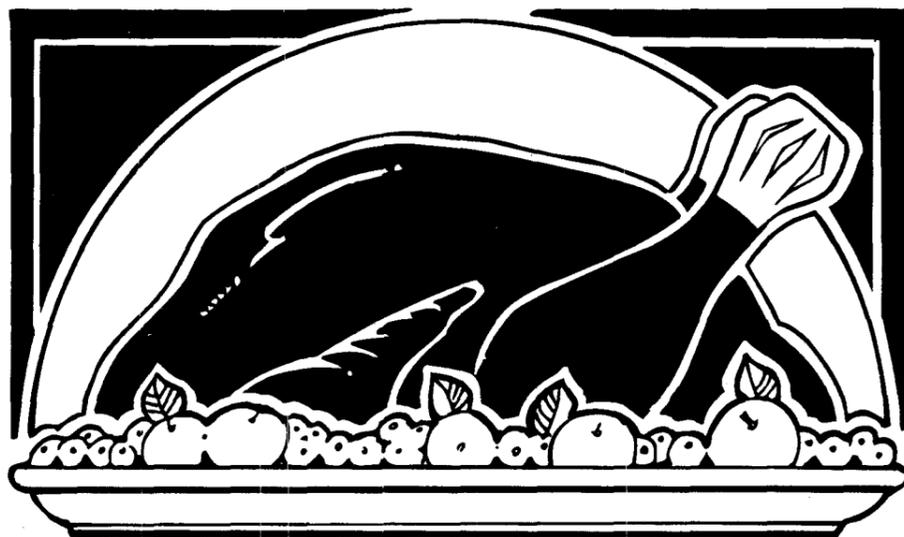
- weight 8-12 pounds;

refrigerator 1-2 days, cold water 4-6 hours, frozen (cook time) 6-7 hours.

- weight 12-16 pounds, refrigerator 2-3 days, cold water 6-9 hours, frozen (cook time) 7-8 hours.
- weight 16-20 pounds, refrigerator 3-4 days, cold water 9-11 hours, frozen (cook time) 8-9 hours.
- weight 20-24 pounds, refrigerator 4-5 days, cold water 11-12 hours, frozen (cook time) 9-10 hours.

After thawing the turkey, remove the giblets and neck from the body cavities and wash turkey, inside and out, with cold water and drain. Prevent the spread of bacteria by washing your hands, sink, and all utensils that may have contacted the raw turkey.

Turkey should be stuffed immediately prior to roasting. If stuffed sooner, bacteria may grow in the stuffing and cause food borne illness. Dry stuffing ingredients may be mixed ahead



of time. Refrigerate perishables (butter, broth, vegetables, etc.) and mix them with the dry ingredients just before stuffing the turkey.

Roast the turkey to an internal temperature of 185-degrees F. A meat thermometer may be used by inserting it into the thick part of the thigh muscle. Dressing should be cooked to an internal temperature of 165-degrees F. Remove any dressing from the turkey immediately after cooking to reduce the chance of bac-

terial growth.

All turkey leftovers should be refrigerated or frozen within two hours of removing the turkey from the oven. Disease causing bacteria may multiply if the turkey is left at room temperature for longer than that. Place the leftovers in shallow pans or bowls to allow quicker chilling. Turkey leftovers will keep in the refrigerator for three to four days. Gravy and stuffing leftovers should be used within one or two

days. Frozen leftovers should be used within one month.

If you have additional questions about turkey or turkey preparation, you may contact the U.S. Department of Agriculture's (USDA) Meat and Poultry Hotline at 800-535-4555. You may also contact the Preventive Medicine Service at 876-8831.

(Editor's note: Miller is environmental health/safety officer at Fox Army Community Hospital.)

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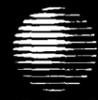
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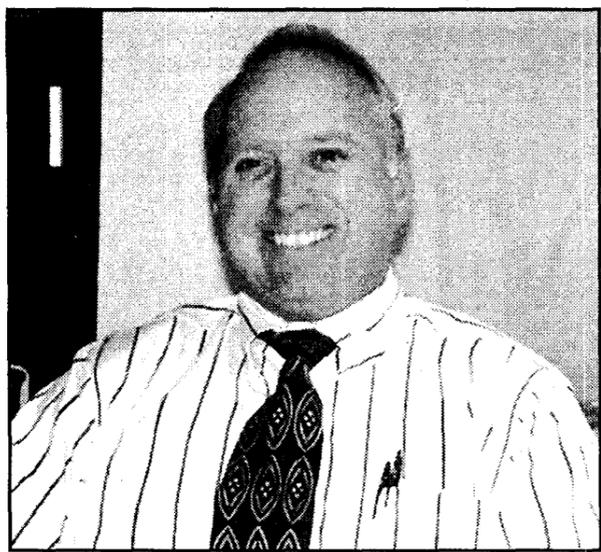


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WILSON

SKIES

Continued from page 16

as Artillery.

"I carried a pack and gun and walked the jungle," he said, recalling, "I'd rather be flying." His flying experience proved useful with the resupply pilots, though, when their efforts were somewhat less than successful. "The cans would break open and there would go your food supply. I'd read off the litany to them about altitude, etc. They'd say OK; we'll bring what you want tomorrow."

Pursuing his private pilot's license has not been nearly so hair raising. He selected the FA because they have "quality airplanes, quality mechanics and quality instructors. Flying is very enjoyable," Wilson said, "but you need to be smart about what you are doing. Maintenance is very special; you want an airplane to be in top shape. After meeting with their mechanics, I trust what they are doing."

He achieved his pilot

ticket in August in a non-conventional style, calling it a "condensed program because of my previous experience. Since I had a commercial rotary ticket, I didn't have to take the entire syllabus." Wilson needed only 20 flying hours compared to the usual 60 hours before taking the flight test from the FAA examiner, flying a Cessna-152 from the Flying Activity.

He and his wife, Gisele, now take weekend trips, recently flying up to see the leaves change color in the Smokies. "We cruise around the city at nighttime and look at the lights." Their next trip is to Little Rock, Ark., at Thanksgiving to visit his parents. "It's a 3-hour fly versus a seven-hour drive."

His plans include acquiring an instrument rating with the FA's instrument-rated instructors and airplanes. Take a look up in the sky the next time you hear a small plane; it might be Jay.

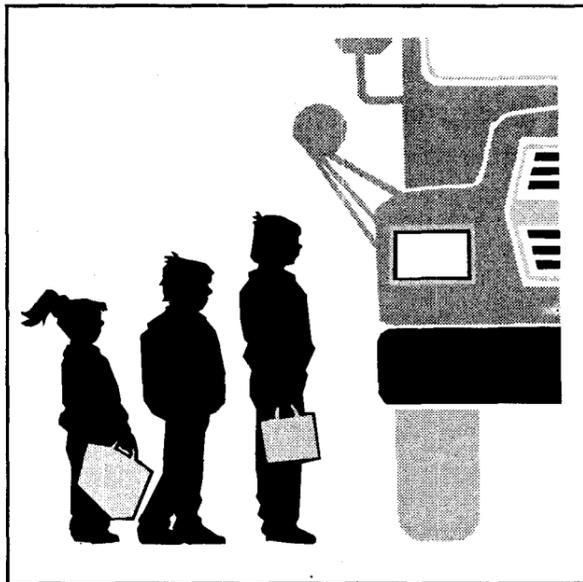
Good behavior on school buses pays off for Williams Elementary students

Redstone youngsters who ride the school bus to Williams Elementary have some extra incentive for showing good manners during their trip.

This year a new program titled the "Best Student Award Program" has been implemented. Children who behave on the bus will receive a certificate that will be displayed on the bus along with either a free bowling pass or certificate for free movie rental.

This program is for children riding the buses to Williams Elementary and involves more than 380 children and 11 buses, according to Dan Robbins, contracting officer's representative for school bus operations. He works in the equipment management division in Directorate of Logistics at the Redstone Arsenal Support Activity.

For the month of October, 11 youngsters were selected as winners by the drivers. Each driver presented a certificate, along with a



free bowling pass and a coupon for a free movie rental, on Nov. 13 at Williams Elementary.

"The driver will pick a new student each month who has displayed the best behavior and will award the certificate and prizes," Robbins said.

Winners for October included Hannah Huffman, Jamie Howell, Melanie Earwood, Casandra Valk,

Amanda Zemcik, Jamar Matthewson, Tammy Metrolis, Mary Hinson, Brittini Moreno, Porsha Pope and Lyndsi Carter.

Robbins provided the following information regarding school bus behavior:

- The main responsibility of the drivers is to make sure the students are transported to and from the school safely.

But it is not the drivers' responsibility alone. There are several things the parents can do, as well as the student. Parents should remind their child it is very important not to extend any portion of their bodies out of open windows. It is also important that the children be reminded to wait for the bus to come to a complete stop before they enter or exit the bus.

- Other rules riders are asked to observe include no smoking, teasing, playing practical jokes, or fighting on the bus. These rules are to protect the safety and rights of all the students; and boisterous and mischievous conduct is unacceptable.
- Disciplinary measures are in place for children who disobey the rules; and a suspension of bus privileges could occur.

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PROPOSED AGENDA

0730-Registration	Sparkman Center Auditorium
0830-Opening Remarks	MG James M. Link, Commander, U.S. Army Missile Command (invited)
0900-"What Is The Federal Acquisition Reform Act"	LTG Erwin J. Rokke, President, National Defense University (invited)
0930-"Changes In C31 & A as A Result Of Reform"	Mr. Thomas E. Bozek, Director of Planning and Strategies, ODASD - C31 Acquisition
1000-Break	
1015-"Changes In Acquisition Education"	BG Richard A. Black, Commandant, DSMC
1100-"Affects Of Reform On The Workforce"	Mr. Joseph H. Schmoll, Director, SE Region Defense Systems Management College
1145-Lunch (included)	
1315-"Automated Tools For Acquisition Management"	Ms. Sheila Burks, DoD Desk Book, Program Mgt. Office
1415-"The Contractor's View Of Acquisition Reform"	Dr. Jay Billings, Executive Vice President, Defense Systems Management Corporation
1500-Afternoon Break	
1515-"How To Make It All Work!"	Mr. Joseph H. Schmoll, Director, SE Region Defense Systems Management College
1600-Summitation & Closing Remarks	DATE: 20 November, 1996

FEE: \$70.00

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Modern psychology helping cadets be all they can be

By Gina Gascon

WEST POINT, N.Y.— For hundreds of years, scientists and psychologists have been searching for ways to push athletes, scholars and leaders to be the best they can be.

Studies of new equipment, facilities, nutritional supplements and performance enhancing synthetic drugs were key in the beginning, but now science has taken a different direction. It's this new direction the U.S. Military Academy is closely following.

"Having largely exhausted the possibilities offered by advances in physical and biomedical training, elite athletes in the 1980s started turning to psychology, to the power of the mind in sport as a way of finding a further competitive edge," said Dr. Nathaniel Zinsser, sport psychologist at USMA's Center for Enhanced Performance.

"Now in the '90s, the science of applied sport psychology has advanced to the point [of being] a valuable and indispensable element in the training of the modern athlete," he continued.

The USMA Center for Enhanced Performance, located on the sixth floor of Washington Hall, is where instructors are training cadets in "enhancement techniques that foster their full development as leaders

of character," wrote Dr. Zinsser.

Different from the Cadet Counseling Center, the CEP focuses on "wellness orientation with performance improvement," rather than struggles with personal issues, explained Lt. Col. Larry D. Perkins, CEP director.

"The Cadet Counseling Center is focusing in on cadets who are dealing with personal issues, stress—as it relates to 'it's overwhelming me and I can't do anything because I'm stressed out,'" he said.

A common stressed out symptom is that butterflies in the stomach feeling, Perkins said.

"[We teach cadets to] understand what those butterflies mean and to embrace those butterflies as a normal part of life and deal with them in a positive manner, as opposed to looking at it as stress. We look at it from a positive perspective in taking those things, embracing those things to enhance your performance," explained Perkins.

"We take an average cadet and make them an above average cadet. Confidence building is a big part of what we do. And we do that in all three areas of cadet life, military, academic and the physical," Perkins said.

There is a misconception that the CEP is only for ath-



letes, he continued. It is not. The confidence building applies to the leadership training and academic training through various classes and training.

The Peak Performance Program provides individual and group instruction in

applied performance psychology, using state-of-the-art training methods and current audio/video technologies.

Building confidence is one of the goals in the PPP. With confidence, cadets can conquer their anxiety about

physical and academic tasks.

The center helps cadets make up motivational tapes and goal setting scripts for all aspects of cadet life.

For Cadet Michelle Robbins, a lacrosse player, these tapes have helped boost her level of play through imagery. By imagining herself going through the motions of play, the motions have become ingrained in her mind and she now does them without thinking.

To help cadets visualize themselves going through specific motions, instructors make videotapes of them actually performing. With motivational music of their choice played in surround sound, cadets can sit in an alpha chamber and concentrate over and over on their motions. Key words from coaches and cadets appear

on a big screen as the video plays in front of them.

In addition to the PPP, the center offers two academic enhancement classes: The Student Success Course and the Reading Efficiency Course.

The Student Success Course is a 20 lesson course that combines study skills, attention control, imagery, confidence building, relaxation and stress management. Reading Efficiency, on the other hand, is a 12 lesson course designed to improve reading speed and comprehension through use of modern computer technology.

To help with mid terms and finals, the center offers exam preparation sessions at the end of each term, and individual academic skill assistance is available throughout the year. (Arnews)

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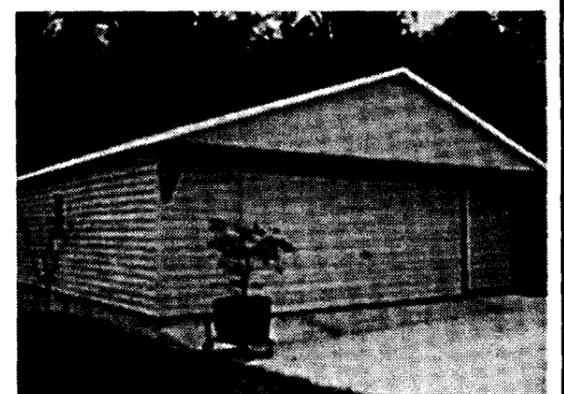
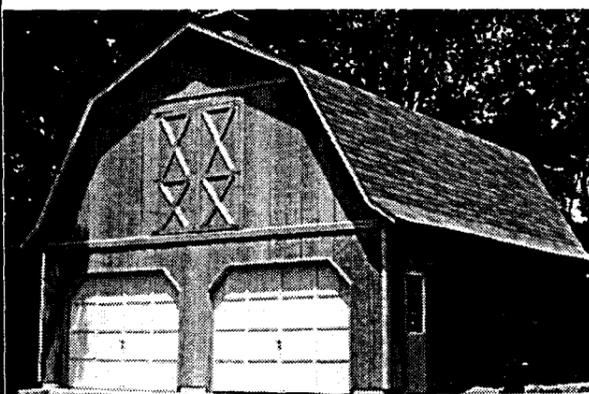
Continued from page 17

ing Activity and Bowling Center. You can purchase your sealed game packet for \$1, check the numbers, and see if you could be an instant winner of up to \$1,000. For more information, call Ann Hudson 837-0750 or one of the Quick Shot Bingo locations.

• **Redstone Christmas party:** The Redstone Arsenal Christmas Party will be held at 7 p.m. Dec. 13 at the Officers Club. Entertainment will include the Lee High School Show Choir (before dinner) and the Heartland Band (after dinner). The entire Redstone community is invited. For reservations call 830-CLUB. For more information, call Jay Foster 876-9769.

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Drill sergeant at Fort Leonard Wood found guilty of violation

By Debra Shortt

FORT LEONARD WOOD, Mo.— A drill sergeant at Fort Leonard Wood was found guilty by general court martial Nov. 13 of violating a lawful general regulation. Two other noncommissioned officers are expected to be tried in December on other sexual misconduct charges.

Sgt. Loren B. Taylor, a drill sergeant assigned to 1st Battalion, 48th Infantry Regiment, 3rd Training Brigade, was charged Sept. 25 with failing to obey a general regulation, obstruction of justice and perjury. He pled guilty to charges at the beginning of the two-day court martial. The charges stem from allegations of having consensual sex with trainees and engaging in unprofes-

sional relationships including talking about personal matters and giving a trainee money and cigarettes. Taylor was sentenced to reduction to the rank of private, five months' confinement and a bad conduct discharge. He will serve his confinement at Fort Sill, Okla.

Sgt. George W. Blackley Jr., a tactical noncommissioned officer with the 43rd Adjutant General Battalion was charged Nov. 9, and Dec. 18, 1995, and Feb. 27, 1996, with failing to obey a general regulation, indecent assault and maltreatment, showing disrespect to a fellow noncommissioned officer and engaging in an indecent act with a female soldier. Charges against Blackley stem from allegations of offensively touch-

ing trainees. He is scheduled for trial by general court martial in December.

SSgt. Anthony S. Fore, a drill sergeant with 2nd Battalion, 10th Infantry Regiment, 3rd Training Brigade, is charged with failing to obey a general regulation, indecent assault, maltreatment, and assault and battery. The charges, Aug. 2, stem from allegations of offensively touching trainees and indecent assault. Fore's trial by general court martial is scheduled for December.

According to a Fort Leonard Wood spokesperson, these alleged incidents occurred at separate times between the summers of 1995-96 and appear to be unrelated to each other. He also said the cases were not spinoffs of the sexual misconduct inves-

tigation started at Aberdeen Proving Ground, Md.

"No they are not (related to the investigation at Aberdeen),- said Maj. Steve Rego, a Fort Leonard Wood spokesperson. "These were all ongoing investigations that were taking place well before investigations at other installations."

Rego said it is undetermined if charges will be filed against the female soldier in the Taylor case.

"That is a distinct issue because obviously that individual violated the same regulation — failing to obey a general regulation. You have to take into consideration, in any case, the grade, rank and position of any individual," Rego said. (Arnews)

SEXUAL

Continued from page 1

mix business and pleasure. We'll talk about it at the office tomorrow, okay?" Then he called a cab and left, hoping his spurned supervisor would take no reprisals in the workplace.

In each of these cases, the victim sought, and found, an appropriate remedy: Dorsey rejected a pass on the spot, then filed a formal complaint; Freeman deflected his supervisor's pass and hoped the problem would pass. There is no single right solution for every case of harassment.

Prevention preferred

What measures might have prevented these problems in the first place? For years now, equal-opportunity advisers Armywide have been offering the answer through programs promoting awareness and compliance. Their message is simple and straightforward: Train your soldiers. Make sure they understand what constitutes sexual harassment. Impress upon them the negative effect that sexual harassment has on personal performance and unit cohesion. Instruct them in proper techniques to use if they become victims. Ensure they know how the complaint system works, and whom they can go to for help. Train your subor-

dinate leaders in appropriate procedures for processing and resolving complaints.

Such training may never result in total elimination of the problem — any more than regular ethics training can prevent all unethical conduct. But it can and does give you a head start on coping with one of society's more vexatious problems.

Heed and lead

Every leader in the Army has a vested interest in cracking down on sexual harassment. This inappropriate, unwarranted sexual behavior, EO advisers and commanders point out, undermines unit cohesion, effectiveness and discipline. Consider that in a 1992 survey of soldiers, more than 50 percent of those responding reported incidents of teasing, jokes or sexual questions. About 50 percent of the women and 38 percent of the men reported incidents of touching, leaning over, cornering, pinching or "brushing against" of a sexual nature.

The survey data should sound a red alert for us all: The total numbers of sexual-harassment complaints, filed through the channels of EO advisers and inspectors general, increased during fiscal year 1992. If you review EO literature defining the substance and scope of sexual harassment, you'll get a good picture of what we're talking about: "Sexu-

al harassment takes many forms. It can be active behavior — such as telling sexually explicit jokes or using obscene gestures and profanity. It can be passive, like displaying obscene materials in the form of notes, cartoons and photographs. Using such gratuitous pet names as 'Obabe,' 'Ohoney,' or 'Osweetie' can lead you across the line into sexual harassment. That kind of language can be both inappropriate and patronizing to the recipient.

"A request for sexual favors, when used for personal gain or accompanied by a promise of preferential treatment or threat of punishment, constitutes sexual harassment. Repeated, unwelcome requests for dates also come under the definition. The victim, incidentally, determines the degree of unwelcomeness."

Intervention promotes prevention

EO advisers have explained several elements of a good prevention program:

- Lead by example. As you and your colleagues develop appropriate behavior patterns, attitudes will change as well.

- Train your soldiers. Research shows that interactive, small-group discussion most effectively trains persons on how to prevent sexual harassment. Have the groups include soldiers or civilians of both genders.

Keep your training base up to date and tailored to your unit. Use varied and realistic vignettes to prompt discussion of the various facets of the problem

- Counsel your subordinates; be their mentor. Don't be afraid to get involved. If you lack the answer to a tough question, or feel unable to deal with a particularly complex situation, seek help from the unit EO adviser.

- Take swift and appropriate action on all complaints. Intervene when you see sexual harassment. Taking no action in a situation, no matter how minor, implies that you condone inappropriate behavior, or that you're ignorant of what's going on.

- Encourage and develop assertiveness in soldiers. The most effective technique to deal with sexual harassment consists of having the victim talk to the harasser. The harassed person needs to say no. Confrontation, however, may not always be the best course of action, especially if the harasser is a repeat offender or may be seeking reprisal for any reason.

Dealing with sexual-harassment complaints should

mirror the way NCOs deal with any other problem of concern to the unit commander: They gather all the facts and present them to their commanders.

Dynamics of involvement

EO advisers note that the inertia of cop-out non-involvement can backfire on both the complaint handler and the unit. They add that sometimes organizational damage can ensue more from doing nothing than from doing the right thing. And they seek to counter the inertial do-nothing/do-little mind-set by exposing

the various pet excuses that portray it.

In the end, solving the problem of sexual harassment remains a team task to be headed by enlightened, committed leaders and driven by common sense. As an EO adviser at the Pentagon puts it, "We work to prevent sexual harassment not because we're following orders but because our doing so benefits the unit, keeps readiness high, and strikes us as the right thing to do." (Arnews) (Taken from a Command Information Package)

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ATCOM

Continued from page 9 to coordinate back and forth; for example, serving as the POC for specific funding within the IMMCs."

Stokes reviewed the status of the realignment process. "We were able to blend AMCOM IMMC into three support directorates; business management, logistics support, and readiness, and three hardware directorates, two missile hardware and one aviation."

He explained the logic for creating three hardware directorates. "We wanted to minimize the span of control. We also looked at the customer base, the three principal PEOs (Program Executive Offices), the WSMC (Weapons Systems Management Center), the technical schools, and the fielded units. We broke them apart into three major areas with the fielded units grouped into similar type groups.

"That's why for exam-

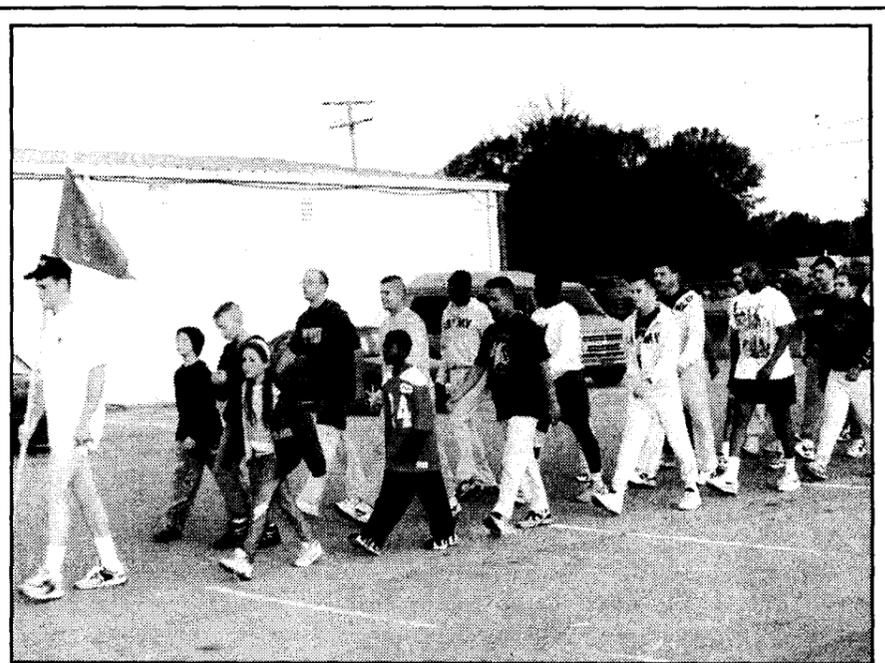


STOKES

ple, we have two (missile) and one (aviation) rather than one and two," he summarized. "These are the aviation directorate, air defense directorate, and land combat directorate.

"When AMCOM stands up (in October 1997), that's

our current plan," said Stokes who also holds a commercial rating in gas-engine helicopters and owns an experimental two-place helicopter. "Everything is centered and focused around this structure."



Leisurely pace...

Soldiers and family members of D Company, 832nd Ordnance Battalion participate in the company's monthly fun run Oct. 31. They travel about a mile and a half during this family event.

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New technology brings soldiers out of the dark ages into future

By William P. Bradner

WASHINGTON— The 4th Infantry Division forward support soldier is more alone now than ever before... but he's never been safer.

"With our new ability to track soldiers at any place on the battlefield, it allows us to keep them safe and out of harms way and also helps them to do their job better, not making it such a risky gamble," said Capt. James T. Hess of Headquarters Company, 4th FSB, the Task Force XXI Support Operations Officer.

Many of the Force XXI initiatives being field-tested during the advanced war-fighting experiment include doctrinal changes to the way soldiers operate. These changes are based on increased command and control capabilities made possible through information technology. A quick look into the cab of a FSB ammo or fuel resupply makes these changes real.

"We have a plugger... applique... and infrared monitor for night driving and a mobile tracking system that allows message traffic... with all this I always know exactly where I am, where I'm going, and what plans have changed," said PFC Edward Hammond, an ammunition specialist with Company D, 4th FSB.

"This (combination of equipment) exists nowhere else in the Army, and it makes my life easier and safer, especially at night," he said.

Hammond uses the applique and global position-



ing instruments to easily track his own location in reference to his delivery point. He also keeps an eye on enemy movement, shifting defense perimeters, and the closest support in case he gets in trouble.

He uses the infrared monitor and roof-mounted camera to drive in complete darkness without any lights, increasing his "stealth," if that term can be used to describe the movements of 5 tons of cargo.

Finally, he uses the mobile tracking system to remain in contact with his dispatcher. It also sends a signal to the rear so the dispatcher can keep his eye on the cargo.

"We're sold on the mobile tracking system—it's a beautiful piece of equipment adapted to the battlefield," said FSB commander Lt. Col. Richard A. Schwartzman.

"It's a satellite-based system that's been used in Asia and Bosnia. The reliability is tremendous," he said.

The unit has recently tracked a sister unit's loads moving in "the box" at the National Training Center in Fort Irwin, Calif., from Fort Hood.

"I could have re-routed those vehicles from here in 10-15 seconds—I can contact the nationwide system at any time," said Transportation Management Coordinator Spec. David J. Miller, HHC, 4th FSB.

"All we had before was FM radio, coast to coast... and the vehicles didn't even have radios, they required escorts wherever they were going," he said.

So not only is it making the job easier at the dispatcher's and driver's ends of the supply chain, it's making it easier on the commander.

Having the advanced tracking and communications systems on board the vehicles means less maneuver security and more troops available to fight and defend, according to Hess.

"It's a combination of things all falling together. For example, the Recon troop has made our job a whole lot easier. Thanks to their ability to track the enemy, we can send troops downrange safer than they ever have been before," he said.

Even if they are all alone. (Arnews)

Youth basketball— Youth Services will conduct basketball registration through Saturday from 1-7 p.m. Youths age 4-18 may participate. Practice begins the first week of December; and league play starts in January. Active duty, retired, DoD and DA civilian children are encouraged to register. For more information, call 876-2255.

Abandoned vehicles— The following vehicles have been abandoned and were subsequently impounded by the Provost Marshal Office: a brown 1978 Oldsmobile Cutlass, located adjacent to quarters 1266-D Jupiter Court; and a brown 1985 Volkswagon Rabbit, located adjacent to quarters 1392 Lance Court. To identify or claim these vehicles contact SFC Barbour, Provost Marshal Office operations section, building 3453, phone 842-2442 or 876-2222.

Health insurance— An open season, during which eligible federal employees may enroll or change enrollment to a new Federal Employees Health Benefits plan, will be held through Dec. 9. Under open season regulations, any eligible employee who is not currently enrolled may enroll. An eligible employee is one who is serving on a permanent type appointment or a temporary employee on a regular tour of duty who has completed more than one

year of continuous federal service. An enrolled employee may change from one plan or option to another, or from self-only to self and family, or any combination of these. An employee who does not wish to make a change needs to take no action during this open season.

Thrift savings plan— The Thrift Savings Plan is a retirement savings and investment plan for federal employees which provides the same retirement savings and tax benefits offered by many private corporations. Employees covered by the Federal Employees Retirement System and the Civil Service Retirement System, or equivalent retirement plans, are eligible to contribute to the TSP. The open season for TSP is Nov. 15 to Jan. 31. Questions concerning open season should be directed to the Management Employee Relations, Civilian Personnel Office, Tammy Walker 313-0286.

Red Cross blood program— Nov. 21, from 7-9 a.m., at 7770 (AMC MEA), Kim Andrews 876-8071; and from 11 a.m. to 1:30 p.m. at 4100 (Fox Army Community Hospital), Capt. Hickman 876-8675. Nov. 22, from 7:30 a.m. to 1 p.m., at SSDC, Al Longhi 955-3693; from 7:30-noon, at Corps of Engineers, Jean

Brewer 895-1234; and from 7 a.m. to 12:30 p.m. at 4505, Linda Keel 876-5446. Nov. 24, from 7-noon, at 5250, Judy Hullett 876-0789.

Bookkeeper position— The Thrift Shop has a job position available for a bookkeeper. The closing date for applications is Nov. 22. The starting date for this position will be Jan. 2 with a training period from Dec. 9-20. For applications and more information call the thrift shop manager, Nancy Goss, 881-9807/6992.

Veterinary facility— The Veterinary Treatment Facility says plan ahead for holiday boarding. Many dog boarding facilities require the Bordetella ("Kennel Cough") vaccination. This vaccination is available through the VTF. For more information or an appointment, call 876-2441.... The VTF will be closed Nov. 28 through Dec. 2 for the holidays. Normal hours resume Dec. 3. For more information, call 876-2441.

Surplus sale— A sealed local spot bid sale of government surplus property will be held at 8:30 a.m. Nov. 25 at the Defense Reutilization and Marketing Office, building 7427, Warehouse Road. Items can be inspected from 8

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Announcements

a.m. to 3 p.m. Nov. 20-22. For more information, call Bill Neppel or Donna Davis 842-2570.

Retirement ceremony— The quarterly retirement ceremony will be held at 4 p.m. Jan. 16 at the Youth Center gymnasium. Rehearsal will be held at 7 a.m. Jan. 15 at the Youth Center gymnasium. If you wish to participate call Support Operations, SFC Jones 842-2500 by Jan. 3.

Fox Army Community Hospital— If you want to see how fit you are, knowing what you weigh will not tell you, according to Fox Army Community Hospital. Body fat percentage numbers are more important than weight because you can weigh more than the health range on a height and weight chart but still be in good shape if most of that weight is lean mass rather than body fat, the hospital said in a prepared release. Body composition analysis will be offered from 10 a.m. to noon Nov. 21 at Pagano Gym by the Preventive Medicine staff. A bioelectrical impedance machine that measures total water content and calculates your proportion of lean tissue to body fat will be used. For more information, call the Community Health Nursing Section 876-8831.

Hospital appointments— Fox Army Community Hospital now has a phone number you can call to cancel an appointment, 955-6503. If you wish to reschedule the appointment, you are asked to call the appropriate clinic.

Hospital schedule— Fox Army Community Hospital announces the following holiday schedule when all clinics will be closed and

Pharmacy, Pathology (LAB), and Radiology will follow routine after-hours staffing: Nov. 28, Thanksgiving, with the Emergency Room open with minimum staffing and the Pharmacy closed all day; Nov. 29, training holiday, with the ER open with minimum staffing and the Pharmacy closed all day; Dec. 13, training holiday, with the ER open with minimum staffing and the Pharmacy closed all day; Dec. 24, hospital open, although the Pharmacy will close at 1 p.m.; Dec. 25, Christmas, ER open with minimum staffing and the Pharmacy closed all day; Dec. 31, hospital open although the Pharmacy will close at 1 p.m.; and Jan. 1, New Year's Day, the ER open with minimum staffing and the Pharmacy closed all day.

Golf tournament— The Redstone Golf Course will have a tournament Nov. 23 with a shotgun start at 9 a.m. This "turkey shoot" tournament will be a four-person scramble with ABCD player, computer-generated pairings. There is a \$10 entry fee, and \$7.50 for cart if you choose to ride. For more information, call 883-7977.

Army community workshops— A free workshop on Resume Writing will be

held from 10-noon Nov. 21 at building 3447. To register call Army Community Service 876-5397.

Art exhibit— The Huntsville Museum of Art will present "Splendors of a Golden Age: Italian Paintings from Burghley House," Dec. 15 through Feb. 16, 1997. This exhibition of 60 Italian paintings from the 16th through 18th centuries is drawn from the private collection of one of England's Elizabethan houses. Admission is \$5 for adults, \$4 for seniors (65-plus) and military, and \$3 for children and students with ID. Huntsville Museum of Art members with a special pass are admitted free. The art museum is located in the Von Braun Civic Center. For more information, call 535-4350.

Medical support groups— Breathe Easy, a support group for people with chronic obstructive pulmonary disease and respiratory lung disease, meets the fourth Thursday of each month at 11:30 a.m. to 1 p.m. at Therapy and Fitness Center, Huntsville Hospital Medical Mall. For more information, call 517-7102.... Care and Share, for parents, family and friends who are dealing with cancer, meets every Tuesday at 7 p.m. at Comprehensive Cancer Institute at

Huntsville Hospital. For more information, call 551-6591.

BOSS needs volunteers— The BOSS (Better Opportunities for Single Soldiers) Committee is seeking volunteers for a Drug and Alcohol Abuse Awareness Program. For more information, call Sgt. Coman 955-6144 or Sgt. Sewell 876-2826.

PX news— The Post Exchange opens at 7 a.m. until 11 p.m. Nov. 29. Visit with Santa from 11 a.m. to 1 p.m. Then have your picture taken with Santa and get a Kid Care Photo ID Kit from 1-2 p.m. "We'll have specials, face painting, a magician and balloon animals. Be sure to stop by your Redstone PX Nov. 29 any time from 7 a.m. to 11 p.m."... Stop by the PX Saturday from 11 a.m. to noon for a "scavenger hunt." Have fun and save by shopping the Redstone Post Exchange; earnings from your purchases help support morale, welfare and recreation.

Contract managers— The Huntsville Chapter of the National Contract Management Association (NCMA), in conjunction with the North Alabama Chapter of the Federal Bar Association,

will hold a luncheon Thursday from 11:30 a.m. to 1 p.m. at Sheraton Four Points located at Huntsville Airport. Eric Bruggink, a judge on the U.S. Court of Federal Claims, is to speak on "Federal Procurement: A View from the Bench." The public is invited. Registration begins at 11:15 a.m., and lunch will be served at 11:30. Cost is \$10 for members and \$12 for non-members. For information call 533-3954.

Sexual harassment hotline— A sexual harassment hotline has been in place for two years in the MICOM Equal Employment Opportunity Office. It is available for both civilians and military who need assistance on issues of sexual harassment as well as any other EEO issue. The number is 876-6461. Becky Miller is the program manager for prevention of sexual harassment.

Overseas mailing campaign— The Department of Defense and Dear Abby are sponsoring a holiday mailing campaign to support U.S. troops stationed abroad. Effective Nov. 15 through Jan. 15, mail may be accepted for the following addresses: America Remembers, Operation Dear Abby, APO AE 09135;

America Remembers, Operation Dear Abby, APO AP 96285; America Remembers, Operation Dear Abby, APO AA 34085; America Remembers, Operation Dear Abby, FPO AE 09646; and America Remembers, Operation Dear Abby, FPO AP 96385. Redstone Arsenal directorates/activities wishing to participate in this holiday mailing campaign should forward their activity holiday greeting cards to Central Mail, building 3648. Mailing limit is one holiday greeting card per APO/FPO per activity (total of five cards per activity). Cards received will be metered as official mail. For more information, call Jim Dewese 876-5199/3723.

Rustic Lodge— The MICOM community is invited to help decorate the Rustic Lodge for Christmas from 9 a.m. until 4 p.m. Nov. 25. "This is expected to be a fun and festive day of getting into the holiday spirit! Any innovative decorating tips are welcomed. Feel free to bring any ornaments!" An open house will be held 2-4 p.m. Nov. 26 to showcase the potential of the Rustic Lodge during the holiday season. Refresh-

See ANNOUNCEMENTS on page 26

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TIMEPIECE RESTORATIONS

ANNOUNCEMENTS

Continued from page 25

ments will be served; and Valerie Carey will be available to answer questions. For more information, call Valerie Carey or Mildred White 955-6739.

Girls softball team

The Huntsville Sharks 18-and-under girls fastpitch softball team is looking for competitive players for its 1997 travel team. Players are needed at all positions. "We welcome interest from across the Tennessee Valley. The main goal of this team is to place our players in college programs." For more information or a try-out, call Larry Fine 881-2444 or Greg Bruder 828-5030.

Alcoholics anonymous

The Redstone Arsenal Group of Alcoholics Anonymous meets each Wednesday at noon and Friday at 5:15 p.m. in room 11 of the Bicentennial Chapel.

Turkey/ham shoot

The Central Volunteer Fire Department's 1996 Turkey and Ham Shoot will be held at 8:30 a.m. Saturday at the corner of Highway 72 East

and Brownsboro Road. Bring your own shotgun—shells will be provided. Proceeds support the Central Volunteer Fire Department. For more information, call 776-9569.

PX survey

The Post Exchange is participating in an AAFES-wide survey on customer satisfaction. The Army and Air Force Exchange Service wants to gather information on customer satisfaction within AAFES to better serve its customers. Beginning today, surveys will be distributed to the following locations: Main Store, One-Stop Convenience Store, Furniture Store, Military Clothing Sales Store, and Burger King.

FEW meeting

North Alabama Chapter of Federally Employed Women will meet at 11 a.m. Friday at the Officers Club. Wendell Johnson, director of police community and media relations for the Huntsville Police Department, is to speak on crime prevention. Admission is free; and the public is invited.

Federal law makes it illegal to advertise any preference, limitation or discrimination in housing based on race, color, religion or national origin. The Redstone Rocket will not knowingly accept advertising that is in violation of the law, and readers and advertisers are hereby informed that all dwellings advertised in this paper are available on an equal opportunity basis. According to the Inspector General, the use of office phone numbers in classified advertising is contrary to regulation. Please submit home phone numbers only.

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'95 Buick Skylark Custom, air bag, anti-lock brakes, exc. cond., maint., rec., hunter green, \$11,500, OBO. 461-4174.

'95 Pontiac Firebird, T-tops, auto, pwr. windows, locks, seat, cruise, tilt, V-6, 32K mi. Days 351-6870, eves. and wknds, 350-2254.

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'94 Ford Explorer, tan, V-6, Auto, OD, All pwr., AC, 47K mi., exc. throughout. \$13,750. 533-4672.

'94 Pontiac Grand Prix SE, 3.1 liter, V-6, fully equip., exc. cond., 1-owner, \$10,875. 498-3283.

'94 Pontiac Formula, burg.,

loaded w/ options, V8, great car, 63.5K mi., \$11,900. 461-7973.

'93 BMW 318i, 4Dr, 5 sp, blk. w/tan leather int., great auto. Under warr. 60k mi., \$16,700. 852-4295.

'93 Buick Skylark, 4-Dr., auto, air, stereo/cass., cruise, pwr. locks, 79K mi., \$7200. 880-9039.

'93 Cougar XR7 loaded, V6, auto, air, alarm, 62K miles, green w/ black top. One of a kind! \$9500. 461-1466.

'93 Ford Mustang LX, 5-spd., AC, sunroof, cruise, AM/FM cass., great gas mileage. \$7500 OBO. 830-8178.

'92 Accura Integra, 4-Dr, LS, blk., all pwr. AC, Exc. cond., 70K mi., 721-3821 after 1pm.

'92 Camry LE, wine red, gray int., exc., cond., loaded, 77K mi., \$10,995. 880-2018 or 233-6332.

'91 Ford Explorer, 2 dr., 5 sp, loaded, red, 64K mi. Good cond. \$11,000. Call Ray 895-1274/656-8411.

'89 Thunderbird SC, blk, supercharged, v-6, 5 sp, all xtras. New tires & brakes. Xtra clean. \$5,100 OBO. 205-355-3555.

'88 Ford Aerostar XLT, 69K, dual AC, PB, PW, PD, cruise, exc. cond., \$5,000. 830-0309.

'88 Ford Ranger XLT, 5-spd., bed liner, AC, 110K mi., \$2000, 828-9116.

'88 Olds, Quad 4, white, wrecked once, 5 sp. \$1,200 OBO. 895-0960.

'88 Olds Delta 88, asking \$3750. Perfect condition, well maintained. 880-8525 or 830-5392.

'88 Plymouth Voyager SE, 4 cyl. AC/cruise, AM/FM cassette, 7 passenger. PL, 1 owner. 123K mi. Exc. cond. Everything works. \$4,800. 880-9374.

'87 Cadillac DeVille, all pwr., leather int., exc. cond., 120K mi., \$4000. 509-4973.

'87 Delta 88 Royal Brougham, auto, AC, PW, PDL, CC, 3.8l V-6, 116K mi, exc. cond. \$2,950. 882-9171.

'87 Mazda 626 LX, 4-Dr, Lt. Blue, 5-sp., clean, new tires, loaded, 120K mi., \$3000. 464-0568.

'86 Honda Prelude, 138K mi. looks/runs like new. \$3500. 883-6894.

'86 Mazda B2000 Pickup truck, 140K mi, \$1,700; 10x12 medal storage building w/wood flooring \$75. 837-2169.

'86 Mazda RX7 GXL, fully equip. w/pwr. sunroof. 2 own-

ers, low miles, exc. cond. \$5300. 518-9084. Lv. msg.

'86 Mitsubishi Colt, 4-Dr., Auto, AC, PB, PS, AM/FM cass., premier pkg., 1.5 L engine, high MPG. \$1,200. 883-6115.

'86 Volkswagen Jetta, auto, brn.w/blk. cloth top, hammer rims. Must sell! \$2200 OBO. 851-1920.

'85 Sentra, 5-spd., AC, PS, PB, tilt, AM/FM cass., 4-spkr., high mi., new clutch. \$1150. 880-0732.

'85 Subaru Wagon, blk., 4 cyl., auto, \$1000. 859-8863.

'82 Toyota SR5 pickup 4x4, 5 spd., \$2500. Call 461-1466 for details.

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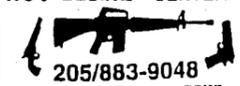
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Ethan Allen: Country style solid pine table, approx. 78" x 36", w/2 15" leaves. \$225 OBO. 883-1510.

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FSBO: Doghouse. Custom made. For small/medium dog. \$35. 837-5167.

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0529 after 6pm.

Kincaid mahogany DR set: Table, 2 leafs, 6 chrs. (no cushions), china cabinet. Like brand new. \$2,800. 722-0320.

Longaberger: '96 Community combo basket. New in box. \$150. Must sell by Christmas. 883-1510.

Nordic Rider, dual motion, like it, but hardly used. \$250. 837-5196 Lv. msg.

Personal security devices (used), 80,000 volt stun gun \$29.95, pepper spray \$6.95. Call after 5:30pm. 534-8173.

Sailboat: 16 ft, AMF Sunbird II big day sailer, big cuddy cabin, spinnaker, 3 HP motor, \$1,600. 881-5790.

Sears 27" console RC TV, stereo, cable ready, input/output jacks, \$250. 729-1325 after 5pm.

Sears washer, \$50 (as is). 882-0173.

Sectional sofa w/end recliners, sand colored. Great cond. \$400. 830-9704.

Set of Goodyear Eagles tires, P225/60R16, \$60. Lowe's 2 yr. old spa, seats 6, \$1000. 881-8638.

Sofa sleeper and microwave, queensize sofa sleeper (rust color) in exc. cond., Goldstar Microwave, \$60. 776-6062.

2 Yr. min. schnauzer and 1 yr. AKC Rott. all shots, \$50 and \$250. Moving must sell. 721-7816.

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Vertical blinds: custom made, lt. blue. Best offer; Sega Genesis plus games, \$95; Computer, printer, plotter. 859-6079 after 4:30 pm.

Walnut stereo cabinet or ent. center, \$100; DP treadmill, \$125. 880-2782 after 5pm.

Wanted: Dining rm. set, good qual. and cond., inc. table, china cabinet, and chairs, dark wood. 883-2757.

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X-Mas present? New women's \$65. Paid \$130. 895-0341.

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FSBO: 1106 Chestnut Road. Subdivision University Park Estates. Split-level, brck/vinyl, new roof, completely redecorated, new dishwasher, garbage disposal, new carpet in den, breakfast room, new tile in kitchen. 1/2 acre 3 BR, 2.5 BA, LR/DR, kitchen, den, dbl. garage, wash room, fenced back yard, lg. storage bldg., near RSA, UAH, Research Park, and Oakwood College. Appraised \$84,000, asking \$80,000. 536-2705.

FSBO: 113 Steele Dr. Madison Contemporary 2 story brick large lot. 3 BR, 2.5 BA, private master suite. Large LR, massive FP. Re-modeled kit. 2 decks and screened porch. Will pay closing costs. \$128,900. 772-8838.

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