

# Redstone Rocket

VOL. 50 No. 25

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June 27, 2001

## Power of food pyramid can lead to better health

*Proper nutrition advised for work force efficiency*

By SKIP VAUGHN  
Rocket editor

Remember the lady who used to ask "Where's the beef?" on those old television commercials about hamburgers? Well, that's how most of us plan our meals.

We think bigger servings are better. We overeat. We super-size. In short, we eat too much of the wrong things at the wrong times.

And the results show in increased medical bills, shortened lifespan and less productivity at the workplace. That's why proper nutrition is important.

"Proper nutrition is just eating the foods that your body needs and not overeating," said Eileen Bailey, a community health nurse at Public Health and Education Center, Fox Army Health Center.

The food guide pyramid is recommended. At the base of the pyramid are the grains, beans and starchy vegetables. People should have six or more servings of this basis for their diet per day.

Fruits and vegetables represent the next level of the pyramid; and 3-5 servings of each daily are advised.

Milk, meats and proteins are on the next step up. And 2-3 servings of each daily are recommended.

"And the very top, or the least amount we should eat,

are fats, sweets and alcohol," Bailey said.

Why should we follow these guidelines? "It reduces the amount of fats you take in, and also reduces the amount of fat your body stores," Bailey said. "It enables your body to utilize nutrients more efficiently and also it's a good balanced diet.

"There isn't really anything that says you have to eat you know proteins for breakfast, meats for lunch, and so on. You want it spread out over the whole day."

But the worst thing people can do is to skip a meal, especially if they want to lose weight. Skipping a meal encourages weight gain. When you don't eat, your body starts storing food. "And you don't want to store food, you want to utilize it and burn it," Bailey said.

Most calories should be consumed in the mornings, and smaller amounts in the evenings. This gives your body more time to burn this fuel. If you eat late at night and go to bed, the food gets stored as fat because there's no energy demand. "If you were to eat dinner and do a lot of exercise, it's different; but most Americans don't," Bailey said.

Snacks between meals are OK as long as they're nutritious— like fruits or crackers, for example. Avoid snacks that are high calorie, high fat or high sugar. A candy bar just doesn't get it.

Fast food is all right on occasion, like maybe monthly or every two weeks or so, but shouldn't represent the basis of your diet.

See Diet on page 5

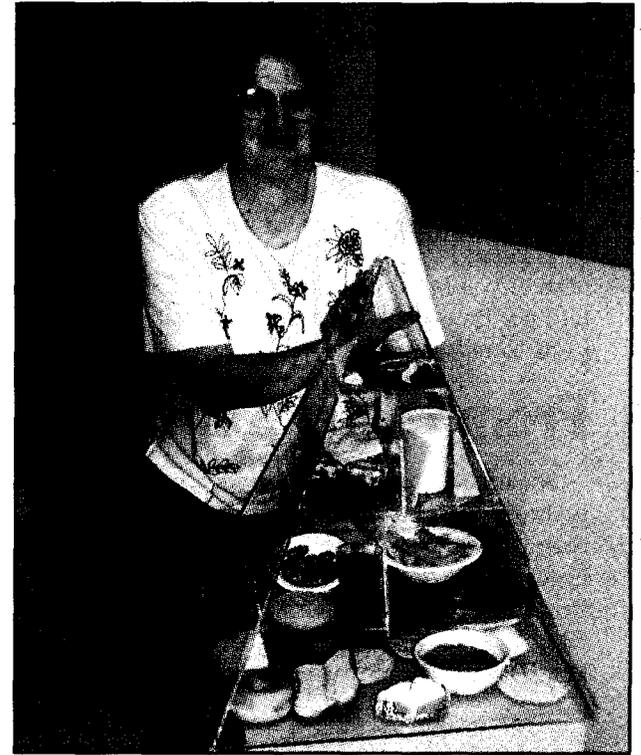
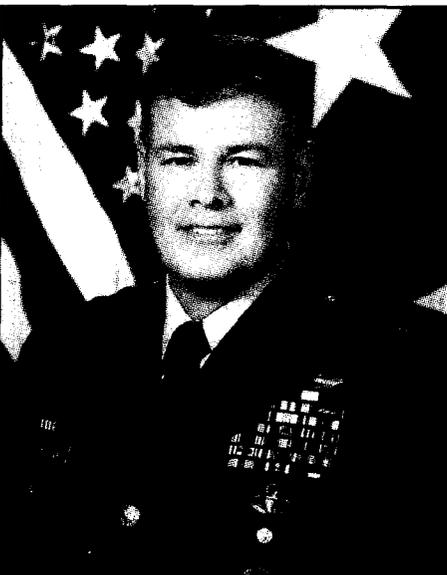


Photo by Skip Vaughn

**PRESCRIBED MEDICINE—** Registered nurse Eileen Bailey says the food guide pyramid represents a good balanced diet.

## AMCOM commanding general announces retirement



File photo

Maj. Gen. AL SULLIVAN



File photo

Maj. Gen. LARRY DODGEN

### Change of command scheduled Sept. 10

Maj. Gen. Al Sullivan, commander of the Aviation and Missile Command and Redstone Arsenal, is retiring after more than 30 years of military service.

"It's not a decision that I reached easily," Sullivan said. "I have spent most of my adult life working with the Army but look forward to a new career in the private sector."

Sullivan said he plans to retire effective Jan. 1 with a change of command tentatively scheduled for Sept. 10 of this year. Maj. Gen. Larry Dodgen, director of the Joint Theater Air Missile Defense Organization, Washington, D.C., has been named to succeed him.

"I've said repeatedly that this communi-

ty is something special. There is a very strong bond between the military and civilian communities that makes soldiers who come here not want to leave," Sullivan said.

Sullivan took command of the Aviation and Missile Command and Redstone Arsenal on July 9, 1999. Since that time, the command has grown from 7,000 in 1999 to more than 11,000 members today with operating elements now spread throughout the United States and overseas in Korea and Germany.

"I don't see this as an end to my service. I see it as a different phase of service to my country. I have had the opportunity to lead and manage change in large organizations around the globe. I plan to do something similar in the private sector," Sullivan said.

See Retirement on page 8

Team of lawyers earns recognition

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Program analyst drives ambulance

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NCO/Soldier of Year compete

Cream of crop

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## Letters to the editor

### Worker's act of kindness appreciated

I must write this "letter to the editor" to publicly thank an employee of the Aviation and Missile Command for an extraordinary act of kindness shown me on Monday evening, June 4.

As I was on my way home from work around 4:30 p.m., in heavy rain and traffic, I hit a bump just north of Gate 9 and realized I had a flat tire. A young man stopped to assist me. He told me his name and where he worked, but in my total frustration, I am ashamed to say I forgot his name. I do remember that he develops training videos at RSA and drives a Volkswagen vehicle.

The extent that he went to in order to get me going again is what I'd like for all to know. First, he suggested that we drive to Wal-Mart and get a "Fix-a-Flat" kit since I was on an unlevel surface and I was 50 miles from home. Then I real-

ized I'd left my wallet in the office, so he brought me back to building 4200 (NASA) to retrieve it. As he attempted to repair the tire, he discovered the bump had damaged the rim, so we moved the car to the Golf Course parking lot on Goss Road to change the tire. I was on my way home to Cullman a short time later.

I cannot find enough words to express my sincere appreciation for this kind and unselfish act, particularly as it happened under such terrible weather conditions.

I would be delighted to personally thank him again if given the opportunity. I am a Cooperative Education student in the Employment and Organizational Development Department at Marshall Space Flight Center at 544-6324.

April M. Huff

### From the editor's desk: corrections

An article in the June 20 issue on two Redstone Arsenal security guards who completed a course at the Federal Law Enforcement Training Center in Brunswick, Ga., had a misleading headline. "They're not federal police officers," Maj. Dave Dunn, provost marshal, said.

"They're security guards that went to the federal law enforcement training course to improve their skills for Redstone."

Also in the June 20 issue, page 15 was inadvertently displaced by page 25 which appeared twice due to an error by the printer.

### Clients advised to save receipts for medical services received

TRICARE RELEASE

Although the 2001 National Defense Authorization Act was signed into law Oct. 30, 2000, many programs that Congress authorized are being phased in over the next 6 to 12 months. On April 1, the new Tricare pharmacy co-payment structure was implemented, as well as the elimination of most other co-payments for Tricare Prime active duty family members. Additional programs will become effective as soon as funding is secured. Beneficiaries will be notified of these changes through every available means of communication.

For services received after April 1, Tricare Prime active duty family members

may be able to obtain reimbursement of their co-payment by going to their primary care manager. If a provider requests a co-payment, the beneficiary should ask them to call their provider line at 800-406-2833.

Tricare Management Activity is advising all beneficiaries to save any receipts (as well as explanations of benefits and other claims-related information) for medical services received from Oct. 1, 2000 on in order to take advantage of any programs that may affect payments made during that period.

For the latest information about your Tricare benefits visit the Tricare web site at [www.tricare.osd.mil](http://www.tricare.osd.mil), your local Tricare Service Center or call a beneficiary services representative at 800-406-2832.

## Vehicle registration policy explained for drivers

PROVOST MARSHAL OFFICE RELEASE

If you live or work on Redstone Arsenal, your car should be registered on post.

During recent gate checks, the Provost Marshal Office has found that people believe that there is no requirement to have their privately owned vehicle registered here.

The following is the registration policy of the Department of the Army and Redstone Arsenal:

A person who lives or works on an Army installation or often uses the facilities will be required to register their POV. That person need not own the vehicle to register the vehicle, but must have a lease agreement, power of attorney or notarized statement from the owner specifying the inclusive dates for which permission to use the vehicle has been granted.

POV operator requirements include:

You must possess a valid state driver's license. You must possess a certificate of registration as required by the state in which the vehicle is registered. You must comply with the minimum requirements of the automobile insurance laws or regulations of the state. There must be satisfactory completion of safety and mechanical vehicle inspections if required by the state in which the vehicle is located. You must possess current proof of compliance with local emissions inspection and maintenance requirements if required by the state in which the vehicle is located. Vehicles with elevated rear ends are unsafe and will be denied registration. Springs should not be extended above the vehicle manufacturer's design height.

The Provost Marshal Office will continue to issue visitor passes to people who conduct occasional business on Redstone Arsenal.

## New addition to environmental office getting used to surroundings

### Environmental director welcomed at Redstone

By KAREN ROBERTS  
For the Rocket

From Lexington, Ky., comes Terry Hazle, the new director of environmental management. Hazle comes to Redstone from the Blue Grass Army Depot. He is a native of Kentucky and has never ventured outside the borders to live, until now.

Hazle spent the last 15 years working for the Department of the Army. He said, 13 years were spent managing environmental programs at the Lexington and Blue Grass Army Depot with two years as the director of public works for the Blue Grass Army Depot. The Lexington facility became one of the 1989 BRAC (base realignment and closure) installations.

Hazle said he had "really grown up with environmental programs in the Army. I have watched it get more interesting, especially through the mid to late '80s."

Environmental programs have appeal for the new environmental director because, "there is always something new to learn, and that's what makes it interesting," said Hazle. Hazle confessed that even if he had a choice to do anything else, he would still choose to stay in environmental programs.

The mission at Hazle's former command was shipping and receiving ammunition classified as Tier 1, war ready. Hazle said they also dealt in chemical defense equipment and storage of about 3 percent of our nation's aging chemical stockpile with about 70,000 M-55 rockets stored at the facility.

If Hazle's former installation's mission sounds similar to Fort McClellan and Anniston Army Depot, that's because it is. Hazle indicated that Anniston and Lexington would take turns being over the other in their programs. Because of the close association with Anniston, Hazle is no stranger to many people in Alabama.

Hazle is an engineer by degree, from  
**See Director on 5**

## Redstone Rocket

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# Spotlight on progress

## Mandatory sessions scheduled this week

Meetings for all AMCOM employees will be held today at 1 p.m. and Thursday at 9 a.m. in Bob Jones Auditorium to deliver a progress report on personnel management processes.

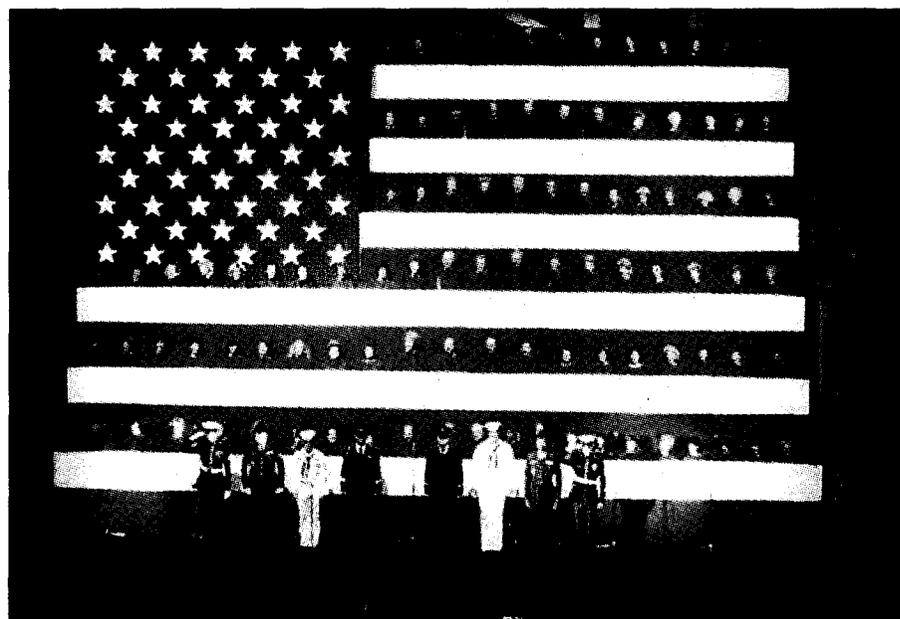
The meetings are mandatory for all AMCOM personnel except Corpus Christi Army Depot, Texas, and Letterkenny Army Depot, Pa.

Primary organizational elements and office chiefs will determine who may attend the auditorium sessions. All other personnel are encouraged to view either of the live sessions on Channel 42. A rebroadcast on Channel 42 is being planned (date and time to be announced), and videotapes will be available for checkout.

The topics to be briefed include the Progress Reports on the Personnel Management Processes Campaign Plan, the Quick Hit Recommendations, and the

Merit Promotion and Selection Procedures. These reports follow up on the Booz-Allen & Hamilton Personnel Practices Independent Study.

Maj. Gen. Al Sullivan, commander of the Aviation and Missile Command and Redstone Arsenal, will give opening and closing remarks; and employees will have the opportunity to ask questions regarding the topics briefed.



Courtesy photo

## Show of forces

The military services are represented on stage in front of the "I Love America Living Flag" at Whitesburg Baptist Church, 6806 Whitesburg Drive. Performances are 7 p.m. Thursday, Friday and Saturday. There will be a matinee at 3 p.m. Sunday. Call 880-5300 (ext. 236) for free tickets. Doors open at 6 p.m. for those with a ticket.

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# Missile School worker honored for 50 years of service

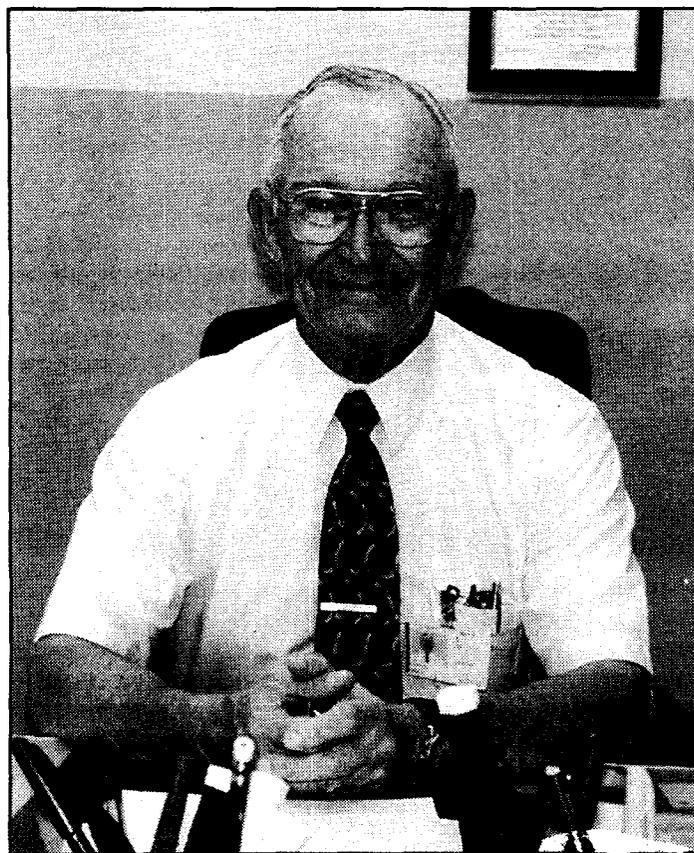


Photo by Sgt. Sharon McBride

**MR. LONGEVITY—** William Napier, deputy director of the Electronic Technology Training Department, was recognized for 50 years of federal service and saving more than 2,000 hours of sick leave.

By Sgt. SHARON McBRIDE  
Staff writer

His government career spans half a century. William Napier, deputy director of the Electronic Technology Training Department, was honored last Wednesday for 50 years of federal service by Col. Stephen Taylor, commandant of the Ordnance Missile and Munitions Center and School.

Napier started his federal service in the Army one year after World War II ended.

"I had to get out of the coal fields," he said. "All my friends, cousins after they were finished with school they went to work in the coal mines. My dad was 44 years old when he died of 'black lung.' I decided I wanted nothing to do with coal."

So he brought the paperwork home and his parents signed their permission. Napier became an infantryman. But he didn't stay there; he later switched to artillery, then to the Signal Corps and finally to the Ordnance Corps.

He first came to Redstone Arsenal in 1969. By then he had completed one tour in Vietnam and reached the rank of master sergeant. He was a graduate of warrant officer school but decided to stay in the enlisted ranks.

"I just enjoyed working with soldiers too much," he said. He retired as a sergeant major at Redstone, and then went to work outside the gates. But that didn't last long.

"I worked at a furniture store and later sold cars," he said. "But I took a pay cut and once again began

working for the federal government."

And he's been here ever since.

"I started out as a course developer at the electronic technology training department," he said. "I also taught courses."

He was also an instructor for the Hawk missile system in 1982. Hawk is no longer taught at the Arsenal because earlier this year the training was moved to Fort Bliss, Texas.

When he was promoted to GS-13, he was named the deputy director at ETTD.

"I owe all my successes to people that have worked with me and for me," Napier said. "When they do a good job it makes you look good."

He also credits good mentors, like George Benzenhafer. Benzenhafer, a past deputy director of ETTD, is the school's assistant commandant.

Although Napier has logged 50 years, he said he is far from retiring. "I'm not ready to retire, and the way I feel now I might never be ready to retire."

At 72, Napier is still in good condition. Since 1986 he has saved 2,000 hours of sick leave. "I'm never sick," he said.

He still does about 300 sit-ups a day. In his "younger" days that number was around 1,000. "I stay very active," he said. Besides hunting and fishing, he likes to ride his "fully dressed" Harley.

When he finally does retire, he says he'll probably take his motorcycle on a cross-country trip which includes seeing the wilds of Canada and Alaska.

"That's one of my goals," he said. "That and living until I'm 116."

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ENEMY AT THE GATES (R)	(1:15 4:15) 7:15 9:40 12:00		
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	(1:25 4:25) 7:25 9:55		

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## ■ Environmental director arrives from Kentucky

### Director

continued from page 2

the University of Kentucky. His engineering background ranges from working for a family-owned business, to industrial engineering and finally landing in environmental programs for the Army. Prior to joining the Redstone team, he spoke to other people about Redstone. Hazle confessed, "everyone I talked to said Redstone has a great environmental program already."

Hazle said he's had a warm reception thus far. Everyone in RASA headquarters has gone out of his or her way to make him feel welcome.

"We are welcoming him (Hazle) with open arms and hoping for a good fit with the center," Daniel Hood, environmental engineer, said. Terry de la Paz from the group echoed Hood's comments and expressed relief in having a permanent chief again.

Although the team hasn't really come to know Hazle very well since his arrival June 18, Mike Wassell, lead chemist, Environmental Management, assessed the new director as seeming to be "relaxed, patient, and just like he's sitting back and listening for a while." Hazle confirmed Wassell's assessment, that he is just

observing for the time.

Before he projects a vision for his group, or even thinks about creating new objectives for his team, he just wants to observe, Hazle said. He can't get a feel for everything in three days; it takes a little bit of time to learn a new team.

Co-workers in the Environmental Management Center were discussing their new director Hazle when Hood said, "We are just excited to have a permanent, new boss. He seems like a nice guy who will fit right in and we have high hopes for him."

de la Paz said, "it is a relief to have someone in the office with real, hands-on experience." She continued, so many times you see directors that "have supervised contractors but never done the dirty work themselves. It gives you more confidence that he knows what he is doing."

"I'm happy to be here," Hazle said. "I came from a place that was good and I have enjoyed my short time here so far." He indicated that he is looking forward to working with the Redstone community.

In the meantime, Hazle's home and family remain in Lexington. Family for Hazle includes his wife, who works in the travel industry, a 20-year-old daughter, and a 28-year-old stepson. His family is expected to join him once their house is sold in Lexington.



Photo by Karen Roberts

**DIRECTOR**— Environmental director Terry Hazle settles into his new environment at Redstone.

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## ■ Good nutrition considered important for work force

### Diet

continued from page 1

"Those foods are high in fat, high in calories and they don't have a lot of nutrition in them," Bailey said. "There are some that are better, but you just have to look at the choices."

People who want to lose weight should put out more calories than they take in, and try to reduce pounds slowly. Losing 2 to 3 pounds per week would be advisable. Those rapid-loss diets are typically not feasible for the long term. "One good way to lose weight is to cut your portion size," Bailey said.

In their weight control class, the Fox nurses recommend the students get a "doggie bag" when eating out. Restaurants tend to give you more per serving than you really need, so just take the

leftovers home.

"We just try to provide a variety of foods because people are on a variety of diets," Bill Bullen, the Post Restaurant Fund manager, said. "Some people are trying to lose weight, some people are trying to gain weight. Most Americans are trying to lose weight. Whatever type diet you're on, generally you can find something you can eat in the cafeteria."

Proper nutrition is considered important for the work force. Lethargy and lack of concentration are just as likely to result from not eating a good meal as they are from not getting a good night's sleep.

"In my opinion if you don't have proper nutrition, your body's not able to function at the optimum level," Bailey said. "If you don't have the nutrients in there, it's not going to be able to utilize everything and burn efficiently."

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# Teamwork pays off with \$54M reward and a plaque to boot

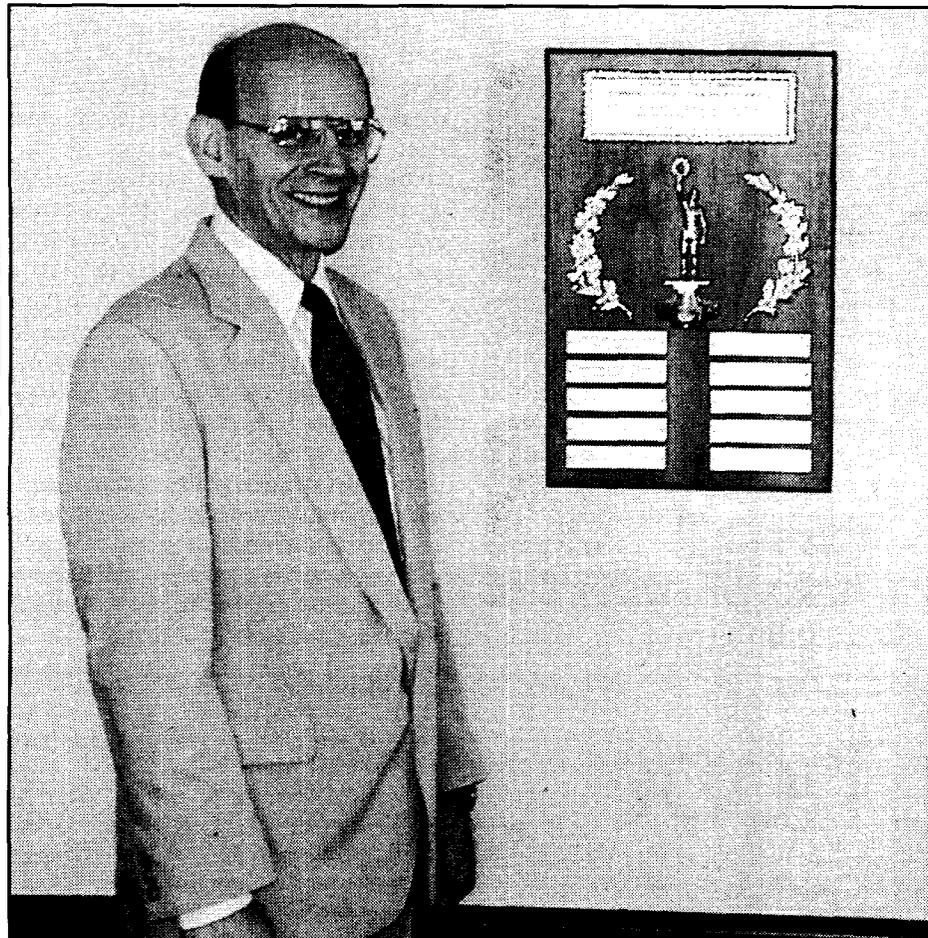


Photo by Karen Roberts

**FRUITS OF VICTORY**— Chief counsel Robert Spazzarini admires the plaque earned by his legal team.

## Settlement brings recognition to command's Legal Office

By KAREN ROBERTS  
For the Rocket

With helicopters crashing and people injured or killed, something was obviously malfunctioning on the CH-47D Chinook. Scientific investigation determined that defective gears placed in the helicopter by Boeing and supplied by SPECO Corporation and Litton Precision Gear caused the malfunctions. It was up to a team of lawyers from AMCOM to work with the Department of Justice to get results for the Army.

The team from AMCOM included Brian Toland, attorney adviser (contracts), acquisition law division; Bob Garfield, chief, general law/intellectual property division; and Don Hankins, since retired from the general law/intellectual property division. In collaboration with lawyers from the commercial litigation branch, civil division, Department of Justice in Washington, D.C., they were able to achieve a \$54 million settlement with Boeing in favor of the Army.

The team of lawyers recently received recognition during the annual Army Materiel Command Continuing Legal Education Program in Orlando, Fla. They won the Team Project Award for 2001 because of their thorough work and legal victory.

AMC awards are a very high honor, Garfield said. The legal team making up the AMCOM legal office has come together partly as a result of the Army's aviation and missile merger in 1997. Aviation workers from St. Louis joined their missile counterparts at Redstone to form the Aviation and Missile Command. Garfield indicated that a number of awards have been bestowed on the group making up the current AMCOM team because both legal offices contained many past award winners.

The significance of this case in Garfield's opinion included the amount of damage received, the complexity of the case with "tons of paperwork, the substantial work effort needed to make the case, and successfully addressing the issues involved."

Garfield pointed out the case that led to this award was substantial because it was a safety issue. In one of the crashes, people were killed. "For all the money we pay our contractors, we need equipment

to be functional under the most arduous of circumstance. We just can't have equipment being dangerous, too."

The settlement size of the case, \$54 million, Garfield attributes to the cost of equipment. He said it adds up quickly when you are dealing with \$10 million helicopters. He also added, "under the False Claims Act, there is a statute allowing for triple damages." The government can actually seek punitive damages under this act, Garfield explained.

**'The award was well deserved. They worked innumerable hours in support of the government's case. It was an outstanding joint effort between the Department of the Army and the Department of Justice.'**

Robert Spazzarini  
chief counsel, AMCOM Legal Office

Teamwork is not new to the legal office. They often work on teams with other agencies, Garfield said, "but this case wasn't just peripheral assistance. This was a case requiring substantial assistance." It began in St. Louis before the merger and Garfield admits it was originally one he was working on. With everyone moving to Redstone by the spring and summer of 1997, Garfield knew this would come with him.

While Garfield was still closing the office in St. Louis, Hankins became deeply involved in the case. He credits Hankins with doing a "tremendous amount of work" while Garfield stepped back into a supervisory capacity over the case. After Hankins retired, Garfield became more involved again. According to Garfield, Toland stepped in when the case started affecting current contracts. Garfield said, "Brian (Toland) kept things straight so current contracts didn't impact the ongoing litigation." Toland was also working on contract negotiations to get the settlement agreement, according to Garfield.

The most important aspect of the case against Boeing and winning the award to Garfield is that it stresses safety issues. He indicated that coming out on top in this case conveyed the message to contractors that quality and safety are important to the Army.

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# Program analyst spends weekends driving ambulance

*Man turns midlife crisis into plan for helping others*

By SANDY RIEBELING  
Staff writer

A gunshot wound to the head on Halloween night 1999 changed Jim Trevino's life forever. He wasn't the one who'd been shot, though. He happened to be working his last shift for his EMT certification at Huntsville Hospital that night.

"I was in the ER as a student, working with a nurse when the GSW came in by helicopter," Jim Trevino, system analyst at Redstone, said. "It's amazing how your body compensates in that kind of trauma. I've always been fascinated by doctors, nurses, paramedics working in trauma situations. To be able to help people is such a good thing."

That night is what hooked him.

Trevino took the basic Emergency Medical Technician course in the summer of 1999 because as a Boy Scout leader, he felt he should know more than basic first aid.

"I've never had a problem but if you take a bunch of boys out into the wilderness enough times, something is bound to happen," Trevino said. "I was responsible for these kids and wanted to be able to take care of them. That's what got me



Photo by Sandy Riebeling

**AMBULANCE DRIVER**— Jim Trevino, systems analyst at Redstone, works part time as an Emergency Medical Technician for the Huntsville Emergency Medical Services Inc.

started."

"When Jim came into my office two and a half years ago and started talking about this I could see he was searching for something," said Doug Tipton, Trevino's supervisor at Technology Resource Support, a contractor company that supplies local information technology for Defense Information Systems Agency at Redstone. "He was looking around at the world and

his life and wanted to find a way to give back. It wasn't something he could really do through his job, not the way he wanted, and I think this, becoming an EMT, is his way of doing that."

After completing the basic course, Trevino talked to his wife, Barbara, about going on to the intermediate level, which was another three quarters of evening college classes in Huntsville at the Universi-

ty of Alabama's school of medicine. He learned how to start IVs, perform heart shocks with paddles, intubation and other emergency medicine skills.

"It was a good time for me to pursue it," Trevino said. "All three of my children had gotten married within the last 15 months or so. With the kids out of the house, I had the time now."

Trevino began working part time with the Huntsville Emergency Medical Services Inc. as an EMT and driver. He went on to complete another three quarters of college to become a paramedic. To get from basic to paramedic takes course work plus more than 600 hours of clinical rotations including intensive care unit, pediatrics, emergency room, labor and delivery, operating room, psych ward and ambulance work. He took the national registry test and is anxiously awaiting the results.

The scariest part of the job for Trevino is cardiac calls.

"You know you can make a difference," he said. "What happens in those first few minutes is so important. But once you get there, training takes over and you just do what you know to do. It's automatic."

Sometimes it's not the technical but the emotional moments that are difficult.

See Technician on 8

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## Lynyrd Skynyrd

Courtesy photo

The rock band Lynyrd Skynyrd, along with .38 Special, will perform Aug. 25 at the Redstone Arsenal Activity Field. Tickets are \$25 advance or \$30 at the gate. Here are the ticket locations: Morale Welfare and Recreation web site, electronic purchase with credit card, at [www.redstonemwr.com](http://www.redstonemwr.com); RSA Information, Ticket and Registration Office located in the Recreation Center, building 3711 on Patton Road; all Papa John's Pizza locations in North Alabama; and CD Warehouse on South Parkway near Wal-Mart on Drake and at its new location on Beltline Road in Decatur. You can also charge by phone at 830-CLUB (8 a.m. to 4 p.m. Monday through Friday) or 876-4531 (4-9 p.m. Wednesday through Friday, 10 a.m. to 4 p.m. Saturday or noon-4 p.m. Sunday).

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218791

## Commanding general's successor named

### Retirement

continued from page 1

Sullivan is a graduate of the Army Command and General Staff College, Army War College, and holds a bachelor's degree in business administration and commercial marketing, and a master's in logistics management from Florida Institute of Technology.

He has commanded at every level in peace and conflict and has served in a variety of staff assignments including the Joint

Chiefs of Staff and Headquarters, Department of the Army. He has served overseas in Korea, Germany, Saudi Arabia and Haiti.

Sullivan's military decorations include the Distinguished Service Medal, Defense Superior Service Medal, Legion of Merit (with four oak leaf clusters), Defense Meritorious Service Medal, Meritorious Service Medal (with oak leaf cluster), Air Medal, Army Commendation Medal (with oak leaf cluster), Army Achievement Medal, Master Parachutist Badge, Senior Army Aviator Badge, and Joint Chief of Staff Identification Badge.

## Part-time medic living midlife dream

### Technician

continued from page 7

"It's really hard to see one person in the ER with half his head blown off and we're trying to save someone who wants to die and in the curtain next to that, you see a wife crying, holding her husband's hand as he lays in the bed fighting for his life. We're taught never to judge; and I don't. But it makes you think."

Besides his full-time position at Technology Resource Support as a program analyst for DISA, and his part-time work on the ambulance, Trevino also works as a volunteer for Urban Responders.

"Urban Responders are a link in the chain of survival," Trevino said. "They are people trained with basic EMT and the HEMSI training program who work in their own neighborhoods, usually, as first responders. When the 911 call comes in, the ambulance and an Urban Responder is dispatched. Since the Urban Responder usually works the zone where he lives, he can get there before the ambulance."

Urban Responders are trained and

equipped to administer oxygen, first aid and hook the patient up to an Automated Electronic Defibrillator that delivers a shock to the heart if necessary. HEMSI provides Urban Responder cars equipped with medical equipment, emergency lights and a radio. Trevino is hoping to recruit volunteers to the program.

"Jim puts in tremendous hours and doesn't get paid, unless he's driving the ambulance," Tipton said. "Watching him over the past two years, it's pretty amazing. He loves it. He's very much a giver."

Trevino, although born in Hawaii, calls Huntsville home. His wife of 27 years, Barbara, is retired. Their children, Allison and twin sons Chris and Jason have all worked as lifeguards at Redstone's swimming pools.

Now that the kids are grown up, Trevino said he's getting a chance to rediscover life with Barbara and pursue some dreams of his own, like becoming a paramedic.

"This is my midlife crisis," he said. "I'd rather help people than drive a red sports car or get a girlfriend. It's a lot safer, too."

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# Huntsville couple continue family tradition of giving blood

By KEITH JORDAN  
American Red Cross

She started out as a "candy striper" at 13, helping out, feeding and visiting patients in the evenings at an Anniston hospital. Vernal "Bunnie" Scales said the pink pinstriped outfit made her feel like an adult. She often thought about becoming a nurse because she enjoyed helping others. Little did she know where helping and serving others would take her in life.

Go back to Dec. 12, 1972, when Bunnie, a nickname given to her by her mom, because when she was born her ears were pink, was a student at Alabama A&M University.

"I had seen the signs on campus announcing a Red Cross blood drive, so I decided to go and give blood. I had encouraged my friends to donate," Scales said.

She went in to donate and there was a young man lying on the next table. Scales said she'd seen him on campus before but had never spoken to him. He suggested that they hold hands while they gave blood, so they wouldn't be scared. She thought about it for a moment and agreed to hold his hand. The rest is 25 years of history as she and Charles celebrated 25 years of marriage this month. Today, they still have a firm grip on the importance of giving to each other, but also to the Red Cross, and to the community.

Scales said she gave blood that first time because her dad, Verdery Roberson, was a role model in so many ways. He was a regular Red Cross donor and constantly reminded her about the importance of giving back to others. That is a belief she has carried with her through life. Scales is currently working with doctors to donate a kidney to her brother in Massachusetts. He has to undergo dialysis regularly. Scales says if it all works out, she will



Photo by Keith Jordan

**LIKE MOTHER, LIKE DAUGHTER—** Vernal "Bunnie" Scales, right, and her daughter, Tiffany, believe in helping others. Scales is a program analyst at the Space and Missile Defense Command.

travel to Massachusetts this fall, donate the kidney, and spend a week recovering.

"I grew up knowing the importance of giving back and helping others have a second chance at life," Scales said. Her father taught disabled kids how to swim, trained lifeguards and was a volunteer who cared about less fortunate people. The Red Cross presented him with several awards and citations. He donated blood when the Red Cross would come to the Anniston Army Depot, where he and Scales' mother, Evelyn Roberson, worked.

"Giving blood costs you nothing. I know a lot of people are hung up with the fear of the needle, but it really doesn't hurt. It's a great feeling being able to help others," Scales said. "I know that Alabama needs more blood

donors. It's the only way we can be sure that blood will be available when it's needed.

"Donating blood is a great gift. We all have the power within us to give someone life—and it can often be a life and death situation. I ask potential blood donors (97 percent of eligible Alabamians) to put themselves in a situation where a loved one needs blood to survive. Would they hesitate then to give blood?"

Her husband, Charles, serves on the board of directors for the Madison/Marshall County Red Cross Chapter. Both serve Alabama A&M as lifetime alumni association members and are active athletic boosters working with the athletic director to raise funds and meet the needs of the university. Scales works as a program analyst for the Space and Missile Defense Command. Her husband is a manager for NASA.

Scales said she knows that there aren't enough blood donors in Alabama. "Most people don't realize how important it is to donate blood. I wouldn't want my children or loved ones to suffer or die because of a lack of blood," she said.

Twenty-five years ago at a Red Cross blood drive at Alabama A&M, this couple held hands, and began a life of continued giving. Charles Scales still remembers how he met his wife and continues to be a regular blood donor in Huntsville. He has reached the three-gallon level and gives whenever he's called on to help.

Now the Scales have passed the tradition on to their children. "I want to see my children, Chad and Tiffany, both give blood and continue the tradition my dad started in our family years ago," Scales said. She encourages others to begin a tradition of giving.

"Don't wait for an emergency to donate blood. It may be too late," she said. "Donating blood is safe and easy."



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# Charlie soldiers volunteer as role models at Scout camp

*C Company lend support to local Boy Scout activity*

By Sgt. SHARON McBRIDE  
Staff writer

Twenty soldiers from C Company, 832nd Ordnance Battalion had the chance to help the Boy Scouts, June 18-22.

Serving as role models for 145 kids from the surrounding Huntsville and the Madison areas who are considered "at risk," these soldiers participated in a weeklong Day Camp 2001 Cub Scout Odyssey sponsored by the Greater Alabama Boy Scouts of America.

"A lot of these kids don't have dads or a good male role model in their lives," Rose Ellen Evans, camp director, said. "That's why we were so excited to get the soldiers here."

The soldiers were on hand to help with a variety of activities that included shooting wrist rockets, traditional archery, nature and art crafts, cooking, singing and physical fitness.

"The soldiers have been awesome," Jeanie White, the Art and Crafts director, said. "A lot of these kids aren't easy to deal with. A lot of them needed this; the soldiers have been good role models."

"I figured it would be fun," Pvt. Charles Blankenship said of why he volunteered to come out to the camp. "It was a chance to get out of the company area. It's been great and a lot of fun."

Blankenship was in charge of the singing while at the camp. Besides singing the traditional rounds of, "Great Big Globes of Greasy Grimy Gopher

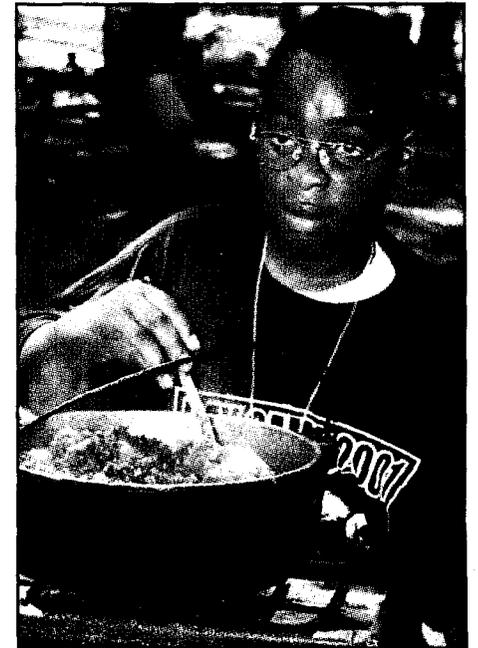


Photo by Sgt. Sharon McBride

**GOOD EATS** — Jarvis Scroggs, 12, helps cook up some chili at the cooking station. Scouts had several activities to choose from at day camp.

Guts," he worked with Pvt. Scott Hodges to change the lyrics of several Army cadences.

"They (the Scouts) really like our Army cadences," Hodges said. "So we changed them around to fit the Boy Scouts. For example, 'Cub Scout master, Cub Scout master where have you been? They thought it was really cool."

Other favorites for the kids at the camp included the physical fitness station.

Please see **Camp** on page 11



Photo by Sgt. Sharon McBride

**ROCKETS AWAY**— Pvt. Trey Cruise watches as several Scouts shoot their wrist rockets at the Day Camp 2001 Cub Scout Odyssey. Soldiers like Cruise volunteered to be role models at the camp for kids who are considered "at risk."

# Commissaries explain 'paper vs. plastic' issue

By **CHERIE HUNTINGTON**  
*Defense Commissary Agency, Eastern Region  
 Public Affairs*

VIRGINIA BEACH, Va.— Some people might consider an expensive luxury to be a new sports car, a long family vacation, a swimming pool in the back yard, or paper bags for groceries.

Paper bags for groceries? Though

paper bags probably don't rate on anyone's list as an expensive luxury, managers with the Defense Commissary's Eastern Region suggest that maybe they should.

Two of DeCA's promises to its patrons this year include improving the commissary benefit with no increase in the surcharge and increasing customer service while reducing operating costs. With these

promises in mind, the high cost of paper bags attracted immediate attention. A new bag contract for Eastern Region now prices paper at 4.38 cents per bag and plastic at 1.71 cents each. Scrutinizing expenses of a few cents may sound like penny-pinching, but it's a big penny to pinch—the region's bill for bags last year was \$7 million.

"We'll continue our service of providing paper bags upon request," said Bonnie Kanitz, deputy director of Eastern Region. "However, paper bags cost almost three times as much as plastic, so we hope most customers will continue choosing plastic."

Kanitz said the region's southern stores

received numerous comments about thin plastic bags. "We're pleased with the quality and thickness of plastic bags on the new contract," she said. "We've listened to our customers, and now our southern stores will be on the same contract as our northern stores. I think they will like these new bags much better, and we appreciate our patrons' input."

The largest of DeCA's four regions in number of commissaries and sales volume, Eastern Region supports 105 commissaries in 28 states in the eastern U.S., ranging from Maine to Florida to Missouri, plus the District of Columbia, Iceland and Puerto Rico.

## Ladies golf association having busy season

Fifty-four women participated in the Member/Member Tournament, June 20 sponsored by the Redstone Arsenal Ladies Golf Association.

The event at Redstone Golf Course was a "best ball" tournament; and each member picked another member to be her partner.

Flight winners included the team of Tania Thomason and Tammie Weaver, first flight; Sid Ellis and Marian Deppensmith, second flight; Barbara Hokenberry and Helen Bertelkamp, third flight; Bev Robbins and Ernestine Anderson, fourth flight; and Tammy Minninger and Lois Goodman, fifth flight. Closest to the Pin awards were won by Becky Gaillard and Janice Jacops.

More than 50 members participated in the association's Spring Handicap Tournament, May 16. Pat White won with a net score of 64. Special awards went to Fran Sullivan, Judy Angus and Doreen Foster for closest to the pin and to Linda Leonard, Margaret McBreaty and Lois Goodman for the fewest putts.

Flight winners in the Spring Handicap Tournament included Leonard, first flight; Marina Jarvis, second flight; Debra Plate, third flight; Robbins, fourth flight; Jo Ann Gore, fifth flight; Goodman, sixth flight; and Foster, seventh flight.

The members invite all women 18 or older who are eligible to play at the Redstone Golf Course to join them in future tournaments.

## ■ Soldiers serve as leaders for Scout camp

### Camp

continued from page 10

"I was here last year, but this year it's been a lot more fun with the soldiers," Rob Sherrill, 9, said. "They're cool. We've been running around and doing push-ups."

"It's really interesting what the Army does," William Tilson, 10, said. "But I don't think I would like to get up that early. I think it's pretty neat that they came."

The soldiers' participation in the day camp is just a small part of the ongoing community outreach program that the

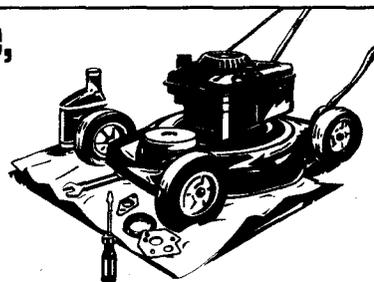
832nd actively participates in year-round, 1st Sgt. Marcus Markham, Charlie's first sergeant, said.

"But at this camp these soldiers actually got the chance to be in a leadership position; as privates that doesn't happen much. They are often on the other end.

"They found these kids at camp look up to them," he said. "And it's amazing to see these soldiers translate what they have learned in the Army into dealing with these kids. I think a lot of them (the soldiers) have learned a lot more patience. And they can now relate to what their drill sergeants go through."

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# Three local students win commissary scholarships

One of the military community's premier benefits has become even more valuable to nearly 400 college and high school students. The first Scholarships for Military Children winners have been presented by the Defense Commissary Agency and the "honor roll" is impressive.

Redstone's three winners were announced by Col. Brent Swart, deputy post commander, in a ceremony Thursday. They include Dasnisha Coleman, Molly Patterson and Holly Flanagan.

Coleman, daughter of Johnny and Roberta Coleman, is a graduate of Butler High School. She plans to attend Alabama A&M University or Tennessee State University in the fall.

Patterson, daughter of Phil and Joanne Patterson, graduated from Catholic High School. She plans to attend the University of North Alabama.

Flanagan of Arab, daughter of Ronnie and Deanna Flanagan, is a student at Wallace State Community College who plans to attend Auburn University in the fall.

The Scholarships for Military Children program was initiated last fall to award scholarships to graduating high school seniors or college-enrolled students at more than 280 commissaries worldwide. At least one \$1,500 award per commissary location was planned for the first year, but eager students turned in more than 5,000 applications and sponsor dona-



**SCHOLARSHIP MONEY**— Winners of the Scholarship for Military Children at the Redstone Commissary were announced by Col. Brent Swart, deputy post commander. From left are Dasnisha Coleman, Molly Patterson, Swart, and Holly Flanagan.

Photo by Sgt. Sharon McBride

tions amounted to well over \$500,000. "The response from students and sponsors was fantastic," said Defense Commissary Agency (DeCA) director, Air Force Maj. Gen. Robert Courter Jr. "Through the generosity of our trading partners, additional scholarships are available for other high quality applicants. As a result, a total of 391 scholarships are being awarded for the fall of 2001."

"We were pleased with the response of our customers to Scholarships for Military Children," said Redstone Commissary store director Lee Wainwright. "There were many inquiries between Dec. 1 and

the Feb. 15 deadline. The community was really enthusiastic about the program, as is our local scholarship sponsor General Mills Sales Inc."

"The commissary benefit is always named as one of the top military benefits," Courter said. "This scholarship program enhances an already valuable benefit by improving educational opportunities for military children. It also involves our commissaries more deeply with the military community they serve."

The scholarships were open to qualified sons and daughters of U.S. military members to include active duty, retirees,

and guard/reserves. A 3.0 grade point average, community and leadership activities, and an essay on "What Being a Military Dependent Means to Me" were also required.

The Fisher House Foundation is administering the Scholarships for Military Children program. Fisher House is known for building and operating 26 comfort houses near military medical facilities.

Manufacturers and organizations that do business with the commissary system funded the scholarships with money ordinarily used for various other contests and promotions. The scholarship funds were accepted by Fisher House, which contracted with a professional scholarship management company, Scholarship Managers, to screen the student applications and choose recipients based on merit. Fisher House and DeCA have not been involved in the selection process.

According to Bernard Coté of Scholarship Managers, the overall caliber of applicants for Scholarships for Military Children was very high. So high in many cases that the decision came down to the student's level of community involvement coupled with the essay.

"I'm impressed by the quality of the students," Courter said. "It's a testimony

See Scholarships on page 15

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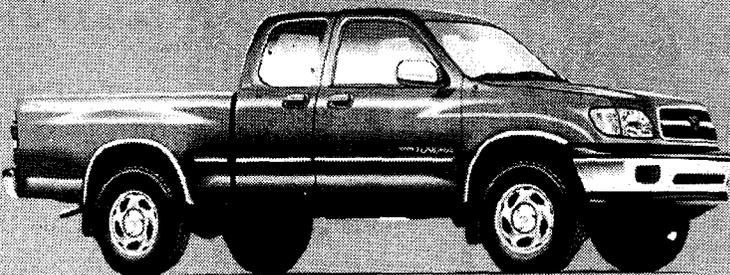
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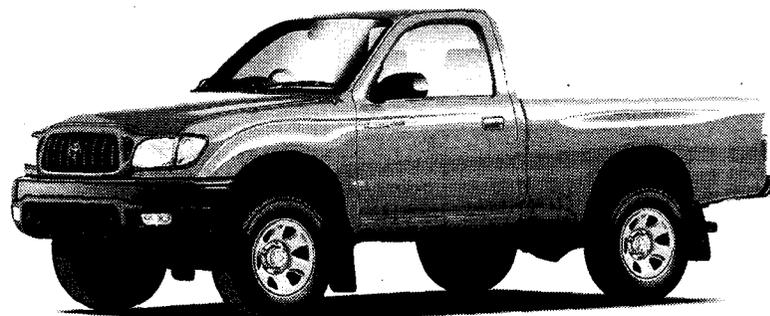
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# Post NCO and Soldier of Year candidates await last word

Four competitors apiece vying for annual honors

By SKIP VAUGHN  
Rocket editor

The post command sergeant major says the cream always rises to the top at this time of year.

CSM Roscoe Johnson is referring to Redstone Arsenal's competition for Post NCO and Soldier of the Year. The winners will be announced during Armed Forces Week in a luncheon at 11:30 a.m. July 23 at the Officers and Civilians Club.

The candidates competed June 18-21 in the following events: a pre-board exam, Army Physical Fitness Test, land navigation, common task training and formal board. The NCO Academy provided evaluators for all the events.

"It's the competition for the NCO and Soldier of the Year. It will benefit the soldier— individual soldiers, their units and ultimately the Army," Johnson said. "The training they had to go through to get to this point and the competition they're involved in now will make them a better soldier.

"The CTT, APFT and land navigation— these are things that soldiers do in their units. However, to compete at this level they will have to do that

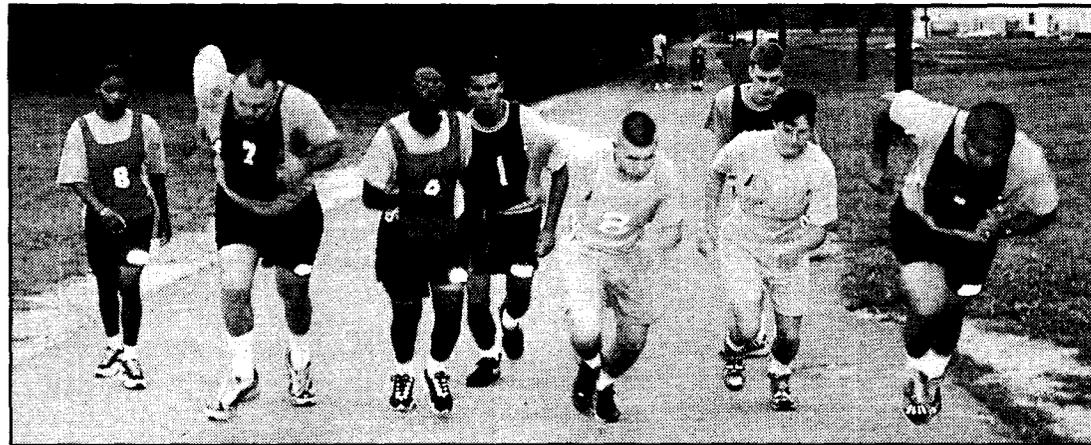


Photo by Skip Vaughn

**AND THEY'RE OFF—** Competitors for NCO/Soldier of the Year start the two-mile run event of the Army Physical Fitness Test.



Photo by Skip Vaughn

**GIVING HER ALL—** Sgt. Antavia Striveson of HHC AMCOM finishes a sit-up in the Army Physical Fitness Test for the NCO of the Year competition.

more than just standard."

There are four candidates apiece for NCO of the Year and Soldier of the Year. They are all winners, or runners-up, from soldier of the month or NCO of the quarter competitions during the past year.

"The sacrifices these soldiers are making now will benefit the Army on the Move," Johnson said. Army on the Move is the theme for this year's luncheon.

Soldier of the Year candidates include Spec. Tracie Steed of B Company, 832nd Ordnance Battalion; Spec. Richard Charles of HHC

AMCOM, Pvt. Travis Hueter of B Company and Spec. Chuck Griffin of MEDDAC.

Candidates for NCO of the Year include Sgt. Antavia Striveson of HHC AMCOM, SSgt. Edward Sasan of NCO Academy, SSgt. Robert McNeely of NCO Academy and Sgt. Jennette Randall of D Company.

Tickets for the luncheon are \$7 each. All tickets must be purchased before the day of the event. There will be no tickets sold at the door; and there will be no admittance without a ticket. To purchase a ticket, call Johnson's office at 876-1874.

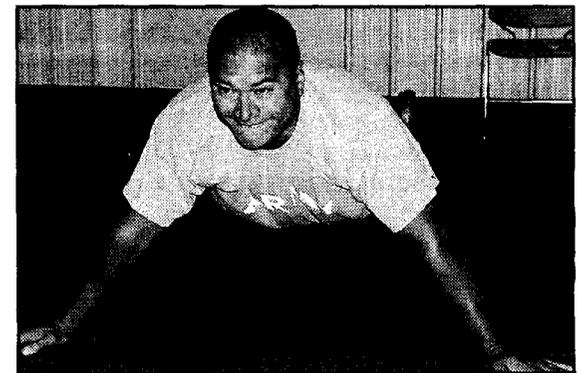


Photo by Skip Vaughn

**NO PAIN, NO GAIN—** SSgt. Edward Sasan of NCO Academy does push-ups during the Army Physical Fitness Test portion of the competition.

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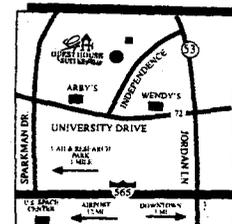
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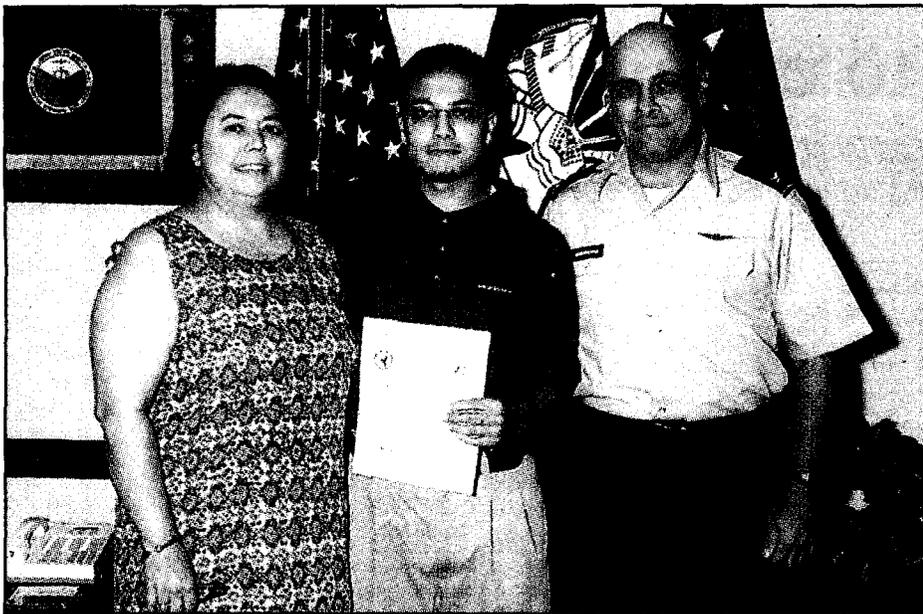
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Shawn Harris/ Photo Lab

## Winning student

Jacob Birmingham, a University of Central Florida senior computer-engineering major, is joined by his mother, Janet and father, Col. Bob Birmingham, Comanche program manager, during recent ceremony. Jacob received the Vertical Flight Scholarship from the Redstone Chapter of the American Helicopter Society International. The scholarship funds were provided by the Army Aviation Corridor of Excellence Conference, slated to become an annual event. In addition to meeting the scholarship's grade criteria, Jacob submitted a rotorcraft narrative.

### ■ Defense commissaries present scholarships worldwide

## Scholarships

continued from page 12

to the educational values of our military families, and I want to be sure the commissaries support those values by helping to 'feed' the minds of our young people as well as literally 'feeding' them through the commissary benefit!"

The commissary system has long supported promotions with a focus on education. "This program is meant to comple-

ment existing local or regional scholarship programs that are awarded through installation activities or organizations affiliated with the military community, or by vendors at local commissaries," Courter said. For example, a recent Commander Stuhr Scholarship promotion raised more than \$65,000 for that particular scholarship fund. Participating manufacturers donated a quarter for every case of product they sold in commissaries.

*Editor's note: This article was adapted from a Defense Commissary Agency release.*

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# Blind chief executive tries to change people's views



Photo by Karen Roberts

**TAKING INVENTORY**—Jim Gibbons, president and CEO of National Industries for the Blind, discusses inventory with Sarah Robinson, clerk at the Base Supply Store.

*Leader of National Industries for Blind shows lack of sight can be overcome*

By **KAREN ROBERTS**  
For the Rocket

Jim Gibbons' credentials read like your "typical" CEO for a major organization: undergraduate work at Purdue, MBA from Harvard, president and CEO for a major national organization. His credits include such things as launching an e-commerce site for convenient supply procurement for federal offices. He lives in the Washington, D.C., metro area with his wife and three children, but Gibbons is not typical.

Gibbons' organization is the National Industries for the Blind (NIB) and due to macular degeneration, he was blind for several years before entering the MBA program at Harvard. He has learned to overcome obstacles and achieve his goals in spite of his inability to see.

NIB associated agencies provide products and services to federal entities under the Javits-Wagner-O'Day (JWOD) Program. People are probably familiar with the brand name SKILCRAFT, Gibbons says, "these products and services offer customers quality, value, and convenience," but help ensure employment for blind people.

Gibbons visited Redstone last week to represent NIB and give a presentation for the Impact Credit Card Training. He spoke to a large group of people at the request of Betty Jo Cloud and visited Talladega, home to Alabama Industries for the Blind (AIB), a division of the Alabama Institute for the Deaf and Blind.

"I was very impressed by his presentation" said Bob Hunt, AMCOM Public Affairs. "He had good anecdotes." Hunt was among the masses who attended the session where Gibbons was presenting.

According to Gibbons, NIB national representatives usually attend sessions like this but he said, "I try to get to customer locations as much as possible." Gibbons advocates customer service and admits, the "military is our biggest base of customers."

Gibbons' schedule placed him at five military installations during the last six weeks. One reason Gibbons gives for traveling to customer sites himself is to get the word out to people about the abilities of blind people. Gibbons is a strong believer in getting rid of people's improper expectations of blind people. He strongly believes in not only telling you,

but also showing you just how much a blind person can do.

When Gibbons went to work with NIB, it was going through a change. He says the focus of NIB now is to understand customer needs. "The Base Supply Center is a broader solution to help Redstone," he said. "It gives us (NIB) an opportunity to demonstrate the ability of blind people."

Sarah E. Robinson, clerk with the Base Supply Store said, before seeing Gibbons at a conference in Atlanta, she thought going to conferences would end after the rest of her vision was gone. "Jim (Gibbons), has given me a renewed strength," Robinson said. Ray Fulghum, public relations, Alabama Industries for the Blind, added, "You may lose your sight, but you don't lose your vision."

The biggest challenge in life for Gibbons has been changing people's expectations of him. It would be obvious to many that you cannot have an I.Q. of 60 and possess an MBA from Harvard, as Gibbons does, but Gibbons indicated that people would still expect him to be too limited in his ability.

Growing up the youngest of eight children, Gibbons credits his older sister, also blind, with preparing him to make the smooth transition into living life as a blind person. She trained him to use tools, like the white cane, that he eventually came to depend on for his independence.

Gibbons is originally from Indianapolis, Ind., where he attended a "regular" parochial school. He said his macular degeneration first appeared in grade school. By his senior year of high school he was using the white cane at night and by his junior year of college at Purdue, it was full time. "Professors and teachers were very supportive of me all the way through," said Gibbons.

"Technology is the great equalizer," he said. It is helping to move blind people into the service side of industry in the direction the economy is headed. Jumping into computer technology right out of college, Gibbons says he began with DOS programs, which he said, was easily interpreted by adaptive technology. The new Windows environment set blind people back, according to Gibbons, because some things just weren't meant to be read by a screen reader.

Personal career goals and objectives for Gibbons have included the need to be mobile, claiming that he and his wife have been willing to move as often as his career demanded it. He says he "lives to work"

See Gibbons on page 17

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## ■ Not so typical CEO leads national organization

### Gibbons

continued from page 16

instead of "working to live" which makes a huge difference in your perceptions.

Blind people can do more than many people expect with minor modifications in their environment, suggested Gibbons. He recommended that employers, "put the burden on the blind person to tell you what they need to create solutions to barriers in the workplace." Adaptive technology should be a minimal expense so hiring the blind should not be cost prohibitive, indicated Gibbons.

The biggest obstacle Gibbons has dealt with has been expectations. He says it has been a challenge to "get people to have greater expectations of me." "A lot of people could just sit and rock in the workplace" but Gibbons doesn't see the logic in that. He stresses three areas that are really important, "Reset expectations, educate hiring managers, and educate hires."

The rehabilitation process needs to be modified to meet the changing demands of the workplace, said Gibbons. The Rehabilitation Services Administration "needs to rehabilitate their own skill sets." His claim is they often say a job isn't competitive because it is done by a blind person, but Gibbons argues there is competition and diversity among the blind. He

explained, being blind doesn't mean people belong to the same gender or ethnic group, there is still great diversity among them.

The NIB focuses on choice and trying to create enabling environments to help more people with different disabilities. The NIB predominately hires people with visual impairments, but they also hire individuals with other disabilities as well.

Currently, the unemployment rate among the blind is at 70 percent. Robinson said, "Anyone who is visually impaired should join the National Federation for the Blind, or a group like it, because if you don't come together, you always will be unemployed."

Fulghum added he worked for years as a piano tuner in the Huntsville area before going to work with the AIB. He implied that blind people need to just get out and show what they can do.

The mission of the NIB, according to Gibbons, "is to employ blind people but use a business model and work together to meet customers' needs." Gibbons said he would "encourage anyone to visit AIB to give them a flavor of what blind people can really do." He indicated that it would help to change people's expectations.

To learn more about blindness or programs for the blind visit National Industries for the Blind on the web at [www.nib.org](http://www.nib.org) or Alabama Industries for the Blind, a division of the Alabama Institute for the Deaf and Blind on the web at [www.aids.state.al.us](http://www.aids.state.al.us).

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# Learning by burning



Photo by Jeff Burns/ Fire Department  
**FIRE IN HOUSE—** Redstone firefighters battle a blaze set for training purposes June 16 at building 1410.

## Redstone firefighters hone skills while destroying excess houses

*Editor's note: This story from the June 20 Redstone Rocket is rerun in its entirety this week because much of the article was inadvertently left out due to an error by the printer.*

By SANDY RIEBELING  
 Staff writer

Wild flames of red-hot fire shoot through the roof. Choking clouds of black smoke fill the house then roll out through open windows and doors as temperatures rise to more than 2,000 degrees inside; but this isn't the time to panic. Firefighters from Redstone Arsenal Fire and Emergency Services are on the scene. Oddly enough, they were the ones who set the fire.

Building 1410 went up in flames June 16 and building 1411 on June 17 as a training exercise for firefighters and as a means to rid the Arsenal of buildings on the demolition list. A total of 10 buildings in the 1400 housing area will be destroyed by fire during several weekends throughout the summer.

"These live fire exercises have a number of benefits," Troy Vest, assistant chief, fire and emergency services, said. "We'll be doing burn tests on the first house. That will give us actual temperatures inside the house and tell us how quickly the heat rises. Throughout the exercises we will be practicing offensive and defensive firefighting tactics, search and rescue, forcible entry, and other skills. This helps us with our proficiency. Like anything else, if you want to stay good at something it takes practice."

Each two-story, hut shaped building has four apartments. Before total destruction by fire, firefighters will set interior fires in various rooms under a variety of conditions to build offensive skills. The objective of offensive tactics is to extinguish the fire with as little damage and spread as possible—to contain the fire to one room or one apartment within a multi-unit structure.

The department also has two infrared cameras they will use to search for vic-

tims, or in this case, a life-size dummy built for this purpose. When appropriate, salvage furnishings will be placed in the room or rooms during interior fires and search and rescue operations.

Defensive tactics are used when protecting outside exposure to keep the fire from spreading beyond the original structure. Environmental conditions have a serious impact on this type of firefighting.

"Weather conditions like wind, and whether it's blowing in the direction that

feeds the fire, is a factor," Vest said. "The terrain of the ground—if it's hilly or on the side of a mountain—makes a difference in how we work. The structure material could be wood or metal. It may be raining. We have to take everything into account. We work in all kinds of conditions so we have to practice that way too, but we're not going to do anything that will endanger our people."

During the exercises, certain precautions will be taken, including postponing a

fire if there's lightning or more than 15 mph winds. Light rain will not pose a problem or delay exercises. The main water line provides 988 gallons of water per minute available for firefighting while leaving 20 psi in the main line for regular use.

Once firefighters have completed the interior training, the building will be prepared for demolition by removing portions of drywall on some of the walls and ceilings to control fire movement through the structure and into the attic.

"We make a way for the fire to burn from the middle and then it will fall in on itself," Vest said. "We'll be outside with fire hoses controlling the burn and making sure we don't have embers going into the woods igniting anything. We can cool certain areas so it burns the way we want it to and control the rate of burn."

For safety reasons, the areas around the exterior of the building—yard, trees, other structures—are wetted before the burn. Utilities have been cut to the buildings. Most, if not all, fires will be started with hay. Besides two crews of four firefighters each, an assistant fire chief, safety officer and medical officer will be on the scene.

During the exercises, two crews will be on duty to handle regular duty for the Arsenal. Redstone has a mutual aid agreement with other fire departments who will be "on call" in case assistance is needed.

"We'll rotate the crews through so that everyone gets a chance," Vest said. "We have several new people and we want to make sure they get plenty of training with our more experienced people."

Other fire departments will have opportunities throughout the exercises to bring in their firefighters for training. The last building burned will be tended by the Huntsville firefighter "Rookie School" currently training firefighters. One Redstone Arsenal firefighter is attending that certification course and will participate at the last burn. Instructors and regular crews will also be on the site.

During the weekend exercises, partial street closures will occur, mainly on Nike Street. Traffic will be directed around the hazard area.

Cleanup crews will remove the remaining debris the Monday following the fires.

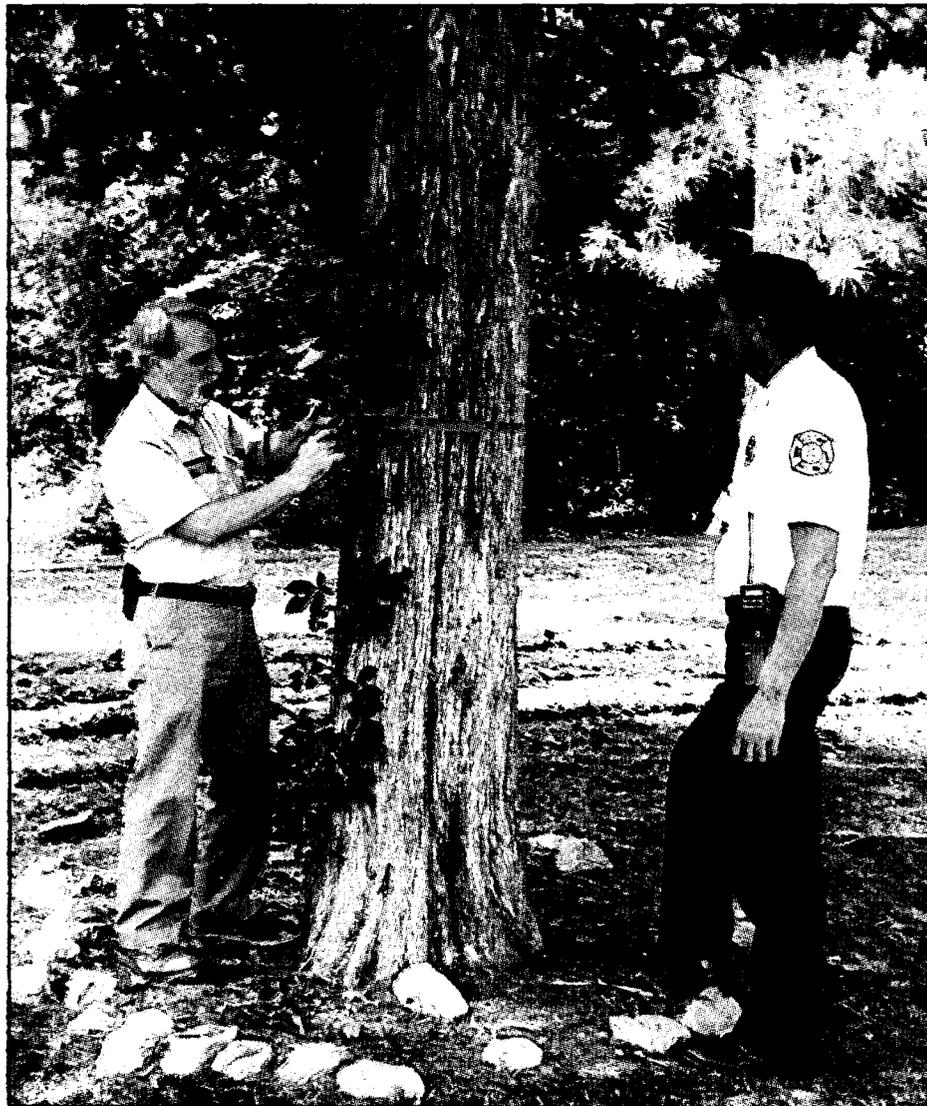


Photo by Sandy Riebeling  
**TREE CASUALTY—** Jesse Horton, installation forester, and Troy Vest, assistant chief, mark this cedar as too close to the fire to be salvaged from the June 16-17 fire demolition of buildings 1410 and 1411 in the housing area. Redstone firefighters are using the demolition of 10 buildings throughout the summer to practice firefighting skills.

# Announcements

## Sports & Recreation

### Ten-Miler tryouts

Tryouts for Redstone Arsenal's team in the annual Army-Ten Miler will be held 7 a.m. July 21 and Aug. 4 beginning and ending at Sparkman Fitness Center. The team is to consist of 10 members, including six military and four civilians, plus coach Skip Vaughn and assistant coach Alexander Steel. Eligible persons include military, Army civilian workers, military family members and Army civilian family members. They should be stationed here through December. The Army Ten-Miler is Oct. 14 in Washington, D.C. For more information, call Vaughn 876-1500 or Steel 876-3867.

### Troop softball

The double-elimination preseason tournament for unit softball opened last Thursday night and is to finish Thursday night. The season is scheduled to start July 9 and continue until the end of August, according to recreation assistant Don Lewis.

### Hunter education

A federal regulation requires individuals to take and pass a comprehensive accredited hunter education class before being afforded the privilege of hunting on federal property. Outdoor Recreation has set up an accredited class July 9-10, from 6-9 p.m., with final examination July 14 from 8 a.m. to 3 p.m. Class availability is limited and pre-registration is required. Classes will be held at the Post Theater, building 3712. You may pre-register at Outdoor Recreation, building 5129, from 9:30 a.m. to 5 p.m. daily. For more information, call Outdoor Recreation 876-6854/4868.

### Women's golf

The Huntsville Chapter of the Executive Women's Golf Association held its first Chapter Championship, which is to become an annual event, June 10 at the Municipal Golf Course. The chapter low gross winner was Lynda Mulder (shot an 82) and the chapter low net winner was Sopo Young (57 net). Other winners were: Marty Carter (first flight low gross), Darlene Kerr (first flight low net), Deanna Thonus (second flight low gross), Karen Reid (second flight low net), Mulder (third flight low gross), Pam Ledgerwood (third flight low net), Linda Keaton (fourth flight low gross) and Young (fourth flight low net). These women all qualify for the Sectional Finals at Chateau Elan in Braselton, Ga. For more information about EWGA, call 852-9184.

### Recreation tours

The Recreation Center plans the following tours: June 30, Tour to Graceland in Memphis, departs the Recreation Center 6 a.m., returns at approximately 9 p.m.; price includes transportation and admission to the house, planes and museums; cost is \$38 per person. July 14, Tour to Loony's Tavern Theater to see "Daddy's Dyin'-Who's Got the Will?," departs the Recreation Center at 4 p.m. and returns at

approximately midnight; price includes transportation and admission to the play and dinner at Sister Sarah's. Cost is \$30 per person. Call Diane Campbell or Joe Ruffner at 876-5492 or 876-4531 to reserve your seats. Visit the ITR Office in the Recreation Center, building 3711 on Patton Road, for ticket discounts to Six Flags over Georgia, Dollywood, Point Mallard, U.S. Space & Rocket Center, Disney World, Universal Studios Orlando, Sea World, and more.

### Civilian volleyball

The Civilian Welfare Fund Council Volleyball league finished its season June 20. Here are the results: first place— S&S, co-captains Shari Kleinberg and Sharon Lee; second place— The Heat, captain Glenda Adolphus; and third place— Shuka, captain Henry Zamora. The next season will begin in September.

### Football trip

CWFC and AAAA are sponsoring a trip to Atlanta to watch the St. Louis Rams vs. Falcons football game. This will be a two-day trip leaving Redstone on Dec. 1 at 11 a.m. and returning Dec. 2 after the game. The projected cost is \$130.00 per person based on double occupancy. This will include one night at the Embassy Suites Galleria, bus, game ticket, snacks and beverages on the bus. A \$50 per person deposit is due by July 12. Call Mary Ann Meyer-Schuck 313-5924 to sign up. There is limited seating.

### Oldsmobile scramble

The RSA Golf Course is hosting the "World's Largest Amateur Golf Tournament" on July 7 from 7 a.m. to 1 p.m. This tournament is a four-person team competition and consists of local and sectional qualifying with a national final tournament. Every participant receives one dozen balls, \$500 purchase incentive from Oldsmobile, \$50 RSA Pro Shop Gift Certificate after test-driving an Oldsmobile, team low-net prizes, as well as an opportunity to advance to the Sectional Championship held at Bent Brook Golf Course in Birmingham. Teams must consist of at least two authorized Redstone golfers (male/ female authorized user, age 16 or older) with an established USGA handicap at Redstone. Other team members must have a currently established USGA handicap. A meal will be served immediately following play, provided by Bentley Oldsmobile Cadillac. Teams must sign up at the RSA Pro Shop by close of business Friday. Individuals without a team may sign up and will be assisted in forming a team. Call 883-7977 for more information.

### Grambling bus trip

You are invited to travel to Cajun country when the Bulldogs of Alabama A&M and the Tigers of Grambling State meet again for football Sept. 8 at Grambling, La. Transportation to the game, tailgate and tickets will be provided for a donation of \$70. For more information, including

See Announcements on page 20



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# Announcements

details on hotel reservation, call Patrick Walker 842-7425 or 721-5576.

## Conferences & Meetings

### Command progress meeting

The AMCOM Personnel Management Processes Progress Report Meeting—with Maj. Gen. Al Sullivan, AMCOM commander—today from 1 to 3 p.m. in Bob Jones Auditorium, will feature progress reports on the Personnel Management Processes Campaign Plan, the 12 Quick-Hit Recommendations, and Merit Promotion and Selection Procedures. A repeat session will also be held in the auditorium Thursday from 9 to 11 a.m. These reports follow up on the Booz-Allen & Hamilton Personnel Practices Independent Study. This is a mandatory training session and badges must be worn by all attending. The Town Hall will be broadcast on Team Redstone Television Channel 42. Ten seats for the hearing impaired will be reserved in section 7 of the auditorium.

### Test and evaluation conference

The Test and Evaluation Management Agency, Washington, D.C., has chosen Huntsville as its site for the Army Test and Evaluation Days Conference for 2001. The conference will be held July 11-12 in the North Hall of the Von Braun Center, with

the theme "Test and Evaluation in the Face of Army Transformation." Two short courses will be offered in conjunction with the event: Aviation Flight Testing and Managing Electromagnetic Effects. Courses, \$100 each, will be held in Salon 1A and 1B above the North Hall at the Von Braun Center from 9 a.m. to 4 p.m. Point of contact is Sherry Hilley 842-6715. For information regarding the preliminary agenda, registration fees, hotel accommodations, the golf scramble, exhibit information, etc., view the conference web site: [www.testevaldays.com](http://www.testevaldays.com) or call the host office, Test and Evaluation Management Office, 842-6715 or 876-3462.

### Engineering management

American Society for Engineering Management 2001 Conference will be held Oct. 11-13 at the Huntsville Marriott. For more information, call Angel Armstrong 842-9416.

### Space and missile defense

The fourth annual Space and Missile Defense Conference and Exhibition, presenting "Missile Defense Capabilities Beyond 2010," will take place Aug. 20-23 at the Von Braun Center. A golf tournament will be held Aug. 20 at the Robert Trent Jones Golf Trail Hampton Cove course. The conference is sponsored by the Space and Missile Defense Industrial Association, the National Defense Indus-

trial Association Tennessee Valley Chapter, and the Air Defense Artillery Association-Huntsville Chapter. For more information, visit the web site at [www.ndia-tvc.org/smdc2001](http://www.ndia-tvc.org/smdc2001). You may also call 533-5923 or fax 534-9899.

### Transformation conference

The Army Transformation Conference will be held July 23-25 at Bob Jones Auditorium. This briefing is a continuing effort to keep industry informed of the Army's long-range technology development objectives and contractual opportunities. The briefings will be of particular interest to industrial executives who are concerned with the formulation of corporate long-range objectives. You can register online at <http://apbi.redstone.army.mil>, mail your registration to: APBI, 120 Holmes Avenue, Suite 304, Huntsville, Ala., 35801 or fax to 876-8866. Foreign nationals wishing to attend the briefing must submit requests through their embassies to Headquarters, Department of the Army. Upon approval of the visit request, a registration package will be accepted. For more information, call Lauretta Mitchell 876-4270 or Tammy Williams 955-6016.

### Alcoholics anonymous

An Alcoholics Anonymous meeting is held 11 a.m. Thursdays at Sparkman Center building 5304, room 4309. For more information, call the AA central office 885-0323.

## Miscellaneous

### Education for soldiers

Soldiers eligible to receive benefits under the Veterans Educational Assistance Program are now able to convert these benefits to the Montgomery GI Bill. The Veterans Benefits and Health Care Improvement Act of 2000 established under Public Law 106-419 allows former VEAP enrollees to make this change. Soldiers who have served continuously in an active duty status from Oct. 9, 1996 through April 1, 2000 and were VEAP participants Oct. 9, 1996 are eligible for this program. A decision must be made by Oct. 31 to enroll in the MGIB. Once the change has been made, the decision is irrevocable, according to the Education Center. For more information, call the Education Center 876-9761.

### Class reunion

The J.O. Johnson High School Class of 1976 will hold its 25-year reunion this weekend in Huntsville. For more information, call Brian Godsy (256) 233-6249.

### Retirement ceremony

The Quarterly Post Retirement Ceremony will be held Thursday at 2 p.m. at the Youth Services gymnasium (building 3148). For more information call MSgt. Loew, RASA Support Operations, 876-2819.

See Announcements on page 21



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## Corvette summer

Friday has been designated "Drive Your Corvette to Work Day." In celebration of the Corvette birthday June 30, 1953, Corvette owners nationwide are driving their cars to work on the closest work day. And in case you haven't noticed, the Arsenal is full of Corvettes, so plan to meet the owners in the PX parking lot at 11:30 Friday morning for an impromptu show and shine. Bring your camera, as they may stage the cars for a photo op. Around noon they plan to fire the cars up and caravan through the post on a short cruise ending at the Sparkman Center.

## Single soldiers

Join the Better Opportunities for Single Soldiers (BOSS) and help community organizations like Habitat for Humanity, Boys & Girls Clubs of America, and Special Olympics. Members also enjoy parties, outings and tours. "We're all about the business of having fun while making our community a great place for single and unaccompanied service members," a prepared release said. BOSS meets bimonthly at 2 p.m. on Wednesdays at the Recreation Center, building 3711. BOSS is open to all single or unaccompanied servicemembers stationed on Redstone Arsenal. Call Diane 876-5492/4531 for more information.

## Huntsville High alums

The Huntsville High School Class of 1966 will hold its 35th reunion Aug. 4 at the Huntsville Country Club. The reunion will start at 7 p.m. with an informal dinner buffet. The cost is \$25 per person. To make your reservation send your name, address, phone number and e-mail address with a check payable to "HHS Class of 1966" to: Nancy George Kramer, 2320 Little Cove Road, Huntsville 35763. Make your reservations by July 21. For more information call 881-4734, 533-5202 or 880-0944.

## Mr. Man Premiere

SB Productions has begun its campaign for the 11th annual Mr. Man Premiere. Selected contestants will compete in the areas of style, finesse, performance and personality for the honorable title of Mr. Man. Screenings for prospective contest-

ants, model escorts and entertainers are under way. The event will be Aug. 18 at the Von Braun Center. Proceeds will benefit the Madison Community Action Team in its efforts to build a center for teenagers of northern Alabama. For more information, call Samuel Brown (256) 233-4702 or 650-7736 pager.

## Change of charter

The Aviation Rockets and Missiles Project Office will have a Change of Charter Ceremony at 3 p.m. July 2 in room A-115, building 5250. Outgoing project manager is Wesley McElveen. Carlyn Frazier is the incoming project manager.

## Logisticians course

The Tennessee Valley Chapter of the International Society of Logistics (SOLE) is once again offering a 16-week Certified Professional Logistician preparation course for the next CPL exam, scheduled for the first Saturday in November. The course is a comprehensive review of the Logistics disciplines from program concept, design, fabrication, production, distribution and sustainment, through product retirement. It provides an overview of the systems engineering approach to logistics in addition to helping prepare students for the CPL exam. The first weekly class session will meet July 9, from 5-7:30 pm. Instructors are local CPL volunteers. Membership in SOLE is not a requirement, but CPL applicants must meet minimum qualification requirements, and obtain required textbooks. Visit the SOLE web site at [www.sole.org](http://www.sole.org) to check out the qualification requirements and examination fees required. The course will also welcome logisticians/engineers who do not wish to sit for the CPL exam, but simply wish to broaden their logistics knowledge. Cost of the course is \$75. For more information, or to register for the course, call Mike Osborne 313-4256 at work, or (931) 433-6271 at home.

## Salute to military

Willowbrook Baptist Church on Bailey Cove Road will hold a service to honor military personnel July 1, at 9:15 and 10:45 a.m. Special guest is retired Air Force Col. Norman A. McDaniel, who

spent six and a half years as a prisoner of war in Vietnam. Child care is available. The church can be reached at 883-LIFE.

## Fourth of July pie sale

Make it a sweet Fourth of July with homemade holiday pies by Earline at the Sparkman Cafeteria: Sweet potato and key lime pies and apple or cherry cobblers will all be available for \$6.50 each. These pies are being made for advance order customers only. Cutoff date for orders will be close of business July 2. Pickup will be before close of business July 3. To order your homemade holiday pies by Earline, call 876-8741.

## Nebraska picnic

A get-together for Nebraska people in Huntsville will be held Saturday, rain or shine, from 11 a.m. to 4 p.m. at the home of Harriet Coble, 5445 Winchester Road, New Market (which is on the west edge of town on the north side of the road, follow the signs). Tennis court and swimming pool are available. Picnic lunch will be catered by New Market Barbecue at 1 p.m. Cost is \$6 per person. Make reservations with Coble by 10 a.m. Friday by calling 379-3510, or by e-mail at [dcoble@hiwaay.net](mailto:dcoble@hiwaay.net).

## Vietnam outreach

Dave Roever, who suffered severe burns in the Vietnam War but later returned to that country and began Roever Education-

al Assistance Projects, will be guest speaker Aug. 5 at 6 p.m. at the Pulaski Pike Church of God, 3912 Pulaski Pike in Huntsville. He and his wife, Brenda, reside in Fort Worth, Texas.

## American music

Madison Community Chorus will present "An American Music Concert," July 4 at 7 p.m. in the Bob Jones High School auditorium. The concert will feature patriotic music and American choral and instrumental music by Gershwin, Copland, Bernstein and others, as well as dance numbers. Featured performers include Brian Walker on piano, The Sweet Adelines, the Valley Community Orchestra, and the Madison Community Chorus. For tickets call 316-0521.

## Holy Family alums

Huntsville's Holy Family School is planning a reunion to include all students who attended its predecessor schools: St. Joseph's, St. Mary's and Queen of the Universe. If you are a former student of any of these schools, call Dan Crane 772-9046.

## Professional development

Make plans now to attend a professional development seminar sponsored by the Huntsville-Madison Chapter of Blacks in Government. This seminar will be held Dec. 6 in the Tom Beville Center, at a cost of \$125. For more information, call 551-7230 and leave a voice-mail.

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**Dr. Gene Corfman**

**Is The Cause Electrical or Mechanical**

Did you hear the one about the company that had purchased an elaborately designed paper mill from Sweden only to find that after a few months the whole thing just "froze up" and became useless? They called the manufacturer who flew their top engineer to the scene to diagnose and correct the problem. The expert walked around the machine lap after lap, listening, touching and surveying the whole matter. After several grunts and intense looks, he went to his briefcase, took out a little red rubber mallet and struck the machine just once and replaced the hammer and left the premises to return home. The paper mill owners were amazed and delighted that their multi-million dollar investment was again operating flawlessly. When the bill arrived in the amount of \$10,000 for the services of the technical person, the accounts receivable department was outraged and demanded an itemized statement for the seemingly unreasonable fee. The manufacturer wrote back:

Fee for *tapping* with rubber hammer,.....\$1.00    Fee for *knowing* where to tap machine,.....\$9,999.00

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1997 Infiniti QX4, Very Clean, Fully Loaded, 4x4, 64k miles, \$17,900. Call 931-433-9246.

1997 Ford Explorer Limited, 4WD, V-8, 25k actual miles, showroom condition, black w/leather: \$21,000. 829-0497

1995 Camaro Z28, 6 speed, 50K miles, exc. cond. full power, \$9,250 obo. 881-9119

1995 ESCORT LX, 4DR Wagon, A/C, Cruise, 5 speed, New tires. Good cond. \$2995 OBO. 883-2248/ 582-0248.

1995 VW Passat GLX, S/R, leather, custom rims, exc cond, 76K miles, \$8600. 837-4743

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1995 Chevy S-10 Pickup truck, extended cab, 5 speed, air, well-maintained & clean. Exc cond., 82K mi. \$4500 880-8525

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1993 Harley Davidson Sportster XLH 883, 14.4K mi., many extras, mint cond., \$7500. 882-9053

1992 Mazda Protege DX, 4 door, Blk, 5spd, A/C, AM/FM/CD, 131K mi. sharp! \$2500 obo. 313-2445/864-0230 aft 5PM

1992 Buick Lesabre Custom, 4dr, Teal, auto, A/C, AM/FM/cass, 90K mi., exc. sharp. \$5600 obo. 603/8931/ 721-0358/ 464-5625

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1998 17ft SeaArk Bass Boat w/70HP Johnson, many extras, \$8000. 4x4 included, \$9250. 256-586-0130

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Black futon \$75. Black entertainment center \$60. 5 pc dinette \$70. 722-0506

Brass Chandelier, like new, \$45; Empty propane gas bottles, \$9/each. Call 883-6951

Bugmaster Bow, \$150. Tradition 50 cal. inline Blackpowder, \$100. Both great condition. 990-1856 Terry.

1/4 Carat Pear shaped engagement ring w/band 14K paid \$700. Asking \$550. Call 859-4328

Clarinet, Signet 100, appraised for \$900. Asking \$450. 883-6894

Coffee Table with glass top, Walnut finish, nice, \$90. Beautiful Mahogany antique Desk and Chair, \$250. 837-0805

Free kitten, born April 7th, female, white w/gray spots. Adorable! Call 772-4324

Garage sale: 7am-noon Sat. June 30th. Old Monrovia and Westview.

**★ MISCELLANEOUS**

Garage Sale: Antiques, clothes, misc. THURS-SAT, 122 Mykey's Way, HSV

GE Portable Dishwasher, white with butcher block top \$200 obo. 230-3327

Great Buy - 2 Plots in Memory Gardens Everlasting Life. \$700 each. 859-4328

Kenwood AM/FM stereo rec. 80 watts/channel, remote, \$119. Kenwood 5 disc chgr w/disc exchange, 8x sampling, \$119. 883-6951.

1991 Mazda 626, 5spd, A/C, cruise, sunroof, CD, pwr windows & door locks, dark green. \$3,500. Call (256) 498-6336

M-1 carbine bayonet (Imperial) EC \$75, Gerber 3" lock blade knife LN. \$25. 721-8792

Multi Family garage sale, SAT 30 June 7am. 106 Real Road, Harvest at Sam Thomas Rd, off Memory Lane.

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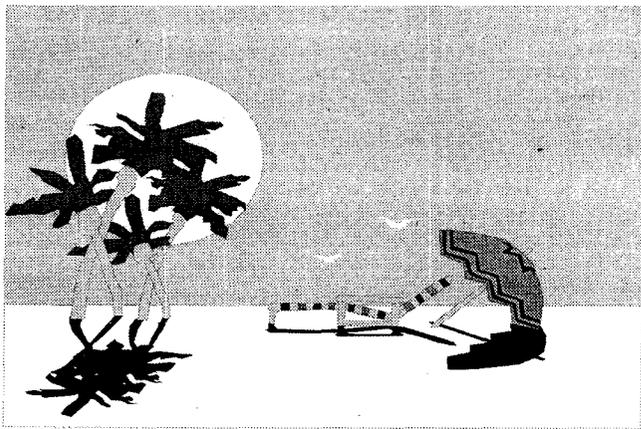
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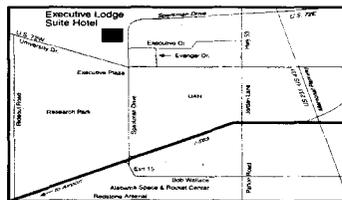
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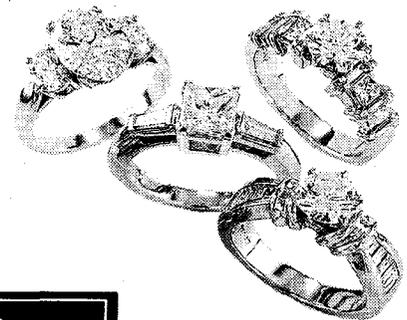
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